



“Life is short, do what makes you happy.” That’s the advice that Matt Iseman got from his dad—a world-renowned physician, when Matt quit medicine to pursue stand-up comedy. And those words still guide Matt today. He talks ninjas, tells jokes around the world and, in general, proves laughter is the best medicine.

Matt Iseman is a Doctor turned Host, Comedian and Actor. Best known as the host of NBC’s three-time Emmy Award-nominated hit competition series “American Ninja Warrior,” which is aired its 16<sup>th</sup> season this past summer. He and his “ANW” co-host Akbar Gbajabiamila hosted the 2017 and 2018 “Macy’s 4th of July Fireworks Spectacular,” which aired on NBC. In 2018 and 2019, he also hosted History’s “Evel Live,” specials which honor legendary daredevil Evel Knievel. Having been Peacock’s daytime host for the past three Olympic cycles, Matt returned for the 2024 Olympic Games in Paris as part of the game changing daytime show “Gold Zone.”

His ongoing battle with Rheumatoid Arthritis transformed him into a strong supporter of the Arthritis Foundation, the charity he’s represented while winning Celebrity Apprentice. Yes, Arnold Schwarzenegger considers him a celebrity. For his work over the past decade and a half, Matt was named the 2018 “Arthritis Warrior of the Year.” And his battle with Renal Cell Carcinoma has made him a spokesperson for the American Cancer Society.

Dr. Matt was a regular on Hallmark’s Home & Family, sharing his medical expertise and his unique lifestyle tips. His hosting has already earned him an Emmy Award on Clean House. He also hosted Sports Soup on Versus and ScreaM Play on E!. In addition to having fun on Lip Sync Battle, Hollywood Game Night, and Ellen’s Game of Games, Matt has starred in countless commercials, numerous sitcoms and Transformers 2.



Doctor-turned-comedian Matt Iseman inspires audiences to overcome obstacles, proving laughter really is the best medicine.

May 9, 2025,  
Manchester Country Club  
5:30-9:00 p.m.

(includes dinner & networking)

**Sponsored by funds from the Hillsborough  
County Medical Society**

**Register Online:** <https://www.nhms.org/events/hillsborough-county-spring-program/register>

## MATT ISEMAN

May 9, 2025

5:30pm Registration, cocktails and networking

6:15pm Dinner

7:00pm Presentation

Beloved host and comedian MATT ISEMAN is a dynamic speaker who delivers every time. When Matt wanted to step away from a career in medicine to pursue comedy, his dad – a world-renowned physician – gave him the advice that he carries with him to this day: “Life is short, do what makes you happy.” The doctor-turned-comic, known for his energetic and charismatic style as the host of four-time Emmy-nominated American Ninja Warrior and his Emmy-winning hosting for Style’s Clean House, talks ninjas, tells jokes around the world, and proves laughter is the best medicine in memorable events.

Matt has battled Renal Cell Carcinoma and deals with Rheumatoid Arthritis as a part of his life, giving him a completely unique perspective – and he offers his insights as both a doctor and survivor of the Big C, sharing inspiration, humor, and encouragement with audiences. Now a spokesperson for the American Cancer Society and strong supporter of the Arthritis Foundation, Matt is in-demand for both medical and business events, as well as fundraisers and galas, consistently receiving rave reviews: “fantastic... energetic, kind, personable, and relatable” (BlueCross BlueShield), “Huge success with the audience” (Edwards Lifesciences), and “His humor was smart, funny and fit the audience. I think he connected in a way no one else could... I would highly recommend him for business or medical events.” (Feather River Hospital)

Hillsborough County Spring CME

Registration fee **\$25/pp**

RSVP by April 25

Name \_\_\_\_\_

Title (please circle) MD, DO, PA, APRN, RN, Resident, Student

Mailing address \_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Guest Name \_\_\_\_\_

☐ I have included a check for \$\_\_\_\_\_ OR

☐ Bill my credit card \$\_\_\_\_\_

Number \_\_\_\_\_

Exp. Date \_\_\_\_/\_\_\_\_/\_\_\_\_ CVC \_\_\_\_\_

Signature \_\_\_\_\_

Register Online: <https://www.nhms.org/events/hillsborough-county-spring-program/register>

Please make check payable to NHMS & mail to:

Two Capital Plaza, Ste. 401, Concord, NH 03301

Tel 603.224.1909 • Fax 603.226.2432

Catrina Watson [catrina.watson@nhms.org](mailto:catrina.watson@nhms.org)

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### Refund Policy:

Cancellations up to seven (7) days prior to the meeting/event are eligible for full refund less \$15 processing fee. No refunds less than seven (7) days prior to the meeting/event.