

Alberto E. Perez-Sthory

EDUCATION

- **MedStar Georgetown University Hospital**, Health Policy Fellowship Expected Graduation: 06/2028
- **McCourt School of Public Policy at Georgetown University**, Master of Health Policy 07/2026 - 05/2027
- **University of Pennsylvania**, Emergency Medicine Residency 06/2022 - 06/2026
- **Georgetown University School of Medicine**, Doctor of Medicine 08/2018 - 05/2022
- **University of Florida**, Bachelor of Science in Microbiology 08/2010 - 05/2014

Minor in Disability in Society

HEALTH RELATED LEADERSHIP AND SERVICE

Emergency Medicine Residents' Association (EMRA), Health Policy Committee Chair	11/2023 - Present
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- Have had the opportunity to serve as the vice chair and chair-elect; currently serving as the chair of the health policy committee
- Organized events relevant to Health Policy in emergency medicine, particularly regarding LGBTQ+ and immigrant/refugee health
- Helped run the EMRA+PolicyRx Health Policy Journal Club, recruiting writers and facilitating monthly articles within the resident-run magazine

American College of Emergency Physicians (ACEP), EMRA Representative for the Access, Belonging and Community Section
03/2025 - 03/2026

- Formerly known as ACEP's Diversity, Inclusion, and Health Equity section
- Have had the opportunity to represent EMRA within ACEP and worked on projects to promote diversity, equity, and inclusion within the organization and specialty

American College of Emergency Physicians (ACEP), *Health Policy Intern* 10/2025 - 11/2025

- Worked at the ACEP Washington, DC office in advancing federal health policy initiatives affecting emergency medicine
- Collaborated with health policy staff to develop legislative messaging, advocacy strategies, and policy communications for emergency physicians
- Worked closely with the National Emergency Medicine Political Action Committee (NEMPAC) to promote resident physician engagement in advocacy and political action initiatives.
- Participated in strategy discussions on legislative and regulatory issues impacting emergency physicians and patient access to emergency care.

UPenn EM Residency Program, *Recruitment & Outreach Chair* 08/2023 - 03/2025

- Spearheaded the recruitment and outreach efforts of the residency program
- Connected and recruited medical students with the goal of encouraging them to do a sub-internship at the University of Pennsylvania Department of Emergency Medicine
- Represented the residency program at national conferences, such as ACEP, SAEM, LMSA, SNMA/AMEC, among others

UPenn EM Residency Program, Social Media Coordinator 08/2023 - 03/2025

- Managed and updated the residency's social media platforms
- Spearheaded social media campaigns, including Meet the Interns, Senior Spotlights, Hispanic/Black/LGBTQ+/AAPI/Women History Month, among others
- Worked with program leadership to update residency website and develop content

Puentes De Salud Clinic, Resident Physician Volunteer 08/2023 - 08/2025

- Currently acting as a resident physician volunteer and helping provide free medical services to the underserved, immigrant Latino population of Philadelphia

Gold Humanism Honor Society - Georgetown University SOM Chapter, President 05/2021 - 05/2022

- Organized monthly service projects that were focused on women's health, immigrants and refugees, LGBTQ+ community, and families facing homelessness
- Expanded the social presence of the chapter
- Organized a blood drive to address the nation's blood product shortage and brought attention to the FDA's anti-discriminatory practices against the LGBTQ+ community

Georgetown University SOM Student Government, Vice President 05/2020 - 05/2021

- Oversaw over 75 student organizations and their student leaders
- Spearheaded the student government diversity & inclusion agenda
- Established a committee between student government and the Office of Diversity, Equity, and Inclusion with the means to increase diversity and promote inclusivity within the student body
- Involved in the search and interview process of the new Dean for Medical Education position
- Created an online platform where student organizations could have 24/7 access to their club standing

HOYA Clinic, Strategic Planning Coordinator 11/2018 – 12/2019

- A pro-bono clinic that brings quality healthcare to the underserved population of D.C.
- Collaborated with fellow co-coordinators on the relocation of our student-run clinic and reopening of clinical services at the Triumph, a transitional housing unit located in Ward 8
- Proposed workflow and floor plans for future clinic operations, suggesting modifications as clinical services were up and running
- Managed the clinic during its hours of operation on Tuesday evenings
- Oversaw the clinic's fundraising committee where more than \$10,000 was raised to purchase toys for underprivileged children living at the shelter
- Organized and coordinated the onboarding process of new and returning volunteers
- Managed the clinic's social media platforms, assisted with flu clinics, and managed follow-up care for patients, including lab results and referrals

