

LATINO/X SPECIAL INTEREST GROUP NEWSLETTER

WINTER RECAP AND SPRING WELCOME: SUMMARY AND UPDATES

BY: ROSARIO JAIME-LARA AND ADRIENNE MARTINEZ-HOLLINGSWORTH

Thank you to everyone who attended our winter meeting!

We look forward to seeing you at the WIN 2026 Conference!

Join us at our Special Interest Group Meeting this year at WIN: April 23rd at 5:45 PM. See pages 2-4 for more events to look forward to at this year's conference. Also, please help us keep our familia growing- email us at rosario.jaime.lara@gmail.com so we can feature your stories and accomplishments on our next newsletter.

Who We Are

We are a special interest group- Focusing on Conducting Research with Latino/x Individuals, Families, and Communities. Members discuss various aspects of Latino/x health and inequalities that exist and illustrate, through both theory and research, potential ways to improve health for Latinos across the lifespan. Our WIN Special Interest Group members are interdisciplinary scientists conducting research with Latino/x individuals, families, and communities.

Mission

We are committed to advancing research that promotes the health in Latino/x communities, families, and individuals. We also lead, promote, and advocate to support research led by Latino/x nurses and researchers to serve Latinos.

JOIN OUR 2026 WIN CONFERENCE SIG MEETING: APRIL 23rd 5:45PM

For this and other events see pages 2-3

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WIN 2026 CONFERENCE: Conducting Research with Latino/x Individuals Special Interest Group (SIG) Meeting

Tuesday, April 21, 2026 at 12:00 AM (PDT) to Friday, April 24, 2026 at 12:30 PM (PDT)
 Hilton San Francisco Union Square Hotel
333 O'Farrell Street San Francisco, CA 94102

Join us for our annual in-person SIG Meeting: April 23rd 5:45-6:30 PM (PDT)

MEETING AGENDA

- Welcome & Introductions
 - Welcome address from the President of the National Association of Hispanic Nurses (NAHN), Dr. Veronica Vital
- Announcements and Acknowledgments
- Speed Networking
- SIG Name Discussion and Vote: What should our SIG name be (see page 5 for more information)?
- Concluding Remarks and Action Items





WIN 2026 CONFERENCE: Conducting Research with Latino/x Individuals Special Interest Group (SIG)

Join us for our SIG No-Host Conference Dinner!

- Where: Matador SF
 - 679 Sutter Street, San Francisco
- Date and Time:
 - **April 23rd 6:45-7:45 PM**
- SIG members and family/friends are welcome.
- Attendees are responsible for paying for their own meals.
- Please RSVP at: <https://tinyurl.com/LATINOSIG> or use QR code by April 17th 5PM.





WIN 2026 CONFERENCE: Support our SIG members by checking out these events and presentations!

POSTERS

Thursday, April 23, 8:00 AM - 12:00 PM.

- P-Hisb for Children with IDD by Amanda R. Berumen, Robert J. Lucero.
- Heat, Rain, or Dehydration: Latino Farmworkers Keep Working Alma A. Manzo, Fiorella L. Carlos Chavez, Nuria M. Tobar, Adrian Laborin, Alexandra Brewis, Amber Wutich.
- Social Determinants of Health Screening Tools Used with Immigrant Populations by Madeline Metcalf and Sally Moyce.
- Estimating Undiagnosed Diabetes in a Sample of Latino Immigrants by Sally Moyce, Danika Lee Comey, and Jeffrey Lee.

Thursday, April 23, 1:00 PM - 5:00 PM.

- Weight Loss Interventions to Support Latinas Living in the US: A Systematic Review by Shao, S. Villatoro, J. Zarate, S. Kohout, E. Martinez-Hollingsworth, A. Bundros, M. Osuna-Garcia, A. Diaz, L. Gutierrez, M. Zilabbo, L. Cheung, K. Martinez, K. Sanchez, P. Heilemann, MV. Beltran-Sanchez, H. Church, A. Jaime-Lara, RB.
- Risk Factors for Intimate Partner Violence in the Latina Population Jodi B. Patterson, Bea Ade-Oshifogun, Virginia Herrera, Kwabena Adu Agyemang, Anjelica Carabagal.
- The Double Burden: Caregiving and Farm Labor Among Latina Migrant Workers N. Maggie Tobar, Fiorella L. Carlos Chavez, Alma Manzo, Alexandra Brewis, Amber Wutich.
- Camino a la Salud: Culturally Tailored Diabetes Education for Hispanic Older Adults in Stockton, California Feng Ping (Sarah) Lee, Alondra Aldaba, Alexis Irvine, Jazmyn Monares, Marissa DobladosWood.

Friday, April 24th, 8:00 AM - 12:00 PM.

