

Parth Patel

EDUCATION

University of Connecticut School of Medicine, Farmington, CT May 2026
Doctor of Medicine

Programs: Urban Health Scholar, Certificate in Social Determinants of Health and Disparities

University of Connecticut, Storrs, CT May 2021
Bachelor of Science, Molecular and Cell Biology and Bachelor of Arts, Political Science
Honors: UConn Honors Program, STEM Scholar

POST-DOCTORAL TRAINING/ACADEMIC APPOINTMENTS

NewYork-Presbyterian –Weill Cornell/Columbia University Irving Medical Centers June 2026 – June 2030
Emergency Medicine Resident Physician

Columbia University Irving Medical Center, - New York, NY June 2026 – June 2030
Postdoctoral Residency Fellow

NewYork-Presbyterian Hospital, Weill Cornell Medicine – New York, NY June 2026 – June 2030
Postdoctoral Residency Fellow

LEADERSHIP/COMMUNITY ENGAGEMENT

Emergency Medicine Resident Association (EMRA) Health Policy Committee – National

Chair-Elect

January 2026 – Present

Vice Chair

January 2025 – December 2025

- Selected to serve on the national EMRA Health Policy Committee through which I aid in the organization of programming and events for the committee and work alongside residents to advocate for health policy on behalf of the emergency medicine profession on a national and legislative level.
- Collaborate monthly with residents and medical students to participate in and promote the PolicyRx Journal Club and plan health advocacy programming for the ACEP 2025 conference on the topic of reproductive healthcare and for the ACEP 2026 on the topic of EMTALA requirements.

Connecticut Emergency Medicine Medical Student Council – Statewide

Health Policy and Advocacy Coordinator

July 2024 – May 2026

- Worked with CT EM physicians to promote legislative goals of doctors within our state in addition to working on advocacy efforts for the CT College of Emergency Physicians.
- Collaborating with EM bound medical students in event planning for the council including medical student panels and EMS events across EMIGs at UConn School of Medicine, Yale School of Medicine, and Frank Netter School of Medicine.

Emergency Medicine Interest Group – Farmington, CT

Co-President

May 2025 – May 2026

Treasurer

August 2023 – May 2025

- Organized EM events at our medical school to promote the profession and introduce the field of emergency medicine to our colleagues including the annual Wilderness Medicine Symposium, case review nights, LifeStar tour and panel, M4 advising seminars, and faculty home dinners.
- Oversaw the financial management of events for the interest group in addition to helping plan events like our Wilderness Medicine Symposium and monthly interest group meetings during my time as treasurer

- Recruited students, EM faculty, and community leaders to attend EMIG events and serve as a resource/mentor to EM bound students.

Committee for Undergraduate Medical Education – Farmington, CT

Class Representative

September 2022 – May 2026

- Served as my class representative on the undergraduate curriculum steering committee where I provided feedback and worked on projects to improve the school's medical education initiatives.
- Led the charge of student advocacy on the committee leading to the creation of two independent subcommittees to review the current curriculum and advise changes to best prepare students for Step 1 and Step 2 in the wake of Step 1 moving to pass/fail.

Stage One Subcommittee Member

September 2024 – May 2026

- Worked alongside deans, faculty, and other students to review our school's entire preclinical educational objectives, content, and required readings and videos to best align current practices and the educational needs of our students

Evaluation Subcommittee Member

November 2025 – May 2026

- Collaborated with deans, clerkship directors, and students to reform our current clinical evaluation forms to be more equitable and representative to the clinical performance of students during their clinical rotations.

AAMC Organization for Student Representatives (OSR) - National

Student Representative

September 2022 – May 2026

OSR Liaison to AAMC Group on Institutional Planning

May 2025 – May 2026

- Served as the national student representative for UConn at the Association of American Medical Colleges which includes attending the national medical education conference and reporting back to administration and colleagues in addition to collaborating with students across the nation on medical education initiatives.
- Advocated for student wellness within the OSR with plans to work with other students to expand wellness efforts across medical schools in the country and to provide a collaborative environment to share wellness resources across schools.
- Selected to serve as the national student representative of the OSR on the AAMC Group on Institutional Planning, which is a committee that meets monthly to discuss strategic planning and institutional development for medical schools across the country.

First Generation in Medicine and Dentistry Interest Group – Farmington, CT

Networking/Professionalism Chair

August 2023 – May 2025

- Organized networking events and mentoring experiences for students with a first-generation background to help connect them with upperclassmen and faculty members to help guide them in their medical journeys.
- Led the creation of first year research night to discuss summer research, community service, clinical immersion, and employment opportunities for students.

Medical Minds Matter – National

Executive Director

February 2025 – Present

Programs Director

June 2021 – January 2025

Executive Board Member

October 2020 – May 2021

- Served as the leader of the student run executive team for a 501(c)(3) nonprofit dedicated towards destigmatizing mental health in medicine on the premedical and medical school level as one of the founding members of the organization that was formed in the wake of increased physician suicides and burnout during the COVID-19 pandemic.
- Oversaw programming for the nonprofit including our AnnoyMed anonymous storytelling initiative and our new rendition of our Connection is Prevention expert mental health video series.

