

NHOA Winter Symposium

NHOA Winter Symposium 2024
North Conway Grand Hotel
72 Common Ct., North Conway, NH 03860

PRESORT STD
U.S. POSTAGE
PAID
CONCORD, NH
PERMIT #192

NH Osteopathic Association (NHOA)

The purpose of the organization shall be to advance the art and science of Osteopathic Medicine, to secure for it a deserved recognition, and to maintain a professional spirit among its practitioners in the state of New Hampshire. This society shall cooperate actively with the American Osteopathic Association as a divisional society and accepts and shall endeavor to enforce among its members the code of ethics of the American Osteopathic Association.

In addition to the Hippocratic Oath, osteopathic medical students take an oath to maintain and uphold the “Core Principles of osteopathic medical philosophy”. Revised in 1953, and again in 2002, the core principles are:

- The body is a unit, and the person represents a combination of body, mind, and spirit.
- The body is capable of self-regulation, self-healing, and health maintenance.
- Structure and function are reciprocally interrelated.
- Rational treatment is based on an understanding of these principles: body unity, self-regulation, and the interrelationship of structure and function.

*The New Hampshire Osteopathic Association and AOA Council on Continuing Medical Education approved this program for 15 hours of **AOA Category 1-A CME credits**. Physicians should only claim credit commensurate with the extent of thier participation in the activity. This includes 3 credits that are compliant with New Hampshire RSA 318-B:40 - opioid education requirement*



NH Osteopathic Association (NHOA) Hybrid Conference (In-person and Zoom) January 19-21, 2024

DOs Treating People
Not Just Symptoms

Advancing the Art and Science of Osteopathic Medicine



Register online nhoa-106395.square.site

North Conway Grand Hotel
72 Common Ct.,
North Conway, NH 03860
Phone: (603) 356-9300
Call for Reservations

NHOA Winter Symposium 2024

Registration

Member registration fee of \$300 includes meals.

Non-member fee of \$350 includes meals.

\$100 for Sunday - Opioid credits only

**Refund Policy: Cancellations up to seven (7) days prior to the meeting/event are eligible for full refund less \$25 processing fee. No refunds less than seven (7) days prior to the meeting/event.*

First Name _____

Last Name _____

Title (please circle) **MD, DO, PA, APRN, RN, Resident, Student, Other** (Students, Residents attend virtually for free)

Member of NHOA? _____

Mailing Address _____

Daytime Phone _____

Fax _____

Email _____

1/20/24 Guest Dinner:

Guest(s) Name(s) _____

I have included a check for the registration fee of \$ _____

OR Register online at: nhoa-106395.square.site

Special requirements or allergies? (Best effort will be made to provide alternatives)

Please make check payable to NHOA & mail to:

NHOA

7 N. State St.

Concord, NH 03301

Or pay online: nhoa-106395.square.site

Friday, January 19

07:00 – 08:15 NHOA Board Meeting (Breakfast for Board Members Only)

08:00 – 08:45 Registration

08:45 – 09:00 Welcoming Remarks

09:00 – 10:00 Osteopathic Approach to Infection: **Jennifer Highland, DO**

10:00 – 11:00 A Clinical Approach to The Dynamics of Aging: **Nancy Quintero, DO**

11:00 – 12:00 Palliative Care and Serious Illness Conversations:
Maxwell Vergo, MD, FAAHPM

12:15 – 02:00 Lunch, Product Theater Sanofi:
Potential To Delay Stage 3 Type 1 Diabetes: **Jen Goldman, PharmD**
NHOA Meeting

02:00 – 03:00 POCUS: **Andrew Seefeld, MD**

03:00 – 04:00 Revisiting Major Depression and Treatment for Anhedonia:
Michael McNamara, DO

04:00 – 04:15 Break, Visit Exhibitors

04:15 – 05:15 OMT: **Guy Defeo, DO**

05:15 Free Time, Dinner on Your Own:

Saturday, January 20

06:45 – 05:15 Breakfast Buffet

07:15 – 08:15 ADHD: **Alex Brown, PhD**

08:15 – 09:15 Emotional Sobriety & the Science of Addiction: **Andrew Seefeld, MD**

09:15 – 09:30 Break, Visit Exhibitors

09:30 – 10:30 Urology: **Liam Hurley, MD**

10:30 – 11:30 Art in Medicine: **Linda Martino, DScPAS, PA-C and Anne Chouinard, MHP, PA-C**

11:30 Free Time, Lunch on Your Own

Saturday, January 20 Cont.

04:00 – 04:30 Posters

04:30 – 05:30 Anesthesia Prep: **George Lantz, DO**

05:30 – 06:30 **TBD**

06:30 Family Dinner (Guest registration required)

Sunday, January 21

07:00 – 07:30 Breakfast, Visit Exhibitors

07:30 – 08:30 Functional Approach to Foot Pain: **Patricia Murray, DO**

08:30 – 09:30 Statistics on Addiction: **Frank Hubbell, DO**

09:30 – 10:30 Updating Harm Reduction for Addiction and Psychiatry 2024:
Michael McNamara, DO

10:30 Wrap-up

Thank you for attending

North Conway Grand Amenities:
Indoor & Outdoor Pools, Spa, Multiple Dining Options,
Gym, Indoor Movies and Arcade

NHOA January 19, 20, Room Block Rate: \$210

*The New Hampshire Osteopathic Association and AOA Council on Continuing Medical Education approved this program for 15 hours of **AOA Category 1-A CME credits**. Physicians should only claim credit commensurate with the extent of their participation in the activity. This includes 3 credits that are compliant with New Hampshire RSA 318-B:40 - opioid education requirement.*