

2026 WIN CONFERENCE
NAVIGATING THE CURRENTS IN HEALTHCARE AND ACADEMIA:
BRIDGING RESEARCH, PRACTICE, AND EDUCATION

TUESDAY, APRIL 21

11 AM - 8 PM

Conference Registration Open

12 - 3 PM

Preconference: Preparing the Next Generation: Teaching Serious Illness and Palliative Care Competencies

Pre-registration required

Facilitators: Andra Davis, PhD, MN, RN; University of Portland; Megan Pfitzinger Lippe, PhD, MSN, RN, CNE, ANEF, FPCN, FAAN; UT Health San Antonio; Rhoberta Haley, PhD, RN; Pacific Lutheran University

Preparing the nursing workforce to provide high-quality care for individuals with serious illness requires the purposeful integration of palliative care competencies across the curriculum. This interactive workshop will introduce nursing faculty to practical tools and strategies for incorporating serious illness and palliative care content into classroom, clinical, and simulation learning environments. Led by ELNEC education champions who are advancing innovative models of palliative care education, the session will guide participants in aligning palliative care competencies with the AACN Essentials, applying competency-based teaching and evaluation methods, and engaging students through experiential learning activities. Faculty will leave with concrete strategies, ready-to-use resources, and a curated toolkit to strengthen their teaching and leadership in preparing the next generation of nurses to competently and compassionately care for individuals and families facing serious illness.

3:30 - 6:30 PM

Preconference: AI Essentials for Nursing: Practical Strategies for Education & Research

Pre-registration required

Facilitators: Sarah Llewellyn, PhD, RN; Boise State University, Anthony Tolentino, PhD, RN, NI-BC, FAMIA; University of California, Los Angeles; Jason Blomquist, MAOL, BSN, RN, NEA-BC, CHSE; Boise State University

This foundational session is designed for nursing researchers and educators who are new to artificial intelligence or are seeking to better understand AI's increasing role in healthcare and nursing education. Participants will gain essential knowledge about AI fundamentals, explore the current landscape of AI applications in nursing and healthcare settings, and engage in discussions about the critical importance of integrating AI literacy and fluency into nursing curricula to prepare future nurses for technology-enhanced practice environments. The session will also provide hands-on guidance for getting started with AI tools, offering practical strategies for initial exploration and interaction that participants can immediately apply in their own research and educational contexts. By the end of this session, attendees will have both the conceptual framework and practical foundation needed to confidently begin incorporating AI considerations into their work as nursing educators and researchers.

7 - 8:30 PM

Welcome Reception

All conference participants are invited to this informal reception.

WEDNESDAY, APRIL 22

7 AM - 5 PM

Conference Registration Open

7 - 8 AM

Welcome Breakfast (Non-Student)

All conference participants are invited to this informal continental breakfast.

Welcome Breakfast for Student Attendees

Presented by the Mark & Robyn Jones College of Nursing at Montana State University

Meet and network with other students and receive tips for optimizing your conference experience.

Open to all student participants.

8:10 - 8:40 AM

Opening Session

Presiding: Lauren Clark, PhD, RN, FAAN, President, Western Institute of Nursing

8:40 - 9:40 AM

Keynote Address: A Tale of Two Cities — Nursing at the Crossroads of Generations

Speaker: Jennifer S. Mensik Kennedy, PhD, MBA, RN, NEA-BC, FAAN, President, American Nurses Association

10 - 11 AM

Concurrent Session 1

Adolescent Health and Illness

Moderator: Alexa Curtis, PhD, MPH, APRN, FAANP, FAAN, Associate Dean for Research & Innovation, University of Nevada, Reno

Adolescents' Perspectives of Life after Metabolic Bariatric Surgery

Annette Nasr

Patterns of Adversity and NSSI Addiction Among Psychiatric Adolescents

Zengyu Chen, Juan He, Jianjun Ou, Yamin Li

Bullying Victimization Experiences of Adolescents in a Psychiatric Unit

Leilanie Ayala

Project Revive: A Mixed Methods Youth Participatory Action Research Project

Dawn Bounds, Sarah Rodrigues, Afsaneh Saghafi, Jayla Aldridge, Maruko Myint

Adult Health and Illness

Moderator: Nancy Pike, PhD, CPNP-AC/PC, FAHA, FAAN, Professor and Associate Dean for Research, University of California, Irvine

Nurse Perceptions of Inpatient Use of Wearable Insulin Pumps and CGMS

Ruth Robb, Kim Franson, Perry Gee

SDOH Biomarkers, and Cognitive Trajectories after a Subarachnoid Hemorrhage
Lalipat Phianhasin, Hilaire Thompson, Donald Fogelberg, Michael Levitt, Eeeseung Byun

Effects of Walking Exercise on QoL and Metabolic Syndrome in Korean Women with
Menopause

Nah-Mee Shin, Jihyun Kim, JiWon Choi

Immigrant / Refugee Health

Moderator: Sigrid Barrett, PhD, RN, PNP, CNE, FAAN, Dean and Professor, University of Nevada, Las Vegas

A Framework for Addressing Underuse of Interpreter Services in Emergency Departments
Keri L. Baker

Cultural Adaptation of a Reproductive Health Curriculum for Refugees: A Pilot Project
Marcy Hanson, Molly Secor

Mental Health Predictors Among Filipino Americans

Razel Milo, Nicole Martinez, Patricia Calero, Maria Luisa Ramira, Cynthia D. Connelly

Symposium: Methods to Advance Precision Health: Invaluable Additions to the Research Repertoire

Moderator: Sandra J. Weiss, PhD, DNSc, RN, FAAN, Community Health Systems, University of California, San Francisco

Overview: Methods to Advance Precision Health: Invaluable Additions to the Research Repertoire

