

# Syndi Williams

## EDUCATION

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**University of Chicago, Division of Emergency Medicine**  
**Resident Physician**

**Chicago**  
Jun. 2025 - Present

**Emory University School of Medicine**  
*Medical Doctorate Degree*  
*Master of Science in Clinical Research*

**Atlanta, GA**  
Jul. 2020 - May. 2026  
Aug. 2023 – May. 2026

**University of Michigan**

BA, *Cum Laude*

Major: Spanish Language and Literature, Sweetland Minor in Writing

**Ann Arbor, MI**

Sep. 2015 - Dec. 2018

## RESEARCH GRANTS

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TL1TR002382

(MPIs: Blumberg, Michopoulos)

Jul.2023 – Jul. 2025

NIH/NCATS

Georgia Clinical and Translational Science Alliance (Georgia CTSA) NRAA (TL1) Training Core

The TL1/NRSA Training Core is a component of the Georgia CTSA which supports didactic and mentored research training for predoctoral and postdoctoral trainees at the Georgia CTSA partner institutions.

Role: Clinical Scientist Trainee

### **The effect of race-related stress on risk for low-birth-weight deliveries in Black pregnant persons**

The purpose of this study is to examine whether increased race-related stress during the first trimester of pregnancy is associated with greater systemic inflammation and glucocorticoid resistance, and risk of LBW in Black pregnant persons. The proposed observational, prospective cohort study will be conducted in 100 pregnant Black persons recruited in the first trimester of pregnancy from the Grady Memorial Hospital through the existing Grady Trauma Project and aims to advance understanding of racism-related health disparities in Black pregnant persons.

## RESEARCH EXPERIENCE

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**Convergence Journal**  
**Manuscript Reviewer**

**Oct. 2025 - Present**

Reviewed high school student research manuscripts for scientific rigor, clarity, methodology, and quality of scholarly communication. Provided structured, constructive feedback to strengthen research interpretation, scientific writing, and manuscripts prior to publication.

**Health Services Research Day Poster Judge**

**May 2024**

**Diversity, Equity, and Inclusion Strategy Taskforce  
2025**

**Aug. 2021 – Jun.**

**Student Researcher**

United efforts with a team of students, under the leadership of DEI faculty leader, to examine the literature for current and past diversity, equity, and inclusion initiatives and evaluate their effectiveness at the individual, community, and systemic levels.

**Emory School of Medicine  
Visual Abstract Designer  
2025**

**Atlanta, GA  
Nov. 2020 - Jun.**

Collaborated on a two-person team to design and develop easily digestible visual abstracts to be shared with the community for quick dissemination of research specific to the field of pediatrics and racism & bias in medicine. The visual abstracts were adapted from original research on the following topics:

**Comparison of Physician Implicit Bias Towards Adults Versus Children  
Racial and Regional Differences in Rates of Invasive Pneumococcal Disease**

**Michigan Medicine  
Clinical Subjects Coordinator to Dr. Anna Lok**

**Ann Arbor, MI  
Jan. 2019 - Jun. 2020**

Managed clinical research studies involving hepatic diseases. Role included, but not limited to: screening of eligible patients, regular patient correspondence, development of study protocol, management of study visits and procedures, and frequent communication with study sponsors and the internal and external Institutional Review Boards.

**Michigan Medicine  
Clinical Subjects Coordinator to Dr. Elliot Tapper**

**Ann Arbor, MI  
Jan. 2019 - Jun. 2020**

Managed several clinical research studies involving hepatic diseases with a specific focus on cirrhosis and the quality of life of end-stage liver disease patients. Responsibilities included managing several Institutional Review Board applications, developing study documentation, and administration of patient and physician study surveys. Demonstrated effective communication with study sponsors, IRB, and the entire Hepatology clinical team. Drafted and edited of multiple liver disease research publications under the supervision of Dr. Elliot Tapper.

**Michigan Medicine  
Research Assistant to Dr. Anna Lok**

**Ann Arbor, MI  
Jun. 2017 - Dec. 2018**

Assisted Clinical Research Coordinators in the management of several clinical studies involving Hepatic Diseases which included reviewing medical records for study eligibility, discussing study protocol with patients, data entry and management via Oncore, REDCap, OpenClinica, EPIC and processing and shipping specimen samples.

**University of Michigan  
UROP Research Scholar**

**Ann Arbor, MI  
Oct. 2015 - Jun. 2016**

Contributed to research which aimed to investigate how Inflammatory Bowel Disease patients' genetics can be used to develop biomarker-specific drug regimens via creation of an Inflammatory Bowel Disease databank for blood and stool specimens.

## PUBLICATIONS

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Patel, Neeya, **Williams S, et al.** Student Hotspotting: A Transformative Pathway to Health Equity. *Journal of Health Care for the Poor and Underserved*. 2026. In production.

Meng Y, **Williams S.** The role of nanoparticles in mitigating iron deficiency anemia in children with autism spectrum disorder. *National High School Journal of Science*. 2025.

