

New Hampshire
MEDICAL SOCIETY

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2023 Annual Scientific Conference Agenda



November 3-5, 2023
Mount Washington Resort & Virtual

WELCOME!

The NHMS Annual Scientific Conference is the leading event for physicians featuring clinical issues impacting the Granite State and cutting edge research, along with personal finance and professional practice management sessions.

We are excited you could join us and remind you to save the date for next year's event - **November 15-17, 2024, at the Wentworth by the Sea!**

Annual Scientific Meeting Agenda

Friday, November 3, 2023

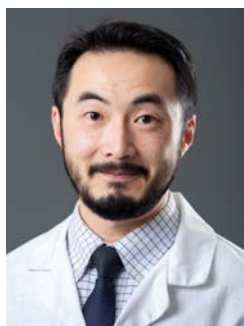
8:00 am - Check in/Registration Begins in the Presidential Foyer.

9:00 am - NHMS Council Meeting – Washington Room

9:00 am - Unlocking Financial Wellness: Real-Life Case Studies to Supercharge Your Fiscal Future workshop, presented by Baystate Financial, **Breakfast will be provided** in the Reagan Room. (not accredited)

9:00 am - Achieve Meaningful Long Term Weight Loss with Wegovy workshop presented by Novo Nordisk. **Breakfast will be provided** in the Jefferson Room. (not accredited)

Educational Sessions will be held in the Presidential Ballroom



10:00 - 10:15 Welcome

Eric Loo, MD, is the 191st President of the NH Medical Society. He is an Assistant Professor of Pathology and Laboratory Medicine as well as Diplomate of the American Board of Pathology in Anatomic and Clinical Pathology, Hematopathology, and Molecular Genetic Pathology and Associate Program Director of the Dartmouth Health AP/CP Pathology Residency Program. He is also Laboratory Medical Director at Mt. Ascutney Hospital & Health Center.

10:15 - 11:15 am Updates in Molecular Diagnostics



Describe indications for molecular testing; explain the role of a molecular tumor board; and demonstrate the ability to interpret molecular results.

Laura Tafe, MD, is an Associate Professor of Pathology and Laboratory Medicine, and a director in the Laboratory of Clinical Genomics and Advanced Technology (CGAT), Dartmouth-Hitchcock Medical Center and the Geisel School of Medicine at Dartmouth. She is the 2023 President of the Association for Molecular Pathology (AMP). Dr. Tafe completed fellowship training in oncologic surgical pathology and molecular genetic pathology at Memorial Sloan Kettering Cancer Center.

11:15 - 12:15 pm Indication Based Testing for Rare Disease



Be able to identify common reasons of referral to Clinical Genetics, and understand the differences in technologies used for genetic testing based on underlying indication in their patient, and the nuances of genetic testing such as uncertainty, potentially unanticipated findings, and informed consent.

Nidhi Shah, MD, is a pediatrician-medical geneticist and physician-scientist, with a research interest in implementation science, studying precision genomic medicine as well as novel applications of genetic tools and technologies. She completed fellowship training in clinical genetics at the Harvard Medical School Genetics Training Program. She serves as a Clinical Geneticist at Dartmouth Health Children's, Assistant Director of Center for Clinical Genomics and Advanced Technology (CGAT) in the Department of Pathology at Dartmouth Health and is part of the core scientific team working on the NIH funded Babyseq2 project.

Annual Scientific Meeting Agenda, continued

12:15-1:30 pm Lunch in the Grand Ballroom

Exhibit Time in the Presidential Foyer.

12:15 pm Lunch Workshop - Timing is Everything: When to Consider Rybelsus (R) in Your T2D Treatment

Located in the Jefferson Room, Presented by Novo Nordisk (not accredited)

1:00 - 4:45 pm Orthopaedic Track in the Reagan Room

1:30-2:30 pm Panel Discussion: Telemedicine: What's Changed and What to Expect in the Future

Understand how telemedicine policy has changed on the state and federal level and how these changes have impacted practices; and learn how we expect telemedicine policy to change in the future.



