



SPRING 2023

FOMA *Journal*

FLORIDA OSTEOPATHIC MEDICAL ASSOCIATION



BRETT M. SCOTCH, DO, FAOCO

2023-24 FOMA PRESIDENT

About FAIRx

Floridians for Attainable and Innovative Rx (FAIRx) is a physician-led and patient-focused coalition dedicated to helping insured Floridians access the life-sustaining, innovative therapies they need. We are working to raise awareness of discriminatory insurer benefit design that could keep Florida families from essential treatments.

Why do we need FAIRx?

More than 13 million Floridians live with at least one chronic disease. If all Floridians had access to the treatment they need, an estimated 82,500 lives could be saved annually, according to the Partnership to End Chronic Disease. Unfortunately, health insurers in Florida are increasingly designing their plans in order to shift larger portions of health care costs onto those with chronic diseases by increasing out-of-pocket costs for critical therapies.

How can FAIRx help?

While FAIRx hopes the state - with support from lawmakers - will continue down this promising path, we know this effort will require Florida's patient and provider groups, as well as individual patients, to speak with one voice.

Together, we want to engage in an advocacy campaign to:

- + Support state policies that make insurance coverage, coinsurance and copays more transparent and equitable.
- + Urge regulators and state policymakers to take action to protect all insured Floridians from out-of-pocket costs that could jeopardize their health.
- + Share personal stories from patients whose out-of-pocket costs are causing hardship for them or their families.

FAIRx Campaign Partners



How can Florida physicians help?

- + Join FAIRx. Visit our website to gather the facts and share the physician's perspective on the impact of high patient out-of-pocket costs.
- + Help get patients involved. Tell them about the organization and urge them to share their story on the Take Action page of our website.

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SPRING 2023

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*Installation of Brett Scotch, DO, FAOCO,
FOMA President 2023-2024 by AOA
President Ernest Gelb, DO
during the FOMA Live Convention*



*Osteopathic Physicians and students met with
Governor DeSantis for Osteopathic Medicine
and Health Awareness Day at the Capitol*

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 **FOMA**Journal

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BRETT M. SCOTCH,
DO, FAOCO, President

PRESIDENT'S MESSAGE

The Florida Osteopathic Medical Association has a rich history of amazing and influential leaders that have built this organization into the strong state medical society it is today. I am honored and humbled to accept the FOMA presidency, and I recognize the extraordinary significance of this moment as the statewide representation of every physician in Florida is now led by a Doctor of Osteopathic Medicine—with me here at FOMA and Joshua Lenchus, DO, RPh at the FMA—a truly remarkable moment in history.

To my FOMA colleagues who have come before me and to those who stand ready to serve, I say, “Thank you.” In serving the association, our families, friends, and colleagues are the bedrock of our strength, but the touchstone of our profession is each of you. You all work tirelessly every day, on the front lines of medicine: easing pain and suffering, changing, bettering, and saving lives. Your willingness to share your wisdom and experience in bringing up those that follow us is remarkable. We each have our own critical role to play, and we are intertwined into the fabric of the osteopathic profession and with each other. ***This is the Osteopathic Family, and there is nothing quite like it.***

As a profession, we continue to face many challenges. And medically speaking, none more consequential than the recent pandemic. We have come a long way in meeting the enormous demands of COVID-19. We all remember, and endured, the shock to the medical system. We had to quickly adapt to a dynamic, changing environment to keep our patients safe. We had to stay educated, keep our patients educated, and keep our communities poised for recovery. And we did just that.

The osteopathic physicians of Florida exemplified exactly what we stand for in caring for our patients. And as we end the pandemic and enter the endemic phase of this COVID era, the DOs of this state can be proud of the response we mounted in achieving a sustainable and resilient recovery.

From scope of practice expansion and GME capacity and funding, and from reforming physician payment systems and reducing physician burnout, we have a lot on our plate. But with our collective voices, our energy, and our advocacy we truly can make a difference. We have the power to reduce regulatory burdens and promote healthcare delivery models that support physicians in doing the most important job of all: providing the highest quality of care to our patients.

As I take office as the 124th President of the Florida Osteopathic Medical Association, I am pleased to report to you that FOMA is in a position of great strength, both institutionally and fiscally. FOMA has flourished at a time when many other organizations have floundered. FOMA has adapted to a new environment of organized medicine and has implemented new processes and efficiencies that have allowed it to recognize untold levels of success which just five short years ago were only imaginable. All of this, while meeting our members' needs and exceeding their expectations.

People ask me all the time, “What can FOMA do for me?” I simply answer, “FOMA is your advocate, in your corner fighting every day for everything critical for you—and us—to continue to provide our distinctive medical practice today and into the future for the benefit of our practices and our patients.”

FOMA is your conduit for accurate information upon which to base critical practice and business-related decisions every day.

It takes a well-coordinated effort to prepare the advocacy in support of our interests and to monitor the many bills that have a potentially great impact on our profession every legislative session. The ramifications of some of these bills are far-reaching: from practice rights and scope of care creep to payment reforms and easing administrative burdens. Each of these unique issues requires our full attention and advocacy to assure that we are doing all in our power to protect and defend the years of progress that have brought us to this day and to further our interests on behalf of our members and the profession.

It takes infrastructure, leadership, and fierce dedication to consistently deliver these services to our members. So, my colleagues, when some say that organized medicine is another expense that is hard to live with, I offer the counter that organized medicine is a critical element of our continued progress and prosperity and something we cannot live without.

As I embark upon this Presidential year, I will collaborate with our legislative team to champion the agenda and goals that are essential to our osteopathic mission as true healthcare reform starts right here.

We will work to bring the FOMA foundation, the brainchild of Dr. Marc Kaprow, across the finish line to benefit the causes that are near and dear to our organization.

We will usher in a new generation of osteopathic mentors and cultivate the future of our organization through the power of technology and relationships.

We will develop new and innovative ways to connect with our members and engage all DOs throughout the state, from those training in our GME programs, to our colleagues in practice for years.

We will honor our rich history and share it with generations to come as we bring Dr. Ron Renuart's inspiration, the first edition of *The History of Osteopathic Medicine in Florida*, to publication.

And a goal that is near and dear to my heart—we will promote the opportunity and viability of private practice. In a time when most new and current physicians in practice are working in large multi-specialty groups or for hospital-employed systems, we want our members to know that independent practice is alive and well. Our organization has breadth and depth of experience like no other and we are well-suited to assist the next generation of private practice physicians. Through education, guidance, connections, and mentorship, we can assist our members with an independent practice mindset and an ambitious spirit in joining the ranks of the proud and independent private practice owners and make their dreams a reality.

FOMA is here for you and our profession, and I ask each of you to be there for FOMA. FOMA has relied upon the leadership of its members for over a century, and today is no different. You are all an ambassador for the osteopathic profession. So spread the word; extend the invitation. Your organization needs your talents, your experience, and your voice now more than ever so I encourage all of you to get involved at your district level and at the statewide level.

We stand stronger when we are all committed, engaged, and united. Together we will continue to strengthen our storied profession, advocate for our practices and our patients, and make the practice of osteopathic medicine even better for generations of DOs that answer this noble calling behind us.



Dr. Brett M. Scotch with his family during the President's Reception

EXECUTIVE DIRECTOR'S MESSAGE



STEPHEN R. WINN
Executive Director

I want to thank the FOMA staff for their hard work ensuring we meet our organizational goals and objectives on behalf of the membership. Under the direction of Michelle Larson, CAE, CMP, along with our FOMA Team, we had a successful FOMA 2023 Virtual Convention with over 1,500 osteopathic physicians and students attending online. The FOMA 2023 LIVE Convention in Ft. Lauderdale, March 3-5, included the installation of a new Board of Trustees and incoming FOMA President Brett Scotch, DO, FAOCO.

Jason Winn, JD, and I were honored to attend Governor DeSantis' inauguration on behalf of FOMA. We were able to network with legislators, state agency leaders, and other officials regarding the 2023 Legislative Session.

FOMA's legislative team consists of Jason Winn, Esq.; Chris Lyon, Esq.; William Hightower, Alex Golden, and myself. Together, we continuously monitor legislative developments and regularly meet at the Capitol to discuss priorities. This year, during the interim committee meetings scheduled ahead of the regular session, leaders from the House and Senate, in conjunction with the Governor's Office, called for a surprise special session to address multiple concerns including hurricane recovery, the Office of Statewide Prosecutor, special Florida districts, and other issues. Florida's regular legislative session convened on March 7, 2023.

