

CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY

BULLETIN

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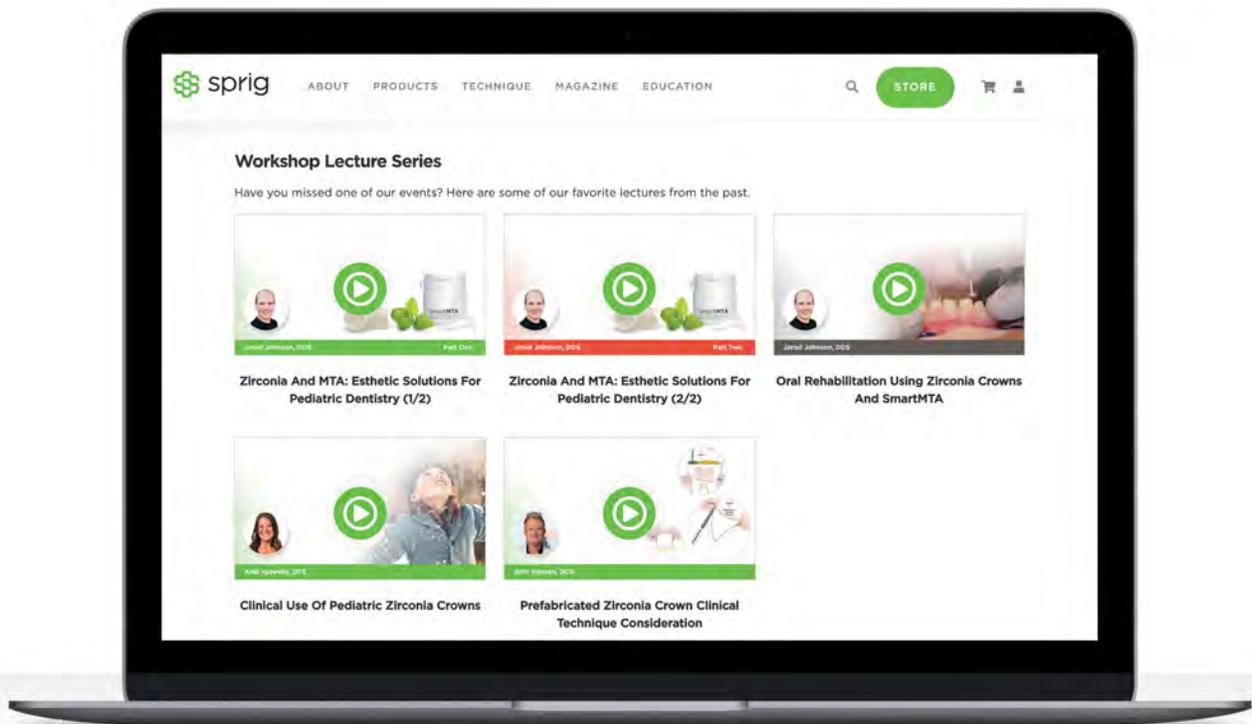
Annual Meeting News





