

Mountain View Grand Resort & Spa
101 Mountain View Rd., Whitefield, NH 03598

Meet the Speakers

Paul Friedrichs, MD, is a family physician at Lamprey Health Care. His work includes obstetrics, pediatric, adult, geriatric and hospital medicine. He is board chair of NHHWCA.

David Haughey, MD, is a hospitalist at Dartmouth-Health. He received his medical degree from SUNY Upstate Medical School (2014). He completed his residency training (2017) and a Chief Medical Resident year (2018) and Point-of-care Ultrasound fellowship at Dartmouth-Hitchcock.

Nisha Vanmali, MD, is the chief resident at HCA Healthcare/Portsmouth regional hospital/Tufts University. She completed her undergraduate degree from Western University with a specialization in Biology. She has a strong interest in evidence-based nutrition science.

Michael Padmore is NH Medical Society's Director of Advocacy, managing the NHMS legislative and regulatory advocacy efforts and representing the Medical Society at the NH State House and before various state agencies.

Alexandra (Sasha) Kuftinec, MD, is a board certified Child/Adolescent/Adult psychiatrist and core faculty member of NH Dartmouth Family Medicine Residency. She teaches residents, collaborates with BH and primary care providers, and consults in an integrated care setting.

Tochilroku-Malize, MD, MPH, MBA, FAAFP, is a family physician in Long Island, New York, and is president of the American Academy of Family Physicians. The AAFP represents 127,600 physicians and medical students nationwide.

Marianne Bette, MD, a 40-year family physician and author of the personal memoir, *Living with a Grieving Heart*, endured several profound losses that set her on a transformative journey from heartbreak to gratitude, earning her the title of **Grief Warrior**.

Katie Rice, MD, MPH, graduated from St. George's University. She is a third-year resident in Concord, NH at the New Hampshire Dartmouth Family Medicine Residency Program. After residency, she will be practicing in Maui.

Lucy Hodder, JD, is a Professor of Law and the Director of Health Law and Policy Programs at the University of New Hampshire Franklin Pierce School of Law and Institute for Health Policy and Practice (IHPP).

Jeffrey Parsonnet, MD, received his ID training at Brigham and Women's/Beth Israel Hospitals and is currently Professor of Medicine at Dartmouth and a member of the Infectious Diseases staff at Dartmouth-Health.

Rebecca Muwanse, MD, is a Ugandan who grew up in Kenya. After living in the same house all her life, she left East Africa for the first time 12 years ago and went on to live in 3 continents spanning 5 countries as she sought to understand more of the world around her through different communities.

Corneliu Stanciu, MD, is a physician (triple) board certified by the American Board of Psychiatry and Neurology (ABPN) in General as well as Addiction Psychiatry, and additionally by the American Association of Medical Review Officers (AAMRO) as a Medical Review Officer.

Alex Brown, PhD, is a licensed psychologist, Associate Program Director and core faculty member of NH Dartmouth Family Medicine Residency. He coordinates both the Behavioral Sciences and Population Health curricula, as well as a track in Advocacy & Community Leadership.

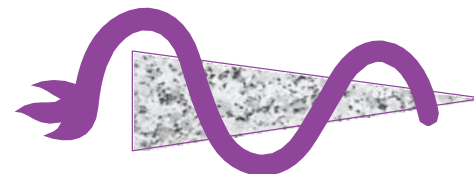
Lewis Wang, MD, grew up on the sunny island of Taiwan, moving to Canada with his family at a young age. He attended medical school at St. George's University in Grenada. He is currently a third-year resident at Dartmouth FM Residency.

Marie Ramas, MD, is a family physician activist with more than a decade of experience practicing full scope family medicine with obstetrics in rural and urban settings. She joined Aledade in 2021 as Regional Medical Director for NJ, NY, New England and NC CHC markets.

Gary LeRoy, MD, is a board-certified family physician, providing comprehensive medical care at Community Health Centers of Greater Dayton, an FQHC. His practice is at the East Dayton Health Center where he served as medical director from 1998-2008.

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NHAFP CME 2023

From the Frontlines to the Office

May 12-14, 2023

NH Academy of Family Physicians

The AAFP has reviewed NHAFP CME 2023 and deemed it acceptable for up to 13.50 Live AAFP Prescribed credits. Term of Approval is from 05/12/2023 to 05/14/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Mountain View Grand Resort & Spa
101 Mountain View Rd., Whitefield, NH 03598

Mountain View Grand's activities include indoor pool, horseback riding, spa, indoor theater, hiking, petting farm and more...

For hotel reservations, please call: 866-484-3843

Registration

Member registration fee of \$325 includes meals for registrant only.

Non-member fee of \$400 includes meals for registrant only.