This year's Corporate Education Advocacy Roundtable luncheon was a resounding success, with many CRT partners in attendance: FOMA President Lee Ann Brown, DO, FAAPMR; FMA President Joshua Lenchus, DO, RPh, FACP, SFHM; FOMA Legislative Chair Paul D. Seltzer, DO; and FOMA members from around the state. Attendees discussed step therapy, PBM reform, and areas of interest concerning patient protections for the 2023 Legislative Session. Building strategic partnerships is essential to FOMA's legislative efforts and I'm pleased to announce that FOMA is working to secure two additional CRT memberships, expanding upon this successful program.

As a key priority of the Governor and First Lady, policy to address mental health and substance abuse issues will continue to be examined during the 2023 Legislative Session. FOMA is working as an active partner with various political leaders and organizations to address the pressing concerns surrounding mental health and substance abuse. In preparation for the 2023 Legislative Session, Jason and I met with the following individuals to discuss meaningful policy initiatives: Congressman Neil Dunn and his Chief of Staff, US Senator Rick Scott's Panhandle Chief of Staff, US Senator Marco Rubio's Panhandle Chief of Staff, Governor DeSantis' Panhandle Chief of Staff, State Senator Gail Harrell, State Senator Jay

I am pleased to announce that both of FOMA's 2023 Conventions were successful events with over 2,000 total attendees! FOMA's Virtual Convention was February 3 – 5 and FOMA's Live Convention was March 3 – 5. I want to thank all the physicians who attended one, or both, of these education programs.

Collins, Commander Baker, and Amanda Fargo (First Lady DeSantis' Chief of Staff) just to mention a few. I also attended a meeting with State Senator Corey Simon to discuss our legislative priorities.

Jason and I attended an event at the Capital City Country Club featuring Senator Doug Broxson. The Senator discussed items relating to the legislative and state appropriations process.

Judy and I co-hosted this year's Maggie's List event saluting women leading Florida. Judy and I were delighted to attend and to be a part of this successful and well-attended annual event Honoring Women Legislators.

ASSOCIATE EXECUTIVE DIRECTOR, MICHELLE W. LARSON, CAE, CMP, reports that the FOMA Medical Education Committee, Chaired by Ronald Burns, DO & William Silverman, DO, continue to work on the 2023 FOMA CME Programs. These included the 2023 FOMA Virtual Convention, Feb. 3 – 5, which had 1,500+ physicians and the 2023 FOMA Live Convention, March 3 - 5 at the Marriott Harbor Beach Resort & Spa in Ft. Lauderdale. The 2023 Virtual Seminar is scheduled for September 8 - 10. Each program offers the 5 mandatory hours for Florida re-licensure. The FOMA also has AOA 1-A hours available on-demand for our members and non-members on the FOMA website.

DIRECTOR OF COMMUNICATIONS, REBECCA ROBERTS, reports that FOMA has launched a new Association Management System, which includes a new website, a new member portal, and new integrations that will make communication with our members most efficient. FOMA mailed the Winter issue of the Journal to members in December and the Spring issue in April. The Communications Department supported FOMA's Osteopathic Medicine and Health Awareness Day on February 8 in the State Capitol through member engagement and by planning meetings, tours, legislative award recognitions, and a pre-event dinner. FOMA worked with Dr. Janet Hamstra and faculty from NSU-KPCOM, NSU-KPCOM Tampa Bay, and LECOM Bradenton for the 13th Annual FOMA Research and

Poster Competition held during the FOMA Virtual Convention on March 3; judges selected 6 winners from 62 finalists and over 100 entries. We are also working on a new FAIRx campaign. Please make it part of your daily routine to visit www.foma.org.

DIRECTOR OF MEMBERSHIP & EDUCATION, ANDREW FLOYD, MBA, CAE, CMP-HC, reports that we added 525 members over the past year! The new members include: 232 – Active, 60 - 1st Year, 14 – 2nd Year, 23 - Military, 34 - Inactive, 7 - Public Health, 105 - Out of State, 50 - Resident. If you know a DO in your area who is not a FOMA member, invite them to one of your District Society meetings or tell them how they can get involved in the FOMA. This is a great chance to interact with your peers and keep up to date on the latest changes in osteopathic medicine and to showcase what the FOMA has to offer! If you would like our office to send someone a membership packet, please contact me at the FOMA Executive Office.

ASSOCIATE DIRECTOR OF MEMBERSHIP & EDUCATION, HEATHER GRANT, reports that we had a record number of members for 2022. CME programs have been entered in CE Broker along with the AOA for the “Prescribing Controlled Substances” courses statewide. Assistance has been provided for the FOMA Virtual & Live convention registrations and CE21 platform. Work continues on the 2023 FOMA Corporate Education Roundtable membership and includes a successful CRT luncheon at the University Center Club, in conjunction with Osteopathic Medicine Day at the Capitol. We continue to add educational courses to The CME Center with 500 people taking our courses this past year.

DIRECTOR OF FINANCE, KAYE TAIT, reports that registrations for both the 2023 Virtual & Live, FOMA Conventions were processed successfully! Employer tax forms for the 4th quarter of 2022 were completed and mailed to the IRS. 2022 W2s were also filed with the IRS and given to all employees. All 1099 forms were filed with the IRS and mailed to our vendors for the 2022 calendar year. Dues for the 2023-2024 billing cycle will be generated in April and sent out to all our members for the May 1, renewal period.



FOMA 2023 Mid-Session Report

LEGISLATIVE CHAIRMAN
Paul D. Seltzer, DO

FOMA's final legislative report, "Know the Issues," will be published shortly after the session concludes on May 5, 2023 with a complete analysis of the legislation passed during this session. This Mid-Session report offers a glimpse into the legislative process as FOMA monitors specific bills, amendments, and policy shifts as legislators race to the finish line.

Thank you for allowing me to serve as Chair of FOMA's Legislative Committee and thank you for your involvement in the legislative process.

MID-SESSION BUDGET UPDATE

The House and Senate passed their separate budgets for FY 2023-24 in preparation for the budget conference. Although both plans are a little shy of the Governor's recommended budget of \$114 billion, both proposals offer record funding above the current year. While the budgets are not far apart concerning total funding, the chambers will need to reconcile a difference of \$700 million between the two plans in the conference. This year, the Senate plan provides more funding with a budget plan totaling \$113.7 billion compared to the House proposal totaling \$112.97 billion.

FRAME Program:

As the legislature prepares for the budget conference, the FOMA continues to work with the FMA and other partners to increase funding for the Florida Reimbursement Assistance for Medical Education (FRAME) Program. FRAME provides medical loan repayment opportunities for qualifying healthcare practitioners in Florida. Presently, the House and Senate plans are \$12 million apart in funding for the program. Under the Senate plan, the program is funded at \$18 million, \$12 million above the current year. The House proposal maintains funding at \$6 million.

Graduate Medical Education Funding:

The Florida Senate's proposed budget prioritizes training new physicians in the state, allocating \$349.9 million in funding for graduate medical education (GME) programs, \$123.8 million above the current year. Of the total allocated the plan funds the Graduate Medical Education Statewide Medicaid Residency Program at \$93.8 million, the Graduate Medical Education Certified Addiction Medicine Physician Program at \$4 million, the Graduate Medical Education Program at \$15.4 million, and the new Graduate Medical Education Slots for Doctors Program at \$30 million.

The Florida House's healthcare budget allocates \$322 million in funding for graduate medical education (GME) programs, \$95.9 million above the current year. Of the total allocated, the plan funds the Graduate Medical Education Statewide Medicaid Residency Program at \$97.3 million, the Graduate Medical Education Startup Bonus Program at \$58.2 million, and the Graduate Medical Education Slots for Doctors Program at \$30 million.

MID-SESSION PUBLIC POLICY UPDATE

Legislation Signed by Governor DeSantis

On March 24, 2023, Governor Ron DeSantis signed HB 837, Civil Remedies, to decrease the number of frivolous lawsuits in Florida. This bill modifies the bad faith framework, eliminates one-way attorneys' fees and fee multipliers, and ensures that Floridians can't be held liable for damages if the person suing is more at fault. In addition, the bill provided uniform

standards for juries in calculating medical damages and reduced the statute of limitations for general negligence cases from four years to two years.

On April 13, 2023, Governor DeSantis signed SB 300, Pregnancy and Parenting Support, into law. The bill prohibits abortion after six weeks of gestation unless an exception is met. Current-law exceptions to abortion time frames are maintained, and a new

exception is established for cases where the pregnancy results from rape, incest, or human trafficking. This new exception is available under the bill until the 15th week of gestation.

Priority Legislation

FOMA Opposes SB 1058 (Rodriguez) & HB 1067 (Giallombardo) - Autonomous Practice by Advanced Practice Registered Nurses:

This legislation deletes the restriction that autonomous APRNs practice only in primary care practice, which would allow any APRN that meets certain education and experience requirements, including certified registered nurse anesthetists, to practice autonomously.