- Celebrating Culture, Strengthening Teams: Building a Heritage Month Program in a Safety-Net System by Zurisadai Inzunza, Adrienne Martinez-Hollingsworth, Monika Scherer.
- Familismo Care Model: A Framework Re-envisioning Health Care Providers' Role Serving Latinx Adults by Jackie Martin, Adrienne Martinez-Hollingsworth.
- Navigating the Currents of Trust: Models, Epistemologies, and Strategies Among US Latinx Communities by Rosario Jaime-Lara, Sally Moyce, Samia Valeria Ozorio Dutra, Adrienne Martinez-Hollingsworth, & Mary Nies.
- Phenomenology as Prediction: Developing Archetypal Avatars to Assess Workforce Post-Disaster Needs by Adrienne Martinez-Hollingsworth, Bryant Andrade, Monika Scherer, Zuri Inzunza.
- The Price of Convenience: AI, Intellectual Deskilling, and the Loss of Organizational Insight by Adrienne Martinez-Hollingsworth, Clayton Chalmers, and Emre Sezgin.
- Social Media Use and Mental Health Outcomes Among Hispanic Adults Sally Moyce, Mey Palomino.

PODIUM PRESENTATIONS

April 23, 1 PM- 2:15 PM

- Leadership, Advocacy, and Innovation in Advancing Health Equity Panel Presentation Presented by WIN's Committee on Diversity, Equity, and Inclusion; Moderators: Marife Aczon-Armstrong and Patrick Luna, and Razel Milo; Panelists: Dr. Marlon Saria, Dr. Bob Gahol, Dr. Ms. Kim Scott, Dr. Veronica Vital, Dr. Rosario Jaime-Lara, Dr. John Bressan & Dr. Dawn Taylor, Co-Chairs, Dr. Ali Tayyeb, and Dr. Juvel Velasco.

April 24, 10:45 AM - 12 PM

- Closing Session/Raffle Navigating Challenges with a Beacon of Hope Presented by the Western Academy of Nurses (WAN) Moderator: Adrienne Martinez-Hollingsworth, PhD, RN, PHN, WAN, AltaMed Health Services, AltaMed Institute for Health Equity





Latino, Latinx, Latine, Hispanic: What's in the name? Part 2

SERIES BY: PAULETTE GREENHOUSE BUENROSTRO

When I was a kid, mi mami would get mad at me if I let others call me by a nickname. “Te puse tu nombre a proposito.” She reassured me she named me with reason and dismissed when others tried to call me by anything else. My relationship with my name and identity has been complicated, as a mixed-race white-passing individual with a name that was not reflective of my ethnic identity. Turns out my mom’s reason was simply that she liked it, which at the time felt like not a good enough reason as my name became a factor in my struggle with identity and exploration of my authentic self.

I recall the first time I read “My Name” from Sandra Cisneros’s *The House on Mango Street*, in which the main character Esperanza dissects her name and its relationship to her Mexican-American identity. Cisneros concludes the vignette with, “I would like to baptize myself under a new name, a name more like the real me, the one nobody sees.” While I’m much more at peace with both my identity and my name, I celebrate the opportunity to acknowledge when and why that is a decision that some come to. This can be further explored through the complicated conversation about the language around identity, This was another personal struggle. Chicana, Chixana, Mexican-American, Hispanic, Latina, Latine...Latinx... what is the right verbiage? For me, all of these and none of these have felt relevant at different times.

The conversation of identity language stems from the need to classify individuals, especially within the United States with such vast multicultural populations. In nursing and health, we understand this as necessary in order to conduct better research. While different opinions have been formed regarding which is preferred, Latinx and Latine were developed as inclusive terms. There are various arguments for why each is used, but it is important

to resolve the language so that all feel welcomed and acknowledged. Fast forward to today, our SIG is reflecting on what name best represents our group and we want to ensure that the name used authentically represents what we want to reflect as a collective.

There will be a vote! Check out the below definitions and/or consider an alternative proposition.



Vote on Our New Name

La·tin·o [lə-ˈtē-(.)nō]: Refers to people of Latin American countries or heritage (including Portuguese-speaking Brazil, but excluding Spain).

La·tin·x [lah-TEE-neks]: Refers to people of Latin American countries or heritage- used as a gender neutral alternative to Latina or Latino. *While terms like Latinx were introduced to be gender inclusive, some argue that the “x” suffix can be difficult to pronounce in Spanish and was initially imposed on indigenous languages during colonization.*

La·tin·e [lah-TEE-neh]: Refers to people of Latin American countries or heritage- used as a gender neutral alternative to Latina or Latino. *Some argue the e is better as it is used in other gender neutral worlds like ‘estudiante.’*

His·pan·ic [hi-ˈspa-nək]: Refers to people with heritage from Spanish-speaking countries (including Spain and Spanish-speaking Latin American countries).