Sandra J. Weiss

Latent Class and Profile Analyses: Identifying More Precise Clinical Phenotypes

Sandra J. Weiss

Epigenetic Clocks as Tools for Precision Health

Shaimaa Elrefaay, Sandra J. Weiss

A Systems-Level Approach to Advancing Precision Health: Multi-Omics Methods

Kayla Longoria

Organizational and Workforce Issues

Moderator: Maria Yefimova, PhD, RN, Lead Nurse Scientist, UCSF Health

Moral Resilience and Ethics Consultation Participation Among ICU Nurses

Sarah Sumner

Nurse Managers' Perspectives on Intent to Leave and Substance Use Risk

Yitong Wang, Karen Foli, Zachary Hass, Nicole Adams, Seungyoon Lee

Workplace Incivility: A Multipronged Mitigation Plan for New RNs

Mary Field, Juliette Ofamen, Sarah Lewicki-Hendrix, Bonnie Fryzlewicz

Creating and Validating the REPORT Scale to Foster Nursing Safety Reporting
Scott S. Christensen, Robert P. Lubeznik-Warner, Mykel Winter

Best Practices in Evidence-Based Teaching

Moderator: Shu-Yi Wang, PhD, RN, APRN-CNS, CGNC, Professor, University of Colorado Anschutz

Enhancing Engagement through Team-Based Testing in Undergraduate Nursing Education
Marife Aczon-Armstrong

Enhancing Empathy and Communication through Nonviolent Communication Training
Julia Kaimana Tsuzaki, Donna-Marie Palakiko

Connecting Classroom and Practice: A Competency-Based Online Approach
Angela Fenton, Sydnie LaValley, Tiffany Noss, Lisa Broome, Mari Kimoto, Rebekah Perkins

Incivility Perceptions Among Students and Faculty in Pre-Licensure Nursing Programs
Mindy B. Zeitzer, Mihee Chung, Kiki Fornero, Cheryl Langford, Julie Fitzwater, Kathy Kuskie

11:15 AM - 12:15 PM
Concurrent Session 2

Topics in Oncology

Moderator: Rachel H. Adler, PhD, APRN, PMHNP-BC, AGNP-C, Professor, University of Arizona

Thyroid Cancer Recognition Among Omani Adults: Nursing Practice Implications
Diala Altwalbeh

Comorbidities and Depressive Symptoms of Rural Cancer Survivors and Caregivers
Terry Badger, Chris Segrin, Alla Sikorskii, Nathan Cunicelli

Multifactorial Model of Cancer-Related Accelerated Aging
Lisa Morse, Sandra J. Weiss, Christine Ritchie, Melisa Wong, Thomas Hoffmann, Margaret Wallhagen, Christine Miaskowski

Cancer Survivorship in Under-Represented Minority Populations
Ebere Ume, Ragi George, Diana Lynn Woods

Care in the Context of Public Health

Moderator: Randi Arias-Fontenot, PhD, Assistant Professor, University of Nevada – Reno

Kind Room: Blending Children's Art and AI Methods in Pediatric Space Design
Julie Alexander-Ruff, Elizabeth A. Johnson

Going Viral: An Analysis of How Memes Are Infecting Vaccination Discourse
Michael Todd Coriasco

Mothers' Perspectives on Discussing Adverse Childhood Experiences during a Home Visit
Julianne Ballard, Carol Dawson-Rose, Jacqueline Carrillo

Faith-Based Perinatal Support: A Community-Engaged Qualitative Study
Ryoko Kausler, Cindi Bennett, Chinma E. Njoku, Emma J. Stover

Symposium: From Evidence to Action: How Can Nurses Use Implementation Science to Address Complex Environmental Health Problems?

Moderator: Lisa M. Thompson, PhD, MS, RN, FNP, FAAN, Professor, University of California, San Francisco

Overview of Implementation Science for Intervention Development
Lisa M. Thompson

Ecolectivos Trial: Developing an Intervention to Address Air Pollution in Guatemala
Lisa M. Thompson

Knowledge into Action: Co-Creating Knowledge on Environmental Determinants of Health
Daniel J. Smith

Adapting a COM-B Survey: Insights from Cognitive Interviews
Elizabeth Mizelle

Strengthening the Healthcare Workforce: Education, Equity, and Leadership

Moderator: Marianne Biangone, PhD, RN, FAAN, Professor, Associate Dean, Education Programs, University of California, San Francisco

Bridging the Academic–Practice Gap: A Delphi Study on Essential Skills
Fara Bowler, Susan Hebert, Beth Hallmark

Racism and Discrimination Contributing to Attrition of the Midwifery Workforce
E. Brie Thumm, Elizabeth Phillips, Emily L. Gamm, Karie Stewart, Amy Goh

Sustaining Nursing Leadership Development: Rwanda’s HRH Program
Nanyombi Lubimbi, Jillian Pintye, Sarah Abboud, Natasha Crooks, Rohan Jeremiah, Madeleine Mukeshimana, Leah Neubauer, Cynthia Fritschi

Chronic Illness: Supporting Patients and Caregivers

Moderator: Catherine E. Elmore, PhD, MSN, RN, CNL, Research Assistant Professor, University of Utah

Fragmented Healthcare Among Older Asian Americans Living with HIV
Wei-Ti Chen

Understanding Care Transition Needs of Black and African Americans with Heart Failure
Shatterra Davis

Digital Supports for Families Transitioning to Long-Term Care
Zih-Ling Wang, Yanjing Liang, Oleg Zaslavsky

Persons with ALS and Caregivers Living at Home: A Grounded Theory of Service Sufficiency
Bronwyn E. Fields, Jessica Famula, Orly Tonkikh, Everlyne Ogugu, Bjorn Oskarsson, Janice F. Bell, Heather M. Young

Technology in Nursing Education

Moderator: Lisa A. Jaurigue, PhD, RN, CNE, Clinical Assistant Professor, Arizona State University

Accuracy of Artificial Intelligence on Nursing Licensure Examinations
Cherdsak Duangchan, Usa Khemthong, Thanakrit Jeamjitvibool

Course-Sharing: Cutting Costs, Boosting Faculty, and Enhancing Learning
Alice M. Tse, Anne Boerner

Walking in Patients' Shoes: Virtual Reality and Social Determinants of Health
Julie Peila Gee, Katherine Doyon, Harshitha Naidu, Christine Buena, Ann L. Butt, Roger Altizer, Nancy Allen

Practices and Pitfalls of Using Artificial Intelligence in Research
Hannah J. Kim, Mary Anne Schultz, Evangeline Fangonil-Gagalang, Sarah Flores, Fang-yu Chou

12:30 - 1:30 PM

Awards Lunch – *Reservation required*

1 PM

Silent Auction Opens

1 - 5 PM

Exhibits and Poster Session 1

1:45 - 2:45 PM

State of the Science Address in Research: The State of Nursing Science in a Culture of Chaos and Anti-Intellectualism

Speaker: Holli A. DeVon, PhD, RN, FAAN, FAHA, Emerita Professor and Emerita Audrienne H. Moseley Endowed Chair in Community Research, UCLA School of Nursing

Moderator: Andrea Wallace, PhD, RN, FAAN, WIN Governor Representative of Nursing Research

Presented by Orvis School of Nursing, University of Nevada, Reno

2:45 - 3:45 PM

Poster Viewing with Authors – Exhibits – Networking

2:50 - 3:35 PM

National Institutes of Health (NIH) and National Institute of Nursing Research (NINR) Updates
This session will provide an overview of NIH's and NINR's mission and research priorities.