FOMA Supports HB 583 (Massullo) & SB 230 (Harrell) - Health Care Practitioner Title & Abbreviations:

This legislation specifies which titles and abbreviations health care practitioners may use for advertisements, communications, and personal identification. Health care practitioners must disclose specified information and use only authorized titles and abbreviations in their advertisements.

FOMA Supports SB 1364 (Collins) & SB 1333 (Koster) - Interstate-Mobility and Universal-Recognition Occupational Licensing Act:

This legislation addresses occupational license portability in the United States by requiring Florida licensing boards that issue licenses to eligible applicants under certain circumstances (universal licensing requirement).

FOMA is Monitoring HB 1387 (Porrás) & SB 1506 (Rodriguez) - Department of Health:

This legislation makes numerous changes to programs under the Department of Health (DOH) and healthcare professions regulated by the Division of Medical Quality Assurance within the DOH.

FOMA Supports HB 267 (Fabricio)/SB 298 (Boyd) - Telehealth:

These bills revise the definition of “telehealth” to include health care services provided through audio-only means.

FOMA is Monitoring SB 344 (Brodeur) & HB 387 (Roach) - Physician Certifications for The Medical Use of Marijuana:

This legislation authorizes qualified physicians conduct patient examinations and evaluations to renew certifications for the medical use of marijuana through Telehealth.

FOMA Supports SB 1550 (Brodeur) & HB 1509 (Chaney) - Prescription Drugs:

This legislation addresses the transparency of a manufacturer’s prescription drug price increases above certain thresholds. The bills also establish regulations concerning the relationships between pharmacy benefit managers, pharmacy benefits plans and programs, and pharmacy providers for delivering pharmacy services to covered persons.

FOMA Supports SB 112 (Harrell) & HB 183 (Gonzalez Pittman) - Medicaid Step Therapy:

This legislation defines the term “serious mental illness” to include certain conditions contained in the DSM-V. The bills require the Agency for Health Care Administration to approve drug products for Medicaid recipients for the treatment of serious mental illness without step-therapy prior authorization under certain circumstances.

FOMA Supports HB 1403 (Rudman) & SB 1580 (Trumbull) - Protections of Medical Conscience:

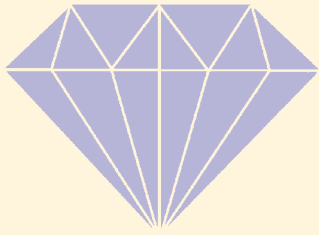
The legislation prohibits discrimination against health care providers or payors based on conscience-based objections outlined in the bill and provides them civil immunity and whistleblower protection. However, it does not give immunity for malpractice claims related to services performed by a health care provider.

Want to Find Out More?



A NEW 2023 KNOW THE ISSUES IS COMING OUT SOON!

FOR THE MOST CURRENT ACTIONS ON THESE BILLS, AND MORE, PLEASE VISIT : WWW.FOMA.ORG/LEGISLATIVE-UPDATES



2023 FOMA-PAC

Roll of Honor

The FOMA-PAC wishes to express its appreciation to the following contributors. Your financial contributions and your participation in the Florida Osteopathic Medical Association Political Action Committee (FOMA-PAC) demonstrate your commitment to osteopathic medicine and your concern for the future of quality healthcare for all Floridians.

10 Diamond Presidential

(AT LEAST \$30,000)

Jeffrey Grove, DO

8 Diamond Presidential

(AT LEAST \$20,000)

Joanne Bujnoski, DO

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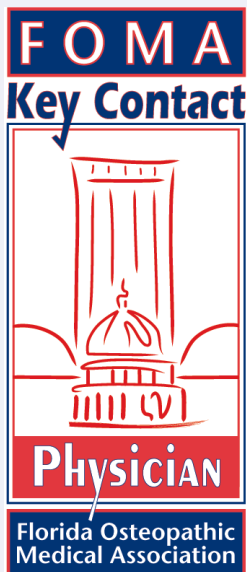
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Above: Florida Osteopathic Medical Association members and students met with Governor Ron DeSantis as part of FOMA's Osteopathic Medicine and Health Awareness Day at the State Capitol.

Osteopathic Medicine & Health Awareness Day

The Florida Osteopathic Medical Association (FOMA) relaunched its annual Osteopathic Medicine and Health Awareness Day at the state Capitol on February 8, 2023. The event had been on hiatus or taking place in a hybrid form due to COVID-19, but in 2023 the event was back in full swing. Osteopathic physicians from throughout Florida and the Southeast, along with students from NSU-KPCOM, LECOM Bradenton, and ACOM converged in the Capitol to support legislation that will improve access to health care services for patients across Florida. Of particular interest to FOMA members was a press conference limiting step therapy practices. Proposed legislation on SB112 and HB 183, sponsored by Senator Gayle Harrell and Representative Karen Gonzalez Pittman, would address step therapy practices for serious mental illness to help Floridians get the critical care they need when they need it.



Above: Florida Osteopathic Medical Association members at a press conference with Senator Gayle Harrell and Representative Karen Gonzalez Pittman supporting the limitation of step therapy practices.

FOMA held a dinner and reception prior to the event for attendees; it's often during the reception that FOMA presents Legislator of the Year Awards to the winners. Other awards are presented during the day at the Capitol.

Members are given time to meet with elected leaders and receive tours of the Senate and House Chambers. The 2023 Osteopathic Medicine and Health Awareness Day culminated with a meet and greet with Governor Ron DeSantis.



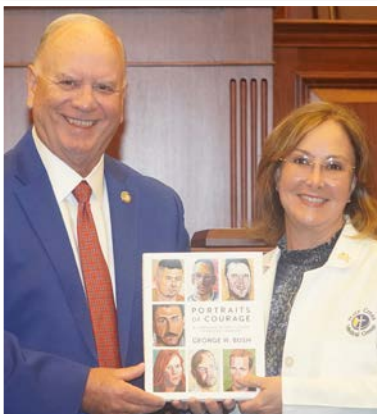
Above: Florida Osteopathic Medical Association members in the Senate Chambers with FOMA Legislator of the Year 2021 Award Winner Senator Ed Hooper.



Above: FOMA Past President Lee Ann Brown, DO, FAAPMR with Senator Gayle Harrell with Senate Proclamation for Osteopathic Medicine Day



Above: FOMA Legislative Director Paul Seltzer, DO with FOMA Legislator of the Year 2021 Award Winner Representative Mike Giallombardo.



Above: Senator Ed Hooper with FOMA member and FSACFP President Michelle Fiorillo, DO



Above: Florida Osteopathic Medical Association members in the Senate Chambers

2023 FOMA BOARD of TRUSTEES

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- Aja Erskine, P-elect, NSU KPCOM
- Andrew Clifford, P-elect, NSU KPCOM TBR
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SGA

- Nishad Mysore, SGA Pres., NSU KPCOM
- Zubiya Syed, SGA President, NSU KPCOM TBR
- Yasmine Ezzair, Pres., SGA, LECOM Bradenton



Above: 2023 Speaker of the House Paul Renner received the FOMA Legislator of the Year Award 2022 from FOMA President Brett M. Scotch, DO, FAOCO



Above: 2023 Senate President Kathleen Passidomo received the FOMA Legislator of the Year Award 2022 from FOMA President Brett M. Scotch, DO, FAOCO



Above: FOMA Past President Lee Ann Brown, DO, FAAPMR with Senator Ed Hooper and FOMA Past President and FMA President Joshua Lenchus DO, RPh



Above: Senator Gayle Harrell with FOMA member and FSACOFPP President Michelle Fiorillo, DO

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THE 2023 FOMA ANNUAL CONVENTIONS

FOMA VIRTUAL CONVENTION: FEBRUARY 3-5, 2023
FOMA LIVE CONVENTION: MARCH 3-5, 2023



Back Row L-R: Directors-at-Large Sean McCann, DO; Joseph Sassano, DO; and Jeffrey Nelson, DO; Second Vice-President James Towry, DO, FAOCD, FAAD; First Vice-President Bruce Rankin, DO, FACFP; Director-at-Large Cesar DeLeon, DO, MHA
Front Row L-R: Director-at-Large Michelle Mendez, DO; President Brett M. Scotch, DO, FAOCO; Past President Lee Ann Brown, DO, FAAPMR; and President-Elect Michael Markou, DO, FACFP

The 2023 Virtual FOMA Convention was held February 3-5, with over 1,500 osteopathic physicians and students participating from all regions of the country! Physicians could interact with convention speakers and fellow attendees in the “live chat” section and they had the ability to watch the lectures for 30 days after the end of the event. Topics included Womens Health, Understanding the Role of Principal Investigators in Medical Research Trials, OMT Workshops, Autism Spectrum Disorder in Primary Care, Dermatology, and more. The 30 AOA 1A credits included the Florida mandatory hours for relicensure.

