

# 2025 FOMA Research Poster Competition

## CALLING ALL:

FOMA  
STUDENT/INTERN/RESIDENT/FELLOW  
**RESEARCH POSTER COMPETITION  
CASE & EXPERIMENTAL RESEARCH  
PRESENTATION**

**Abstracts Due  
MONDAY, NOVEMBER 24, 2026**

## **READ CAREFULLY AND COMPLETELY!**

**Failure to Follow All of These Instructions May Result in  
Your Submission Being Rejected.**

FOMA's Annual Poster Competition is open to  
Students, Residents, and Fellows who are **Members of the FOMA.**

The competition will take place virtually on **Thursday, February 5, 2026.**

1. Entrants are encouraged to submit research that is original to this competition; however, entries that have been shown at local hospitals or regional and national conferences will be accepted.
2. The work presented must be the work of the Student, Intern, Resident, or Fellow submitting it.
3. The final posters must contain the results of each study.

### **A. THE APPLICATION**

1. The **Electronic Application Form** with your Abstract as a Word document (NOT a PDF or JPEG) must be submitted no later than the **deadline of 11:59 PM on Monday, November 24, 2025. No exceptions!** Please go to the FOMA website- FOMA.org - for additional information.
2. Only **ONE** entry per first/primary author will be accepted. All e-mail communication regarding the FOMA competition will go only to the selected first/primary author. All submissions are final.
3. Required AUTHOR INFORMATION:
  - For students -first and last name followed by the OMS year (OMS1, OMS2, OMS3, OMS4)

- For residents & fellows -first and last name followed by degree {DO or MD} followed by the PGY year (PGY1, PGY2, PGY3, etc.)
  - For physicians -first and last name followed by degree (DO or MD)
  - For other authors - first and last name followed by appropriate credentials {PhD, EdD, MPH, RN, etc.)
4. All entrants are required to complete the box on the application form that the research project received IRB approval or state why IRB approval was not necessary. (Note: not all projects require IRB approval, but you must have it if your project requires it.)

## B. ABSTRACT

1. The **Poster Abstract** must be sent **electronically as a Word document** (NOT as a PDF or JPEG) along with the **Application**.
2. The abstract must be **no longer than one 8.5" x 11" page in Times New Roman 12-point font size** (no more than 600 words) and **single-spaced** typed. The margins should be one inch wide. The abstract must contain sufficient preliminary information to permit adequate assessment of the case, although final results are expected on the poster itself. The abstract **must not** be the actual poster.
3. The abstract should include the title and authors, followed by the following subsections:

### For CASE STUDIES:

- Introduction
- Case Description
- Discussion

### For EXPERIMENTAL RESEARCH:

- Background
- Objective
- Methods
- Results
- Conclusions

A more detailed description of the abstract format and sample abstracts are available on the FOMA website. Entrants **must** follow these format guidelines.

1. The abstracts will be reviewed and scored based on the above outlined criteria (see #D-3 below).
2. Notification of acceptance will be sent the third week of December 2025.
3. **The top 60 abstracts will be invited** to participate in the Poster Competition on Thursday, February 5, 2026.

## C. THE VIRTUAL EVENT

1. The final poster in PDF format must be received **by the deadline of 11:59 pm on Monday, January 12, 2026. No exceptions!** The poster itself must be only one "page" or one "picture".

2. Posters will be presented electronically using Zoom.
3. The posters will be made available electronically to all FOMA attendees during the conference.

#### **CI. THE POSTER PRESENTATION AND JUDGING**

1. Each entrant will have **3 minutes** to present their poster information to the judges. This will be a live, electronic presentation, not recorded, during the virtual event.
2. Only one author will be permitted to present, presumably the first/primary author. In the event the first author cannot be present, the presentation may be made by another osteopathic author listed on the application; however, points will be deducted for presentation.
3. A panel of judges appointed by the FOMA Executive Committee using predetermined objective criteria and scoring forms will do the judging. Judging will focus on the:
  - Overall Poster Appearance
  - Completeness and Importance of Case or Research Presented
  - Completeness of Oral Presentation

4. The judges' decision will be final.

#### **E. ADDITIONAL INFORMATION**

##### **1. AWARDS**

The prize for the first place winner is \$750, second place \$250, and third place \$150 in two categories Student posters and Resident/Fellow posters.

Additionally, the judges **may** choose to award an additional prize of \$250 (either to a winning author or other author) for a study that best advances the principles and practices of Osteopathic Medicine. The FOMA Prize (Future of Osteopathic Medicine Award) must be merited by the research in the unanimous opinion of the judges and may not be awarded if a suitable recipient is not found.

2. Winners will be announced at the FOMA Annual Convention Reception. Winners will be notified ahead of time so they can make arrangements to attend.
3. The first author of each poster presentation will receive an electronic Certificate of Participation, to be shared with all authors on the poster.
4. FOMA will publish an Abstract Book that will be distributed electronically after the event.