Information on policy changes, and funding opportunities will be described, followed by Q&A. Session will repeat Thursday morning.

Moderators: Julia Seay, PhD, Program Director and Joshua Wolff, PhD, Program Officer, Division of Extramural Science Programs, National Institute of Nursing Research, National Institutes of Health

3:45 - 5:15 PM
Concurrent Session 3

Addressing Clinical and Policy Implications

Moderator: Marife Aczon-Armstrong, PhD, MSN, MSCP, RN-BC, FAAN, Associate Professor, Chaminade University of Honolulu

Responding to Violent Patients: Race, Gender, and Age as Factors
Darcy Copeland

Dedicated Defibrillator Nurse Improves in-Hospital Cardiac Arrest Outcomes
Ellen M. Anderson, Nicole Staring

State Policy Gaps in AI and Nursing: A Mapped Review of Regulation
Elizabeth A. Johnson

Scoping Review on Professional Wellbeing in the Nursing Research Literature
Ari Meyers

Caregiver Availability Buffers Impact of Geographic Disadvantage on Health Outcomes
Sumin Park, Andrea Wallace, Alycia A. Bristol, Jia-Wen Guo, Kelvin G. Opare, Catherine E. Elmore, Paula M. Meek

From Perception to Action: Fall Prevention Behavior and Balance Confidence
Andrew Daniels, Jimei Zhang, Keenan Pituch, Hanne Dolan

Symposium: Leveraging Nurses' Expertise for Meaningful Workforce Research and Policy

Moderator: Kyla F. Woodward, PhD, RN, Child, Family, and Population Health Nursing, University of Washington

Overview: Leveraging Nurses' Expertise for Meaningful Workforce Research and Policy
Kyla F. Woodward

The Impact of Non-Nursing Tasks on Nurse Work Outcomes
Kyla F. Woodward, Paula M. Kett, Natalia Oster

School Nursing Workforce Models and Implications on Healthcare Access and Policy
Mayumi Willgerodt, Benjamin Michael White

Methodological Approaches to Enumerating the Public Health Nursing Workforce
Paula M. Kett, Betty Bekemeier, Greg Whitman

Public Health Nurses' Unique Contributions to Health Equity
Betty Bekemeier, Paula M. Kett, Selina A. Mohammed, Shahida F. Shahrir, Grace Guenther

Nurses at the Intersection of Public Health and Primary Care
Janelle Zamora Martelino

Perinatal and Infant Health

Moderator: Lauri Linder, PhD, APRN, CPON, FAAN, FAPHON, Professor and Clinical Nurse Specialist, University of Utah

Postnatal Adaptation Model: Developing a Conceptual Framework for Neonatal Care
Nancy Brashear, Ellen D'Errico

Black Mothers' Journeys to Advocacy in Navigating Health Systems
Cherisse Erika Watts, Lauren Clark, Felesia Bowen, Kristen Choi, MarySue V. Heilemann

Freestanding Birth Center to Hospital Transfers of Care in Arizona
Erin George, Laurie S. Wood, Elise N. Erickson

Nocturnal Sleep in Breastfeeding and Formula Feeding Mothers, Infants, and Dyads
Kathryn A. Lee, Caryl L. Gay

Maternal Stress and Infant Regulation Associations with Infant Telomere Length
Harry Adynski, Sandra J. Weiss

Trusting Telehealth in Colorado's Nurse-Family Partnership: A Secondary Analysis
Elizabeth Phillips, Sophia Centi, Amy J. Barton

Promoting Health and Wellbeing Among Older Adults

Moderator: Omotayo O. Omotowa, PhD, MPA, MA, MSN, RN, Assistant Professor, Idaho State University

Independent and Synergistic Effects of Social Isolation and Loneliness on Well-Being
Jinseon Hwang, Wenting Peng

DST-Camm Model: Meaning-Making through Digital Storytelling for Dementia Caregivers
Raheleh Bahrami, Raena Nolan, Julie Fleury, Sunny Wonsun Kim

Functional Fitness for Mental Health in Older Women: A Systematic Review
Tracy Hellem, Brittney Howell

Stigma and Primary Care Access Among Trans Older Adults in the Inland Empire, California
Roque Anthony F. Velasco, Kimberly June Skeete, Anne Blakeley, Mita Beach, Ethan Cicero, Christina J. Sun, Scott Harpin, Ashley R. Turner, Kate Coleman-Minahan

Feeding the Brain: Linking Gut-Brain Axis Theory to Nursing Research
Kristina Wechsler, Ross Andel, Judith Klein-Seetharaman, Johannah Uriri-Glover

Drawing Insight: Sequential Art Narratives in Hermeneutic Nursing Research
Julie Grant, Jacqueline Jones, Kathy Oman, Sean M. Reed

Topics in Rural Health

Moderator: Siri Gurunam Kaur Khalsa, PhD, MSN, RN, Assistant Professor of Nursing, New Mexico Highlands University

Nurse-Led Telehealth Diabetes Coaching: Advancing Equity in Rural Black Communities
Arshpreet Kaur

Developing a Rural Ready Nurse Practitioner Program in Rural Montana
Stacy Stellflug, Alicia Crane, Shea McGuiness

Expanding Nurse Educator Capacity through the Retain Initiative: Results from Year One
Deb Bakerjian, Amy A. Nichols, Ana Marin Cachu, Jonathan Kwan, Kristen Bettega