The 13th Annual FOMA Resident/Intern/Student Research Competition was held Friday, February 3, via ZOOM during the FOMA Virtual Convention and was a success! Thank you to Janet Hamstra, Ed.D., Associate Dean Graduate Medical Education and Clinical Education

Development, Designated Institutional Official (ACGME) Associate Professor, Internal Medicine, NSU KPCOM

Salk Foundation Children's Hospital

The Role of Obesity in Critical Illness
Dr. Poopa Kattireddy, DO (PGY-4), Dr. Jacqueline Machado, MD

BROWARD HEALTH

Introduction
Childhood obesity is a growing public health concern in the United States, as the prevalence of the disease continues to increase. With this comes the emergence of long-term effects in the pediatric population such as obstructive sleep apnea, insulin resistance, type 2 diabetes mellitus, hypertension, hyperlipidemia, and chronic inflammation placing this population at a higher risk for respiratory and cardiovascular complications during hospitalization in the pediatric critical care unit.

Case Presentation
A 17-year-old male with a past medical history of accumulated type 2 diabetes mellitus, hypertension, and severe obesity presented to the ED in severe respiratory distress who was found to have left lower lobe lung pneumonia complicated by a large abscess. He was admitted to the PICU on BiPAP for respiratory support as a multidisciplinary team decided the best course of action was surgical intervention. Due to patient's body habitus, he was unable to undergo a less invasive video-assisted thoracoscopic surgery (VATS) and ultimately required an open left thoracotomy, debridement, and resection of the lung abscess. Post-operatively, the patient developed severe acute respiratory distress syndrome requiring high-frequency oscillatory ventilation and diaphragm based dysfunction requiring ventilator support. His hospital course was also complicated by hyperglycemia, several courses of antibiotics due to multiple infections, complex DVT prophylaxis regimen, and prolonged sedation and neuromuscular blockade. Following extubation, physical therapy, occupational therapy, and physical therapy began working with the patient to help regain his activities of daily living. Once medically stable, he was discharged to a local inpatient rehabilitation center and completed a 6-week program that assured his full recovery.

Discussion
Severe obesity in the pediatric population presents several challenges to the critical care setting. These patients are already in a proinflammatory state of inflammation that places them at a higher risk to develop multiorgan system failure, negatively impacting the course of disease in critically ill children. The physiology of respiration in obese patients is altered due to excess body fat in the chest and abdomen causing reduced lung compliance, reduced lung volumes, and increased airway resistance. In critically ill patients, this can cause hypoxic and hypercapnic respiratory failure that is difficult to manage with conventional mechanical ventilation and would lead to prolonged intubation and mechanical ventilation. In addition, chronic uncontrolled hypertension is a risk factor for myocardial dysfunction and may synergistically contribute to acute decompensation in the setting of critical illness. Furthermore, systemic alterations because of adiposity can affect pharmacologic metabolism and obscure physical landmarks increasing the difficulty of procedural and surgical intervention. With all these challenges present, as this case shows, developing complicated secondary acquired pneumonia can place a severely obese pediatric patient at a much higher risk for developing severe life-threatening complications during their hospital course in the pediatric intensive care unit.

References
Muhle, Thiago Thomas, et al. "Obesity: Sources and Pathway Complications." *Handbook of Obesities and Impairment of Lung Function*. *MultiDisciplinary Respiratory Medicine*, vol. 11, no. 1, 13 July 2019, <https://www.international-respiratory.com/issue/11-1/13-1041-1046.htm>, 10.1155/2019/1041-1046.

Ashtik, J. "Relationship Between Body Mass Index and SIFT Scores among Early Admissions to a Selected School Children." *International Journal of Pediatric Nursing*, vol. 4, no. 1, 1 June 2019, pp. 13-17, <https://doi.org/10.1016/j.ijpn.2018.09.002>, Accessed 9 Sept. 2020.

Figure 1: CXR showing an opacity in the right lung base which may represent a consolidative infiltrate and/or effusion. However, an underlying pneumonia can not be excluded.


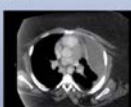


Figure 2: CT Chest with IV Contrast showing a left lower lobe pneumonia with localized pleural fluid containing bubbles of air. These findings are consistent with a large localized abscess. There is also a locule at the caudal left lower lobe which communicates with the ground space indicating a bronchopleural fistula.



Resident Category Third-Place Winner: The Role of Obesity in Childhood Critical Illness

Tampa Bay, judges, and staff who put the competition together. We want to thank the Osteopathic Foundation

of East Orlando for their continued sponsorship of this event! All participants received a certificate and gift card. The winners received over \$2,500 in prize money. See page 29 for a listing of the award winners.

Andrew Jackson Insurance, Auxo Hair, Bayer, CE Broker, DOH-Office of Medical Marijuana, PDMP Foundation, Lubel and Rosen, Merck, NSU-AHEC, Optum, Osteopathic Foundation East Orlando, and Pfizer.

The 2023 Live FOMA Convention, March 3-5, was held at the Marriott Harbor Beach Resort & Spa in Ft. Lauderdale, with over 225 osteopathic physicians and students in attendance. The Convention provided up to 25 AOA 1A credits and gave osteopathic physicians an opportunity to attend educational lectures and hands-on workshops, network with fellow colleagues, and visit with our exhibitors. Thank you to our Exhibitors & Sponsors:

On Saturday, March 4, AOA President Ernest Gelb, DO, installed the new 2023-24 FOMA Officers during the FOMA Board of Trustees meeting. He then welcomed newly elected FOMA President Brett M. Scotch, DO, FAOCO, into office Saturday night during the evening reception. The new 2023-24 FOMA Officers are: President Brett M. Scotch, DO, FAOCO; Past President Lee Ann Brown, DO, FAAPMR; President-Elect Michael Markou,



L-R: FOMA President Joshua Lenchus, DO, RPh, FACP, SFHM with FOMA President Brett M. Scotch, DO, FAOCO



L-R: FOMA and AOA Past President Joseph Giaimo, DO, MACOI, FCCP; AOA President Ernest Gelb, DO; and AOA President-Elect Ira Monka, DO



Shannon Giaimo, Barbara Gelb, and FOMA Director-at-Large Michelle Mendez, DO



DO, FACOF; First Vice-President Bruce Rankin, DO, FACOF; Second Vice-President James Towry, DO, FAOCD, FAAD; and Directors-at-Large: Cesar DeLeon, DO, MHA; Michelle Mendez, DO; Sean McCann, DO; Jeffrey Nelson, DO; and Joseph Sassano, DO.

Throughout the convention FOMA members and executives dedicated time to recognize and applaud hard work, service, and achievement. The FOMA Board of Trustees announced awards during their

Service Award for 2023 is Richard Rodriguez, DO, MPH, FACOS. Dr. Rodriguez is a 1990 graduate of PCOM and has been a member of FOMA for 32 years. He has overwhelmingly met the award's criteria on a local, regional, and state level with service on numerous boards and committees.

Dr. Brown presented the FOMA Lifetime Achievement Award to two recipients: Gregory James, DO, MPH, FACOF-Dist., and Richard Yonker, DO. Dr. James has been



Richard Rodriguez, DO, MPH, FACOS, receives the Distinguished Service Award



Gregory James, DO, MPH, FACOF-Dist., receives a Lifetime Achievement Award



Richard Yonker, DO, receives a Lifetime Achievement Award



Kayvan Amini, DO, FACC, receives the Physician of the Year Award



Dean Elaine Wallace, DO, MS4, receives the Presidential Achievement Award



Jason Winn, Esquire, receives the Presidential Achievement Award

meeting and outgoing FOMA president Lee Ann Brown, DO, FAAPMR, presented awards during the President's Reception.

The highest award FOMA may bestow to an individual is the FOMA Distinguished Service Award honoring outstanding accomplishments in science, professionalism, osteopathic education, or service to the osteopathic profession or citizens of Florida at a state or national level. The winner of the Distinguished

Service Award for 2023 is Richard Rodriguez, DO, MPH, FACOS. Dr. Rodriguez is a 1990 graduate of PCOM and has been a member of FOMA for 32 years. He has overwhelmingly met the award's criteria on a local, regional, and state level with service on numerous boards and committees.