**Williams S,** Ravi M, Stanhope K, Rocha, M., Britt, A., Chandrasekaran, S., Smith, A., Carter, S., Michopoulos, V. Race-related stress is associated with low weight and gestational age at birth in a prospective cohort study of pregnant Black persons (abstract). *Journal of Clinical and Translational Science*.

**Williams, S.,** Kendall, A. \*, Jackson, D., Richburg, M., Valburn, T., The White Dress Project, Hill, C., Noel, N. Global Insights: Patient Experiences with Uterine Fibroids - An International Survey by an Advocacy Organization [Manuscript in preparation]

**Williams, S.,** Gillespie, C., Yang, Tilang. Addiction Medicine Education for Medical Students: Results of a national survey of medical school administrators. [Manuscript submitted for publication]

Byrd, R., **Williams, S.,** Ross, T., Darville II, G., Eatman, J., Goffe, R., Jenkins, L., McDonald, K., Ohanele, C. The Future of Medical Education for URiM Students: Student Narratives Spark Actionable Institutional Solutions to URiM Student Concerns (abstract). *Journal of National Medical Association*.

**Williams, S.,** Zeichner, E., Henry, Tracey, Fleurant, M. Systemic Review of Anti-racist/Anti-bias Interventions from Authors of the Health Equity Commission. [Manuscript in preparation]

Louissaint, J., May, F., **Williams, S.,** Tapper, E. Effective Mentorship as a Means to Recruit, Retain, and Promote Underrepresented Minorities in Academic Gastroenterology and Hepatology. *United European Gastroenterology Journal*, 2021.

**Williams, S.,** Louissaint, J., Nikirk, S., Bajaj, J., Tapper, E. Deprescribing medications that may increase the risk of hepatic encephalopathy: A qualitative study of patients with cirrhosis and their doctors. *United European Gastroenterology Journal*, Mar 2021, Vol. 9, No. 2, p. 193-202.

Foster, C. Baki, J. Nikirk, **S. Williams, S.,** Parikh, N., Tapper, E. Comprehensive Health-state Utilities in Contemporary Patients with Cirrhosis. *Hepatology Communications*, Apr 2020, Vol. 4, No. 6, p. 852-858.

Tapper, E., Korovaichuk, S., Baki, J., **Williams, S.,** Nikirk, S., Waljee, A., Parikh, N. Identifying Patients with Hepatic Encephalopathy Using Administrative Data in the ICD-10 Era. *Clinical Gastroenterology and Hepatology*, 2019, Vol. 19.3, p. 604-606.

**Williams, S.,** Patel, N., Lok, A., Konerman, M. Concordance of Vibration Controlled Transient Elastography, Shear Wave Elastography, Non-Invasive Biomarkers, and Liver Histology in a Real-World Clinic Setting (Abstract). *Gastroenterology*, 2019, Vol. 156, p. S-1476.

## PRESENTATIONS

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**Williams, S.,** Dansby, K., Ayers, K., Empowering Community Partners: Expanding Programs for Black Mamas through Research. American Public Health Association Annual Meeting & Expo, October 2024. [Poster Presenter].

**Williams, S.,** Kendall, A.\*, Jackson, D., Richburg, M., Valburn, T., Hill, C., Noel, N. Global Insights: Patient Experiences with Uterine Fibroids – Findings from an International Survey by a Patient Advocacy Organization. American Society for Reproductive Medicine, September 2024. [Poster Presenter].

Dansby, K., **Williams, S.,** Ayers, K. Breaking Barriers: MAMMA's Mission to Support Black Breastfeeding Mothers. Black Maternal Health Conference and Training Institute, September 2024. [Oral Presentater].

**Williams, S.,** Dansby, K., Ayers, K. Empowering Black Mamas: The power of Black-led pregnancy education and support in transforming Black maternal health. Black Maternal Health Conference and Training Institute, September 2024. [Oral Presenter]

**Williams, S.,** Gillespie, C., Yang, T. Enhancing Addiction Medicine Training: Implications for Emergency Medicine Practice. National Medical Association Annual Convention & Scientific Assembly, August 2024.

Examining the Consequences of Intersectional Injustice on Black Women's Wellness Symposium. Society for the Psychological Study of Social Issues Summer Conference, June 2024. [Symposium Presenter]

**Williams, S.,** Ravi, M., Stanhope, K., Rocha, M., Britt, A., Chandrasekaran, S., Smith, A., Carter, S., Michopoulos, V. Race-related stress is associated with low weight and gestational age at birth in a prospective cohort study of Black pregnant persons. Association for Clinical and Translational Science, Las Vegas, NV, April 2024. [Oral Presentation]

**Williams, S.,** Ravi, M., Stanhope, K., Rocha, M., Britt, A., Chandrasekaran, S., Smith, A., Carter, S., Michopoulos, V. Race-related stress is associated with low weight and gestational age at birth in a prospective cohort study of Black pregnant persons. Georgia CTSA Southeast Regional Clinical & Translational Science Conference, Pine Mountain, GA, February 2024. [Oral Presentation]