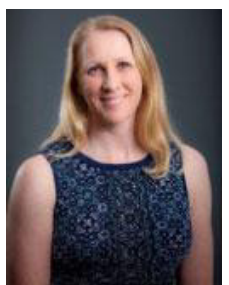
Moderator: Patrick Ho, MD, MPH, completed his undergraduate degree at Kent State University and medical school at Northeast Ohio Medical University. He completed psychiatry and preventive medicine residencies at Dartmouth-Hitchcock Medical Center and obtained an MPH from the Dartmouth Institute for Health Policy & Clinical Practice. Dr. Ho has served as the president of the New Hampshire Psychiatric Society and currently serves on the executive board of NHMS.



Vic Goetz has worked on Capitol Hill for more than 10 years for members of both the House and Senate. Since 2021, he has served as Senator Jeanne Shaheen's Health Policy Advisor, handling all aspects of health care and related policy for the office. Prior to, he served in similar roles for Rep. Brad Schneider of Chicago, a member of the Ways and Means Committee, and Rep. Jim Cooper of Nashville, TN. He is a native of Nashville, a graduate of Bucknell University and currently studying to receive a Master of Health Care Delivery Science from Dartmouth College.



Richard Lafleur, MD, Anthem NH's Clinical Officer and Plan Performance Medical Director, started with Matthew Thornton in 1996, and has continued with Anthem since 1999, taking on the lead Medical Director role in 2008. He received his MD from the University of Vermont in Burlington, in 1983, and completed his internal medicine residency at the University of Rochester Associated Hospital Program in 1986. He is a council member for NHMS and the NH Chapter of the American College of Physicians. He practices internal medicine at Southern New Hampshire Internal Medicine, a group practice he helped found in 1989.



Gillian Sowden, MD, is Assistant Professor of Psychiatry at Geisel School of Medicine at Dartmouth, and Program Director of the psychiatry residency training program at Dartmouth-Hitchcock Medical Center. She is an outpatient psychiatrist and currently supervises resident outpatient psychiatry clinics at Dartmouth, as well as caring for her own patients at Hanover Psychiatry, a faculty practice of the Dartmouth Department of Psychiatry. Dr. Sowden has previously worked as an embedded psychiatrist in primary care, and as a psychiatric eConsultant, providing psychiatric services to primary care clinicians through a shared electronic medical record.

2:30-3:30 pm Physician Leadership: The Skills You Already Have as a Doctor are What You Need



Identify skills important for being an effective leader; develop reflective practice to enhance your leadership and the need for mentorship and ongoing development for continual growth as a leader.

P. Travis Harker, MD, MPH, is the CMO for Appledore Medical Group and has a family medicine practice in Portsmouth, NH. He is an experienced leader in clinical quality, population health, medical education, health policy, and advocacy. He currently serves on the NHMS Council.

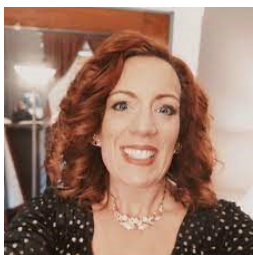
3:30-3:45 pm Afternoon Break and Exhibit Time in the Presidential Foyer

3:45-4:45 pm Considerations and Strategies for Recruiting and Retaining the Workforce You Need Today and in the Future

Learn how organizational culture impacts the ability to attract, recruit and retain staff at all levels in a practice, how different models of care contribute to staff engagement and satisfaction, learn about evidence-based models of care that expand and build capacity for your practice.



Mary Bidgood-Wilson is a retired Family Nurse Practitioner and Certified Nurse Midwife. She founded Moultonborough Family Health Care in 1992 and merged with Lakes Region Health-care in 1994. She continued with this primary care office as its principal provider until her retirement. In the practice's new relationship, Bidgood-Wilson served on committees with oversight of credentialing and bylaws. She oversaw the midwifery service, advocated for full medical staff privileges for associate providers and advised best practices for nurse practitioners. Currently she serves as chair of the Legislative Commission on Interdisciplinary Primary Care Work Force and the steering committee Health Force NH.