Dr. Yonker is a founding member of one of the largest rheumatology offices in Florida and has been active



from the beginning of his career. He was instrumental in getting DOs into Sarasota Memorial Hospital and in 1984, he became the 2nd osteopathic physician on staff. Both physicians have made a significant contribution to the osteopathic community over the span of their lifetimes.

Dr. Kayvan Amini, DO, FACC, received The FOMA Physician of the Year Award. He is the current President of the Broward County Osteopathic Medical Association, a Trustee and Delegate of FOMA and serves on the Board of Directors of the Broward County Medical Association. Dr. Amini was appointed to the State of Florida Drug Utilization Board and serves as the Vice Chair. He serves on the faculty at NSU-KPCOM as he educates and lectures in the medical arena and serves as an advisor for the Cardiology student organization.

Lee Ann Brown, DO, FAAPMR bestowed Special Presidential Recognition Awards to Dean Elaine Wallace, DO, MS4, of NSU-KPCOM for her hard work and compassion for the osteopathic profession and to Jason Winn, Esquire, FOMA Legal Counsel, for his 14 years of work ensuring physicians can provide quality healthcare to the citizens of Florida.

The Stephen R. Winn Friend of the Osteopathic Profession Award was awarded to Kenneth Webster, EdD. Dr. Ken Webster served as the Executive Director of the Pinellas County and Hillsborough County Osteopathic Medical Societies for 34 years. He served the Florida Society of the

ACOFP for seven years. Dr. Webster has long advocated for the osteopathic profession for the development of osteopathic medical colleges.



Kenneth Webster, EdD., receives the Stephen R. Winn Friend of the Osteopathic Profession Award from FOMA President Brett Scotch, DO, FAOCO



FOMA Past President Lee Ann Brown, DO, FAAPMR; Riya Kumar, OMS II, President, NSU-KPCOM; Ashin Chada, OMS II, Vice President, NSU-KPCOM; Grant Gramling, OMS II, President, NSU-KPCOM TBR; Danielle Strelbel, OMS II, Vice President, NSU-KPCOM TBR; Joseph Sassano, DO

FOMA Student awards went to Riya Kumar, OMS II, President, and Ashin Chada, OMS II, Vice President, FOMA Student District Society at NSU-KPCOM; and Grant Gramling, OMS II, President, and Danielle Broussard, OMS II, Vice President, FOMA Student District Society at NSU-KPCOM at Tampa Bay.

FOMA gives a round of applause to all the 2023 award winners. Thank you for your commitment and leadership.

FROM AROUND THE STATE...

DISTRICT REPORTS

DISTRICT SOCIETY 2 – FOMA District Society 2 will hold its 2023 Annual Primary Care and Cardiovascular Symposium in St. Augustine, Florida, May 4 – 7, 2023 at the Renaissance World Golf Village Resort.



Hotel Information:

Renaissance World Golf Village
500 Legacy Trail South
St. Augustine, FL 32092
888-789-3090 - (Reservations)
Please contact Crystal Horne at crystal@fomadistrict2.com
or Office Phone: 904-406-3026.

DISTRICT SOCIETY 3 – FOMA District Society 3 held their spring District Society dinner meeting on April 11, 2023 at Park Avenue Tavern in Winter Park, Florida. A lecture titled “Acupuncture & OMT” was presented by Martin Torrents, DO.

Orlando College of Osteopathic Medicine (OCOM) Dean Robert Hasty, DO, FACOI, FACP, recently gave a tour of the OCOM construction site with the leadership of FOMA District Society 3.



Robert Hasty, DO, FACOI, FACP, OCOM Dean; Jeffrey Nelson, DO; Samantha Cotler, DO, MBA; Sean McCann, DO; and Rose Appel, DO, APD of Advent Health East Orlando’s FM Residency

DISTRICT SOCIETY 3 - (CONT.)



Above: FOMA DS-3 Trustee Samantha Cotler, DO, MBA tours the OCOM construction site



Above: Artist rendering of the new Orlando College of Osteopathic Medicine



Above: DS 3 Spring meeting with a presentation by Martin Torrents, DO

DISTRICT SOCIETY 4 – FOMA District Society 4 would like to congratulate Bruce Rankin, DO, FACOF, on being elected FOMA First Vice-President for 2023-2024 during the recent FOMA Live Convention.

Congratulations Dr. Rankin!



DISTRICT SOCIETY 5 –

District Society 5 – FOMA District 5 would like to congratulate Gregory James, DO, MPH, FACOFP-Dist., for being awarded the FOMA Lifetime Achievement Award during the 2023 FOMA Live Convention in Ft. Lauderdale Beach. Congratulations and thank you for your continued commitment to the osteopathic profession!



FOMA Past-President Lee Ann Brown, DO, FAAPMR presents the 2023 FOMA Lifetime Achievement Award to Gregory James, DO, MPH, FACOFP-Distinguished

The Pinellas County Osteopathic Medical Society held its annual Holiday Dinner and End-of-Year Membership Meeting December 9, at the Wyndham Grand, Clearwater Beach. The event was well attended. Stacy Chase, DO, FACOFP, FAOGME was installed as the 66th President of the PCOMS. Dr. Chase is on the Board of Directors for the American Osteopathic Board of Family Physicians and is past Program Director for the Family Medicine Residency at St. Petersburg General Hospital. She brings, academic, business, and leadership experience to her presidency.



Gregory James, DO, MPH, FACOFP-Dist.

Several highlights of the evening included recognition of colleagues. Gregory James, DO, MPH, FACOFP-Distinguished, CMD, was recognized with the PCOMS Lifetime Achievement Award for his long and distinguished career as a leader in medical education, his demonstrated leadership as president of the PCOMS, FOMA, FSACOFP and his recent appointment as President of the ACOFP Certifying Board.

Paul Kudelko Sr., DO, MACOI, FACC was recognized with the Distinguished Service Award for his contribution to Graduate Medical Education and service to the profession. He served as ACOI President and is the founding and past Program Director for the Internal Medicine program at Sun Coast Hospital. This program grew from 12 initial residents to 21 at the time of its transfer to Largo Medical Center now with 60 residents. Noted that evening was the fact that both

of Dr. Kudelko's brothers, two of his sons, and niece are DOs. Also recognized was Eugene M. DiBetta, Jr., DO as PCOMS



Dr. Paul Kudelko Sr. and Dr. Gene DiBetta, Jr.

Physician of the Year. He served as the 65th President of the PCOMS and consistently and without hesitation responded to the needs of PCOMS and its members. He was recognized and acknowledged for his excellence in patient care and clinical teaching of residents and students.



Stacy Chase, DO, FACOFP presents Gene DiBetta, DO with the PCOMS Physician of the Year Award

Four students representing Kiran C. Patel College of Osteopathic Medicine and LECOM were awarded scholarships by President DiBetta: Emily Krzykwa, MPH OMS-2 NSU, Danielle Strebel, OMS-2 NSU, Tatem Fredrickson, OMS-2 NSU & Stefan Anthony, OMS-3 LECOM.



(L-R) Dr. Michael Hadley, PCOMS Scholarship Committee Chairman, Stefan Anthony, Danielle Broussard, Tatem Fredrickson, Emily Krzykwa & Dr. Gene DiBetta

The 34th Annual Osteopathic Winter Seminar was held January 18-21, 2023, and was attended by over 325 physicians and medical students. Dr. Chase recognized our First Responders from the Pinellas County EMS, Sunstar Ambulance, 911 Telecommunication and Sheriff's Office at the Presidential Luncheon.



Dr. Lee Ann Brown was recognized with a Presidential Citation for her outstanding leadership as Past President of the PCOMS and as President of the FOMA

CONTINUED...

DISTRICT REPORTS

DISTRICT SOCIETY 6 – FOMA District Society 6, the Broward County Osteopathic Medical Association (BCOMA), would like to congratulate Kayvan Amini, DO, FACC, on being awarded the 2023 FOMA Physician of the Year Award during the 2023 FOMA Live Convention in Fort Lauderdale.



FOMA Past President Lee Ann Brown, DO, FAAPMR, presents the 2023 FOMA Physician of the Year Award to Kayvan Amini, DO, FACC

The award recognizes his “leadership, commitment, and dedication to the osteopathic profession and our students” and his “unwavering standards of patient care and for ensuring quality health care is provided to the citizens of Florida.” Congratulations and thank you for your leadership!

BCOMA held a Resident Panel meeting on February 18, 2023 at NSU-KPCOM which was a tremendous success. BCOMA also held a fantastic Board of Governors meeting during the FOMA Live Convention in March. The Board meeting included great discussions with Joshua Lenchus, DO, RPh, FACP, SFHM, FMA President; FOMA Executive Director Steve Winn; along with the BCOMA Board and Student leaders of NSU-KPCOM Davie.