Byrd, R., **Williams, S.,** Ross, T., Darville II, G., Eatman, J., Goffe, R., Jenkins, L., McDonald, K., Ohanele, C. The Future of Medical Education for URiM Students: Student Narratives Spark Actionable Institutional Solutions to URiM Student Concerns. National Medical Association

Annual Convention and Scientific Assembly, New Orleans, LA, Jul 2023. [Oral Presentation, Poster presentation]

**Williams, S.**, Zeichner, E., Henry, Tracey, Fleurant, M. Reviewing Institutional Anti-bias Interventions – Contributions from the Health Equity Committee. Society of General Internal Medicine Annual Meeting, Aurora, CO, May 2023 [Poster presentation].

**Williams, S.**, Patel, N., Lok, A., Konerman, M. Concordance of Vibration Controlled Transient Elastography, Shear Wave Elastography, Non-Invasive Biomarkers, and Liver Histology in a Real-World Clinic Setting. Presented at Digestive Disease Week, San Diego, CA, May 2019 [Poster Presentation].

**Williams, S.** Community Engagement as a Means towards Global Citizenship. Presented at IES Abroad National Conference, Chicago, IL, Feb 2019 [Session Presentation].

**Williams, S.**, Romans, A. IBD Databank: A Part of the UM Medical School Central Biorepository. Presented at Undergraduate Research Opportunity (UROP) Research Symposium, Ann Arbor, MI, Apr 2016 [Poster Presentation].

\* Presenting author

## WORK EXPERIENCE

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**University of Chicago Medical Center**  
**Resident Physician, Emergency Medicine**

**Chicago, IL**  
**July 2025 - Present**

Provide high-quality, patient-centered care across a broad spectrum of acute presentations in a fast-paced, urban emergency department. Contribute to residency program leadership and engagement through organizing orientation activities and serving on the program's social media team. Participate in quality improvement initiatives focused on enhancing the patient experience and delivery of care within the emergency department.

**Indigo Research**  
**Research Mentor**  
**Capstone Mentor**

**Virtual**  
**June 2024 - Present**

Guided high school pre-medical students through research project development, data analysis, and scientific writing resulting in publication in the National High School Journal of Science, Journal of Allied Health Sciences & Medical Research. Provided mentorship on project design, literature review, and presentation of findings to foster professional growth and research competency.

Supported students in completing capstone projects, emphasizing critical thinking, evidence-based methodology, and academic rigor. Mentored student-led development of Gather & Give, a community-based digital platform and development of an evidence-based nutrition education series for middle school students.

**St. Joseph Mercy Health System**  
**Patient Care Assistant**

**Chelsea, MI**  
**Oct. 2019 - Jun. 2020**

Maintained responsibility for environmental and behavioral rounds, vital signs, assisting with admission and discharge, and patient socialization. Delivered basic age-appropriate nursing care effectively and efficiently. Demonstrated leadership and promoted a positive work environment through the utilization of teamwork, unit competencies, and effective communication.

**Airtime Trampoline & Game Park  
Events Manager**

**Ann Arbor, MI  
Jul. 2017 - Sep. 2019**

Managed the events department of a family amusement corporation with an annual revenue of \$1.5 million and over 30 employees. Oversaw the planning, execution, and supervision of large-scale events. Also, coordinated the development and implementation of departmental and interdepartmental policies.

**Children's Defense Fund Freedom Schools  
Servant Leader Intern**

**Detroit, MI  
Jun. 2016 - Aug. 2017**

Responsible for delivering the Integrated Reading Curriculum to a class of 8-10 scholars from underrepresented backgrounds while developing and implementing an afternoon activity schedule, maintaining constant contact with scholars' parents and school administration, and planning supplement classroom activities.

## **COMMUNITY ENGAGEMENT / VOLUNTEER ACTIVITIES**

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**UChicago Community Champions Program  
Community Champion**

**July 2026 - Present**

Selected as a GME Community Champion, partnering with UChicago Medicine's Urban Health Initiative to strengthen connections between resident physicians and communities across Chicago's South Side. Collaborate with residents across specialties and community partners to promote health equity, increase access to health information and resources, and strengthen meaningful engagement between the academic medical center and the communities it serves.

**Medical Careers Exposure Emergency Preparedness (MEDCEEP)**

**Volunteer**

**Oct 2025 - Present**

Volunteer as a Stop the Bleed instructor, providing hands-on hemorrhage control and emergency preparedness education to South Side community members and students.

**EMRA + PolicyRx Health Policy Journal Club  
Writer / Contributor**

**March 2024 - Present**

Collaborated with EMRA and Policy Prescriptions to review and summarize monthly health policy research articles relevant to emergency medicine practice. Translated complex policy findings into actionable insights for emergency physicians, highlighting implications for patient care, advocacy, and health system improvement.