Stephanie Pagliuca is the Senior Director of Workforce Development and Recruitment for Bi-State Primary Care Association. She oversees Bi-State's NH/VT Recruitment Center and has managed many federal, state, and private foundation grants to support workforce development to build primary care, dental, mental health, and substance use disorder treatment capacity in underserved areas. Ms. Pagliuca works on public policy related to primary care workforce development, recruitment, and retention by serving on several statewide and regional commissions and work groups.

6:00-7:00 pm Welcome Reception in the Conservatory with Musical Entertainment by Michael Mazola

7:00 - 10:00 pm Dinner

Join us in the Grand Ballroom for dinner to close out a successful day. Casual attire.

Saturday, November 4, 2023

6:30 am Bowler-Bartlett Fun Run/Walk

Walk 1 mile or run 5k

7:00 - 8:30 am Breakfast Buffet

Presidential Foyer

Educational Sessions will be held in the Presidential Ballroom

8:00-9:00 am Beyond Burnout: Pathways Toward Healing



Understand the psychological syndrome of burnout, how it takes root and becomes a self-perpetuating cycle; discuss practical interventions to interrupt the cycle of burnout; and be empowered to create an action plan to unwind from burnout and move toward a more healthy relationship with work.

Penelope Perri, MSW, CEAP, is a certified Life and Executive Coach with a private practice in Concord. She was a clinical counselor and the Director of Employee Assistance at Concord Hospital for fifteen years.

9:00-10:00 am Panel Discussion: Prior Auth/Medical Necessity

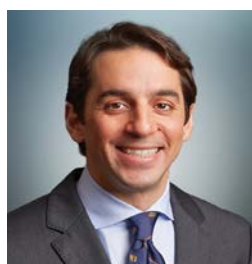
Understand how prior authorization impacts practices and how the insurance industry establishes its policies; and learn how practices can troubleshoot issues they encounter with prior authorizations and how the system can be improved. **Moderator: P. Travis Harker, MD, MPH**



Kate Skouteris joined Harvard Pilgrim Health Care in 2021 as Vice President, Commercial Markets, where she leads the organization's strategy, sales, provider network and overall operations for the NH market. In 2022, she assumed responsibility for the RI market, leading strategy, sales, and overall operations for the Commercial membership. Kate holds a B.A. degree from UNH and a J.D. degree from Suffolk University Law School. Prior to joining Harvard Pilgrim, Kate worked as an attorney specialized in serving the needs of health care, insurance and financial industry clients.



Michelle Newman is the director of a Patient Service Center for Conifer Health Solutions, responsible for Dartmouth Health and affiliate's prior authorizations. In her previous roles in healthcare, she managed Coding and Clinical Documentation Improvement for Dartmouth Health. Before joining Dartmouth Health in 2009, Michelle managed coding at Augusta University Medical Center, previously Medical College of Georgia Hospital, in Augusta, GA.



Anthony Mollano, MD, specializes in hand/wrist/elbow trauma, nerve and reconstructive surgery at Concord Orthopaedics, PA. He received his MD at University of Rochester School of Medicine, completed residency at University of Iowa Orthopaedics, and hand surgery fellowship training at Hospital for Special Surgery in NY. He currently serves as the NH Orthopaedic Society representative to the NHMS Council.

10:00- 10:45 am Break and Exhibit Time in the Presidential Foyer

10:45-11:45 am The Evolution of Cancer Treatment: Past to Present



Understand the logic of the evolution of cancer treatment, some of the facets of newer treatment options and how this is all leading to personalized treatment.

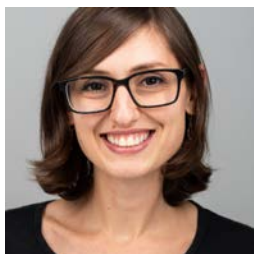
Ralph Falk, MD, is Board Certified in Internal Medicine. He received his BS in Chemistry at SUNY-Albany, his MD from New York Medical College, and completed his residency in internal medicine at Danbury Hospital (Yale University). After completing residency, Dr. Falk went to Arizona to complete his National Health Service Corps commitment providing healthcare to underserved areas in the Phoenix metro area. He returned to the east coast to continue practice in Primary Care. In 2006, he joined a medical oncology group as a practicing hospitalist. Falk has an ongoing interest in the study of the accelerating development of discovering more effective, precise, and personalized ways to treat and prevent cancer as well as other diseases.

