



BULLETIN

CALIFORNIA SOCIETY OF PEDIATRIC DENTISTS

Winter, 1990

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PRESIDENT'S MESSAGE

It's January 30th 1990 and I have just finished reading the February 5, 1990 NEWSWEEK article on "The Flouride Risk."

By the time this reaches you I'm quite sure there will be some fallout on this matter.

Your Board recently decided to prepare an accurate accounting of flouridated water in California and to pass this report along to our Pediatric friends as an aid in their prescription of fluoride supplements.

To put this together will require many members and I hope all who can help—will help. We will be asking for volunteers at the Santa Barbara meeting.

This is the last issue of the Bulletin for my term and I want to sincerely thank all of the Board and Committee members for their tireless help in working with the problems and opportunities that confront us as Pediatric Dentists.

I wish President-Elect Mike McCartney well and I know that under his leadership many good works will be accomplished.

*Sincerely,
Dick Pace*

CSPD ANNUAL MEETING MARCH 29 - APRIL 1, 1990

The CALIFORNIA SOCIETY OF PEDIATRIC DENTISTS will be holding its 15th Annual Meeting March 29, 30, 31, and April 1, 1990. The elegant and recently completely refurbished Four Season's Biltmore and sunny Santa Barbara will provide the ideal backdrop for a mixture of education with fun and relaxation for CSPD members and their spouse/guests.

CONTINUING EDUCATION

Michael Imberman, DMD
Assistant Professor
Dept. of Periodontology, USC

- Perio for children
- Asked to cover prevention, pathology, and ulcerative lesions in children from a periodontists viewpoint.

Patrick K. Turley, DDS, MS
Associate Professor
Dept. of Orthodontics, UCLA

- Orthodontics
- Interceptive orthodontics
- Subject matter will be clinically oriented.

WORLD FAMOUS CSPD PANEL DISCUSSION

CSPD members Gerry Kirshbaum, Warren Brandli and Paul Reggiardo will present the model for and findings of a pedo study club. Subjects to be discussed:

- Office coverage agreement for disability or death
- Pedo office overhead expenses - effects of pedo and/or ortho associates on net income
- Infection control - what is really being done!
- Ethical questions in pediatric dentistry

OTHER ACTIVITIES

Exhibitors: Some exhibitors of commercial products and services of interest to pediatric dentists will be present as sponsors.

Table Clinics will be presented with continental breakfast on Sunday morning from 7:30 to 9:15 a.m.

Office Forms Notebooks: All members are asked to make and bring to the meeting their own office forms binder for sharing. This has been a great success in the past and is now a part of the AAPD Annual Meeting - with other components sharing their ideas and forms.

RECREATION

The Biltmore Hotel, Pacific Ocean, and surrounding Santa Barbara area offer an endless opportunity to shop, sightsee, or just relax on the beach or by the pool. The hotel provides nightly dancing and a world-class concierge service can find the perfect restaurant to meet your tastes.

We will have the traditional 5K fun/walk with a special twist. There will be a golf and tennis tournament Sat. afternoon and a North vs. South volleyball contest Friday afternoon. If you have a favorite restaurant or activity in the Santa Barbara area send it to me and we'll include it in the list we are gathering.

**DON'T MISS THIS MEETING!
MARK YOUR CALENDARS NOW!
March 29, 30, 31, and April 1, 1990**

Mike and Clarene McCartney

Fluoride Information Project

At the January meeting the Board of Directors of CSPD voted to make a special mailing to the Pediatricians in California informing them of fluoride levels in the water supplies throughout California. This information will be sent with a cover letter discussing fluoride dosage levels as well as appropriate questions to ask to determine the proper dosage for each child. Also included will be an explanation of our concerns with Mead-Johnson's Vi-Flour Assure Program promotion. (We are concerned with the increasing incidence of fluoride mottling in our patients.) This information will also be provided to each dental society in the state.

This will be a difficult project. We must have the exact fluoride levels in every water district in the state. We must create the "recipe" for figuring the proper dosage for each child. CSPD has assumed the responsibility for this task because in the arena of child advocacy it is our obligation to set the standard of care on children's dental issues.

Jack Faia has been given the responsibility for organizing, printing and distributing this information. Members throughout the state may be called on for help in gathering the information on fluoride levels from the water districts. Please be prepared to help. Volunteers will be appreciated.

