

2026 VIRTUAL FOMA Seminar Final Program

Updated: 9/23/2026

FRIDAY, SEPTEMBER 25, 2026 (8 - AOA 1A credits)		
8:00 am - 9:00 am	AI: Don't know Anything about it to now Drowning in it	Leonard Hock, DO, MACOI, CMD, FAAHPM
9:00 am - 10:00 am	Evaluation and Management of the Collapsed Athlete	Fred Brennan, Jr., DO, FAOASM, FAAFP, FACSM, FAMSSM
10:00 am - 11:00 am	Migraine: Treatment Options	Paul Winner, DO, FAAN FAHS
11:00 am - 12:00 pm	In the ER: Cases from Critical Access Hospitals	Kathleen McGowan, DO, MBA, MA
12:00 pm - 12:30 pm	<i>LUNCH</i>	
12:30 pm - 1:30 pm	Beyond CPAP: The New Era of Sleep Apnea Treatment	Brett M. Scotch, DO, FAOCO
1:30 pm - 2:30 pm	OMT: Sports Injuries	Sean Martin, DO
2:30 pm - 3:30 pm	Updates in GI	Charlene LePane DO, MBA, MSPH, FACG, FACOI
3:30 pm - 4:30 pm	Dermatology Review for the Primary Care Physician	John Minni, DO, FAOCD, FAAD
SATURDAY, SEPTEMBER 26, 2026 (8 - AOA 1A credits)		
8:00 am - 8:40 am	Lifestyle Medicine Part1: Food as Medicine - A Practical Nutrition Playbook for Every Patient visit	Sapna Rama, DO, FACP, DABOM
8:40 am - 9:20 am	Lifestyle Medicine Part 2: Lifestyle Medicine - Preventative Medicine - An Evidence-Based Overview for the Practicing Physician	David Magness, DO, MBA, DipABLM, FACOFP
9:20 am - 10:00 am	Lifestyle Medicine Part 3: Building Health Before Disease Begins	Roberteen McCray, DO
10:00 am- 11:00 am	AI Equipped, Not AI-Replaced: A Practical Guide for Primary Care Physicians	Saroj Misra, DO, FAAP, FACOFP <i>dist</i>
11:00 am - 12:00 pm	Fever of Unknown Origin	Justin Oring, DO, MPH, FIDSA
12:00 pm - 12:30 pm	<i>LUNCH</i>	
12:30 pm - 1:30 pm	Intercepting Risk: Primary Care's Cardiometabolic Prevention Playbook	Julia Jenkins, MD, FAAP, DipABLM
1:30 pm - 2:30 pm	GLP Update: Mechanisms and the Metabolic Horizon	Matthew Else, DO, MBA, FACOFP
2:30 pm - 3:30 pm	Billing & Coding Update	Samantha Cotler, DO, MBA
3:30 pm - 4:30 pm	Renal Denervation	Merrill Krolick, DO, FACC
SUNDAY, SEPTEMBER 27, 2026 (5 - AOA 1A credits)		
8:00 am - 10:00 am	Prescribing Controlled Substances	Joshua Lenchus, DO, RPh, FACP, SFHM
10:00 am - 11:00 am	Florida Laws, Rules & Professional Medical Ethics	Jason D. Winn, Esquire
11:00 pm - 1:00 pm	Prevention of Medical Errors	Marc Kaprow, DO, MHA, MACOI
ON-DEMAND HOURS (6 - AOA 1A credits)		
6 hours AOA (1A)		
1 hour	Female Sexual Dysfunction	Kenneth Johnson, DO, FACOOG, FACOG
1 hour	Menopause 101	Kathleen A. McGowan, DO, MBA, MA
1 hour	Men's Health	Sumeet Goel, DO, FACOFP
1 hour	HIV/Aids Update	Anna Hayden, DO, FACOFP, AAHIVS
2 hours	Domestic Violence	Brooke Mobley, DO, MBA
<i>Up to 27 (1-A) **Program subject to change**</i>		