11:45 am **Grab your lunch in the Presidential Foyer and return promptly for the general session. This will be a working lunch.**

12:00 pm **General Session (NHMS Members only) and 50-year Member Recognition**

Join us in recognizing members that have been a part of NHMS for 50 years John Ketterer, Ali Ata, David Freedman, George Newman, Gary Kish, and Dennis Card

1:30 pm Providing Personalized Care for Childhood Cancer Survivors



Describe long term toxicities of therapy and health outcomes for childhood cancer survivors, identify tools for providing personalized screening and care for childhood cancer survivors, and discuss the impact of childhood cancer experience on young adults and their families in NH.

Angela Ricci, MD, is an Assistant Professor of Pediatrics at the Geisel School of Medicine at Dartmouth and a pediatric hematologist/oncologist at Dartmouth-Hitchcock Medical Center. She completed medical school at Columbia University College of Physicians and Surgeons, pediatric residency at the Boston Combined Residency Program at Boston Children's Hospital and Boston Medical Center, and a pediatric hematology and oncology fellowship at Columbia University Medical Center/New York Presbyterian Hospital. Dr. Ricci is the director of the Pediatric Oncology Long Term Follow Up Program at Dartmouth and a member of the Consortium for New England Childhood Cancer Survivors.

2:30 - 2:45 pm Break and Exhibit Time in the Presidential Foyer

2:45 pm The Patients' Genome, the Prescription, and the Chip Card



Understand how Pharmacogenomics (PGx) contributes to the variability in drug response, how PGx data can guide individual patient prescribing and the common FDA listed drug-genetic testing recommendations.

Lionel Lewis, MD, completed his clinical training at the University of Wales College of Medicine, graduating MBBCh in 1977. While lecturing in Clinical Pharmacology at Guy's Hospital, London, he worked on the clinical pharmacokinetics of ifosfamide for his MD thesis, which initiated and stimulated his career focus on the human pharmacology of novel anti-cancer agents. He undertook a Clinical Pharmacology Fellowship at The Johns Hopkins Hospital from 1989-1991. He has ongoing leadership in the Dartmouth Cancer Centers' Phase I Oncology Program and directs the Cancer Centers' Clinical Pharmacology Shared Resource for bioanalytics and pharmacokinetics.

3:45 pm Health Equity in Personalized Cancer Medicine



Learn how personalized medicine is being used to treat individual patients, how personal data contributes to large databases that inform how we care for patients and avoid pitfalls of big data in contributing to health disparities.

Frederick "Erick" Lansigan, MD, received his MD from SUNY Downstate in 2002, with Commendation in Investigative Scholarship. He completed his residency and chief residency in Internal Medicine at Albert Einstein Montefiore Hospital and his Hematology/Oncology Fellowship at the Yale Cancer Center. He joined Dartmouth Health in 2009. Currently, he is the Director of Clinical Trials for Hematologic Malignancies, the Fellowship Program Director for Hematology/ Oncology, and the Associate Director of Diversity, Equity, Inclusion, and Belonging at the Dartmouth Cancer Center. Dr. Lansigan is a master educator, skilled clinical trialist, and quality improvement specialist. His interest is in achieving health equity in cancer care locally, nationally, and globally.

6:00-7:00 pm President's Reception

Presidential Foyer

7:00-11:00 pm Inaugural Dinner in the Presidential Ballroom

Passing of the Presidential Medallion from Eric Loo, MD, to Maria Boylan, DO, dancing to DJ "Get Down Tonight" and photo opportunities. Formal attire.

