## NH Physician Leadership Development Program Spotlight on Nancy Husarik, MD

I decided to join the New Hampshire Physician Leadership Development Program after speaking with colleagues who had completed it—all of whom had glowing reviews. I had been considering it for some time, as I was already in a leadership role within my health system and wanted to ensure I had the tools to be as effective as possible.

To be honest, I struggled with a bit of imposter syndrome when stepping into leadership. I hoped this program would help me build confidence and develop the skills needed to navigate my role successfully. Initially, I worried about the time commitment, but after speaking with past participants—and now experiencing the program firsthand—I can confidently say it is manageable. The workload is thoughtfully spaced between sessions, and the assignments are directly relevant to both our professional and personal lives.



The day-long monthly sessions have been an excellent format. The immersive structure allows us to engage deeply with well-taught, comprehensive discussions. There is ample time to explore topics in depth, making the learning ex-

perience both meaningful and practical. Seeing how my colleagues who completed the program have excelled in their leadership roles was also a key factor in my decision to join.

So far, I have been incredibly impressed with the quality of the program and its speakers. We are learning about ourselves as leaders, how we interact with others, and how to use that knowledge to inspire meaningful change. The curriculum balances high-level leadership principles with personalized insights, helping each participant grow individually while also understanding broader leadership dynamics. The discussions are engaging, honest, and thought-provoking, led by top-notch instructors and facilitators.

I strongly recommend this program to any physician—whether in a formal leadership position or not. As we are discovering, all physicians are leaders, whether we consciously embrace that title or not. Learning to recognize and leverage our strengths and weaknesses to drive positive change—within our teams, healthcare systems, and communities—is both impactful and rewarding.

This is a high-yield, high-value program that offers significant benefits, regardless of individual career goals.

Nancy Husarik, MD practices at Elliot Pediatrics & Primary Care in Raymond, NH



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