**The White Dress Project  
Research Committee Member**

**Nov. 2023 – Present**

Engaged collaboratively with The White Dress Project, a leading advocacy organization committed to galvanizing support and promoting national awareness about the fibroid epidemic among people domestically and globally. Actively involved in collecting and analyzing community health survey data to extract valuable insights into the nuanced understanding of fibroid-related challenges, fostering impactful discussions and potential solutions.

### **Emory School of Medicine**

#### **Medical Student Peer Interviewer**

**Nov. 2023 – Jun. 2025**

Selected by Emory School of Medicine faculty for embodying the institution's morals and principles. Entrusted to contribute to the holistic evaluation of prospective medical students, conducting interviews and providing valuable insights throughout the selection process. Serve as a representative of Emory SOM, addressing applicant questions and exemplifying the institution's values during the interview process.

### **Ready, Set, Push**

#### **Volunteer Community Health Data Coordinator**

**Sept. 2023 – Present**

Passionate contributor to Ready, Set, Push, a nonprofit organization dedicated to bridging healthcare disparities by providing free or reduced-cost prenatal education for low-income women and families. Played a pivotal role in the creation of surveys to gather patient feedback and assess outcomes from virtual breastfeeding courses, with the intention of preparing the organization for future grant applications. Collaborated closely with the nonprofit founder to translate valuable information into a user-friendly format for a virtual birthing course, ensuring accessibility for all. Currently, in the preparation phase for a research project, investigating the impact of a virtual birthing and postpartum support group, further contributing to the organization's commitment to maternal and child health.

### **American Medical Association Region Four Advocacy Committee**

#### **Member**

**Aug. 2023 – Aug. 2025**

Proactively contributed to the American Medical Association Region Four Advocacy Committee since August 2023, specializing in organizing impactful events centered on addressing inequities within women's health. Currently leading the ongoing organization of AMA Advocacy Week, a nationally accessible initiative inviting active participation from medical students and pre-medical students, aimed at advocating for positive changes and fostering awareness in the realm of women's health disparities.

### **Atlanta Interprofessional Hotspotting Program**

#### **Direct Patient Support Chair**

**Aug. 2023 – June. 2026**

#### **Team Leader**

Orchestrated and chaired monthly interactive pod meetings with team leads; fostering interprofessional education, collaboration, and effective communication between direct patient support teams and their respective pods. Acted as a liaison between team leads and AISH leadership, contributing to the effective management of hotspotting patients' delicate social needs and barriers to care with an objective of decreasing high-risk patients' emergency healthcare utilization.

### **National Medical Fellowships (NMF)**

**Health Equity Leaders Program Fellow** **Oct. 2022 – Present**

Identified by the NMF as a future health care leader with the knowledge and competencies to promote health equity for medically underserved communities and conduct research that examines and disrupts the systems and structures of historical racism that lead to health disparities that disproportionately impact BIPOC communities. Selected to participate in a self-led research project to assess the quality and quantity of addiction medicine training across U.S. and Canadian medical schools.

**Health Students Taking Action Together (H-STAT)** **Atlanta, GA**  
**Health Equity Fellow** **Sept. 2022 – Present**

Appointed to serve as a voting member of H-STAT's Advocacy Committee and propose and complete a longitudinal project related to a chosen health equity issue. Learned to advocate for health equity-centered policies at the state and local levels. Built connections with health professional students and state-wide advocacy organizations across Georgia to highlight the health equity implications of racial justice, immigration, gun violence, and other key issues.

**Addiction Alliance of Georgia Addiction Medicine Immersion Program** **Atlanta, GA**  
**Program Participant** **Jul. 2022**

Participated in a 5-day integrated Substance Use Disorder (SUD) treatment immersion program consisting of didactic and experiential learning in topics such as Screening, Brief Intervention, Referral to Treatment, Chronic disease model & neurobiology of SUD, and Pharmacology for SUD. Engaged in hands-on learning in intake, level of care designation, recovery meeting facilitation, and medically assisted treatment at a comprehensive SUD recovery center providing care at ASAM levels 1, 2, and 3.

**The Hatchery Center for Innovation** **Atlanta, GA**  
**Incubator Innovator** **Jul. 2022 – Present**

Worked with co-founder of BestiesBox to develop, market, and actualize a haircare subscription service purposed to match women of color with haircare products that work best for their hair type and address their self-identified haircare needs. Attended bimonthly workshops and 1:1 coaching to cultivate myself as a founder and to move my start-up venture toward launch and sustainable growth.

**Student National Medical Association, National** **Virtual**  
**Global Health Fellowship: Medical Spanish Track** **Nov. 2021 – May.**  
**2022**

Participated in a comprehensive program designed to equip fellows with the knowledge and skills to responsively serve under-resourced communities globally. Obtained and demonstrated satisfactory knowledge of global health topics, global healthcare delivery system(s), and medical Spanish grammar and vocabulary, taught by experts in Spanish language, culture, and Health Equity. Collaborated with a colleague to cultivate a research project focused on identifying and providing recommendations for addressing the barriers that perpetuate unique health disparities for various Hispanic populations within the US.