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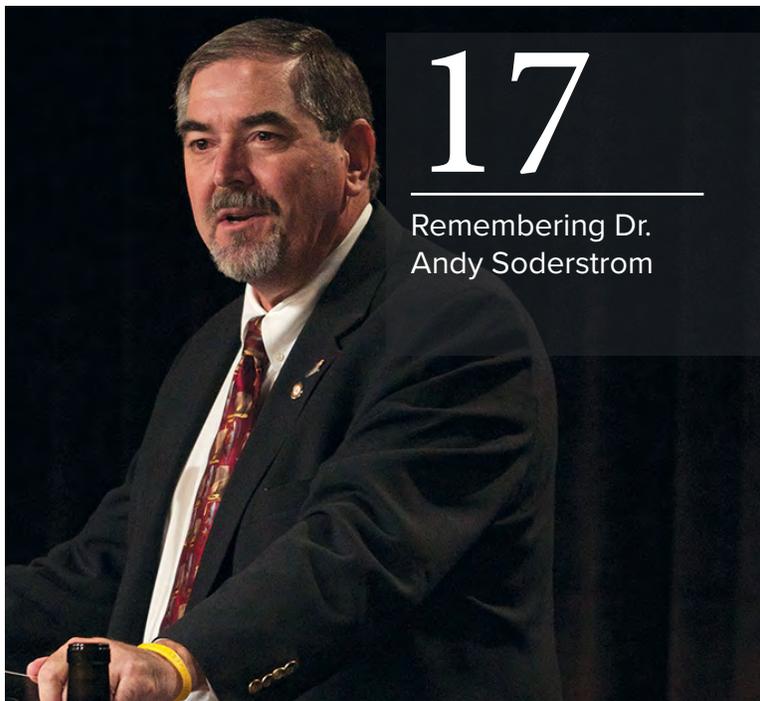
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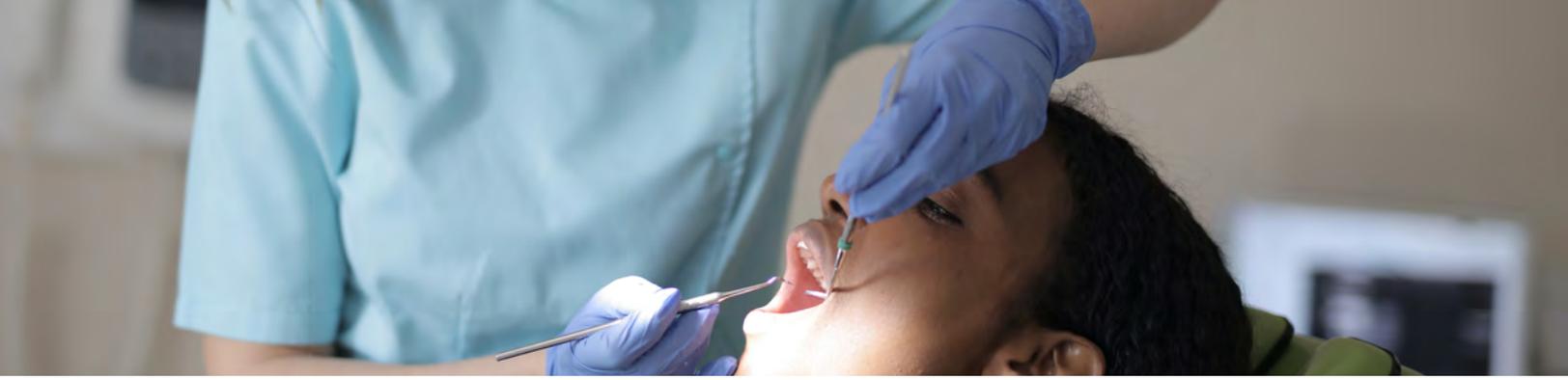
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PRESIDENT'S MESSAGE



THE NEW NORMAL

— Dr. Nancy Hsieh - President

As we adjust to the new normal, it's supposed to feel good to be back in our offices and providing care for the children of California. Most days, I am grateful to be able to provide this specialized care, and some days, I can't help but feel overwhelmed. With all the new PPE, protocols and responsibility

to keep ourselves, our team and our patients safe, our own mental health becomes more and more important as Covid-19 cases continue to rise in our state. We all must be mindful of provider burnout. In times of crisis, self-care can be easily forgotten, but it is a necessity to continue providing excellent pediatric dental care. This can range from something simple like going out during lunch to get some sunshine and fresh air, to the always recommended exercise and healthy eating, to my personal favorite of talking with colleagues and friends to share burdens and to fill your spirit. In my family, we have also implemented no electronic Sundays. Despite some resistance from my youngest, it has become a time to disconnect from our devices and reconnect with each other. One thing I know for sure is that with "practice", a good attitude, and the will to do the right thing, all of this will get easier.

Here is an update of what the CSPD team of volunteers have been working on this past quarter to take care of you and our profession.