Inhalers & Obstacles: A Qualitative Inquiry into School Nurse Asthma Management
Jodiey Bondurant, Julia Reedy, Amy Huebschmann, Lisa Cicutto, Stanley J. Szeffler, Sarah E. Brewer

Travel Impacts for Oncology Patients Living in the Rural Mountain West
Margaret Hammersla, Rebecca Hoover, Hazel Afroilan, Janette Merrill

Transforming Rural Nursing Practice: Advancing Quality through Mindful Collaboration
Kristin Grimes

Excellence in Clinical Education

Moderator: Leslie S. Barnum, MSN, RN, CNE, Clinical Assistant Professor, Arizona State University

Feedback That Sticks: Nursing Students Reflect on What Helps Them Learn
Jodi A. Erickson, SarahAnn Marie McFadden, Hannah Pye, Kristina D. Kenning

Compassionate Communication in Healthcare Students' Substance Use Encounters
Fatemeh Hashemi, Ira Kantrowitz-Gordon

Self-Efficacy and Professional Identity Growth in Nursing Student Peer Coaches
LeAnn Dykstra, M. Margaret Calacci, Kim Day

Diving Deep to Achieve Competency-Based Outcomes in Undergraduate Clinical Teaching
Cynthia Johnson, Jennifer Rigby, Kristen Erekson

Simulation to Build Nurse Practitioner Confidence in Human Trafficking Care
Grace Ellison, Hannya Ornelas, Molly Prengaman, Tracee Chapman

Future Nurse Researcher in the Making: Mentorship of Undergraduate Students
Lina Najib Kavar, Veronica Timple, Stacey A. Warner

5:30 - 6:15 PM

Special Interest Group Meetings (Group 1)

Integrative Health Connection at WIN

Moderator: Mary S. Koithan, PhD, RN, CNS-BC, FAAN, School of Nursing, University of Washington

Integrative Health (IH) is a whole person/whole system approach to health care that uses a full spectrum of strategies to improve health and wellbeing. In an integrative health approach to care, providers choose across a variety of evidence-informed choices that includes complementary/alternative modalities (CAM) as well as more traditional biomedical interventions. With the goal of choosing the best approach to care, IH is the ultimate interprofessional approach to care, drawing from a variety of practitioners, modalities and

systems of medicine. WIN members with interest in research and education that has an IH focus are invited to creatively discuss how to support an integrative health presence at future research conferences through posters, presentations and symposiums.

PhD/DNP Collaboration and Clinical Networking Special Interest Group

Moderator: Trisha Saul, PhD, RN, Director of Research, Providence Health & Services

The purpose of this interest group is to foster networking and collaboration among members with PhD and DNP degrees. Interest group members will have the opportunity to collaborate on abstract submissions, develop and implement projects, and provide collegial support to one another.

Trauma Informed Pedagogy in Healthcare Education

Moderator: Doria K. Thiele, PhD, CNM, RN, Associate Professor, California State University, Sacramento School of Nursing

Members of the Trauma Informed Pedagogy in Healthcare Education Special Interest Group seek to generate new knowledge regarding trauma informed teaching practices through research, and to infuse trauma informed best practices into our teaching. Our members teach across healthcare disciplines and programs, with the common interest of creating trauma informed learning environments.

WIN Gero-SIG

Moderator: Corinna Trujillo Tanner, PhD, RN, Assistant Professor, College of Nursing, Brigham Young University

This interest group is building a cadre of gerontological nurses to advance the mission of WIN in the context of improving care for the older adult. Student and non-student abstract awards will be presented for excellence in gerontological research, theory development/conceptual, or methodological papers.

WIN-E (Environmental Health Special Interest Group)

Moderator: Tara Marko, PhD, RN, Assistant Professor, School of Nursing, California State University San Marcos

This is a forum for environmental health researchers, educators, and advocates, and anyone interested in the relationships between the natural environment and health, and between nursing practice and the environment. This is a chance to learn of the interests of others and explore opportunities for collaboration.

Associate Deans for Education and Directors of Academic Programs/Affairs

Moderator: Joanne Noone, PhD, RN, CNE, ANEF, FAAN, WIN Governor Representative of Nursing Education

This special forum is for associate deans and directors of academic programs/affairs. The focus is on issues relevant to academic program quality, curriculum development, accreditation, and student performance.

Associate Deans and Directors for DEI

Moderator: Jung-Ah Lee, PhD, RN, FAAN, Professor, Sue & Bill Gross School of Nursing, University of California, Irvine

All Associate Deans and Directors for DEI are invited to attend this special forum.

6:30 - 8 PM
School of Nursing Receptions

University of California Consortium Reception
University of Utah College of Nursing Reception
University of Portland School of Nursing and Health Innovations Reception
Arizona State University Edson College of Nursing and Health Innovation Reception

THURSDAY, APRIL 23

7 AM - 5 PM
Conference Registration Open

7 - 8 AM
Continental Breakfast (Non-Student)

Continental Breakfast for Students
Presented by the Boise State University School of Nursing

Past Presidents' Council – by invitation only

Program Committee Breakfast – by invitation only

8 AM - 12 PM
Exhibit and Poster Session 2

8:15 - 9:15 AM
2026 Distinguished Research Lectureship: The Salience of Crosstalk among Biological, Psychological and Social Domains of Health to Knowledge Development in Nursing Science
Speaker: Sandra J. Weiss, PhD, DNSc, RN, FAAN, Professor and Robert C. and Delphine Wentland Eschbach Chair in Mental Health, UCSF School of Nursing
Moderator: Andrea Wallace, PhD, RN, FAAN, WIN Governor Representative of Nursing Research
Presented by Orvis School of Nursing, University of Nevada, Reno

9:15 - 10:15 AM
Poster Viewing with Authors – Exhibits – Networking

9:20 - 10:05 AM
National Institutes of Health (NIH) and National Institute of Nursing Research (NINR) Updates
This session will provide an overview of NIH's and NINR's mission and research priorities. Information on policy changes, and funding opportunities will be described, followed by Q&A. Repeat of session on Wednesday afternoon.
Moderators: Julia Seay, PhD, Program Director and Joshua Wolff, PhD, Program Officer, Division of Extramural Science Programs, National Institute of Nursing Research, National Institutes of Health

