

Latino/x WIN SIG Newsletter

The Western Institute of Nursing Special Interest Group
Conducting Research with Latinos/x



Issue 3
Summer 2022

2022 Symposium Summary:

Exploring Equity in Healthcare Access and Delivery: Are we there yet?

By, Elbina Batala Rafizadeh, RN, MSN, PhD

This year's WIN theme asked if healthcare access and delivery are equitable across the diverse spectrum of Latinx communities. Our group symposium offered four diverse perspectives through research spanning a wide range of sub-populations and clinical locations. These included a community-based clinic in San Francisco, community health workers from seven different states, US veterans deported to Mexico after service in the armed forces, and rural clinics in villages across Chiapas, Mexico.

Dr. Carolina Espinosa's study showed how a model involving shared appointments successfully addressed diabetes management among 161 Chiapas rural villagers. Dr. Victoria Keeton's secondary analysis of cortisol levels among mother-child pairs confirmed how stress is transferred between mother and child and exacerbated by negative social determinants of health. Dr. Elbina Batala Rafizadeh's qualitative research resulted in a grounded theoretical framework that identified strategies for building trust with at-risk mothers despite a historic distrust of health care within many Latinx communities. Dr. Ali Tayyeb concluded the symposium, presenting a case study of a US military veterans deported to Mexico, which highlighted the urgent need for U.S. policy change.

Collectively, these studies show that much work is still needed to improve access to care for Latinx populations.

The symposium outlined many barriers to health care access, including patient knowledge, cultural perceptions, social determinants of health disparities, and policies that result in institutional discrimination against Latinx peoples, as well as many immigrant communities. Inequitable health care has dire implications for at-risk groups in both the short term and the long term. This held true across the many different populations studied, whether they were deported veterans, at-risk mothers, or diabetic individuals. Interventions that include trust-building strategies, as well as the shared appointments model, are helpful to move forward on the road towards equitable health care and delivery.

Improving access to healthcare for Latinx communities, as well as all vulnerable populations, is a multilevel approach. The approach may begin with policies that addresses the barriers to care, including bias, distrust, and socioeconomic and social determinants of health. A partnership between the provider, ancillary staff, and patient is necessary to address the distrust obstacles that commonly occur among low-income people of color. Future research on the collaboration between health care systems, providers, and patients is needed to lower the barriers and deliver care for Latinx communities and other people of color.

We're Making a Member List... want to connect with other researchers cross the country? We'd love to meet you!

Contact: Lamuralist@yahoo.com –or- Heather.coats@cuanschutz.edu

The WIN 2023 theme
has been released!

2023 WIN CONFERENCE

Leveraging Technology to Advance Nursing and Equity in Research, Practice, and Education

April 19 - 22 | Tucson, AZ

It's time to *start brainstorming* how we'd like to discuss this topic in the context of Latino/x health for our 2023 symposium proposal.

Couple of ideas:

- Review of how this has gone so far... discuss instances of tech solutions promoting *inequity* among People of Color populations (see recent article in the Boston Globe) <https://www.bostonglobe.com/2022/05/13/business/mit-harvard-scientists-find-ai-can-recognize-race-x-rays-nobody-knows-how/>
- Consider how telehealth lessons learned during the pandemic might bridge access gaps in Latino/x communities.
- Discuss the emergence of on-line programs (FNP/DNP) and the effect on diversification of the field.

... and many other ideas... we'd love to hear from you!

Looking for Latino/x SIG Leaders!!!

Running the Latino/x WIN Special Interest Group takes a village! **Available Positions:**

Staff Writer(s)
Social Media Intern(s)
Planning Committee Members
Comptroller
Co-Chair(s)-in-Training
Mentor(s)

Please fill out this interest form and we'll contact you to discuss opportunities

https://samuelmerritt.az1.qualtrics.com/jfe/form/SV_0JSuXInCgK8tXTg

All are welcome to apply.

Current Co-Chairs



Adrienne Martinez-Hollingsworth
PhD, MSN, RN, PHN
Assoc. Dean of Operations &
Scholarship, Samuel Merritt University



Heather Coats
PhD, MS, APRN-BC
Asst. Professor, Univ. of Colorado

CONGRATULATIONS!

New Publications from the Latino/x SIG Familia:

- Munoz, A. A., McEwen, M. M., Crist, J. D. (2021). "My problems aren't their fault": Mexican American women managing diabetes while caring for grandchildren. *Women and Aging*, published online, <https://doi.org/10.1080/08952841.2021.1969861>
- Martin-Plank, L., Davis, M. P., Williams, D. K., May, J. T., Ortiz-Dowling, E. M., Nunez, A., Reyes, Z., Heasley, B. J. Graphic-Novela: Use of long term support services by Mexican American caregiving families. (2021). *Clinical Nursing Research*. E-published: <https://doi.org/10.1177/10547738211057006>
- Martinez-Hollingsworth, A.S., Hamilton, N, Choi, K. & Heilemann, MV. (2021). The Secret-Self-Management Loop: A grounded theory of provider mistrust among older Latinas with Type 2 Diabetes and mental health symptoms. *Diabetes Research and Clinical Practice*.
- Martinez-Hollingsworth, A.S., Kim, L., Graham Richardson, T., Angulo, M., Liu, R., Friedman, T. & Choi, K. (2021). Supporting "bleeders" and "billers": How safety net administrators mitigate provider burnout during the Covid-19 pandemic and beyond. *Journal of Ambulatory Care Management*.
- Rascón, A. M., McEwen, M. M., & Slebodnik, M. (2021). Self-management of chronic disease in Latina kinship caregivers: An integrative review. *Journal of Women and Aging*, <https://doi.org/10.1080/08952841.2021.2007827>
- Rascón, A. M., McEwen, M. M., & Crist, J. D. (2021). "My problems aren't their fault": Mexican American women managing diabetes while caring for grandchildren. *Journal of Women and Aging*, <https://doi.org/10.1080/08952841.2021.1969861>

In the news:

Our own, **Dr. De Leon Siantz** was featured in a SAMHSA, ANA, MFP "Herstory Month" flyer: <https://emfp.org/sites/default/files/attachments/Women's%20Historypioneer.%20Month%202022%20newsletter.pdf>

Sally Moyce, Assistant Professor, Montana State University and **Robyn Jones** College of Nursing, have been selected for the *Interdisciplinary Research Leaders Program* supported by the Robert Wood Johnson Foundation. The fellowship comes with \$350,000 over the course of three years. She and colleagues will use the fellowship to interview Latina women who have been referred to the Montana Cancer Control Program, a free cancer prevention program. They plan to examine differential trends in access to care and follow-up referrals for both white and Latina women enrolled in the program. Through an analysis of processes and procedures, they hope to identify specific policies and practices that can be adjusted to improve access for all women in the program.

<https://www.montana.edu/news/21998/msu-nursing-faculty-and-partners-selected-for-prestigious-robert-wood-johnson-foundation-program>

Are you celebrating a milestone? Have a new publication? Or a new position? Submit to the Latino/x SIG newsletter!

We'd love to feature you and share your accomplishments!!!

Contact: Adrienne or Heather: Lamuralist@yahoo.com –or- Heather.coats@cuanschultz.edu