Let me start off with introducing our newest board members:

- **Dora Lee** is practicing in Southern California. She brings qualifications of serving on her local dental society and an interest in legislative activities. She provides a thoughtful and inquisitive approach to the issues at our board meetings.
- **Shan Girn** is practicing in Northern California. As a former Warren Brandli Intern and former GSLA Intern, he brings a perspective of one who works in a Federally Qualified Health Center, which serves primarily Medical patients.
- **Gary Sabbadini** is a returning board member practicing in Northern California. He brings a wealth of previous CSPD knowledge and a process oriented, "get it done" attitude.

CSPD Committees are also hard at work and you will see some of them highlighted in this Bulletin. Our Online Continuing Education Committee (OCE) is updating our learning management platform as well as the educational content. Committee Chair **Gary Sabbadini** is working side by side with web site editor and long standing OCE Director **Steve Niethamer**. These upgrades will provide a better user experience and new CE. Watch for our kick off and new online CE in the next couple of months. Patient Services Chair **Catherine Pham** and her committee released the first Emergency Protocol Handbook. Look for that in the members only section of our website for this useful reference.

"One thing I know for sure is that with "practice", a good attitude, and the will to do the right thing, all of this will get easier."

The Annual Meeting Committee chaired by **Ora Lowe** and Vice Chair **Tom Tanbonliong** are doing double duty and moving forward optimistically for an in-person annual meeting set in Palm Desert March 18-21, 2021. They are also planning virtual options. They have some great speakers lined up and are planning potential hybrid models for our upcoming Annual Meeting. And always at work for you is the Membership Services Committee, chaired by Secretary **Kim Nichelini**. By zooming into the pandemic with three wonderful webinars, they continue to brainstorm on what you, our members, would benefit from. Never a dull moment in the legislature, our Public Policy Advocate, **Natalie Mansour**, is keeping us abreast of bills that affect us and the children of California. Our American Academy of Pediatrics Liaisons (**Kim Nichelini, Catherine Pham, John Guijon, Neek LaMantia**) are hard at work continuing to keep open lines of communication with our pediatric medicine colleagues.

As you can see, CSPD is made up of volunteers who give their free time to improve our profession. Friendships are made and new voices are crucial to our growth. Here is a glimpse of areas with upcoming application deadlines.

- At the AAPD level, the Western District Trustee position will be up for election later this year. Application deadlines are in August.
- November will be application deadlines for Board of Director positions at CSPD.
- January 2021, Committees will be forming and appointments being decided.

Organized dentistry is more important now than ever. In order to stay strong and innovative, we need you to get involved. Start here with CSPD! Let us know you are interested in serving. Go on our website and put in an application today.

I want to finish off by pointing out the many things we can be grateful for:

- Under the new Foundation President, Don Schmitt, the CSPD Foundation made a one-time generous donation of \$25,000 to CSPD to upgrade our Online Continuing Education Learning Management System. This will directly benefit you for that last-minute CE you may need or the course you wanted to brush up on from one of our most recent Annual meetings.
- AAPD generously sent members KN-95 masks at no cost.
- Along with AAPD, CSPD's fiscal year starts in July and is traditionally the time we invoice for dues. This year, we are delaying the invoicing until August and have extended the deadline to pay from Oct 1st to Nov 1st. We will also offer members the ability to pay in quarterly installments upon request.
- And most importantly, we are grateful for you, our members. You are doing it. Tackling the pandemic and keeping your heads up!

In this time, our flexibility is being tested. Our ability to be creative in our socialization is being tested. And during this pandemic I find that the places that have adapted and evolved with what has been put in front of us, are the ones able to survive. Your colleagues here at CSPD want you to be involved. Be a part of the change, make new friends, get an inside view of your profession, and make the change you want to see in our profession. CSPD relies on you and your membership. Self-care can come in many unexpected ways, so stay engaged with CSPD and feed your pediatric dental soul.

With gratitude and wishing you continued good health.

EXECUTIVE DIRECTOR'S MESSAGE

SHARE YOUR STORY

Dr. Paul Reggiardo - Executive Director



As the pandemic enters its sixth month, we can all agree that each of us has experienced unimaginable upheaval and inconceivable change in both our personal and professional lives. While we naturally focus on what comes next (patients will need to show a small

yellow immunization card to gain entry to your office and you will be equipped with quick, inexpensive, accurate and definitive testing for those that do not?), let's not forget to document what we have gone through.