Population Health Interest Group, President 04/2019 – 03/2020

- Exposed Georgetown members to the field of population health through various speaker events, journal club meetings, mentorship, and health policy workshops

Advocates for World Health - University of Florida Chapter, President and Advisor 04/2012 – 05/2017

- Presided over all meetings of the organization and coordinated the work of the officers
- Spread awareness concerning the deficiencies of medical supplies in underdeveloped nations
- Worked with local facilities and hospitals in Alachua County as well as the state of Florida in order to prevent viable medical products from entering the waste stream by redistributing them to those agencies in need
- Collected hundreds of thousands of pounds of medical supplies
- Promoted the organization around universities and recruited new volunteers, increasing the attendance at general meetings by over 400%

MENTORING AND TEACHING EXPERIENCE

Gross Anatomy, Enrichment Learning Facilitator, Coordinator, and Tutor 01/2018 – Present

- Facilitate review sessions for underrepresented minority students at Georgetown University School of Medicine, who are in the pre-medical track and taking gross anatomy courses from the first-year medical school curriculum as part of their post-baccalaureate pipeline program
- Act not only as a tutor but also as a mentor to students in the pipeline program

Science Through Engagement, Action, and Mentoring (STEAM) Program, Resident Lead 09/2023 - 06/2026

- Pipeline program that provides mentorship to 6-8th grade students and introduces them to the field of medicine
- The ultimate goal is to develop student leaders who will become leaders in healthcare and serve underserved communities like the ones they grew up in

Georgetown Student Mentor Program (GSMP), Mentor 08/2019 – 05/2022

- Mentored underclassmen, particularly first- and second-year medical students

Students Helping Aspiring Physicians Excel (SHAPE), Mentor 01/2019 – 05/2022

- Provided mentorship opportunities to underrepresented minority college students at Georgetown University who have aspirations of pursuing a career in medicine

Gateway Exploration Program (GEP), Mentor 08/2020 – 08/2021

- Mentored underrepresented minority high school students who have aspirations of pursuing a career in medicine

RESEARCH EXPERIENCE

Population Health – Improving Transitional Care Management in a Primary Care Setting

- Conducted a manual audit of CRISP's encounter notification services (ENS), which allows providers to be alerted to their patients' admissions, discharges, and transfers
- Audit revealed missing and duplicate notifications of discharges, contributing to lower follow-up appointments with a primary care doctor in the practice and higher emergency room readmission rates
- Implemented a new transition of care workflow plan, altered the transition of care template on the practice's EHR, and reduced ENS alerts to one detailed notification per discharge

PUBLICATIONS, PRESENTATIONS, AND CONFERENCES

Perez AE, Schwartz S, Wood N. *Improving Transitional Care Management in a Primary Care Setting*. Poster presented: Research Capstone at the Embassy of France; October 10, 2019 in Washington, D.C.

Perez AE, Schwartz S, Wood N. *Improving Transitional Care Management in a Primary Care Setting*. Poster presented: Annual Research Conference at Georgetown University SOM; April 30th, 2022 in Washington, D.C.

Perez AE, *Introduction to Point-of-Care Ultrasound Workshop*. Presented at the Latino Medical Student Association (LMSA) 2023 National Conference; September 14-17th, 2023 in Atlanta, Georgia

Perez, AE, *Humanism in Medicine*, Presented at Georgetown University School of Medicine; October 26, 2023

Perez AE, *The Society for Academic Emergency Medicine*; May 14-17th, 2024 in Phoenix, Arizona

Perez, AE, *LGBTQ+ Health and Policy: Transgender and Gender Non-conforming in the ED*. Presented at the Emergency Medicine Residents' Association with the Health Policy Committee; June 18th, 2024 in Washington, D.C.

Perez AE, *Health Undocumented: Exploring the Intersection Between Healthcare and Immigration*. Presented at ACEP Scientific Assembly 2024 in Las Vegas, Nevada, on September 30th, 2024

Perez, AE, *Leadership & Advocacy Conference (LAC) 2025*, April 27th - 30th in Washington, D.C.