L-R: Charles Felix, CPA, Publisher, South Florida Hospital News & Healthcare Report; Scott Wester, CEO, Memorial Healthcare System; and Dr. Kayvan Amini, President, Broward County Osteopathic Medical Association

BCOMA President Kayvan Amini, DO, FACC, attended the Annual Meeting of the South Florida Chapter, American College of Healthcare Executives, on February 28.

DISTRICT SOCIETY 7 – FOMA District 7 held its Polo Tailgate at the Sarasota Polo Club on Sunday, April 30, 2023.

The event featured an opening parade, Clydesdale wagon rides, and a live singing of the National anthem. Attendees also enjoyed half-time entertainment, food, drinks, divot stomping and good fun.

DISTRICT SOCIETY 10 – FOMA District 10 would like to congratulate Brett M. Scotch, DO, FAOCO on being elected 2023-2024 FOMA President. Congratulations Dr. Scotch!



Brett Scotch, DO, FAOCO is sworn in as the 2023-2024 FOMA President by AOA President Ernest Gelb, DO during the 2023 FOMA Live Convention

FOMA District 10 held a General Membership Dinner Meeting at Maggiano’s on March 28, 2023.

HCOMS President, Ronald Torrance II, DO, FAOASM, FACOFP led the meeting. During this event FOMA President, Brett Scotch, DO, FAOCO presented Kenneth E. Webster, Ed.D. with the Stephen Winn Friend of the Osteopathic Profession Award on behalf of the Florida Osteopathic Medical Association. This award was for his lifelong commitment in promoting the tenets and philosophy of the osteopathic profession.

DISTRICT SOCIETY 10 (CONT.) –



Left: Dr. Brett Scotch, DO, FOMA President, presenting Dr. Kenneth Webster with the FOMA award.

Below: Dr. James Vogler, medical student Tyler Vogler, Dr. Robert Norman, Dr. John Small, Dr. Ronald Torrance II, Dr. Kenneth Webster & Dr. Lon Lynn.



DISTRICT SOCIETY 15 – FOMA District 15 would like to congratulate Gregory Williams, DO on his recent appointment to the Florida Board of Osteopathic Medicine by Governor Ron DeSantis.

Congratulations Dr. Williams!



STUDENT NEWS

Rotations, Residency, and Ready to Make a Difference

By Grant Gramling, OMS-II, FOMA NSU-KPCOM TBR Chapter President

It has been a rewarding year for the student organization of FOMA at NSU-KPCOM Tampa Bay Regional campus. On March 6, we were blessed to have the Executive Director of the Pinellas County Osteopathic Medical Society, Dr. Ottaviani, speak with our members on campus about how to choose a specialty, how the residency process works, and how to succeed early in our careers. We were also fortunate enough to have the Florida Medical Association (FMA) President, Dr. Lenchus, join our members on campus on March 9, to discuss various topics about the FMA, FOMA, advocacy, and answer any questions the soon-to-be third year medical students had about our upcoming rotations. Being able to hear from Dr. Ottaviani and Dr. Lenchus was inspiring and many of our members commented on how they are excited to get involved in the medical field. Additionally, Danielle Broussard, the Vice President of FOMA at NSU-KPCOM TBR, and I attended the FOMA Live Convention in Ft. Lauderdale, Florida where we were the two recipients of the student awards for our campus. We are both incredibly thankful for this award and look forward to staying actively involved in FOMA as we progress in our careers.

We closed the winter semester with our last event, partnering with

Feeding Tampa Bay, an organization with the aim to help food insecure families gain access to resources. Our event was held on April 15th and was a great success.

FOMA Student Chapter News

Congratulations to our FOMA Student Award Winners from the 2023 FOMA Live Convention held in Ft. Lauderdale Beach from March 3-5.

- Riya Kumar, OMS II, President, NSU-KPCOM
- Ashin Chada, OMS II, Vice President, NSU-KPCOM
- Grant Gramling, OMS II, President, NSU-KPCOM TBR
- Danielle Strebel, OMS II, Vice President, NSU-KPCOM TBR



L-R: FOMA Past President Lee Ann Brown, Riya Kumar, Ashin Chada, Grant Gramling, Danielle Strebel, and Joseph Sassano, DO

WHATEVER HAPPENED TO MARCUS WELBY?

By Nicholas Abid, DO

You may recall a television show from the 1960s called *Marcus Welby, MD*. The seven-year series, from 1969 to 1976, starred Father Knows Best actor Robert Young as Marcus Welby and James Brolin as his young protégé Dr. Steven Kiley. Professional reviews of the time described Dr. Welby as a “highly skilled, experienced MD, with a dashing young new MD partner. Each played his role in a perfect ultra-idealistic way. The lead characters offer a limitless aura of security, competence, and high ethics.”

Dr. Welby’s persona was a highly regarded general practitioner with a large, successful, outpatient practice who also went to the hospital, and was deeply involved in the community. He was a wise and thoughtful physician who always had time for his patients. As a holistic physician, he was ahead of his time when recognizing the role of social determinants in addressing his patient’s personal and medical problems. He even made house calls!

Not wealthy, but financially secure, Marcus Welby, MD, was a mentor and a role model for physicians. The show reflected the high esteem bestowed on physicians by the public during the late 60s and 70s, which was otherwise a time of turmoil and social upheaval.

When I first started in practice in the early 1980s, we had many “Dr. Welbys” coming in and out of the hospital: The physician would admit directly to the hospital from their private office each day and bring in the consultants they felt were appropriate for the specific needs of any given patient.

These “Dr. Welbys” came to the hospital early in the morning, had coffee in the doctor’s lounge, and connected with the various specialists congregating in the lounge and in the hospital corridors. These were the specialists the primary care physicians trusted and sought for consultation and management when their patients were hospitalized. The “curbside consults” occurring in the doctor’s lounge were literally the glue that brought the general practitioner and specialist together: it was “collaborative care” in the best sense of the term.

The Dr. Welby-styled-generalists also routinely made rounds on their patients in the hospital. They selected the specialists to address these patients with care. They based their referrals on past outcomes, and factors they felt would make the specialist a good fit with each individual patient. He or she would communicate with the

specialist about the patient’s background, a baseline level of functioning, response to prior treatments, adherence to any treatment plan, and any psychosocial issues impacting the patient. The physician could do this because they knew the patient, and the family, from the outpatient and inpatient setting. The primary care physicians of the past knew, from their work with that patient in an outpatient setting, the baseline level of functioning including strengths, weaknesses, and vulnerabilities. Based on experience from the inpatient setting, the primary care physician also fully understood how ill this patient could become in the worst-case scenario. And so, the primary care physician of old had a broad and first-hand understanding—not second-hand through medical records from another physician—of the patient’s health history, a result of caring for him in both an OP and an IP setting.

This daily communication and verbal transfer of critical history between the primary care physician and specialist was essential in the care of the patient and resulted in better patient care as well as patient and provider satisfaction. The Dr. Welbys I knew took pride in being the responsible party and the patient’s personal physician. The GP took ownership and overall responsibility for their patient’s general care and acted to facilitate the transition into and out of the hospital, helping the patient, and family, navigate the complexities and frustrations of being ill and in the hospital environment.

As a specialist working with the admitting physician, I used to describe the general practitioner-specialist relationship this way to my patients:

The primary care physician is the quarterback, they call the plays, and I, as a specialist, sometimes carry the ball. The GP or primary care physician, as we call them now, would track the patient’s progress, improvement, and general satisfaction with their doctors and the hospital. The GP would monitor the quality of the care provided by the specialist, and the support services provided by the hospital staff. He/she would be, most importantly, the liaison with the family throughout the hospital stay, explaining the diagnoses, treatment plan, and course of treatment to them, as well as answering their questions.

But Dr. Welby’s involvement, influence, and impact, far exceeded just admitting patients to the hospital. In addition to direct patient care, Dr. Welby, as the primary care physician/GP, played a leading role in the



hospital setting chairing credentials committees, quality committees, and even sitting on the Board of Trustees participating in committees such as finance, strategic planning, and quality committees of the board. Importantly, they could function as a referee/moderator between the hospital and the specialists.

These roles in direct care and hospital policy and planning gave the primary care physician/GP added meaning, a sense of fulfillment, and a sense of involvement in the hospital and the community in a larger sense. This broader engagement in office, hospital, and community, contributed to primary care physicians being viewed by the general public as an esteemed profession, and specialty, highly respected as portrayed in the Marcus Welby series.

These multiple roles also contributed to the physician's sense of self and overall job satisfaction. The emotional and social attributes of the role, more than financial considerations, were what inspired many physicians back then to go into medicine. There was a desire to emulate Marcus Welby.