While the experience is still fresh and memories are still sharp, I would like to collect --- and share --- some of your most vivid experiences and recollections of this incredible half year. What touched your heart? What challenged you most at the office? What happened at home that made the day bearable? What was downright funny? Who on your staff came to your aid or that of patients? What would you want your kids to remember about these times when they are your age?

I want to collect stories, quotes, impressions, anecdotes, and tributes and will share them in this column in future months. Stories can be either credited or remain anonymous (your choice).

Transmit your submissions to admin@cspd.org or to my personal mailbox at reggiardo@prodigy.net.

So, stay together, hang in there, remain watchful and alert concerning your own physical and mental well-being, and expect that when we get back to normal it will be a whole new normal.

STILL PLANNING TO REJUVENATE!

Dr. Oariona Lowe - Annual Meeting Chair
Dr. Thomas Tanbonliong - Annual Meeting
Co-Chair & Vice President



It's been a very tough year. We are experiencing difficult times. The COVID-19 pandemic has affected all of us. Extra time and attention has been spent on re-opening and preparing our offices for the safety and well-being of our patients and team members. Ensuring that we follow and maintain proper protocols to protect our patients, team members and families has taken precedence in all that we do. We know you are working hard for your patients and families. We hope you know we are working hard for you too!

The Annual Meeting Committee has not skipped a beat. We continue to meet bi-monthly to plan and create a successful meeting in the Spring. The committee is determined to deliver an impressive meeting March 18-21, 2021 at the beautiful JW Marriot Desert Springs Resort and Spa in Palm Desert, CA. Join us for some Southern California comfort and bask in the desert sun, relax and rejuvenate! Reserve a Cabana poolside and watch the beautiful desert sunset in the presence of your families and peers. Our speakers have been contacted and the program grid is set. Friday will feature an all-day Sedation Course where you will earn the 7 CEs required to renew your Oral Conscious Sedation Permit.

Learn the "Clinical Pearls of Restorative Dentistry" on Saturday morning followed by "Early Orthodontics and Interceptive Treatment." Listen and learn how to better manage pain and identify behavior sensitivities in our patients. Get updated on "Radiological Procedures and Safety in Children" on Sunday morning. Poster presentations will take place in the Exhibit Hall alongside the fabulous team of vendors. Show specials will be offered along with special drawings for take away prizes. Get energized with a special afternoon session on "Achieving Life Balance and Work" and learn the 'business' of managing a private practice.



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C.E. is online right now.

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SAVE THE DATE
VIRTUAL CONVENTION
September 10–12, 2020

Anaheim, California
May 13–15, 2021
May 12–14, 2022

San Francisco, California
September 9–11, 2021
September 8–10, 2022



WE SHALL OVERCOME

Dr. Jacob K. Lee - AAPD Western District Trustee



The AAPD 2020 Annual Session, which transformed into NashVirtual due to the COVID-19 pandemic, was tremendously successful. Kudos to the over 3,000 registrants and exhibitors, who participated in this innovative program! Rest assured that over 40 hours of presentations from almost 70 speakers will be available for 5 years for our members to earn their CE credits.

The AAPD Board of Trustees meetings were held on May 17th and May 24th, 2020. The after-action minutes can be viewed in their entirety on the Member Resources section of the AAPD Website:

- <https://www.aapd.org/globalassets/2020-05-17-board-minutes.pdf>
- <https://www.aapd.org/globalassets/2020-05-24-board-minutes.pdf>

The minutes of the May 24, 2020, Special Session of the General Assembly of the AAPD are posted in the Member Resources section of the AAPD website:

- <https://www.aapd.org/globalassets/2020-general-assembly-minutes.pdf>

Pediatric Emergency Assessment, Recognition and Stabilization (PEARS)

The AAPD Safety Committee, under the direction of Dr. Jade Miller, evaluated the American Heart Association's Pediatric Emergency Assessment, Recognition and Stabilization (PEARS) certification course as a possible recommendation to the districts in their CE program offerings.

