

## **Centered Leadership – *Leading from the middle of your organization.***

**(60 Minutes) (10/12/23 – 1:45 – 2:45 pm) – Rich George**

**About this Session:** If you have a boss and you are a boss, then you are a middle manager. It is exhausting to lead from the middle. In this session participants will obtain the skills to not only lead down and laterally, but learn the important skill set of leading up. Rich will share the seven skill sets necessary to be an effective 'centered leader'. This thought provoking and inspiring session challenges the way we think about our roles regardless of our title.

### **Learning Objectives:**

- A.** Participants will deconstruct the elements of being a middle manager or leader.
- B.** Participants will learn the nuances of leading not only down, but laterally and upwards to their supervisors.
- C.** Participants will learn how to deploy the Seven Skillsets of a Centered Leader