Other: _____

Paulette is a writer and communications specialist with experience in journalism, publication, copy-editing, marketing, event planning, graphic design, and social media strategy.



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ECHALE GANAS: CELEBRATING OUR MEMBER’S ACCOMPLISHMENTS

CONGRATULATIONS- Your research, service, publication, and presentations contribute to and advance medical research and clinical practice that serve Latino/x communities across the country.

AWARDS AND ELECTIONS

- **Congratulations to Dr. Mary A. Nies on her induction into the Western Academy of Nurses (WAN) by the Western Institute of Nursing for Excellence in Nursing Research and Education.**



WAN is an honorary sector of WIN, comprised of leaders recognized for superior accomplishments in nursing and health education, research, and clinical practice in the Western United States, along with dedicated service to WIN. The WAN facilitates WIN conference program enhancements and networking activities with special emphasis on support for early and mid-career WIN participants.

- **Congratulations to Dr. Samia Valeria Ozorio Dutra on receiving the Emerging Nurse Scientist Award from the Hawaii State Center for Nursing and the COBRE Award.**



The Emerging Nurse Scientist Award recognizes an individual in the early stages of their career as a nurse scientist who demonstrates exceptional promise to advance nursing practice through their scientific work. The COBRA award provides a one-year, \$50,000 award to fund precision nutrition and human health initiatives that strengthen biomedical research, with an emphasis on health issues affecting Hawaii and the broader Asia-Pacific region.

- **Congratulations to Dr. Rosario Jaime-Lara on her induction into the New York Academy of Medicine (NYAM).**

NYAM is an honorific society that annually selects fellows through a rigorous nomination and review process. Fellows must show evidence of strong performance in one of several health professional roles, such as practitioner, educator, or researcher. Fellows are expected to forward NYAM’s mission of promoting a future where every person – no matter their background or circumstance – has what they need to live a healthier, longer life.

- **Congratulations to Dr. Patrick Luna and Dr. Adrienne Martinez-Hollingsworth for being elected as National Association of Hispanic Nurses (NAHN) 2025-2027 Board of Directors.**



Dr. Luna and Dr. Martinez-Hollingsworth were elected by NAHN members from across the country to begin their two-year term. They will serve on the NAHN board to fulfill NAHN’s mission of advancing the health of Hispanic communities and to lead, promote, and advocate for the educational, professional, and leadership opportunities for Hispanic nurses.



ECHALE GANAS (continued)

PUBLICATIONS

- Bravo, L., Heilemann, M.V., Arévalo, M., Vera, I., Gutierrez, M., Segovia, F.R, Perez, W., Vargas, E., Morales, K., Martinez, J., Meza, J. (2026). Help-seeking experiences of Mexican young women experiencing suicidal thoughts: Exploring the role of cultural values expectations from the perspectives of women, their support systems, and clinicians. *SSM- Mental Health Journal*. <https://doi.org/10.1016/j.ssmmh.2026.100603>
- Bravo, L. G., Meza, J., Ojukwu, K., Russman, R., Gutierrez, M., & Choi, K. (2026). Racial trauma symptoms and suicidal ideation among minoritized US college students: Exploring the moderating role of antiracist campus climate and campus involvement. *Journal of Affective Disorders*. <https://doi.org/10.1016/j.jad.2026.121627>
- Colina-Prisco C. Fourier N. Wang Y. Steck M. DeJesus-Vega M. Graves L. Henderson W. Jaime-Lara RB. Joseph PV. (2026). Examining mRNA-miRNA Interactions and Gene Expression in Overweight and Obesity. *Biological Research For Nursing*. 10.1177/10998004261433237.
- Diaz L, Tolentino DA, Brecht M-L, Robbins W, Choi SE. Exploring the Quality of TikTok-Based Diabetes Self-Management Education in English and Spanish: A Digital Health Study. *The Science of Diabetes Self-Management and Care*. 2026;52(2):150-161. doi:10.1177/26350106261422680
- Martinez-Hollingsworth, A., Milatovich, N., Scherer, M., Inzunza, Z., Kim, L., Czerwinski, M., ... & Eisenman, D. (2026). Community Health in a Climate Disaster: A One Health Analysis of Workforce Exposure in the Eaton Wildfire. *Frontiers in Public Health*, 14, 1768565.
- Martinez-Hollingsworth, A., Shivaprakash, N., Kohout, E., Balliett, M., Fierro, F., Camberos, S., Rechdan, J., Hughes, A., Shouse, L., Inzunza, Z., Scherer, M., Milatovich, N., & Talamantes, E. (2025). Fueling the Frontlines: A Post-Disaster Support Initiative for Community Health Workers Responding to Wildfires. *Fire*, 8(11), 433. <https://doi.org/10.3390/fire8110433>.
- Ramos, S. R., Martinez-Hollingsworth, A., & Randolph, S. D. (2026). Rethinking nursing: The re-classifying of a professional lifeline. *Nursing Outlook*, 74(1).