The AAPD Board of Trustees approved and directed the Committee on Sedation and Anesthesia, in conjunction with the Council on Continuing Education, to include PEARS to expand and fortify course offerings in sedation and anesthesia.

The Board of Trustees agreed that:

1. AHA PEARS is a more appropriate training for auxiliaries.
2. This particular PEARS program is developed specifically for AAPD. It is a three-part program that includes an online didactic course, hands-on simulation training, and a quarterly in-office review to continually hone lifesaving skills.
3. It fulfills the AAPD/AAP sedation guideline requirement to have support personnel trained and capable of providing advanced airway skills.

PEARS is beginning to command enormous attention from the state dental licensing boards as a possible requirement for the auxiliary staff of clinicians who provide sedation for their pediatric patients. PEARS teaches healthcare providers "how to recognize respiratory distress, shock and cardiac arrest, and provide lifesaving interventions within the initial minutes of response until the child is transferred to an advanced life support provider." It may be didactically and clinically considered to be between the Basic Life Support (BLS) and the Pediatric Advanced Life Support (PALS). PALS is geared more toward intensive and critical care settings, while PEARS is geared more toward the outpatient setting. PEARS training is intended for healthcare providers, such as medical and surgical nurses, as well as for providers who do not often encounter infants and children in the intensive care unit. Therefore, the PEARS training is more clinically applicable to dental offices.

Prior to attending the on-site PEARS simulation course, the participants undertake an interactive online review of the physiology and the pathology of the pediatric cardiac and respiratory systems. On site, the participants undergo pediatric BLS competency testing, then learn to identify and recognize shock, respiratory failure, and cardiopulmonary emergencies via video of children in states of crisis. Instructors are given some leeway to adapt the core information to a dental setting and to patient conditions. Quarterly, the participants perform mock emergencies in their offices, at which time they anonymously report their level of competence and confidence to a survey portal. The collected data serves as an outcomes assessment. As the team leader, the clinician should consider taking this course with their staff since this course emphasizes addressing any crisis as a team.

AAPDF/AAPD and Henry Schein Distribution of KN95 Masks

AAPD Foundation's mission is to support the community-based initiatives providing dental care for children in need. AAPDF determined that it is now our members who are in need. To assist with the essential PPE supplies, AAPDF Trustees approved \$1 million to purchase and distribute one 50-count box of KN95 masks to each AAPD member. Recognizing the urgent need, AAPDF/AAPD collaborated with Henry Schein Inc, which stepped up to assist with procurement and distribution. Over 4,000 members have signed up to receive the masks.

In addition, AAPDF has allocated \$600,000 for a campaign to raise public awareness that pediatric dental offices are safe as they adhere to the strict CDC guidelines, and emphasize the importance of regular oral health visits for children.

We are in the midst of a tumultuous and challenging time as the portrait of our nation's health continues to be redrawn. I applaud your resilient spirit. We shall overcome, indeed!

NOMINATED FOR CONSIDERATION

Dr. Jonathon Lee, Past President



Dr. Jonathon Lee nominated for consideration as AAPD Western District Trustee

As a dual board certified private practice pediatric dentist and orthodontist, organized dentistry is very beneficial to both the profession of dentistry and to the patients we serve. Foresight, vision and adaptability along with public relations and social media management skills are important qualities that people have attributed to me and that I could

share as a Trustee to the American Academy of Pediatric Dentistry.

