

# OPEN HOUSE

✱ APRIL 23rd ✱  
✱ 10 AM - 2 PM ✱

Come celebrate two incredible wellness brands become ONE!

Here's why you should GET EXCITED!!



- ✓ Workout by Takeover Athletics
- ✓ Stretch Session by Jodi Holland of Studio Bamboo
- ✓ Ribbon Cutting
- ✓ Complimentary Chair Massages
- ✓ 20% all apothecary
- ✓ HUGE raffle just for showing up!
- ✓ Complimentary eucalyptus bouquets by Horticulture Design Co.

- ✓ New membership promos
- ✓ Stretch session by Tracy Morrison
- ✓ Complimentary Reiki Attunement
- ✓ Apothecary Tastings with Salty Seahorse
- ✓ Swag bags by Torch Yoga to the first 20 guests!

AND MORE!!!



2272 West Great Neck Road | Suite 2244 | VB



**ROOTED  
METHOD**  
SPA & APOTHECARY



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## ITINERARY

10:00 a.m: Workout by  
Takeover Athletics

10:30 a.m: Stretch session  
by Jodi Holland of Studio  
Bamboo

11:00 a.m: Welcome by  
Rooted Method/Ribbon  
Cutting

1:00 p.m: Stretch session by  
Tracy Morrison

1:45 p.m: Raffle

2:00 p.m: Closing



## RAFFLE PRIZES (FREE TO ENTER!)

- 1 MONTH UNLIMITED YOGA @ STUDIO BAMBOO
- 1 MONTH UNLIMITED MEMBERSHIP @ PURE BARRE
- ROOTED GIFT BOX
- GIFT BOX BY HORTICULTURE DESIGN CO.
- 60 MINUTE MASSAGE BY TARA
- REIKI BY JASMINE
- 12 PACK OF CRUNCHY HYDRATION
- (2) HAMILTON PERKINS BACK PACK
- 5 PACK CLASS PASS BY RESTORATIVE THERAPY CO
- 3 CLASS PACK BY TRUE PILATES VB



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for more details!