

**POSTER SESSION 3**  
**FRIDAY, APRIL 19, 2024**  
**8 AM – 12 PM**

Poster presenters in Poster Session 3 should stand by their posters from 9:15 – 10:15 AM.  
The display area allocated to each poster is 4' x 4'. Please ensure that your poster does not exceed this size.

**Leadership / Administrative Issues**

Adjusting Workload and Schedule Demands to Promote Nurse Leader Well-Being  
Scott S. Christensen, Tracey L. Nixon

Workplace Violence Trends in Oncology Nursing and Beyond: Strategies for Safety  
Scott S. Christensen, Mary Jean Austria,

Examining Nurse-Patient Ratios and Perceptions of Implicit Rationing of Nursing Care  
Linda Blizzard

Innovative Intensive Care Unit Solutions: The Admission, Discharge, Transfer Nurse  
Mary T. Pankratz, Jamie M. Besel

Minority Nurse Leader Career Advancement: A Qualitative Metasynthesis  
Anna Rodriguez

Designing a Mentorship Program for the Advancement of BIPIOC Washington Nurses  
Beth Bojkov, Weichao Yuwen, Selina A. Mohammed, Jamie Shirley

Enhancing Transitions of Care: The Heal at Home Program  
Juan Manuel Hernandez, Michael Sanchez, Scott S. Christensen

Hitting the Bullseye: Dismantling Racism in Nursing Education  
Teresa Garrett, Joan Gallegos, Vernell DeWitty, Vivienne Pierce McDaniel

Nurse Substance Use for Managing Pain and Its Effect on Patient Care and Work Performance  
Melanie K. Arnold, Jessica Rainbow

The Ontology of Nurse Well-Being within US Air Force Primary Care Medical Homes  
Charee Taccogno, Jacqueline Jones

Role of Professional Identity in the Lived Experience of Nurses Leaving Nursing  
Amy Joachim, Heather Coats

Trauma-Informed Nursing Leadership: Supporting an Engaged and Resilient Workforce  
Jonathan R. S. McIntyre

Lived Experience of ICU Nurses: Implications for Nurse Well-Being & Healthcare Systems  
Adrianna Lorraine Watson, Gabby Sutton-Clark, Sarah Strong

**Mental Health**

An Immersion Intervention for Symptoms of PTSD in Student Veterans

Rebecca Benfield, Alicia Brown, Andrew Thomas Reyes, Catherine Dingley, Reimund Serafica, Huaxin Song

Comparing Nonpharmacological and Pharmacological Interventions in Anxiety  
Annie Boehning, Jasmin Garcia, Shalonte Allen-Carrasquillo, Eric Warda, Jose Vasquez

Journal Writing in Parents of a Child in the PICU: A Feasibility Study  
Cara Gallegos, Matthew Bailey

Understanding New Graduate Nurses' Perspectives on Transitioning into the Workforce  
Frankie B. Hale, Holly B. Fontenot

Mental Illness in the Emergency Department  
Kymberly Ross, Kyla Holcomb, Brandi Smith, Sam Miller, Jonathan Massey

Quality Improvement: Motivational Interviewing for Behavioral Health Care Workers  
Garrett Hair, Mary Nies, Amanda Tillemans, Lynnel Cote

Adjusting to Long COVID-19 Qualitative Insights from a Narrative-Based Intervention  
Rachel Johnson-Koenke, Emma Baker, Jacqueline Jones

Nursing Faculty Work-Life Balance and Mental Wellbeing amid COVID-19 Pandemic  
Linh N. Bui, Lorelei Punsalan, Heidi He, Maria Gallego Rubolino, Annie Boehning

Increasing Access to Improve Depression & Anxiety Outcomes for African American Women  
Twanna Davis-Arnold, Farnaz Trasandes, Joseph Burkard

Neighborhood Characteristics, Maternal Mental Health, and Parenting in Brazil  
Laura Chechel, Silvana Freire, Claudia Nery Palombo, Clariana Ramos de Oliveira

Death with and without Dementia: Impact on Family Antidepressant Prescriptions  
Eli Iacob, Michael Hollingshaus, Rebecca Utz, Djin Tay, Katherine Ornstein, Pamela Barrientos, Mike Newman, Tom Belnap, Caroline Stephens

Exploring the Stigma Experiences Among Adults Living with Tourette Syndrome in the US  
BoRam Kim, Rachel Yu, Chengshi Shiu, Wei-Ti Chen

