

LEAH ANN GRINSHPUN, DO, MPH

Emergency Medicine Resident Physician | Health Policy & Physician Advocacy

CURRENT TRAINING

Emergency Medicine Resident Physician | The George Washington University Hospital, Washington, DC | June 2024 - present

- Selected for the Clinical Public Health Graduate Medical Education – Health Policy Track

LEADERSHIP & ADVOCACY

Emergency Medicine Residents' Association / American College of Emergency Physicians | Aug 2020 - present

- Vice Chair, EMRA Health Policy Committee (2026)
- EMRA Leadership Academy (2026)
- EMRA Health Policy Academy Fellow (2025)
- EMRA Representative Council Reference Committee Chair (Fall 2025) and Member (Spring 2025)
- Voting Representative, EMRA Representative Council, George Washington University (Spring 2025, Fall 2025, Spring 2026)
- EMRA Alternate Councilor and Voting Member, ACEP Council (2025)
- Advocated for EM priorities on Capitol Hill through repeated participation in the ACEP Leadership & Advocacy Conference

AMPAC Campaign School, American Medical Association | Sept 2025

- Graduate; completed physician advocacy and political campaign training through a simulated congressional campaign

Healthcare Financial Management Association | Nov 2019 - Nov 2020

- Founded the First Illinois Chapter Mentorship Program through the Membership Committee

EDUCATION & ACTIVITIES

A.T. Still University – SOMA, San Ysidro Health | Doctor of Osteopathic Medicine | May 2024

- Student Osteopathic Medical Association, National Liaison Officer & Financial Director
- Ultrasound Interest Group, Financial Director
- Vet-ER Healthy Democracy Campaign, San Ysidro Health Captain
- Mental Health Ambassador

University of Cincinnati | Master of Public Health, Health Services Management | May 2019

The Ohio State University | Bachelor of Science in Neuroscience, Cellular/Molecular Concentration; Spanish Minor; Honors Program | May 2018

- Stamps Eminence Scholar: selected as 1 of 25 students in the Class of 2018
- Delta Gamma Sorority, Membership Committee
- Student Alumni Council, Alumni Outreach Committee

PROFESSIONAL EXPERIENCE

Account Executive, Medasource | Chicago, IL | Sept 2019 - July 2020

- Developed customized staffing and engagement models for healthcare organizations across HIT, population health management, revenue cycle, clinical engineering, and life sciences

Emergency Department Health Unit Coordinator, The Christ Hospital | Cincinnati, OH | Sept 2018 - Aug 2019

- Supported ED operations by coordinating EHR workflows, facilitating specialist consults, and addressing patient/visitor concerns

SELECTED RESEARCH, PUBLICATIONS & SCHOLARSHIP

Principal Investigator, "Mindfulness-Based Interventions in Addressing Negative Health Outcomes Related to Adverse Childhood Experiences" | ATSU/San Ysidro Health, San Ysidro, CA | July 2021 - Sept 2022

- Designed a community-based study and pilot intervention carried out across the San Ysidro Health System
- Supervised a team of 11 medical students, coordinated among stakeholders, and managed a budget
- Authored a needs assessment, project proposal, funding application, and both IRB applications
- Awards: 1st Place Poster Presentation, National Association of Community Health Centers Expo (2022); 1st Place Oral Presentation, San Ysidro Health Adult Medicine Meeting (2022)

Master's Capstone Project, "Addressing the State of Ukrainian Public Health: An Investigation of Healthcare Policy, Administration, and Delivery, and a Strategic Plan for Improvement" | Odessa and Kiev, Ukraine | May 2018 - May 2019

- Conducted an independent analysis of Ukrainian Health Law and presented findings to attorneys in Ukraine
- Investigated implementation of the Health Law by shadowing and interviewing health providers and administrators
- Delivered a detailed strategic plan addressing health sector weaknesses to Ukrainian public health leaders
- Award: 1st Place Oral Presentation, University of Cincinnati Public Health Conference (2019)

Summer Research Intern, French National Institute of Health and Medical Research (INSERM) | Sorbonne University Medical School, Paris, France | May 2017 - June 2017

- Independently developed protocols to facilitate a major project investigating atherosclerosis
- Assisted in studies within the Research Unit on Cardiovascular, Metabolic, and Nutritional Diseases

Student Research Assistant, The James Cancer Center | The Ohio State University, Columbus, OH | Apr 2015 - May 2018

- Conducted translational cancer research focused on epigenetic regulation and microRNA pathways in cutaneous T-cell lymphoma (CTCL)
- Co-author of peer-reviewed publications:
 - Preclinical Targeting of microRNA-214 in CTCL (*Journal of Investigative Dermatology*, 2019)
 - Diminished microRNA-29b Level is Associated with BRD4-Mediated Activation of Oncogenes in CTCL (*Blood*, 2018)
- Co-author of selected national meeting abstracts presented at the American Society of Hematology and American Association for Cancer Research Annual Meetings, including:
 - Therapeutic Targeting of microRNA-214 in CTCL
 - Diminished microRNA-29b Results in Overexpression of BRD4 and BRD4-Regulated Oncogenes in CTCL
 - Targeting BRD4 Disables IL-15 Oncogenic Signaling in CTCL Via Down Regulation of IL-15 Receptor Complex
 - Epigenetic Disruption of ZEB1 Binding Causes Constitutive Activation of IL-15 in CTCL
 - Genome-Wide Mapping Reveals BRD4 in Regulation of Tumor-Driver Genes in CTCL
- Trained and mentored incoming student research assistants
- Awards: 2nd Place Poster Presentation, OSU Comprehensive Cancer Center Annual Scientific Meeting (2016); 4th Place Poster Presentation, Denman Research Forum (2016)

Investigator, "Public Perception of the Changes in Ambient Traffic Pollution" | University of Cincinnati College of Medicine, Cincinnati, OH | Jan 2013 - Sept 2013

- Co-authored book chapter, "Exposure to Traffic Air Pollutants in a Major U.S. Urban Area with High Freeway Traffic: Has Anything Changed over the Past Decade?" in *Urban Transport*, Ed. C.A. Brebbia, WIT Press, ISBN: 978-1-84564-716-2, Southampton, U.K., 2013

Cincinnati Children's Hospital Summer Undergraduate Research Fellowship (SURF) | Cincinnati, OH | June 2012 - Aug 2012 and June 2013 - Aug 2013

- Initiated and carried out two independent research projects at the Grom-Thornton Laboratory: "The Quantification and Source Analysis of S100 Proteins in Inflammatory Diseases" (2012) and "The Differentiation of Peripheral Blood Monocytes into M1 and M2 Macrophages" (2013)
- Award: 3rd Place Poster Presentation, Association for Women in Science Undergraduate Research Showcase

COMMUNITY SERVICE & OUTREACH

Big Brothers Big Sisters | Feb 2023 - present

Community Health and Resource Fair | San Diego, CA | Aug 2021 - May 2024

- Assisted with health screenings, sports physicals, vaccine administration, breast cancer screening outreach, and patient education workshops

Buckeyes for Save a Child's Heart | Columbus, OH | Aug 2015 - May 2018

- Co-founder and Executive Board Member, Grant/Funding Request Chair, for The Ohio State University chapter of an international organization seeking to provide pediatric cardiac care in developing countries

PassGo | Columbus, OH | Aug 2014 - May 2018

- Co-founder and Work Opportunity Tax Credit Committee Member for student organization connecting underserved populations to job opportunities

SKILLS & INTERESTS

Languages: Fluent Russian; conversational Spanish

Interests: Health policy, physician advocacy, yoga, hiking, travel