10:15 AM - 11:30 AM

Concurrent Session 4

Symposium: Foundational Work of Embedding Caring Science for New Graduate Nurses

Moderator: Hannah J. Kim, PhD, RN, CNL, PHN, National Patient Care Services, Kaiser Permanente National

Overview: Foundational Work of Embedding Caring Science for New Graduate Nurses

Linda Ackerman

Caritas Process and Caring Science in Northern California

Erica D. Anderson

Impact of Healing Circles on Quality of Life, Social Connectedness, and Self-Care

Hannah J. Kim

Healing Circles in Nurse Residency Programs: A Qualitative Exploration

Anjal Y. Pong

Transformational Impact of Healing Circles and Caritas Processes

Katherine Ricossa

Symposium: From Fields to Frontlines: Nursing Related Responses to Latino Farmworker Health Risks

Moderator: Alma A. Manzo, Graduate Research Assistant, Arizona State University Edson College of Nursing and Health Innovation

Overview: From Fields to Frontlines: Nursing Related Responses to Latino Farmworker Health Risks

Alma A. Manzo, Fiorella L. Carlos Chavez, Nuria M. Tobar, Kylie Hescock

Exploring the Hydration Practices of Latino Farmworkers during the Summer in Arizona

Fiorella L. Carlos Chavez, Alma A. Manzo, Nuria M. Tobar, Adrian Laborin, Amber Wutich, Alexandra Brewis

Health Policies & Protections for Latino Farmworkers Experiencing Extreme Heat

Alma A. Manzo, Fiorella L. Carlos Chavez, Nuria M. Tobar, Adrian Laborin, Alexandra Brewis, Amber Wutich

The Double Burden of Caregiving and Agricultural Labor Among Latina Farmworkers

Nuria M. Tobar, Fiorella L. Carlos Chavez, Alma Manzo, Adrian Laborin, Alexandra Brewis, Amber Wutich

Between Worlds: Unpacking the Intersections of Migration, Socialization, and Health

Kylie Hescock, Fiorella L. Carlos Chavez

Innovative Interventions Across Populations

Moderator: Kathleen Thimsen, DNP, MSN, WOCN/CETN, FNS, DF-AFN, AFN-BC, Associate Professor and DNP Program Director, University of Nevada, Las Vegas

Gender Differences in Diabetes Distress within a Digital Intervention
Chunyu Wang, Minal R. Patel, Dante Anthony Tolentino

Diverse Caregiver Emotions after Mindfulness Breathing Intervention
Jung-Ah Lee, Hyun Jung Kim, Julie Rousseau, Eunae Ju, Seon Young Kim, Vicky Ngo,
Stephanie Samame, Hannah Jung, Jiyoung Amy An, Eunbee A. Kim, Yessica Garcia Castaneda,
Celeste Penney, Adey Nyamathi

Impact of Pre-Injury Adversity on Recovery after Dual-Task Exercise in mTBI
Hyunhwa 'Henna' Lee

Developing SAFE: A Nurse-Led, Community Approach to Financial Toxicity
Djin Tay, Megan Rose, Sumin Park, Mackenzie Mitchell, Carrie Bellerive, Junko Fowles, Mary
Steinbach, Angie Fausett, Erin Bradshaw, Kathleen Gallagher, Jennifer Stephens, Patricia
Brooks, Carilee Ellis, Duane Pannell, Selena Pannell, Erika Patronas, Joseph Patronas, Rachel
Scott, Kathi Mooney

The Transcreation Framework to Develop an Intervention for Perinatal Substance Use
E. Brie Thumm, Britt Westmoreland, Elizabeth Phillips, Sarah Lopez, Liza Creel, Jessica
Anderson

Maternal Health and Illness

Moderator: Gwen Latendresse, PhD, CNM, FACNM, FAAN, Professor, University of Utah

Concept Analysis: Impact of Climate Change on Pregnant Women with Sickle Cell Disease
Rachelle Chanmany Pastor, Lisa R. Roberts

Classifying Maternal Healthcare across the Continuum Using AI and Rules
Jennifer Vanderlaan

Maternal Biopsychosocial Adaptation in the Great Obstetrical Syndromes: A Framework
Stefanie L. Boyles, Ruth E. Taylor-Piliae, Elise N. Erickson

Sleep Disturbances and Hypertensive Disorders of Pregnancy: An Integrative Review
Jingying Yang, Becca Gates, Yuqing Guo

Investigating Associations of Placental Biomarkers with Term Birth
Erin K. George, Elise N. Erickson, Stephanie Lapsley, Lily Woods, Mary Dawn Koenig, Julienne
Rutherford

Symposium: Navigating Work and Health: Nursing Perspectives on Occupation as a Social Determinant

Moderator: Elizabeth Kohout, MSN, RN, University of California, Los Angeles

Overview: Navigating Work and Health: Nursing Perspectives on Occupation as a Social
Determinant
Elizabeth Kohout, Sungwon Park, Sandra Domeracki, Suyoung Kwon, Soo-Jeong Lee

Occupation, Health Behaviors, and Metabolic Syndrome Among Middle-Aged Women Workers
Sungwon Park, Victoria Zhang, Michelle Hood, Aleda Leis, Carrie Karvonen-Gutierrez, Sung
Kyun Park

Knee and Lower Extremity Pain Among Construction Workers: A Scoping Review
Sandra Domeracki

Occupational Trajectories and Mental Health Among Filipino Immigrants
Suyoung Kwon, Natalie Rejto, AB de Castro

Disinfectant Exposure and Gut Microbiome of Cleaning Staff during COVID-19 Pandemic
Soo-Jeong Lee, Cherry Leung, Lu Yang, Abdur Rahim Khan, Kellie Redmond, Ryan Seguin,
Libin Xu

Symposium: Symptom Self-Management Framework for Individuals with Complex Health Conditions

Moderator: Linda L. Chlan, PhD, RN, ATSF, FAAN, Dept. of Nursing, Division of Nursing Research, Mayo Clinic

Overview: Symptom Self-Management Framework for Individuals with Complex Health Conditions
Linda L. Chlan

Sleep Self-Management Preferences of Solid Organ Transplant Recipients
Stacy A. Al-Saleh, Samantha Conley, Linda L. Chlan