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PEER REVIEW REPORT

C.S.P.D.'s Peer Review Committee received thirteen cases in 1989. Two cases were resolved in favor of the dentist and 4 cases were resolved in favor of the patient. Four cases (initiated by one parent on behalf of his four children) were closed prior to resolution when the parent withdrew the cases to pursue civil litigation instead. The remaining three cases were resolved by the dentists involved prior to a peer review decision and were withdrawn by the initiating parties. There were no appeals of any of the decisions.

Ten cases originated in the North and 3 cases originated in the South this year.

Six cases involved the quality of restorative dental care; six cases involved orthodontic care; one case involved patient management technique.

Members are reminded that, as specialists, they are entitled to peer review by our specialty committee. Last year, two cases involving pediatric dentists were resolved by local component dental society peer review committees by error of the local dental societies. Should you be involved in a peer review case and have any question that the case is not being resolved by your speciality society peer review committee, please contact the executive secretary, and Board member, or any member of the peer review committee. Your peer review committee will then confirm that specialty review is being utilized.

The committee wishes to acknowledge and thank the following members who served on CSPD examining panels and review committees in 1989: Lonnie Lovinger, Richard Mandelaris, David Markle, James Musser, Timothy Pettit and Richard Sobel.

Paul Reggiardo,
Chairman, Peer Review

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UCLA Alumni Day

The 20th annual UCLA Pediatric Dental Alumni Day will be held June 1, 1990. All past faculty, staff, and postdoctoral students from UCLA, Harbor General Hospital, and Martin Luther King Hospital are encouraged to attend this meeting. If you haven't received a mailing regarding this event please contact Susan Brule at the UCLA Children's Dental Center (213) 825-5561. Please set aside June 1, 1990. Further mailings will be forthcoming.

BULLETIN

CALIFORNIA SOCIETY
OF PEDIATRIC DENTISTS
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EDITOR
Suzanne P. Berger, D.D.S.

CONTRIBUTIONS

CSPD Members are encouraged to contribute to the Bulletin. Articles, letters to the editor, or other items of interest are welcome.

Science States "Help Others, Help Yourself"

As you know, from various research articles and health newsletters, optimism and a sense of control over life's events seem to contribute to health, well-being and longevity. Several long-term studies of large communities have shown that people with strong family and social ties, particularly those that invoke work for and work with other people in the community (such as voluntary organizations), tend to be healthier than those who live in isolation. While many people might say that helping others is reward in itself, several researchers have begun to wonder whether altruism actually benefits the altruist as well. Some animal research does suggest that when rats, for example, help or protect their kin, the action causes the altruists brain to produce endorphins while antisocial behavior has the opposite effect. However wonderful and appealing this notion may be, obviously there is no evidence yet to show that the same thing happens in humans.

A recent conference of physicians and social scientists at the Institute for the Advancement of Health in New York, proposed the theory that altruism and generosity, (particularly when the helper observes the beneficial effects in others) might reduce feelings of helplessness and depression and thus enhance health. Some evidence cited came from a questionnaire distributed to a woman's national volunteer organization. Women who came into direct contact with those aided reported a strong and lasting sense of satisfaction, exhilaration and an increased sense of self-worth with accompanying fewer aches and pains. While considering that this evidence is not definitive or specific, this

conference did propose that helping others is one way of achieving social connectedness and counteracting loneliness. These researchers had documented that social connectedness has been shown to be associated with good health.

As important element appears to be freedom of choice, that is, if you volunteer to read to patients at a local hospital, for example, it may make you happier than a simple task that you are obliged to do. Also, personal contact is important. Donating money to a good cause may not be as satisfying as actually going and doing something for someone. A long and forgotten wise man once said that nobody can help another without helping himself, which may be as solid a foundation for the Golden Rule as we need. If you are thinking of making a new year's resolution, you might resolve to find out what you can do to volunteer. It might have a double reward, for the people you help and for yourself.

The Pediatric Dental Society falls into the exact requirements that the researchers and social scientists have proposed for altruism, volunteerism and the helper's own good health. This research may be specifically what C.S.P. needs as support that volunteerism, involvement, and one-to-one participation will improve the health of the dentists in our society.