What happened to our Marcus Welbys? Primary care physicians have been gradually displaced from the hospitals and relegated to working in an office setting in the service of efficiency and productivity.

Now, when patients are admitted to the hospital, their primary care physician is frequently the last person to know the patient was in the hospital and discharged. Health plan audits show a huge communication gap between the hospital's employed specialists that provide inpatient care and the outpatient physicians who must follow up with the member after discharge. Communication between specialists and primary care physicians in OP services is also a potential source for gaps in communication. Medication reconciliation between providers is a nightmare. Patients receive multiple prescriptions from multiple doctors which presents a major challenge to our healthcare system.

The loss of the primary care physician and their significant role in the hospital has resulted in a gap in care that, even today, we are still trying to fill. Here in the health plan space, we have hundreds of care managers whose sole function is to "coordinate care," facilitate "transitions of care," and provide the orderly transfer of medical information from one level of care to another, information that sometimes is extremely difficult to obtain from the institution in question; these were the critical functions that were so ably accomplished by the primary care physician "back in the day."

Despite tremendous advances in the technology of medicine, we see general patient dissatisfaction with their care. We see less esteem for physicians in general. Among physicians, we see growing dissatisfaction with the practice of medicine. Many physicians describe themselves as being "burned out" and ready to retire early. I don't remember Marcus Welby, MD, ever being burned out. Even worse for physicians and patient is the prospect of having physicians and their surrogates in every CVS, Walmart, and Target. Patients are becoming widgets on the healthcare assembly line for PRIMARY CARE PHYSICIANS with productivity being the primary driver. The business sector is poised to reduce medical care to a commodity where all services are deemed the

same and choice is based solely on the lowest price. The idea of the patient having a personal physician is becoming a distant memory.

I've often commented to my business colleagues that any assembly line model for medicine and patient care won't work. Not now, not ever. Every patient is different, with different components: a different heart, a different mind, a different family, a different wallet, a different belief system, a different set of values, a different social environment, and different goals.

Ironically, after Marcus Welby, MD, went off the air it was replaced by Ben Casey and Dr. Kildare, and later yet, by Chicago Med: all hospital-based dramas. The popularity of the holistic generalist, working in their community, characterized by physicians demonstrating "security, competence, and high ethics" lost its appeal. Drama is what the audience wanted. And now drama in healthcare is what we are getting in a very personal way.

My own experience with being very sick in the hospital, missing my primary care physician, and being treated by a hospitalist occurred twice in 2019. On both occasions, I was assigned a hospitalist. They were bright caring young doctors who, as I look back at it, performed my H&P, daily visits, and discharge summary. The bulk of my daily care was provided by specialists: a urologist and, later, a cardiologist. And while the hospitalists were very fine physicians, I would have much preferred to see my primary care physician who was familiar with my normal level of functioning such as it was: employed, riding my bike, swimming laps, and generally very active. My primary care physician knew my wife, and my general life situation, and, upon my discharge, would have first-hand knowledge about how sick I had become, and the inpatient hospital treatment that resolved my medical issues: a much more intimate knowledge than reading a report after the fact.

And so it is up to our professional organizations, and more importantly physicians themselves, to take time and reflect on how the health systems of the future can meet the personal wants and needs of patients and their families in a holistic and humanistic fashion in the 21st century.

I think the "Marcus Welby Model" is quite consistent with our osteopathic heritage and principles of holistic medicine, a patient-centered approach to practice, taking into account social determinants, and actually being an integral part of the community in which we practice. Taking back that role in the hospital where DOs were so very influential because of their roles as Primary Care Providers, and their power to direct care to quality specialists, was a benefit to patients, the hospital, and the community. And now, with all our Osteopathic hospitals merged with allopathic hospitals, we need osteopathic and allopathic Primary Care Physicians to go back into the hospitals to manage and coordinate the care of their patients more than ever. I currently assist in the interview process at MSU COM. The students they are admitting are brighter, more capable, and more dedicated than ever. It's our responsibility to help create a medical environment where they can flourish and make a difference in the lives of their patients. The Marcus Welby Model is an Osteopathic Model and I hope it returns for this next generation of young osteopathic physicians.

Dr. Nicholas Abid is a board certified psychiatrist in Tampa, Florida



2023 Virtual FOMA Mid-Year Seminar

September 8-10, 2023

Up to 27 AOA 1-A CME's will be offered



8.5 AOA 1-A hours available 9/8
8.5 AOA 1-A hours available 9/9
5 AOA 1-A hours available 9/10
5 AOA 1-A hours available On-Demand

*1 hour Laws & Rules and Professional Medical Ethics, 2 hours of Prevention of Medical Errors,
2 hours of Prescribing Controlled Substances*

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Name (please print) _____ AOA # _____

FOMA Member yes / no Florida License # _____

Mailing Address _____

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Specialty/Certification _____

Please Choose a Category Below

# of individual registrations	Member Rate THRU 8/14/23	Member Rate AFTER 8/14/23	Non-Member
___ Practicing DO.....	\$525	\$550	\$775
___ FOMA Life or Retired DO or Military.....	\$300	\$325	\$425
___ Resident/Fellow.....	\$100	\$125	\$150
___ Intern/Student.....	No fee	No fee	No fee
___ Sunday Only - 5 Florida Mandatory Hours.....	\$300	\$325	\$550

TOTAL registrations: \$ _____ \$ _____ \$ _____

Method of payment (circle) Check/ Visa/ MasterCard/ American Express/ Discover

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Or Fax this form to FOMA at (850) 942-7538 or Email to Admin@foma.org



WELCOME NEW FOMA MEMBERS

FINAL MEMBERSHIP REPORT — DECEMBER 8, 2022 & MARCH 4, 2023

DECEMBER 2022 REPORT

PROVISIONAL - 11

District 1	Katherine Parikh, DO	Pensacola
District 2	Michael Patney, DO	Jacksonville
District 3	Samuel Alfano, DO	Lady Lake
	Cobra Chamblee, DO	Fruitland Park
	Alexandra Pizzi, DO	Orlando
District 4	Margaret Bell, DO	Flagler Beach
District 6	Robert Gioia, DO	Ft. Lauderdale
District 10	Steven Rives, DO	Tampa
District 11	John-Paul Bettencort, DO	Ft. Myers
	Kindra Browning, DO	Cape Coral
	Annette Goodman, DO	Ft. Myers

SECOND YEAR PRACTICE - 2

District 2	Ashley Fritz, DO	Jacksonville
District 5	Sean Quinonez, DO	St. Petersburg

FIRST YEAR PRACTICE - 1

District 8	Keresa Edwards, DO	Miami
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RESIDENT - 2

District 8	Crystal Acosta, DO	Miami Beach
District 11	Brittany Baroudi, DO	Punta Gorda

MILITARY - 1

District 6	Michael Sasoni, DO	Davie
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LIFE MEMBERSHIP - 1

District 7	William Dillion, DO	Sarasota
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MARCH 2023 REPORT

PROVISIONAL - 21

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	Kelli Gahagan, DO	Navarre
District 2	Kimberly Schatz-Martin, DO	Jacksonville
District 3	Allen Ozeran, DO	Orlando
District 4	Shahab Ahmed, DO	Port Orange
District 5	Preceousa Jensen, DO	St. Petersburg
District 7	Kristopher Brenner, DO	Bradenton
	Stephen Veigh, DO	Sarasota
District 8	Bernhard Brijbag, DO	Coral Gables
District 9	George Gurdock, DO	Royal Palm Beach
District 10	Nathan Chandler, DO	Tampa
	Erick Cockrell, DO	Tampa
	Delbert Remaley, DO	Tampa
District 11	Marianne Jacobs, DO	Port Charlotte
	Hunter Marlo, DO	Cape Coral
District 12	Matthew Casavant, DO	Minneola
	Christian Larsen, DO	Ocala
District 13	Robert McPhee, DO	Crystal River
District 14	Pasquale Dell'Api, DO	Big Pine Key
District 15	Theodore Bowles, DO	Tallahassee
District 16	Janis Black, DO	Merritt Island

OUT OF STATE - 19

William Brennan, DO	Haddonfield, NJ
Martin Cerda, DO	Phoenix, AZ
Jaimie Clodfelter, DO	Scottsbluff, NE
Chelsea Gonzalez, DO	Salt Lake City, UT
Onna Konicek, DO	Aspen, CO
Kelly Kruk, DO	St. Simons Island, GA

For further information regarding your membership, contact:

ANDREW FLOYD, MBA, CAE, CMP-HC, DIRECTOR OF MEMBERSHIP & MEETINGS
 2544 BLAIRSTONE PINES DRIVE, TALLAHASSEE, FL 32301
 850.878.7364 • EMAIL: ANDREW@FOMA.ORG



FINAL MEMBERSHIP REPORT — MARCH 4, 2023

OUT OF STATE - (cont.)