American Public Health Association – National

Physical Activity Section Student Liaison

October 2023 – November 2025

- Elected to represent the student section members on the board for the national physical activity section to advocate for our public health initiatives after presenting research in the section for multiple years consecutively.
- Working on collaborating on a book chapter on the topic of mental health for a physical activity publication supported by members of the group.

UConn College of Liberal Arts and Sciences, Student Leadership Board – Storrs, CT

President

September 2020 – May 2021

Vice President of Internal Relations

September 2019 – May 2020

Vice President of Student and Alumni Programming

September 2018 – May 2019

- Managed the planning and execution of college sponsored professional development events for 10,684 undergraduates in the College of Liberal Arts and Sciences.
- Served as a liaison between the CLAS administration including the Dean's Office and the undergraduate student body to enhance student experiences especially during the COVID-19 pandemic.

UConn Asha For Education – Storrs, CT

President

May 2019 – May 2021

Secretary

April 2018 – May 2019

- Led the planning of large events for our school's chapter of an international community service organization with a mission to increase access to education for underprivileged children in India. Spearheaded the creation of our annual Galas, Benefit Concerts, and fundraisers to solicit donations and spread awareness of the organization's mission to increase access to education for underprivileged children in India.

UConn Model United Nations – Storrs, CT

Conference Director

January 2020 – December 2021

Director

January 2018 – December 2019

Assistant Director

September 2017 – December 2017

- Organized a conference for 400 high school students on crisis management, international diplomacy, and negotiations.
- Managed a budget of \$15,000 for the operations and logistics of the conference.
- Moderated committee sessions for high school students to develop their public speaking skills.

RESEARCH EXPERIENCE

Connecticut Children's Medical Center – Hartford, CT

January 2019 – May 2026

Clinical Research Assistant, Emergency Department

- Created two independent health care disparity focused research studies, approved by the SRC and IRB, aimed towards assessing the attitudes of underrepresented children on Medicaid towards physical activity in the emergency department in addition implementing a pre-post educational intervention.
- Conducted research on the impact of COVID-19 on self-harm cases of Connecticut adolescents presenting to the ED with the Injury Prevention Center.
- Enrolled patients from the emergency department into ongoing research projects focused on cyberbullying, violence prevention, and sexual health.

Yale EM ACCELERATE (Advancing Clinical Care and Empowering Research through Technology) – New Haven, CT

Student Researcher

May 2023 – May 2026

- Participated in research that created buprenorphine patient facing educational resources including personalized intake and discharge paperwork for patients initiating buprenorphine in the emergency department to help guide their treatment in the community. This project also included an initial community advisory board to help consider the patient's needs and health disparities that impact the continuation of the medicine after ED stay.

Link Health/A Healthier Democracy– Boston, MA

February 2023 – January 2025

Research Ambassador

- Lead research projects (conference abstracts/publication development) for a nonprofit health organization aimed at connecting people to internet services to improve healthcare access at clinics at Massachusetts General Hospital and local Boston Community Health Centers
- Researched social determinants of health and health informatics including broadband internet access, public housing, civic engagement, voter participation, and its impact on healthcare.