Sunday, November 5, 2023

7:00-8:00 am Breakfast in the Dining Room

Meet Your Moderator: Maria Boylan, DO



Maria Boylan, DO, is the 192nd president of NHMS. Dr. Boylan is a board-certified family physician practicing at Elliot Family Medicine at Bedford with a passion for women's health, prenatal care, and pediatrics. She graduated from the University of New England College of Osteopathic Medicine and completed residency at the NH Dartmouth Family Medicine Residency Program in Concord. She is also a graduate of the NH Physician Leadership and Development Program. Dr. Boylan has been the physician site leader of her practice for more than six years where she leads the practice in quality improvement projects and initiatives. She is also on the governing board of Elliot Health System, as well as serving on the ambulatory operating board where she can be involved in creating strategy and improvements across the entire health system. She joined the NHMS council in 2016, and sits on the board of the NH Academy of Family Physicians. She also loves to teach and is an adjunct faculty member and preceptor to third year medical students from Geisel School of Medicine for their core Family Medicine rotation.

8:00-9:00 am Pain Management and the Role of the Laboratory



Review the current state of illicit drug use both nationally and regionally, the role of the laboratory in drug testing and the methodology involved, the trends of newer illicit drugs and the future state of testing for these.

Lynn A. Brunelle, PhD, is an Assistant Director of Clinical Chemistry Services at Dartmouth-Hitchcock Medical Center in Lebanon, NH, the Director of the Southern Region Laboratories for the Dartmouth Health Clinics, and an Assistant Professor at the Geisel School of Medicine, Dartmouth College. Prior to 2022, she was the Senior Director of Laboratory and Testing Operations for the Accelerator Laboratory at Quanterix in Billerica, MA, and the VP of Operations for ALPCO, an immunoassay products company in Salem, NH. Lynn has an undergraduate degree in Biochemistry and Molecular Biology from McMaster University, a PhD in Biomedical Sciences specializing in bleeding disorders from the University of Guelph, and is board certified by the American Association of Clinical Chemistry.

These 3 credits are compliant with New Hampshire RSA 318-B:40 - opioid education requirement.

9:00-10:00 am Managing Pain with Opioids in the Setting of Substance Use Disorder



Understand current guidelines for acute pain management of those on medication for opioid use disorder.

Bryan Hybki, MD, graduated from the University of Illinois College of Medicine at Rockford in 2016. He completed his psychiatry residency at Dartmouth-Hitchcock Medical Center in 2020, and his addiction psychiatry fellowship at the University of Wisconsin in 2021. He is currently an addiction psychiatrist at the Addiction Treatment Program at Dartmouth-Hitchcock Medical Center.

10:00-11:00 am Neonatal Withdrawal Syndrome: Supporting Families with Substance Use Disorder



Increase awareness of the prevalence, diagnosis, and impact of NAS/NOWS; enhance knowledge of the need and treatment options for compassionate care across the continuum of pregnancy and childbirth; and develop an understanding of breastfeeding safety within families with substance exposure.

Angela Yerdon McLeod, DO, is NH Dartmouth Family Medicine Residency faculty at Concord Hospital. She leads the Concord Hospital Achieve Wellness Council and the NHMS Physician Health Committee. She's an advocate for clinician wellness and leadership advancement. Her clinical interests include maternity care, breastfeeding, and supporting families with SUD.

Thank you for attending!
**See you next year at the Wentworth by
the Sea, New Castle, NH!**

The Maine Medical Education Trust designates this live activity for a maximum of 14 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This includes 3 credits that are compliant with New Hampshire RSA 318-B:40 - opioid education requirement. This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint provid-ership of the Maine Medical Education Trust and NHMS. The Maine Medical Education Trust is accredited by the Maine Medical Association Committee on Continuing Medical Education and Accreditation to provide continuing medical education for physicians.

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Thank you Dr. Eric Loo

for your service as President of the
New Hampshire Medical Society.

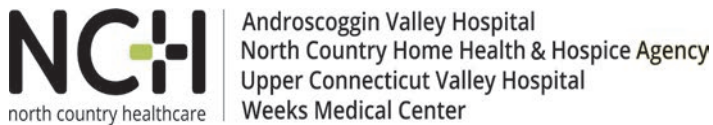


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