Jac W. Pederson

Members In The News

Governor George Deukmejian today announced the appointment of Roger T. Erickson of Pebble Beach as a member of the State Maternal Child and Adolescent Health Board.

Erickson, 64, replaces Warren E. Brandli of Irvine, whose term expired.

He has maintained a private dental practice since 1959.

Erickson is a member of the American Dental Association, the California Dental Association and the California Society of Dentistry for Children.

He received his bachelor's degree in pharmacy from the University of California, San Francisco in 1952 and his doctorate degrees in dentistry and pharmacy from the University of Southern California in 1953 and 1959, respectively.

Erickson will serve a three year term. He is a Republican. Members are compensated for necessary expenses. The position does not require Senate confirmation.

CALIFORNIA PEDIATRICIANS SUBSCRIPTIONS

Through the courtesy of the California chapter of the American Academy of Pediatrics, all CSPD members will be receiving a subscription to *California Pediatrician* as a membership benefit. This excellent and provocative journal is the official publication of California pediatricians and CSPD has been a frequent contributor. Those of us familiar with *C.P.* will no longer have to borrow our pediatrician colleague's issues. If you've never read *California Pediatrician*, be prepared to truly enjoy a unique and philosophical approach to pediatric medicine and child welfare. I'm sure their Editor-in-Chief, Marv Auerback, M.D., and your local pediatricians will appreciate hearing about it from you.

Suzanne Berger
Editor

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USC ANNOUNCES ITS 3RD ANNUAL PEDIATRIC DENTAL ALUMNI DAY

On Monday, June 25th, 1990 at the Davidson Conference Center at USC, the Pediatric Dental Alumni Association will sponsor Jay A. Anderson D.D.S., M.D., Assistant Professor, Schools of Dentistry and Medicine of the University of North Carolina. Dr. Anderson will present "State of the Art Respiratory Monitoring For 1990." Lunch and seven CE credits will be given. Dental residents will present their completed research projects. On such topics as: HIV infection in children, effect of laser on dental tissues, and various projects on infection control. For further information contact the Pediatric Dental Office at USC, room 304A, (213) 743-7265.



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Dental Volunteers For Israel

Dental Volunteers For Israel is celebrating its 10th Anniversary at an International Dental Congress which will take place April 22-27, 1990 in Jerusalem: "The Contribution of Dentistry to the Community and the Individual."

Lectures will be given by well-known professors from Europe, U.S.A. and Israel on the following topics: Pedodontics, Community Dentistry, Periodontics, Endodontics, Prosthodontics, Orthodontics.

Special social programs and tours will be organized for the participants and their families.

For further information please write to: Dr. Arnold Mars, 152 W. 77th Street, New York, NY 10024, Tel: 212-752-8730.

Travel Agent: ISRAM SOUTH, Ms. Yaelle Goldschmidt, 420 Lincoln Road, Suite 448, Miami Beach, Florida 33139; Tel: 305-672-0011.

LOCATE YOUR CALENDARS - BLOCK OUT THE TIME

OUR 1991 MEETING WILL BE IN PARADISE



April 11-14, 1991

Big Island, Hawaii

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- II. Habit Intervention
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- III. Practical Infection Control for the Pediatric Dental Practice



Reserve time for pre or post meeting trips, or extend your stay at this fantasyland resort. All Hawaii Hyatt Hotels will be at a discounted rate.



CSPD EDITOR SOLICITS MATERIAL FOR PUBLICATION

In the course of schmoozing with your colleagues, a lot of very good hints get kicked around. Why not share them with a broader audience, your CSPD colleagues? Drop your CSPD Editor a note with your idea. She loves mail!

For example, this sample of a dental appointment absence note for schools has proven useful for Drs. Groper and Berson in quieting parent and school objections to scheduling dental visits during school hours (aka normal business hours).

_____ , 19 _____

To the Attendance Office:

_____ Pupil's Name _____

Had an appointment at this office

from _____ to _____ , for

necessary dental services,

Reference is made to Section 16486A of the Education Code, which states:
 "No absence of a pupil from school for the purpose of having dental service rendered shall be deemed an absence in computing daily attendance."
 Respectfully yours.

By _____

Classified Ads

All members are invited to place free classified ads. Non-members must pay \$25. Send typed information to the editor. **If you do not contact the editor to continue your classified ad, it will automatically be discontinued.**

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