

SPRING

(MAR-MAY)

Arugula
Asian Greens
Asparagus
Beets
Blueberries
Broccoli
Cabbages
Carrots
Cauliflower
Cilantro
Collards
Cucumbers
Dill

Green Garlic
Kale
Kohlrabi
Leeks
Lettuce
Mesculine Mix
Mustard Greens
New Potatoes
Onions
Parsley
Peas
Pea Tendrills
Radishes

Rutabagas
Scallions
Spinach
Squash
Blossoms
Strawberries
Summer Squash
Sunchokes
Spring Onions
Sweet Potatoes
Swiss Chard
Turnips
Zucchini

SUMMER

(JUN-AUG)

Arugula
Basil
Beans
Blackberries
Blueberries
Butter Beans

Field Peas
Figs
Garlic
Ginger
Green Tomatoes
Kale

Potatoes
Raspberries
Scallions
Snap Beans
Squash
Blossoms

Cabbages
Cantaloupe
Celery
Chanterelles
Chives
Corn
Cucumbers
Dill
Edamame
Eggplant

Leeks
Melons
Muscadines
Nectarines
Okra
Onions
Peaches
Pears
Peas
Peppers

Strawberries
Summer Squash
Sweet Potatoes
Swiss Chard
Tomatillos
Tomatoes
Watermelon
Zucchini

FALL

(SEP-NOV)

Arugula
Asian Greens
Basil
Beets
Beans
Broccoli
Cabbages
Carrots
Chives
Cilantro
Citrus
Collards
Dill
Eggplant

Field Peas
Ginger
Hard Squash
Kale
Kiwi
Lettuce
Melons
Mustard Greens
Okra
Onions
Parsley
Parsnips
Peas
Pecans

Peppers
Persimmons
Pomegranates
Pumpkins
Rutabagas
Scallions
Spinach
Sugar Cane
Sweet Potatoes
Swiss Chard
Tomatoes
Turnips

WINTER

(DEC-FEB)

Arugula
Asian Greens
Beets
Broccoli
Cabbages
Carrots

Cilantro
Collards
Hard Squash
Kale
Lettuce
Mustard Greens

Parsnips
Rutabagas
Scallions
Spinach
Swiss Chard

SEAFOOD

Provided by:



GOOD CATCH

SOUTH CAROLINA AQUARIUM

	SPRING	SUMMER	FALL	WINTER		SPRING	SUMMER	FALL	WINTER
Shrimp	■	■	■		Mahi Mahi	■	■	■	
Clams	■	■	■	■	Swordfish	■	■	■	■
Oysters	■		■	■	Wreckfish	■	■	■	
Blue Crab	■	■	■	■	Black Sea Bass		■	■	■
Red Porgy	■	■	■		Amberjack	■	■	■	■
Grouper	■	■	■		King Mackerel	■	■	■	■
Triggerfish	■	■			Shad	■			■
Vermilion Snapper		■		■	Striped Bass	■	■	■	■
Lionfish	■	■	■	■					