Implementing Loneliness Screening at a University Student Health Center  
Helena Bronte Reay, Jeremy Yorgason, Brad LeBaron, Cynthia Garbett

Racism's Impact on Minority Nurse Well-Being: A Quantitative Literature Review  
Olivia Liuson, Heather Abraham, E. Alison Holman

## **Methods**

Perceptions of Providing Continuous Blood Glucose Data for a Research Study  
Teresa Louise Rangel, Lindsey Miller, Rachel Carlson

A Cultural Humility Framework to Create a Virtual Reality for Health Professionals  
Katherine Doyon, Malek Alnajjar, Julie Peila Gee, Nancy Allen

Feasibility of Web-Monitoring Software Methods to Measure Online Misinformation  
Cindy Turner, Ida Tovar, Echo L. Warner

Impact of Patient Prioritization on Patient Wait Time in the Urgent Care Setting  
Liana Bailey, Candice Whealon, Angela Jun

Learner's Perception of an Obstetric Healthcare Simulation Escape Room  
Jennifer Peltier

Applying Reflexive Journaling to Understand a Marginalized Population  
Ruth Tretter, Mary A. Nies

### **Self-Care**

Developing a Telenovela (Soap Opera) to Improve Self-Management Among Latinos with HIV  
Evelyn Iriarte, Natalia Villegas, Paul Cook, Samantha Stonbraker, Rosina Cianelli, Maria Jose Baeza, Christine Toledo, Erin Burk-Leaver, Catherine Jankowski

Final Semester Nursing Student Holistic Wellness  
Melissa Hollis

Mobile Wellness Wednesday to Reduce Stress Among Healthcare Workers  
Marysol Cormaness Cacciata, Caroline Munoz, Ann Costa, Melissa M. Brown, Kendra Blankenship

Use of Emotional Freedom Technique (EFT) for Stress Reduction in Nursing Students  
Sarah Hendricks-Patel

Impact of Self-Care and Wellness Models on Nurse Retention  
Robin Geiger, Adele Webb

Meditation, Perceived Stress and Academic Anxiety in Pre-Licensure Nursing Students  
Elise Dando, Ruth E. Taylor-Piliae

The Impact of Mindful Clinical Aromatherapy on ICU Nurses' Stress Experience  
Kimberly Tran, Sarah Campbell, Aubrey Apodaca, Candice Whealon

Feasibility of Tai Chi Easy™ Training for New Graduate Registered Nurses  
Carlie Felion, Ruth E. Taylor-Piliae

Adverse Childhood Experiences and Burnout Among Healthcare Professionals in Oregon  
Benjamin Domogalla

### **Research and Information Exchange Posters (R&IE)**

#### **Loma Linda University School of Nursing**

Use of the Switch Tool for Better Patient Handoff in the Perioperative Department  
Melanio Dylan Robles, Robin Pueschel, Salem Dehom

The Impact of Education to Improve Transgender Care  
Debbie Nkumba, Robin Pueschel, Salem Dehom

Item Development for an Index to Measure Multiple Sclerosis-Related Suffering  
Carolyn Wilder, Jennifer Graves, Amanda L. Gooding, Salem Dehom, Elizabeth J. Taylor

Let's Start at the Very Beginning: ABC's (Awareness of Breast Cancer)  
Eliza Kym G. Liwanag, Gloria Mattson Huerta, Salem Dehom

Grip Strength among Turkish Nursing Students and Staff  
Sharon Atienza, Ayse Cil Akinci, Cemile Savci, Salem Dehom, Lisa Roberts

Nurse Emotion Recognition and Clinical Empathy: An Observational Study  
Annika Daphne Bilog, Elizabeth Johnston Taylor

Improving Confidence and Competency among RN Preceptors Through Education  
Lisa Soul Macias, Joanna Yang, Salem Dehom

Getting a Grip on Nepalese Nursing Staff and Students' Strength  
Jeremy Pangan, Tara Jung Gurung, Salem Dehom, Lisa Roberts

Development of a Situational Judgment Test on Family Supportive Supervisor Behaviors  
Safiye Sahin, Lisa Roberts

Nurse Spiritual Responses to Covid-19 Caring: A 1-Year Follow-Up Study  
Briana M. Carr, Elizabeth Johnston Taylor