Application of Symptom Self-Management Framework to Alleviate Cancer Related Fatigue
Komal Singh

Untangling Symptoms from Functioning in Inflammatory Bowel Disease
Samantha Conley, Stacy A. Al-Saleh

ICU Patients' Appraisal of Sedation Self-Management for Anxiety
Linda L. Chlan

11:30 AM - 1 PM
Lunch On Your Own

1 - 5 PM
Exhibits and Poster Session 3

1 - 2:15 PM
Concurrent Session 5

Symposium: Currents of Crisis and Creativity: Adapting Care in Nursing Homes

Moderator: Caroline Stephens, PhD, RN, GNP-BC, FGSA, FAAN, Professor, College of Nursing, University of Utah

Overview: Currents of Crisis and Creativity: Adapting Care in Nursing Homes
Caroline Stephens, Rebekah Perkins, Amy Powell-Versteeg, Pamela Barrientos, Rachael Alexander, Laura Block

Crisis within a Crisis—Sustaining Connection in Dementia Care during COVID

Rebekah Perkins, Amy Powell-Versteeg, Pamela Barrientos, Rachael Alexander, Laura Block, Caroline Stephens

Leading from the Heart: Perspectives on Nursing Home Leadership in Crisis

Amy Powell-Versteeg, Rebekah Perkins, Pamela Barrientos, Rachael Alexander, Laura Block, Caroline Stephens

Telehealth in Nursing Homes: Experiences and Strategies for Integration

Rachael Alexander, Rebekah Perkins, Amy Powell-Versteeg, Pamela Barrientos, Laura Block, Caroline Stephens

Creative Solutions and Silver Linings Developed during the COVID-19 Crisis

Laura Block, Amy Powell-Versteeg, Pamela Barrientos, Rachael Alexander, Rebekah Perkins, Caroline Stephens

Building Capacity for Clinical Research and EBP

Moderator: Carol Dawson-Rose, PhD, RN, FAAN, Dean and Professor of Nursing, University of California, San Francisco

Strategies to Build and Sustain Excellence in a Hospital Based Nursing Research Program

Debra Ridling, Elaine Walsh

A Cross-Sectional Study of EBP Competencies of Nurses and Leaders at a Magnet Hospital

Lynette Low, Monica Sanchez, Lisa Arnold, Rick Martin, Ahlam A. Jadalla

Building Research Capacity through a Nurse Scientist Collaborative

Sarina A. Fazio, Maria Yefimova, Lori S. Kennedy, Kimberly A. Lewis, Heather Abraham, Michael Bueno, Lisa Wilhelm, Sandra Staveski, Heather Leutwyler, Christine Miaskowski

Research Capacity Assessment and Planning: Outcomes and Lessons Learned

Marjory D. Williams, Caitlin McVey, Bryan Sisk

Clinical Inquiry Capacity Building Initiative in an Academic Health System

Maria Yefimova, Elisa Jang, Renae Waneka, Adam Cooper

Bridging Research & Practice: The Clinical Nursing Research Fellowship

Karen Hessler, Maureen Varty, Martha Grubaugh

Leadership, Advocacy, and Innovation in Advancing Health Equity Panel Presentation

Presented by WIN's Committee on Diversity, Equity, and Inclusion

Moderators: Marife Aczon-Armstrong, PhD, RN-BC, FAAN, Associate Professor, School of Nursing and Health Professions, Chaminade University of Honolulu; Patrick Luna, MSN, RN, CEN, University of Colorado Anschutz Medical Campus, College of Nursing; Razel Milo, PhD, DNP, FNP-C, AAOPM-BC, Hahn School of Nursing and Health Science, University of San Diego

Panelists: Dr. Marlon Saria, President & Dr. Bob Gahol, President-Elect, Philippine Nurses Association of America (PNAA); Dr. Brian Ahn, President, Asian American Pacific Islander Nurse Association (AAPINA); Ms. Kim Scott, Past President Bay Area, National Black Nurses Association (NBNA); Dr. Veronica Vital, President, National Association of Hispanic Nurses (NAHN); Dr. Rosario Jaime-Lara, Co-President, WIN Latino/a/x SIG; Dr. John Bressan & Dr. Dawn Taylor, Co-Chairs, WIN LGBTQIA SIG; Dr. Ali Tayyeb, Chair, WIN Military/Veterans

SIG; Dr. Juvel Velasco, Chair, WIN FANS SIG

This year's panel, themed "Leadership, Advocacy, and Innovation in Advancing Health Equity," will explore the evolving role of diverse healthcare professionals and educators in driving equitable change and shaping the future of health and education.

Mental and Behavioral Health

Moderator: Anne Brown, PhD, RN, Assistant Professor, Montana State University

Posttraumatic Stress Disorder and Cardiovascular Disease in Women Veterans

Caroline Dancu, Jenny Cohen, Oi Saeng Hong, Linda Park, Beth Cohen

Psilocybin-Assisted Psychotherapy, PMHNPs' Legal Risks, and Patient Benefits

Zachary Paul Ulrich

Symbolic Amplification: Expanding Nursing Research through Jungian Theory

Krista Scorsone

Disclosure of Suicidal Ideation Predicts Help-Seeking Among Nurses

Zengyu Chen, Juan He, Yusheng Tian, Meng Ning, Yamin Li

Motivation and Barriers to Change for Those with Housing Instability and Substance Use

Lindsay Benes

Symposium: Microbiome Insights into Stress and Depressive Symptoms: Maternal, Infant, and Adolescent Populations

Moderator: Cherry Leung, PhD, RN, Associate Professor, Community Health Systems, University of California, San Francisco

Overview: Microbiome Insights into Stress and Depressive Symptoms

Cherry Leung

Prenatal Microbiota Predict Women's Depression from Pregnancy through the Postpartum

Sandra J. Weiss

Prenatal Hair Cortisol Concentration and Infant Microbiome Richness

Madeline Dunlay, Sandra J. Weiss

Prenatal PM Exposure, Gut Microbiome Changes, and Telomere Length: Mediation Analysis

Nina Ahlers, Cherry Leung, Sandra J. Weiss

Gut Microbiota Associations with Mild Depressive Symptoms in Adolescents

Cherry Leung, Sandra J. Weiss

Symposium: Operationalizing Critical Pedagogy through Trauma Informed Approaches

Moderator: Rana Najjar, PhD, RN, CPNP, Associate Professor, School of Nursing, Oregon Health & Science University