SHARE WITH US YOUR AWARDS, PUBLICATIONS, AND ACCOMPLISHMENTS!
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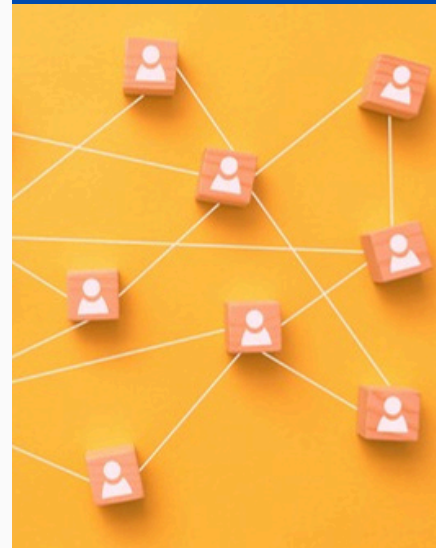
Building our Research Familia: Member Roster and Networking List

UPDATE YOUR INFO OR JOIN LIST

We have created an open document for you to get to know and network with other Latino/x SIG members. If you are interested in joining. Please contact Rosario Jaime-Lara at: rosario.jaime.lara@gmail.com



Connect with us
and our members!





Get Involved Today!



Running the Latino/x WIN Special Interest Group takes a village! Available Positions:

- Newsletter Editor(s)
- Social Media Intern(s)
- Planning Committee Members
- Student Representative(s)
- Chair(s)-in-Training
- Mentor(s)

Please email us if you are interested and we'll contact you to discuss opportunities:

rosario.jaime.lara@gmail.com

All are welcome to apply.



JOIN OUR STUDY!

ARE YOU A MEXICAN WOMAN WORRIED ABOUT YOUR WEIGHT?

HELP US LEARN MORE ABOUT HOW HEALTHCARE PROVIDERS CAN SUPPORT YOUR HEALTH AND WEIGHT LOSS JOURNEY

STUDY INVOLVES

- 60-90 min Virtual Interview
- and/or 90 min Focus Group
- *Optional Follow-up Interview

MUST BE

- 18 years old or older
- Identify as Mexican/Mexican American
- Be Overweight/Obese

\$50 COMPENSATION PER INTERVIEW OR FOCUS GROUP. EARN UP TO \$150.

UCLA Research Study
IF INTERESTED PLEASE CONTACT:
rjaime-lara@mednet.ucla.edu

Just leave your name, contact information, and Day/time availability

Protocol ID: 108422-21-0168 UCLA IRB Approved Approval Date: 10/30/2025 Committee: South General IRB



SHARE YOUR STORY: LIVING WITH LUPUS DURING THE JANUARY 2025 WILDFIRES



JOIN A FOCUS GROUP ABOUT LUPUS AND THE WILDFIRES:

- help researchers understand how the wildfires affected women with lupus
- **\$75 gift card** for participating
- virtual and in-person options available
- voluntary participation

YOU MAY BE ELIGIBLE IF YOU:

- are a woman aged 18-55
- have been diagnosed with lupus
- lived in Los Angeles during the January 2025 wildfires
- speak fluent English or Spanish

SEE IF YOU'RE ELIGIBLE:



or visit our website: <https://bit.ly/lupus-fire-study>

UCLA This is a UCLA research study.

WHAT TO EXPECT:

- one 90- 120 minute group chat with researchers and other women with lupus

Looking for research participants, volunteers, members, collaborators, employees, or interns?

**RECRUIT HERE!
CONTACT US!-
ROSARIO.JAIME.LARA
@GMAIL.COM**

COMPARTE TU HISTORIA: VIVIR CON LUPUS DURANTE LOS INCENDIOS DE ENERO 2025



JÚNETE A UN GRUPO DE ENFOQUE SOBRE EL LUPUS Y LOS INCENDIOS:

- ayuda a las investigadoras entender cómo los incendios afectaron a mujeres con lupus
- **tarjeta de regalo de \$75** por participar
- opciones virtuales y presenciales disponibles
- participación voluntaria

PODRÍAS SER ELEGIBLE SI:

- eres una mujer entre 18 y 55 años
- ha sido diagnosticada con lupus
- viviste in Los Ángeles durante los incendios de enero 2025
- hablas inglés o español con fluidez

VER SI CALIFICA:



o visita el sitio web: <https://bit.ly/lupus-fire-study>

UCLA Este es un estudio de investigación de UCLA

QUÉ ESPERAR :

- un grupo de conversación de 90 minutos con investigadoras y otras mujeres con lupus

