



Name \_\_\_\_\_

## Grade 6-8 Pre/Post Test

Answer each question to the best of your ability.

**Which of these are communicable diseases (mark all that apply):**

<input type="radio"/> Flu	<input type="radio"/> Diabetes	<input type="radio"/> Cancer	<input type="radio"/> Tooth decay
<input type="radio"/> Measles	<input type="radio"/> Covid-19	<input type="radio"/> Heart disease	

**Please circle the number that best describes how you feel on a scale of 1 to 5, with 1 being you strongly disagree with the statement and 5 being you strongly agree with the statement.**

*You should wear a mouthguard during all sports activities.*

1      2      3      4      5

*Your food choices affect the future health of your teeth.*

1      2      3      4      5

*Smoking cigarettes harms teeth by causing dry mouth.*

1      2      3      4      5

*Smoke-free policies reduce the popularity of smoking.*

1      2      3      4      5

*Social media influences our health choices.*

1      2      3      4      5

*E-cigarettes do not harm teeth.*

1      2      3      4      5

**Please check 3 positive alternatives to using alcohol or drugs:**

<input type="radio"/> Going for a walk	<input type="radio"/> Journaling	<input type="radio"/> Staying up late	<input type="radio"/> Trying a new hobby
<input type="radio"/> Vaping	<input type="radio"/> Calling a friend	<input type="radio"/> Listening to music	<input type="radio"/> Drinking soda

**How do sugary beverages harm your body and teeth (check all that apply)?**

<input type="radio"/> Contribute to chronic disease	<input type="radio"/> Provide nutrients	<input type="radio"/> Restore tooth enamel
<input type="radio"/> Hydrate your body	<input type="radio"/> Lead to faster tooth decay	<input type="radio"/> Feed bacteria in mouth
	<input type="radio"/> Increase acid on teeth	



Name \_\_\_\_\_

## Grade 6-8 Pre/Post Test Answer Key

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