Overview: Operationalizing Critical Pedagogy through Trauma Informed Approaches

Rana Najjar

Critical Lens and Trauma-Informed Approaches Syllabi Evaluation
Marjorie Attis-Josias

Analysis of Inclusive and Exclusive Content in Open Access Nursing Fundamentals Texts
Joanne Noone, Angie Docherty, Willow Buswell, Julianna Joshua, Kelsie Peterson, Marcos Sanchez

Co-Evaluation of North American Nursing Curricula Using an Equity Lens
Claire McKinley Yoder, Kala Mayer, Cheryl Pollard

Evaluating BSN Student Responses to Trauma Informed Flexible Teaching Practices
Doria K. Thiele, Karen Bean

2:15 - 3:15 PM
Poster Viewing with Authors – Exhibits – Networking

3:15 - 4:15 PM
State of the Science Address in Practice: The Professional Governance Imperative: Translating Trust into Impact
Speaker: Marla J. Weston, PhD, RN, FAAN, Chief Executive Officer, Weston Consulting, LLC and Former Chief Executive Officer, American Nurses Association
Moderator: Annette Nasr, PhD, RN, MPA, NE-BC, FAAN, WIN Governor Representative of Nursing Practice

4:30 - 5:30 PM
Concurrent Session 6

Factors Influencing Mental and Physical Wellbeing

Moderator: Annette Joan Thomas, PhD, RN, Associate Professor, Seattle University

Overdose and Cardiac Emergency Simulation for Nurse Led Mobile Clinic Learners
Holly Kirkland-Kyhn, Michael Helton, Ashlyn Prasad, Deb Bakerjian

Reducing Stigma in Opioid Use Disorder Care: An Evidence-Based Training Approach
John Bressan, Marianne Hultgren, Roxanne Garbez, Susan Orozco

Effects of Sleep Regularity on Sleep Quality, Depression, and Fatigue in Shift Workers
Jinyoung Kim, Kevin Dangler, Stephanie J. Nam

EHR Automation and an Online Patient Education Portal to Prevent Perinatal Depression
Gwen Latendresse, Sara Simonsen, Ryoko Kausler, Eli Iacob, Wen Tu, Lauren Gimbel, Marcela Smid, Justin D. Smith

Clinical Education and Professional Development

Moderator: September T. Nelson, PhD, RN, CNL, Associate Professor, University of Portland

Effectiveness of Formal Onboarding Program for New Grad RNs Based on Kirkpatrick Model
Sirikorn Kongwattanakul, Pattama Kusuman, Kasinee Puttamon, Inthira Yooyeun, Athipong Muneeno

Virtual Reality Training Improves New Graduate Nurses' Medication Administration
Crystal Ramos, Kimberly Mullen, Brenda Nguyen, Rick Martin, Ahlam A. Jadalla

Bridging Education and Practice: Preparing APN Students for Healthcare Shortage Areas
Angel Kuo, Elizabeth Gatewood, Carrie Evans, Mary Anne Israel, Janet Coffman, Jody Diala

Symposium: Evidence Demonstrating the Implementation of the Clinical Nurse Leader Care Delivery Model for Creating Positive Healthcare System Work Environments

Moderator: Miriam Bender, PhD, RN, FAAN, Professor, Sue & Bill Gross School of Nursing, University of California, Irvine

Overview: Organizing Nursing Care to Create Positive Healthcare Work Environments
Miriam Bender, Ariadne Meyers, Marjory D. Williams

A Conceptual Synthesis to Address Nurse Burnout through Improved Work Environments
Ari Meyers

Administrator Perceptions of Influence of the CNL Care Model on Care Environments
Marjory D. Williams, Miriam Bender

Linking Implementation Strategies to Care Environment Outcomes in the CNL Care Model
Miriam Bender, Marjory D. Williams

Behavioral and Social Factors in Sexual Health and Violence

Moderator: Emma Aquino-Maneja, PhD, DNP, RN, MEd, CCRN, Clinical Consultant, Kaiser Permanente Southern California

Survivors' Voices: Lived Experiences of Sexual Violence in British Columbia
Ann Pederson, Jila Mirlashari, Kate Rossiter, Chandra Berkan Hozempa

Sexual Motivation as a Pathway from Self-Control to Condom Use Resistance in Young Men
Raheleh Bahrami, Kavya Juwadi, Sarah Sarandos, Weiqi Chen, Julia Hammett, Kelly Cue Davis

A Theoretical Approach to Sexual Assault of Women in Later Life
Alyssa Lark, Julie Valentine, Cathy Maxwell

A Scoping Review of Law Enforcement-Involved Domestic Violence
Patricia Zrelak, Craig Wetterer

Breakthroughs in Aging and Chronic Disease Management

Moderator: Patricia Barfield, PhD, PMHNP-BC, Campus Associate Dean & Assistant Professor, Oregon Health & Science University

Epidemiologic Association between Blue Zones Features with Longevity
Hyunhae Lee, Alexi Vashbinder, Michael J. LaMonte, Bernhard Haring, Karen C. Johnson, Candyce H. Kroenke, Warren Szewczyk, Chi-Shan Tsai, Khyobeni Mozhui, Lorena Garcia, Lauren Hale, Matthew S. Nudy, Chris A. Andrews, Kathyleen Hovey, Allison Webel, Oleg Zaslavsky, Dorothy Lane, JoAnn E. Manson, Kerry W. Reding

Home-Based Brain Stimulation and Mindfulness for Knee Osteoarthritis Pain
Juyoung Park, Chiyoung Lee, Hongyu Miao, Lifeng Lin, Ilknur Telkes, Stephen Dahmer, Jason Hoang, Lindsey Park, Hyochol Ahn

Implementation of Enhance[®]Fitness: A Scoping Review Using the RE-AIM Framework
Wenting Peng, Sarah McKiddy, Michiyo Tomioka, Dina L. Maruca, Nancy M. Gell, Matthew Lee Smith, Caitlin Maloy, Basia Belza