**SOM Diversity Week Planning Committee** **Atlanta, GA**  
**Committee Member** **Oct. 2021 - Present**

Met bimonthly with an interdisciplinary team of students, staff, and faculty with the goal of creating a theme, calendar of events, and speaker line-up that embodies and embraces the diversity of the School of Medicine, while incorporating the voices, knowledge, and experiences of diverse individuals.

**Black Churches Vaccination Initiative  
Student Liaison  
2021**

**Atlanta, GA  
May 2021 – Nov**

Worked alongside Fulton County Board of Health to coordinate medical student volunteers to provide vaccinations at Black churches within the greater Atlanta community, with the goal of addressing the low vaccination rate amongst African American residents of the city of Atlanta.

**Council for the Advancement of Black Voices in Medical Training  
Councilmember**

**Atlanta, GA  
Apr. 2021 - Present**

Conferenced monthly with a group of faculty-nominated student leaders in Diversity, Equity, and Inclusion to better understand and improve the URiM experience at Emory School of Medicine (EUSOM). Explored methods to better understand the Black experience at EUSOM, as well as compiled student knowledge and experiences to curate and inform policies for the advancement of Black students at Emory School of Medicine.

**Grady Food as Medicine**

**Atlanta, GA**

**Grady Health Living, Food as Medicine Student Committee Member  
2022**

**Nov. 2020 – Jan.**

Met monthly from January 2021-present with student leadership in Grady Healthy Living as well as Physician and Community Benefits Leadership to research and investigate various food as medicine initiatives, including degree of patient participation, clinical outcomes, curate and update community resource guides, and develop and disseminate volunteer opportunities within the Food as Medicine Program.

**Michigan Department of Health and Human Services  
Virtual Contact Tracing Volunteer**

**Ann Arbor, MI  
Apr. 2020 - Jul. 2020**

In order to curb the spread of Coronavirus-2019 in the state of Michigan, the Michigan Department of Health and Human Services developed a voluntary task force of medical and public health professionals to assist with contact tracing.

Underwent virtual training in contact tracing and infectious disease precautionary measures. Responsible for contacting individuals who may have come into contact with infected persons and educating them on the proper ways to self-quarantine, signs and symptoms that warrant testing, and how to best contact health professionals should they need Covid-related care.

**Kindred Hospice  
Volunteer**

**Ann Arbor, MI  
Oct. 2017 - Feb. 2020**

Kindred Healthcare is a hospice care provider offering transitional care, home care, rehabilitation, and hospice services.

Visited hospice patients on a weekly to bi-weekly basis to improve patient socialization, communication, and mobility skills.

**Sandcastles Grief Support Program**

**Volunteer**

**2019**

**Detroit, MI**

**Jun. 2017 - Aug.**

Sandcastles is a non-profit organization located in Detroit, MI sponsored by Henry Ford Hospice which aims to give kids a safe place to interact with other kids who have experienced similar losses.

Aided in the facilitation of a summer camp sponsored by Henry Ford Hospice in which 300+ grieving youth were brought together to foster emotional growth, develop long-last support systems, and learn valuable coping mechanisms. Responsible for mindfulness activity set-up and break down, oversight of youth in groups of 10-12, and assisting lead social workers with determined programming.

**Health Promotion at UM**

**Health Outreach Officer**

**2018**

**Ann Arbor, MI**

**May 2017 - Dec.**

Health Promotion at UM is a student-initiated organization whose mission is to improve the health of all people, especially the underserved, through volunteering in the local community and educating the public.

Created and implemented a unique health initiative which further enhance the community by way of health promotion. Organized, facilitated, and managed PUMA, an ESL health literacy course as well as the facilitated hand hygiene lessons to a classroom of 20-30 students varying in age and knowledge.

**PUMA**

**Founder & President**

**2019**

**Detroit, MI**

**Sept. 2018 - May**

PUMA is a student-initiated health outreach initiative consisting of an ESL health literacy course with the ultimate goal being to prepare recently immigrated adults for various interactions within the U.S Health System. Developed and administered an ESL program curriculum, formation of community partners to aid in carrying out programming and secured adequate funding for program success and sustainability.

**PALMA**

**Summer Volunteer**

**2017**

**Ann Arbor, MI**

**Jun. 2017 - Aug.**

PALMA is a twice-weekly tutoring group that helps Spanish-speaking students with their coursework as well as provides basic English as a Second Language instruction.

Offered private tutoring to Spanish-speaking students where classroom lessons were reviewed, homework assistance was provided, and supplemental activities were completed. Supported

Spanish-speaking parents in navigating their child's school system and assistance with parent-teacher communication.

**Asociación Edúnica**

**Mentor**

**2017**

**Madrid, Spain**

**Jun. 2016 - Jun.**

A non-profit sector of the social services in the neighborhood of Los Yébenes of Madrid, Spain, Asociación Edúnica is focused on the successful social, academic, and emotional integration of recently migrated (from within Spain) youth.