PUBLICATIONS/PRESENTATIONS

- Patel P, Bergman E, Arredondo A. (2026). Extended - Focused Assessment with Sonography for Trauma (eFAST). Medical Student Lecture at Columbia Vagelos College of Physicians and Surgeons, New York, NY, August 2026.
- Galske J, Patel P, Packard B, Herbst MK. (2026). Ocular ultrasound lowers threshold for lumbar puncture in varicella zoster virus meningitis: A case report. *The American Journal of Emergency Medicine*. <https://doi.org/10.1016/j.ajem.2026.03.025>
- Nath B, Levy D, Strycharz H, Sherak R, Gilkes J, Oladele C, Sarpong D, Schoenfeld C, Hawk K, Panthagani K, Patel P, Hooper C, D'Onofrio G, Melnick E, (2026). Community-informed design of personalized patient-facing materials to facilitate ED-initiated treatment of opioid use disorder. *PEC Innovations*. <https://doi.org/10.1016/j.pecinn.2026.100478>
- Patel P, Smith, SR, Jones, R. Physical activity behaviors of adolescents on medicaid presenting to the urban pediatric emergency department over follow-up educational intervention, Oral Presentation at American Public Health Association, Washington DC, November 2025.
- Patel P, Smith SR, Jones R. Investigating Adolescent Physical Activity Level of Medicaid Recipients at an Urban Pediatric Emergency Department, Oral presentation at American College of Emergency Physicians, Salt Lake City, UT, September 2025.
- Patel P, Kuchibhotla S, Martin A. Expanding Digital Equity Through Premedical and Medical School Community Service. Poster presentation at the Association of American Medical Colleges Learn Serve Lead, Atlanta, GA, November 2024.
- Patel P, Smith SR, Jones R. Evaluating the physical activity behaviors of underrepresented adolescents in Hartford, Connecticut: An emergency department study. Oral presentation at the American Public Health Association, Minneapolis, MN, October 2024.
- Patel P, Sankar S, Martin A, Assessing the impact of internet accessibility clinics through Link Health in Boston. Poster presentation at the American Public Health Association, Minneapolis, MN, October 2024.
- Kuchibhotla S, Jain A, Martinez M, Patel P, Jain B, Martin A. Bypassing Paperwork: Text-based Affordable Connectivity Program Enrollment Connects Underserved Communities to Healthcare. Poster presentation at the Society for Academic Emergency Medicine, Phoenix, AZ, May 2024.
- Jain B, Shah A, Patel, P, Kuchibhotla S, Martinez, M, Martin, A. Increasing Access to Telehealth by Enrolling Patients in the Affordable Connectivity Program. Poster presentation at the Society of General Internal Medicine, Boston, MA, May 2024.
- Vallenas, N, Patel P, Guo, S, Bayesian Analysis of Affordable Connectivity Program (ACP) Clinic Enrollment Data in Houston, Texas. Oral Presentation at the American Medical Informatics Association Clinical Informatics Conference, Minneapolis, MN, May 2024.
- Patel P, Young A, Hider A, Papadimitri A, Russel R, Martin A. Link health: Assessing a community-based initiative aimed towards expanding digital access to marginalized patients in greater Boston. Poster presentation at the American Public Health Association, Atlanta, GA, November 2023.
- Patel P, Jones R, Chenard D, Nowobilski MK, Smith SR. Assessing the feasibility of an emergency department physical activity intervention for underserved adolescents. Oral presentation at the American Public Health Association, Boston, MA, November 2022.
- Patel P, Jones R, Chenard D, Nowobilski MK, Smith SR. Receptivity of underserved adolescents to an emergency department physical activity intervention. Poster presentation at the Eastern Society for Pediatric Research, Virtual, March 2022.
- George K, Patel P, Clonan A, Nemesure A, Hunter A. Assessing the relationship between geographic location of residence and self-harm in adolescents. Oral presentation at the American Public Health Association, Denver, CO, October 2021.

HEALTHCARE/VOLUNTEERING EXPERIENCE

Urban Service Track/AHEC Scholar Program – Farmington, CT

Urban Health Scholar

September 2022 – May 2026

- Acquired select clinical training in a collaborative interprofessional community of future healthcare professionals including dental, pharmacy, social work, and physician assistant students focused on promoting health prevention and primary care for underserved communities within Connecticut.
- Volunteered actively in health clinics and health education initiatives in the Greater Hartford community including local urban community healthcare screenings, high school STEM education, dental clinics, and migrant farm worker clinics.

South Park Inn Medical Student Clinic – Hartford, CT

Clinic Volunteer/Manager

September 2022 – May 2026

- Volunteered and led free health clinics at a homeless shelter in Hartford, CT where I have participated in general health screenings, health education, and dermatology clinics.
- Referred patients to appropriate community physicians for further care and ensure follow up care for patients.

Rheumatology Specialist of Connecticut – South Windsor & Farmington, CT*Medical Assistant*

May 2021 – July 2022

Medical Scribe/Assistant Intern

May 2019 – August 2019

- Conducted vitals tests on patients and recorded their history of symptoms and medications to properly assist the doctor by providing them with the patient history to aid in making diagnoses.
- Documented patient visits on EPIC, answered patient calls, aided in pharmaceutical refills, obtained prior authorizations for patients and sent patient referrals.

AWARDS/SCHOLARSHIPS

College:

- Myles Martel '65 Leadership Award, 2019
- Augusta H. Gerberich Scholarship, 2020 and 2021
- Office of Undergraduate Research Supply Award, 2020
- Student Leader of Character Award Finalist, 2021
- Honors Scholar, 2021
- STEM Scholar, 2017-2021

Medical School:

- Sylvia Parkinson Scholarship, 2022, 2023, 2024, 2025
- APHA School Health and Wellness Honorable Mention Student Research Award, 2023
- Thompson Family Foundation Scholarship, 2024
- New England Public Health Training Center Student Stipend Recipient, 2024
- Wellsford and Mildred Clark Medical Memorial Scholarship, 2025
- APHA Physical Activity Section Travel Award, 2025
- APHA Physical Activity Section Student Presentation Award, 2025
- Certificate of Social Determinants of Health and Disparities, UConn School of Medicine

National:

- ACEP/EMRA National Outstanding Medical Student Award, 2026

PROFESSIONAL MEMBERSHIP

- American Medical Association, 2022 - Present
- American College of Emergency Physicians, 2024 - Present
- Emergency Medicine Resident Association, 2024 - Present
- American Public Health Association, 2021 – Present
- Eastern Society of Pediatric Research, 2024 - Present