Sounds in Pneumonia (SiP): AI-Driven Cough Analysis for Early Detection in Older Adults
Zih-Ling Wang, Nicholas Ryan Rasmussen, Charles Kwanin, Les Atlas, Oleg Zaslavsky

Promoting Student Confidence, Engagement, and Wellbeing

Moderator: Jodi A. Erickson, PhD, RN, CNL, CNE, Assistant Professor, University of Washington, Tacoma

Impact of SBIRT Training and Simulation on Confidence in Nursing Students
Manal Alatrash, Muder Alkrisat

Participation for the WIN
Michael Bueno, Lindsay Holt, Kimberly Hicks, Jessica Oliver

Understanding Global Stress and Depression in Nursing Students: A Systematic Review
Ling Xu, Michael Joshua G. Morales, Marianne Biangone, Thomas Hoffmann, Cherry Leung

Promoting Self-Care in Graduate Nursing Students through Mindfulness and Acupressure
Sarah Campbell, Angela Jun, Paola German, Yuqing Guo

5 PM
Silent Auction Ends

5:45 - 6:30 PM
Special Interest Group Meetings (Group 2)

Conducting Research with Latino/a/x Individuals Special Interest Group
Moderator: Rosario Jaime-Lara, Assistant Professor, School of Nursing, University of California, Los Angeles

Members discuss various aspects of Latino/a/x health and inequalities that exist and illustrate, through both theory and research, potential ways to improve health for Latinos across the lifespan. Our WIN Special Interest Group members are interdisciplinary scientists conducting research with Latino/a/x individuals, families, and communities.

(FANS) Filipino American Nurse Scholars Special Interest Group
Moderator: Juvel-lou Velasco, PhD, MSN, RN, APRN-ANP, AGACNP-BC, CCRN, CHFN, College of Nursing, University of Arizona

To advance the understanding of the Filipino population as both providers and recipients of care through impactful research, education, advocacy, mentorship, and collaboration, with a focus on strengthening the presence and impact of Filipino American scholars in the Western Region.

LGBTQIA Special Interest Group
Moderator: John Bressan, DNP, RN, ACNP-BC, Assistant Clinical Professor, School of Health Sciences – Nursing, University of the Pacific

All nurses interested in raising awareness of the needs of LGBTQIA communities are invited to attend this meeting.

MENA (Middle East North African) Special Interest Group

Moderator: Rana Halabi Najjar, PhD, RN, CPNP, Associate Professor, School of Nursing, Oregon Health & Science University

All nurses interested in MENA initiatives, including raising awareness of the needs of the MENA communities, are invited to join this meeting.

Military/Veterans Special Interest Group

Moderator: Consuelo (Coco) Grant, PhD, RN, Assistant Professor, School of Nursing and Health Innovations, University of Portland

The mission of the Military/Veterans Special Interest Group is to advance the quality of healthcare for Servicemembers, Veterans and their families through research, education, advocacy, and collaboration. Our aims are to foster recognition of Servicemembers, Veterans and their families as unique and underserved populations. We will achieve this by advocating prioritization, promotion, and inclusion of Servicemembers, Veterans and their families in nursing research, education, and practice.

Pediatric Special Interest Group

Moderator: Kristi K. Westphaln, PhD, RN, CPNP-PC, Assistant Professor, School of Nursing, University of California, Los Angeles

The mission of WIN's pediatric special interest group (SIG) is to foster connections and community that contribute to high quality health care for infants, children, adolescents, and their families through research, scholarly projects (evidence-based practice, quality improvement), education, advocacy, and mentorship.

Academic/Practice Partnerships in Research, EBP, QI

Moderator: Annette Nasr, PhD, RN, MPA, NE-BC, FAAN, WIN Governor Representative of Nursing Practice

This special forum is for research directors, clinical researchers, and nurse scientists from clinical agencies. The focus is on issues relevant to clinical practice as they relate to research and evidence-based practice, Magnet destination, and applying research in the practice setting.

Associate Deans and Directors for Research

Moderator: Andrea Wallace, PhD, RN, FAAN, WIN Governor Representative of Nursing Research

This special forum is specifically for research deans/directors at research-intensive schools of nursing. The agenda is focused on issues relevant to these types of programs and faculty.

Deans and CNO/CNE's Reception – by invitation only

FRIDAY, APRIL 24

6:45 – 7:30 AM

Tai Chi provided by WIN's Gero SIG

7-11 AM

Conference Registration Open

7:30 - 8:30 AM
Continental Breakfast

Western Academy of Nurses Business Meeting - by invitation only
Members of WAN are invited to this annual business meeting.

8 AM - 12 PM
Exhibit and Poster Session 4

8:45 – 9:45 AM
State of the Science Address in Education: From Disruption to Design: Strengthening the Future of Nursing Education
Heather M. Young, PhD, RN, FAAN, Professor and Dean Emerita, Betty Irene Moore School of Nursing at UC Davis
Moderator: Joanne Noone, PhD, RN, CNE, ANEF, FAAN, WIN Governor Representative of Nursing Education

9:45 – 10:45 AM
Poster Viewing with Authors – Exhibits – Networking

10:45 AM - 12 PM
Closing Session/Raffle

Navigating Challenges with a Beacon of Hope
Presented by the Western Academy of Nurses (WAN)
Moderator: Adrienne Martinez-Hollingsworth, PhD, RN, PHN, WAN, AltaMed Health Services, AltaMed Institute for Health Equity
“Navigating Challenges with a Beacon of Hope” is an interactive, arts-based session designed to reconnect nurses with their foundational motivations for choosing the profession and re-illuminate their inner sources of strength during times of professional and personal challenges. This session builds upon Jean Watson’s Theory of Human Caring and emphasis on caritas, the deep moral commitment to human dignity, altruism, and interconnectedness. Through this lens, participants will explore the essence of caring as a unifying ethos that transcends practice settings, generations, politics, and cultures. Following an introduction, participants will be invited to engage in a hands-on, non-verbal reflective exercise: decorating a small wooden lighthouse ornament that symbolizes their personal “beacon of hope.” Each lighthouse represents an internal motivator, core value, or guiding belief that sustains their commitment to nursing. Art supplies will be provided. Following the exercise, participants will share the meaning of their lighthouse within small table groups, fostering dialogue, mutual support, and peer recognition.

12 PM
Conference Adjourns