Assisted students with their Spanish coursework, facilitated a group session on tolerance and interculturality, and assisted students with any unforeseeable challenges related to familial structures, academics, social support, and beyond.

**Lupus Detroit at UM**

**Co-Founder & Vice-President**

**Ann Arbor, MI**

**Sep. 2017 - May 2019**

Lupus Detroit at UM is a chapter of a non-profit organization based in Detroit, Michigan that engages in community service, fellowship, mentoring, scholarship, and more for the uplifting of Lupus Warriors. The Michigan chapter mimics these goals while also seeking to bring Lupus Warriors together with their allies and fellow warriors in order to foster an environment of inclusivity and to raise awareness.

Collaborated with 3 other University of Michigan students in order to establish a new chapter on the Ann Arbor campus. Chapter establishment included developing Articles of Organization, writing and reviewing campus grant applications, organizing and hosting fundraisers, and ensuring that all chapter functions were in compliance with the founding chapter's policies and procedures. Oversaw all organizational programming, organized events, and spearheaded the outreach and development of community programs.

**Children's Defense Fund**

**Child Defender Fellow**

**Virtual**

**Oct. 2018 - Oct. 2019**

The Child Defender Fellowship is a one-year fellowship and mentorship program for those committed to the advocacy and equity of our youth. The fellowship incorporates guest speakers as well as action assignments that aim to promote active leadership for the betterment of our country's underserved youth.

Participated in a great deal of the offered programming, engaged actively with peer fellows, and satisfactorily completed all action assessments. Built and led a team of individuals committed to invoking community-wide change to counteract the cradle to prison pipeline and subsequently carried out a closing summit with hopes of raising awareness and increasing efforts for the cause.

## **LEADERSHIP POSITIONS**

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**EMRA**

**Vice Chair of the Diversity & Inclusion Committee** **Jan. 2026 – Present**

Serve as Vice Chair, helping lead the committee's strategic direction, programming, and advocacy efforts on behalf of residents and medical students. Co-authored an EMRA statement for World Sickle Cell Day highlighting disparities in sickle cell care, organized a health policy session equipping residents with actionable strategies for policy advocacy, and leading an initiative providing mock interviews and personal statement review to help bridge barriers to emergency medicine residency for students underrepresented in medicine.

**EMRA**

**Health Policy Academy Fellow**

**Jan. 2026 – Present**

Selected for a year-long health policy fellowship focused on federal and state health policy, legislative advocacy, and issues affecting the practice of emergency medicine. Served on the EMRA Reference Committee and as Committee Chair, facilitating review and deliberation of proposed resolutions and helping guide recommendations on policies considered for adoption by EMRA. Engage in resident-focused policy education and advocacy initiatives on Capitol Hill addressing emerging legislative and regulatory issues in emergency medicine.

**Medical Careers Exposure Emergency Preparedness (MEDCEEP)** **Oct 2025 - Present**

Developed and led a multidisciplinary pipeline program designed to increase exposure to emergency medicine and healthcare careers for students on Chicago's South Side. Organized longitudinal clinical shadowing experiences and delivered educational sessions on emergency medicine, point-of-care ultrasound, physical examination fundamentals, clinical skills, and medical school application readiness.

**Minority Pre-medical Society**

**Atlanta, GA**

**Mentor**

**Jan. 2022 - Present**

Exposed minority pre-medical students from underrepresented backgrounds to medicine and connected said students with opportunities and resources to increase the number of URiM minority trainees. Provided personal, professional, and academic support, as well as set a tangible example for underrepresented students in pursuit of a medical career.

**The Solidarity Series**

**Atlanta, GA**

**Founder**

**Sep. 2021 - Present**

Collaborated with students from the Student National Medical Association and the Asian Pacific American Medical Student Association to strategize and conduct an annual three-part event series to explore intersectionality and express solidarity between Asian & Pacific American and Black & African American medical students. Hosted a lecture series and discussion to provide a historical and cultural perspective to Black and Asian solidarity and examine the commonalities between student experiences across cultures.

**Student National Medical Association, Emory Chapter**  
**Fundraising Chair**

**Atlanta, GA**

**Oct. 2022 – Present**

**Academic Chair  
2022**

**Aug. 2021 – Oct.**

**Presidential Advisor**

**Aug. 2021 – Nov. 2021**

Served as an advisor to the newly-elected chapter President, including but not limited to providing instruction on day-to-day chapter operations, giving a thorough overview of chapter finances, and guiding the President elect through the development and implementation of chapter-wide initiatives.

Voted by the general body to transition to Academic Chair to provide ongoing academic support to chapter members and elevate the URiM academic experience at Emory School of Medicine. Thereafter, appointed by the general body to work with a co-chair to plan, organize, and execute fundraising activities to support chapter programming and student sponsorship for the Annual Medical Education Conference. In the first month of office, raised over \$2,000 and created a multimodal fundraising plan to accommodate executive committee's planned programming for the 2022-2023 academic year.