David Law, DO	Trenton, MI
Anthony Masciarelli, DO	Cape May, NJ
Anthony Meram, DO	Wolverine Lake, MI
Randall Orem, DO	Sidney, OH
Polina Paskaleva, DO	West Roxbury, MA
Amanda Pruet, DO	Ashland, KY
Iram Qureshi, DO	Salt Lake City, UT
David Romine, DO	Austin, TX
Masood Siddiqui, DO	Northville, MI
Michael Sorbello, DO	Greenwood, SC
Silvana Spertus, DO	Lebanon, NJ
Igor Tatarintsev, DO	Murrysville, PA
Glen Vu, DO	Buda, TX

SECOND YEAR PRACTICE - I

District 8	Chandra Jennings, DO	Miami
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FIRST YEAR PRACTICE - 6

District 1	Kaitlyn Molina, DO	Pensacola
District 5	Nicholas Pantelis, DO	Tarpon Springs
District 7	Mindy Ward, DO	Sarasota
District 9	Sarah Castiglia, DO	Boca Raton
District 10	Jeffrey Bulson, DO	Tampa
	Salvin Jacob, DO	Brandon

PUBLIC HEALTH - 3

District 5	Paulina Olszewska, DO	St. Petersburg
District 7	Brian Melcher, DO	Sarasota
	Katie Melcher, DO	Sarasota
District 8	Alan Mashraghi, DO	Miami

RESIDENT - 4

District 2	Natasha Patel, DO	Orange Park
District 3	Branden Shlansky, DO	Orlando
District 5	Amir Aghaabdollah, DO	Largo
District 10	Benjamin Berthet, DO	Tampa

MILITARY - 2

District 3	Jorge Restrepo, DO	Orlando
District 10	Anastasia Celik, DO	Bay Pines

INACTIVE - I

District 2	Debra Wilkes, DO	Jacksonville Beach
District 7	Mitchell Resnick, DO	Englewood
District 9	Bob Elliot, DO	Lake Worth Beach
District 11	Vincent Azzara, DO	Ft. Myers

.....IN MEMORIAM.....

In Memoriam

Member Since

District 3	Donald Beyer, DO (TCOM-1984)	Lake Wales	1982
District 4	Mark Webster, DO (KCOM-1972)	Orange City	
District 5	Emil Felski, DO (PCOM-1971)	Tierra Verde	2003
District 9	Ralph Greenwasser, DO (KCOM-1958)	Jensen Beach	
"	C. Reynolds Knorr, DO (KCOM-1955)	Boca Raton	1967
District 16	James Ploucha, DO (MSUCOM-1986)	Vero Beach	2016
Out of State	Anthony Malcoun, DO (CCOM-1964)	Grosse Pointe, MI	2017



Congratulations to the 2023 Winners!

FOMA held a Research Poster Competition during the 2023 FOMA Virtual Convention February 3-5. Awards were given to first, second, and third place winners in the amounts of \$750, \$250, and \$150 respectively.

This was the 13th Annual Poster Competition. Many thanks go to Janet Hamstra, Ed.D, Associate Dean, Graduate Medical Education & Clinical Education Development, Associate Professor, Internal Medicine at NSU KPCOM and her staff, our judges, and the Osteopathic Foundation of East Orlando for continued sponsorship of this event.

The winners of the competition are as follows:

RESIDENT WINNERS

1st Place (\$750) - **Brendan Lutz, DO, PGY2:**

Acute Psychosis Secondary to Anti-NMDAR Encephalitis: An Underdiagnosed Disorder in Healthy, Young Women

2nd Place (\$250) - **Crystal M. Acosta, DO, PGY2:**

What Came First? A Case of Pheochromocytoma and Myocardial Fibrosis

3rd Place (\$150) - **Pooja Kethireddy, DO, PGY2:**

The Role of Severe Obesity in Childhood Critical Illness

STUDENT WINNERS

1st Place (\$750) - **Joachim Kavalakatt, OMS1:**

The Role of Myeloid IRE1-alpha in Atherosclerosis Progression

2nd Place (\$250) - **Shivani Patel, OMS2:**

Resveratrol: A Therapeutic Potential in Alzheimer's Disease?

3rd Place (\$150) - **Andrew M. Joseph, OMS3:**

Anchoring on Ketoacidosis in the Presence of Unforeseen Thyroid Storm

2023 FSACOFP & FOMA Virtual Convention

July 28 - July 29, 2023



Earn Up to 23 AOA (1-A) credits including
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Includes: 8.5 hours on Friday, 8.5 hours on Saturday, and 6 hours of on-demand lectures

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Name (please print) _____
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___ Practicing DO	\$450	\$650
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___ Retired	\$275	\$325
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Registration Forms may be emailed to Andrew@foma.org Or faxed to (850) 942-7538

Questions? Call the Florida Society ACOFP at (850)878-0213

FOMA would like to thank everyone who has donated to the **FOMA FAMILY TREE**

NEW LEAVES:

Dr.'s Kenneth & Michelle Johnson & Family: Thank you FOMA for all that you DO - Simply the Very Best!

Dr. & Mrs. William Silverman: In Honor of our Children - 2022

Dr. & Mrs. Brett Thomas: Keep Osteopathic Medicine Pure

FAMILY TREE LEAVES:

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IN MEMORY & HONORING LEAVES

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Andrew Jackson, LLC - Honoring the Memory of Robert S. Hand, DO, FOMA President 1987-88

Nicole Bixler, DO - In Memory of Rob Heath, Father of Nicole Bixler, DO, FOMA President 2016-17

Robin Dybas - In Honor of & with much Love to Our Parents, Grandparents & Best Friends: Minnette & Alan Kaye

FOMA District 2 - In Honor & Memory of Lionel Gatien, DO, Physician, Leader, Mentor

FOMA District 10 - Honoring Kenneth E. Webster, EdD: Over 30 years of Leadership & Dedication to the osteopathic profession & Hillsborough County Osteopathic Medical Society

FOMA Physicians & Friends - In Memory of Kelsey Brooke Tatum, DO, Honorary LECOM Bradenton, 2021

FOMA Physicians & Friends - In Memory of David Levine, DO (6/16/44 - 7/21/2007) FOMA President 1997-98

FOMA Physicians & Friends - In Honor & Memory of Howard L. Neer, DO, FOMA President 1976 - 77 & AOA President 1988 - 89: A Pioneer, Educator, Mentor and Friend

FOMA Physicians & Friends - In Honor & Memory of Marcelino Oliva, DO, Legislative Chairman, FOMA President 1974 - 75 & AOA President 1988 - 89

FOMA Family - In Honor of Marcelino Oliva, DO, FOMA President 1974 - 75, Lora Lee Oliva & Family

Don Jablonski, DO - To My FOMA Family, in Honor of Catherine Jablonski and Don Jablonski, DO, FOMA President 1995-96

Dr. & Mrs. Gregory James - In Honor of David Kudelko, DO, graduate of KCOM

James McCormick, DO - In Loving Memory of Patricia McCormick

Marie G. Morris - In Loving Memory of Morton Morris, DO, JD, FOMA President 1978 - 79

Fred Porcase, DO - In Honor of our Brother, Friend, Father & Husband: John Anthony Fetchero, DO (6/4/51 - 1/19/2015)

Melvyn Rech, DO - In Memory of Hamilton & Eric Rech & Morton Morris, DO, JD, FACOS, FAOAO

Dr. Mrs. Joel Stein - In Honor and Loving Memory of Dr. Leon & Shirley Stein

James Towry, DO & Family - In Honor of Paul E. Wilson, DO, FOMA President 1954- 55 & AOA President 1974 - 75

Doug, Nancy and Zach Treadway - In Loving Memory of Tanner Douglas Treadway (1994 - 2014)

West Palm Hospital Medical Staff - In Memory of Martin J. Frisosky, DO, for his Service, Leadership, Wisdom and Friendship

Stephen & Judy Winn and Family - In Loving Honor of Senator Sherman & Roslyn Winn

Winn Families & William Hightower - In Loving Memory of Christopher Marc Burns (5/16/90 - 3/19/2016)

EVENT CALENDAR



2023 FSACOFF/FOMA VIRTUAL CONVENTION AND FAMILY MEDICINE UPDATE

July 28-July 29, 2023

Registration form available on page 30

2023 FOMA VIRTUAL MID-YEAR SEMINAR SEPTEMBER 8-10, 2023

(850) 878-7364

Registration form available on page 26

