

Breast Screening

MYTH

I don't need a
mammogram.
No one in my
family has had
breast cancer.

FACT



75% of new breast cancer diagnoses arise in women with no family history of breast cancer.

For this reason, **it is important that all women have screening mammograms yearly**, starting at age 40, with or without a family history of breast cancer.

For women with a family history, they should discuss their breast cancer risk with their healthcare provider or radiologist to determine if earlier or more intensive screening may be indicated.

#40andEmpowered