**Emory EMPACT Advisory Board  
Student Advisor**

**Atlanta, GA**

**Sept. 2020 – Nov. 2021**

Appointed as one of five student advisors of the EMPACT Mentorship program by the EMPACT program director. Collaborated with student advisors and the program director to implement programming which provides experiences that foster timely and successful matriculation through medical school to students who self-identify as underrepresented in medicine (URM).

**Young Physician's Initiative at Georgia State University - Downtown Atlanta, GA  
School Leader**

**Aug. 2020 - Present**

Applied and was selected by the YPI Board of Directors as a result of continued dedication to the service and mentorship of high school and undergraduate students in underserved communities, passion for education, and commitment to diversifying the face of medicine. Organized and hosted 3-5 sessions per semester to encourage and support underrepresented minority pre-medical students in their journey to medical school. Sessions included, but were not limited to: medical student panels, medical school application preparation, and personalized academic planning.

**Student National Medical Association, Emory Chapter  
President**

**Atlanta, GA**

**Jul. 2020 – Nov. 2021**

Elected to lead a chapter of a student-led nonprofit organization whose mission is to diversify the face of medicine by supporting current and future underrepresented minority medical students, addressing the needs of underserved communities, and increasing the number of clinically excellent, culturally competent and socially conscious physicians. Highlights include: the continuation of the Racism as a Public Health Crisis resolution in Dekalb and Fulton counties, pushing to change the way that the Emory Department of Medicine uses race in eGFR reporting, working to establish sustainable Pipeline programming, and delivering a school-wide Kwanzaa gala in order to increase inclusivity and morale within the School of Medicine, implementation of community-fostering general body meetings, and establishing sustainable partnerships between Emory SNMA and the AMA. Chosen by faculty to represent the Emory Chapter of the Student National Medical Association at various speaking engagements including, but not

limited to: Asa G. Yancey Inaugural Scholarship Gala and Giving Voice: The Rest of His Story with Dr. Marion Hood.

**Emory School of Medicine Class of 2024 Leadership**

**Atlanta, GA**

**Learning Objectives Officer**

**Jul. 2020 - Mar. 2022**

Selected via majority vote by Emory School of Medicine Class of 2024 students for consistent demonstration of organizational and leadership skills and personal responsibility. Collection and dissemination of resources from upperclassmen to further promote the academic advancement of Emory first-year medical students during the pre-clinical phase.

## **TEACHING ACTIVITIES**

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**Psychiatry Clerkship Near Peer Mentorship**

Guided students in the Psychiatry clerkship by addressing queries, delivering a notable DSM-V Review lecture to enhance diagnostic proficiency, and providing tailored support in refining presentations and mock oral exams.

**Critical Care Clerkship Near Peer**

Proactively address student inquiries and concerns, providing guidance and support throughout the clerkship to ensure a smooth learning experience.

**“Intersectionality: A Facilitated Discussion”, 1<sup>st</sup>-4<sup>th</sup> year medical students, Emory School of Medicine, Atlanta, GA. September 2021.**

Orchestrated and guided a sensitive discussion with Emory medical students from all levels of training about their experiences with racism, bias, and intersectionality.

**“Neurobiology of Addiction”, PSTAR Clinic, Atlanta, GA. May 2022.**

Conducted a 30-minuted presentation and discussion about the current data on the neurobiological pathways undermining substance use disorder and new innovative treatment directions.

**Emory SNMA Step 1 Peer Mentor, 3<sup>rd</sup> year medical students, Emory School of Medicine, Atlanta, GA. November 2022 – February 2023.**

Mentored a 3<sup>rd</sup> year medical student during their dedicated study period for USMLE Step 1.

**YPI Peer Mentor, Georgia State University, Atlanta, GA. November 2020 – Present.**

Responsible for leading 3 educational sessions per semester that include topics such as MCAT preparation, medical school application preparation, and case-based discussions.

**“Psychiatry DSM-V Review”, 3<sup>rd</sup> year medical students, Emory School of Medicine, Atlanta, GA. March 2023.**

Delivered a comprehensive review lecture of the DSM-V diagnoses to 3<sup>rd</sup> year medical students beginning their Psychiatry rotation.

**“Tackling Student Mistreatment: Centering URiM Student Experiences”, Small Group Advisors, Emory School of Medicine, Atlanta, GA. February 2023.**

Invited by Emory School of Medicine’s Vice Chair of Education Medicine to facilitate an interactive discussion-based workshop which provided recommendations for small group advisors’ role in addressing student mistreatment, with a specific emphasis on the experiences of underrepresented students at Emory School of Medicine.

## **SPEAKING ENGAGEMENTS**

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**Emory SNMA Pre-Med Panel, Pre-medical students, Emory School of Medicine, Atlanta, GA. February 2023.**

Shared strategies for navigating the journey to becoming a physician as an underrepresented minority student.

**Intro to Clerkships Panel, 3<sup>rd</sup> year medical students, Emory School of Medicine, Atlanta, GA. February 2023**

Participated in a panel discussion about clerkship requirements and tips for success.

