

Breast Screening

MYTH

Other screening tests
like thermograms,
ultrasound, or blood
tests are just as effective
as mammograms.

FACT



To date, mammograms are the only screening test that have been medically proven to reduce breast cancer mortality.

Thermography is not FDA approved as an independent breast cancer screening tool and can only be used as adjunctive.

Compared to mammograms, **no other test has undergone such rigorous clinical trials** with decades of patient follow-up monitoring.

Other screening tests may **supplement but not replace mammograms.**

#40andEmpowered