Perez, AE, "Transgender Health in the ED," EMRA+Policy Rx Health Journal Club. Published on August 18th, 2025. <https://www.emra.org/emresident/article/hpjc-transgender-health>

Perez, AE, *Post-Roe Emergency Medicine: Addressing Today's Crisis in Reproductive Health Care from the ED and Beyond*. Presented at the ACEP Scientific Assembly 2025 in Salt Lake City, Utah, on September 8th, 2025

Perez, AE, "The Chilling Effect: Changes in Healthcare Use Among Undocumented Patients, 2014-2018," EMRA+Policy Rx Health Journal Club. Published in November 2025, <https://www.emra.org/emresident/article/hpjc-anti-immigration-rhetoric>

HONORS AND AWARDS

UPenn Department of Emergency Medicine Health Policy Award; Recipient; recognition given to a graduating senior resident who has demonstrated community-minded and grassroots-oriented political involvement in health policy

Augustine D'Orta Humanism Award, Recipient; this award honors a resident physician who demonstrates outstanding community-minded, grassroots-oriented political involvement in health policy or community issues

Save of the Month - March 2025 and March 2026, Recipient; recognition given to an EM resident for his/her leadership and clinical judgement that prompted early interventions to save a patient's life

Press Ganey Survey 2025 Recognition, mentioned by name in the patient satisfaction survey for helping create a remarkable experience for patients seen in the emergency department at the Hospital of the University of Pennsylvania

2025 Penn Pearl Teaching Award, Recipient; award given by the Perelman School of Medicine to a recipient who has made a significant impact on the professional development and educational journey of medical students

2024 EMRA/ACEP Resident - Fellow Health Policy Elective in Washington, DC Award, Recipient; award given to a recipient who has demonstrated interest in making a difference in healthcare policy as well as his/her leadership skills. This award helps provide the opportunity to refine the recipient's advocacy skills with hands-on experience on Capitol Hill

2023 Georgetown University SOM Gold Humanism Honor Society Induction Ceremony, Keynote Speaker; selected to be the keynote speaker for the chapter's induction ceremony where I delivered a speech emphasizing the importance of humanism in medicine

2022 Leonard Tow Humanism in Medicine Award, Recipient; an award that recognizes a graduating medical student who has demonstrated both clinical excellence and outstanding compassion in the delivery of care

Population Health Scholar Track, *Scholar*; a three-year longitudinal curriculum at Georgetown University SOM that aimed to apply population health concepts to clinical practice, including practical training experiences, completion of a population health research project, and special distinction at graduation

2020-2021 Executive Student Council Member of the Year, *Recipient*; award given to a member of the Georgetown University School of Medicine student government who has demonstrated extraordinary leadership, altruism, resilience, and commitment to the professional development of his/her fellow colleagues

Golden Apple *Cura Personalis* Award; The *Cura Personalis* Award recognizes exemplary individuals who embody the spirit of professionalism and *Cura Personalis* (“care of the whole person”) both in and out of the classroom

Gold Humanism Honor Society, *Member*

2018 and 2019 Georgetown IronMed Sprint Triathlon Team, *First-place finisher*

EMPLOYMENT

University of Pennsylvania, *Emergency Medicine Resident Physician* 06/2022 – 06/2026

UF Health Shands Hospital Emergency Room, *Scribe (full-time)* 04/2015 – 04/2017

- Worked with over 40 University of Florida healthcare providers and assisted in the care of over 3,500 patients
- Documented the physician-patient encounter, medical decision making, lab and X-ray results

Munroe Regional Medical Center Emergency Room, *Scribe (part-time)* 06/2014 – 03/2015

- Worked with 10 healthcare providers and assisted in the care of over 2,000 patients

PROFESSIONAL ASSOCIATIONS

Society for Academic Emergency Medicine

American College of Emergency Physicians

- Young Physicians Section
- Access, Belonging and Community Section
- Emergency Medicine Practice Management and Health Policy Section

Emergency Medicine Residents’ Association

- Health Policy Committee

American Medical Association

INTERESTS & SKILLS

Languages: Fluent in Spanish (Native Speaker); Fluent in English

Athletics: Competitive swimming (>20 years)

Hobbies: Swimming, hiking, cooking, smoothie fanatic, decorative thimble collector (family tradition), dancing (salsa, merengue, bachata, and Venezuelan *joropo*), and world traveler