**University of Michigan Barger Leadership Institute Alumni Panel, Undergraduate Students, University of Michigan, Ann Arbor, MI. April 2023.**

Selected from a Barger Leadership Institute alumni directory of over 700+ esteemed and established individuals and invited to speak on a 2-hour panel of 4 University of Michigan graduates. Designated to speak regarding health equity projects, work/life balance in medicine, mentorship, and representation in medicine.

**Addition Alliance of Georgia Promotional Video, Emory University, Atlanta, GA. April 2023.**

Invited to participate in a promotional video for the Addiction Alliance of Georgia. Spoke about experience with the Addiction Medicine Immersion Program, its impact, and the importance of incorporating addiction medicine training into medical education.

**Children's Defense Fund Freedom Schools Servant Leader Intern Development Speaker, CDF Freedom Schools, Inkster, MI. July 2023.**

Invited to speak to current CDF Servant Leader Interns about the hidden curriculum and incorporating race equity into trauma-informed education.

## **AWARDS AND HONORS**

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**IES Abroad 2016 Global Citizen of the Year**

**2016**

**Barger Leadership Institute Fellow**

**2017-2018**

**Ginsberg Center Community Engagement Grant Recipient**

**2018**

Awarded for student-led projects that engage in positive change through social justice education, leadership development, and meaningful service experiences with the community.

**Barger Leadership Institute Student Project Grant Recipient**

**2018**

Awarded to Barger Leadership Institute Fellows for innovative projects that contribute positively to the University of Michigan and the surrounding community.

**Cum Laude**

**2018**

**Children's Defense Fund Child Defender Fellow**

**2018-2019**

Awarded to former Children's Defense Fund Servant Leader Interns for exemplary servant leadership, community engagement, and passion for underserved children.

**National Medical Fellowships Health Equity Leaders Program**

**2022, 2023**

**Emory IHI Healthcare Innovation Case Competition Finalist**

**2022**

**National Black Coalition of Federal Aviation Employees Regional Scholarship**

**2023**

**Georges Benjamin Research Symposium 1<sup>st</sup> Place**

**2023**

Awarded to the presenting individual for research impact and delivery of oral presentation at National Medical Association Annual Convention and Scientific Assembly.

**NMA NIH R13 Scholar**

**2023**

Selected for a poster presentation and to attend Internal Medicine section sessions of the NMA 2023 Annual Convention and Scientific Assembly, as well as engage in professional development programming for early-career investigators.

|                                                                                |             |
|--------------------------------------------------------------------------------|-------------|
| Association for Clinical and Translational Science (ACTS) Scholar Travel Award | 2024        |
| <b>ACTS T32/TL1 1<sup>st</sup> Place Research Award</b>                        | <b>2024</b> |
| <b>Georges Benjamin Research Symposium</b>                                     |             |

## LICENSURE AND CERTIFICATION

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|                                   |                            |
|-----------------------------------|----------------------------|
| DELE B2 Certification (Spanish)   | <b>Feb. 2016</b>           |
| CITI GCP – Good Clinical Practice | <b>May 2017 – 2019</b>     |
| USMLE Step 1                      | <b>Feb. 2022</b>           |
| Basic Life Support                | <b>Feb. 2022 – Present</b> |
| CITI Human Subjects Protection    | <b>Feb. 2023 – Present</b> |
| USMLE Step 2                      | <b>Apr. 2023</b>           |
| USMLE Step 3                      | <b>Oct. 2025</b>           |

## PROFESSIONAL ASSOCIATIONS

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|                                                     |                            |
|-----------------------------------------------------|----------------------------|
| Student National Medical Association                | <b>Mar. 2021 - Present</b> |
| American Medical Association                        | <b>Jun. 2022 - Present</b> |
| American College of Obstetricians and Gynecologists | <b>Nov. 2022 - 2024</b>    |
| American College of Surgeons                        | <b>Jan. 2023 – 2024</b>    |
| American Public Health Association                  | <b>Jun. 2023 – Present</b> |
| American College of Emergency Physicians            | <b>Mar. 2024 - Present</b> |
| Emergency Medicine Residents' Association           | <b>Mar. 2024 - Present</b> |

## LANGUAGES

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|         |            |
|---------|------------|
| English | Native     |
| Spanish | Proficient |

## SKILLS AND HOBBIES

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|                         |                     |
|-------------------------|---------------------|
| Content Creation        | Plant-based Cooking |
| Social Media Marketing  | Vegetable Gardening |
| Graphic Design          | Travel Enthusiast   |
| Small Business Branding | Team Leadership     |
| Project Management      | Budget Management   |

## INTERESTS

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|                                     |                              |
|-------------------------------------|------------------------------|
| Healthcare disparities              | Mentorship                   |
| Adverse Childhood Events (ACEs)     | Representation in medicine   |
| Health literacy                     | Health Advocacy              |
| Inequity in (medical) education     | Spanish language and culture |
| Leadership and personal development |                              |