In-person and virtual registration fees are the same

**Refund Policy: Cancellations up to seven (7) days prior to the meeting/event are eligible for full refund less \$25 processing fee. No refunds less than seven (7) days prior to the meeting/event.*

First Name _____

Last Name _____

Title (please circle) **MD, DO, PA, APRN, RN, Resident, Student, Other** (Students, Residents attend free)

Member of NHAFP? _____

Mailing Address _____

Daytime Phone _____

In Person _____ -OR- Virtually _____

Email _____

Guest Meals: price is per person

Friday dinner (\$40)_____ Saturday lunch kid's meal (\$10)_____

Friday kid's meal (\$10)_____ Saturday dinner (\$40)_____

Saturday breakfast (\$15)_____ Saturday kid's meal (\$10)_____

Saturday lunch (\$15)_____ Sunday breakfast (\$15)_____

Guest(s) Name(s) _____

I have included a check for the registration fee of \$ _____

OR Please bill my: Visa _____ MC _____ for \$ _____

Number _____

Exp. _____ CVV _____

Special requirements or allergies? (Best effort will be made to provide alternatives)

NHAFP CME 2023: From the Frontlines to the Office

Friday, May 12

2:00 – 5:00 Registration

3:00 Opioids in Primary Care Setting: **Corneliu Stanciu, MD**
Understand treatment options for patients with OUD

4:00 Long COVID Syndrome: **Jeffrey Parsonnet, MD**
Gain an understanding of the diverse manifestations of Long COVID

5:30 Cocktails, Networking and Dinner

7:00 AAFP Officer Keynote Address: **Tochi Iroku-Malize, MD**
As AAFP president, she advocates on behalf of family physicians and patients to inspire positive change in the U.S. health care system.

8:00 Installation of Officers, Fellows, Followed by Annual Meeting

Saturday, May 13

6:15 Morning Run

7:30 Breakfast, Registration and Visit Exhibits

8:30 ADHD Diagnosis and Management: **Alex Brown, PhD,**
To understand basic diagnostic criteria for ADHD and learn strategies for diagnostic interviewing
ADHD: Beyond the Basics (Diagnosis and Treatment of adult ADHD in the time of COVID) **Alexandra (Sasha) Kuftinec, MD**

9:30 PrEP in Primary Care: **Lewis Wang, MD**
Gain knowledge of evidence supporting provisions of PrEP and its effectiveness in preventing HIV

10:30 Break and Visit Exhibits

10:45 ABFM Update: What's New to Support Your Certification Journey? **Gary LeRoy, MD**
Describe the purpose and value of continuous board certification

11:45 Climate and its Effect on NH Residents: **Paul Friedrichs, MD**
Understand the implications climate has on health

Saturday, May 13 Cont.

Breakout Cont...

C- Attendings: NH Advocacy Update: **Michael Padmore**
Understand the legislative process in NH, including testifying

4:15 Free time

5:30 Cocktails, Networking and Dinner

6:45 Family Physician of the Year Award

7:30 Keynote Address: The Future of Primary Care and Creating Systems that Support Wellness in NH: **Lucy Hodder, JD**
What do we want from our primary care and does our system reflect what we want?

Sunday, May 14

6:15 Morning Run

7:30 Breakfast and Visit Exhibits

8:30 Living with a Grieving Heart: A Family Physician's Insight: **Marianne Bette, MD**
Understand what is normal in grieving: mental, physical and cognitive changes

9:30 Trauma Informed Care for the Opioid-Exposed Mother: A Practical Approach for the Outpatient Clinician: **Katie Rice, MD, MPH**
Recognize that mothers with opioid exposure have experienced trauma

10:15 Break and Visit Exhibits

10:30 Plant Based Diet and Cardiovascular Diseases: **Nisha Vanmali, MD**
Understand correlation between plant-based diets and lowering lipid levels

11:15 Menopause Vasomotor Symptom Management with Hormone Therapy: **Rebecca Muwanse, MD**
Review epidemiology, clinical presentation and diagnosis of menopausal vasomotor symptoms

12:00 Wrap-up and final raffle draw

Please make check payable to NHAFP & mail to:
7 N. State Street, Concord, NH 03301-4018.
Tel 603-224-1909 • Fax 603-226-2432

Catrina Watson catrina.watson@nhms.org

12:50 Lunch, Posters and

Visit Exhibits 2:15

Breakouts

A- Residents: POCUS/Procedure Workshop: **David Haughey, MD**

Obtain the subxiphoid cardiac view

B- Attendings: Diagnosis Coding: Marie Ramas, MD

Identify how diagnosis documentation and optimization improves patient care and reimbursement

PowerPoints for these presentations can be found at

<https://www.nhafp.org/conferences.php>

Thank you for attending