Expanding Nursing Education Capacity: A PhD Program with Global Impact  
Iris Mamier, Anne Berit Petersen, Ellen E'Errico

### **Montana State University Mark & Robyn Jones College of Nursing**

Effects of Racial Disparities on Birth Outcomes in the United States  
Grace Burton, Claire Johnson, Erica Sebring, Alexis Palmer

Nurse Work Shift and Patient Health Outcomes  
Moriah Osborn, Charlotte Sayle

Inhale Confidence, Exhale Anxiety: Investigating the Role of Breathing Techniques in Reducing School  
Nurse Visits for Anxious Elementary Students  
Julie H. Alexander-Ruff, Sarah A. Ruff, Michaela Alvers, Steven Kerbel

### **Oregon Health & Science University School of Nursing**

Understanding Experienced Nurse Transitions: An Integrative Review of the Literature  
Darcey Ayala

Creating and Implementing a Trauma-Informed Birth Plan in a Faculty Midwifery Practice  
Kensie Blodgett

Post-Traumatic Growth in Healthcare Workers: Exploring Work-Related Factors  
Kylee Deterding

Surveying the Landscape of Mentorship Opportunities for New Graduate Midwives  
Leah Harrison

Standardizing Day-of-Discharge Lactation Education in a Midwifery Practice  
Katelynne Knight

Chronotype and Circadian Timing in Day and Chronic Night-Shift Nurses  
Kathryn McAuliffe

Increasing Access to Low-Barrier Narcan in Oregon  
Jeannie Thompson

### **Stanford Medicine Children's Health**

A Four-Step Evidence-Based Pushing Protocol  
Sarah Long

### **University of Alaska Anchorage School of Nursing**

Generalist Forensic Healthcare Training: A New Model of Education  
Angelia Trujillo

Population Health Promotion Utilizing Public Service Announcements  
Angelia Trujillo, Marisa Bune

TB Awareness in Alaska  
Siemee Xiong, Francis Anino, Emma Blei, Madele Copeland, Megan Huynhle, Skylar Madel, Jenelle Spear, Matthew Watkins

### **University of Arizona College of Nursing**

Feasibility of Remote Sleep Intervention Techniques for Gynecologic Cancer Survivors  
Maria Berkeley, Julia Gaumond, Ana Morales, Jason Ong, Sonia Ancoli-Israel, Edward Tanner, Terry Badger, Rina Fox

Parenting Stress and a Multisensory Infant Massage Intervention: A Secondary Analysis  
Stefanie Boyles, Aleeca Bell

The Theory of Integrative Nurse Coaching for Indigenous Dialysis Patients  
Deidre Chase, Meghan Skiba, Ruth Taylor-Piliae

Applying Innovative Methods to Develop Health Education Text Messages  
Amanda Chriswell, Bianca SantaMaria, Terry Badger, Alejandro Recio-Boiles, Rina Fox, Meghan Skiba

The Theory of Unpleasant Symptoms in the Oncologic Pediatric Intensive Care Unit  
Daisy Garcia, Terry Badger, Rina Fox

Activation of C-Tactile Afferents During Babywearing for Infant Withdrawal  
Lisa Grisham, Lela Rankin

A New Theoretical Model for Health Beliefs Among Native Hawaiians at Risk for Diabetes  
Anela Labore, Ruth Taylor-Piliae

Evaluating Colonialism as a Social Determinant of Health  
Jacquelyn Martin, Thaddeus Pace

Newly Promoted Middle Management Nurse Leaders' Lived Experience  
Daniel Vadillo, Cindy Rishel

Charting a Course to Excellence: Navigating Data Science Needs in Nursing Education  
Pankaj Vyas, Sheila Gephart

Breastfeeding & Biomarkers: A Secondary Analysis of a Case-Control Study  
Sarah Weinstein, Elise Erickson

### **University of New Mexico College of Nursing**

Concept Analysis of Attrition in Undergraduate Nursing Students  
Cecille Perales, Barbara I. Damron

Transformative Leadership: Impacting the Future of Healthcare through Appreciation  
Nicole Smith

Transporting Wounded Service Members During the Iraq and Afghanistan Wars  
Kimberly R. Spray, Sandra Cardenas, Michael Baker, Stephen Hernandez, Patricia Kelley

Yoga in Pain Care: A Flexible Concept  
Marnelli Hamilton, Patricia Watts-Kelley