

MENTAL HEALTH
AWARENESS MONTH

UNDERSTANDING EMPLOYEE ASSISTANCE PROGRAMS

Employee Assistance Programs (EAPs) are benefits packages designed to help employees and their household members with their work-life balance and personal stressors. The EAP is paid for by your employer, so these services come at no cost to the employee. CorpCare is proud to be partnered with your association to help you offer EAP services to your team!



Mental Health Counseling

Each calendar year, employees and their household members receive an allotted number of therapy sessions paid for by their employer, you. These are traditional 50-60 minute talk therapy sessions with private practice clinicians in our network, accessed either in person or via telehealth.



Financial Services

Receive a free 30-minute telephone consultation* with a financial expert on any topic, such as budgeting, getting out of debt, and planning for retirement. Plus monthly money coaching options available. Additionally, you can receive 25% off of CPA tax preparation services each year.



Legal Services

Receive a free 60-minute consultation* with an attorney on any civil, criminal, consumer, and family law issue. Additional discounts off their hourly rates moving forward (25-35%). Individual/couples will and trust packages available at highly discounted rates.



Childcare, Eldercare, & Convenience Referrals

Receive pre-vetted, quality referrals* for services such as after school programs, nanny services, assisted living/memory care facilities, pet sitters, home repair services, and more!

* up to 3 per issue per calendar year

CorpCare's Employee Assistance Program is here to help! If you want to add confidential, caring, professional assistance for your team, call

877.843.6036

CARING · SUPPORTIVE · CONFIDENTIAL