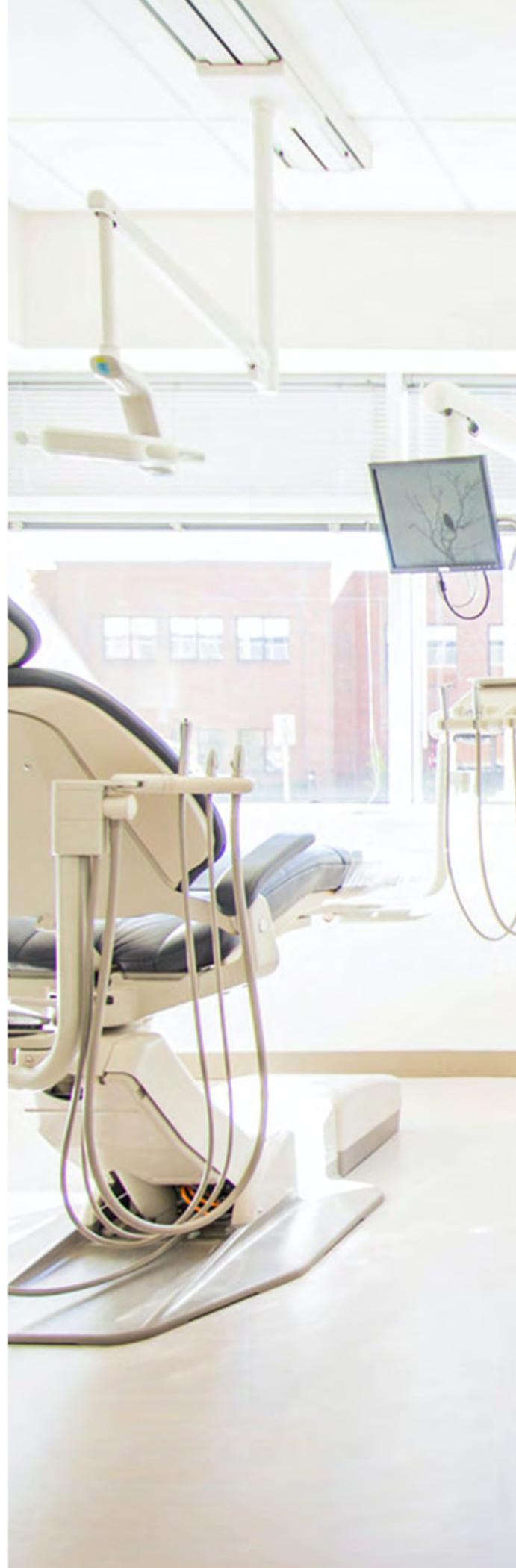
At the beginning of my professional pediatric dental career, AAPD selected me to serve as the AAPD Western District representative on the New Pediatric Dentist Committee and then Chair of this committee.

From 2005-2011, I served as a Board Director for the California Society of Pediatric Dentistry where I chaired curriculum review and helped with online continuing education. Most recently, I served as its President from 2018-2019.

From 2006-2013, I was the AAPD liaison for both California and WSPD. I also continue to serve on the Board of Trustees for WSPD.

Since 2014, I have served on the Foundation of the College of Diplomates of the American Board of Pediatric Dentistry and most recently had the honor of serving as its Chair from 2017-2019. Activities of the College of Diplomates of the American Board of Pediatric Dentistry whose mission is to support the Life Long Learning of the board certified pediatric dentist.

Participating in organized dentistry has been a wonderful collaborative experience. To be able to share ideas, practical tips and knowledge to move our profession forward has been an honor. Our patients and our profession benefit the most because the process of leadership teaches self-discipline, quality management and standardization.





THANK YOU ALL FOR YOUR SUPPORT

Dr. Don Schmitt - CSPD Foundation President

It is my honor to serve as the current President of the CSPD Foundation. First and foremost, I want to thank Mr. Steve Gross for his years of tireless dedication to the Foundation. Steve has given very generously to the Foundation and to the CSPD with his heart, his time and his wallet. During my transition, he has been a consistent source of ideas and support. Congratulations Steve on a highly successful tenure with the Foundation and best wishes on a well-deserved retirement from SML. Hopefully, much of your time will now be spent on the beaches of Kauai, trusty metal detector in hand!

The Foundation has been very active during these unprecedented pandemic times. Under the wise guidance of our Treasurer Dr. Ken Syzmanski, the Foundation has built a corpus designed to help weather emergency situations such as the one the world is currently facing. As many of you know, the costs of seeing patients safely during this time has gone up considerably. Our graduate programs face even higher costs than most private practitioners due to University and public health requirements. Past President and current Foundation Trustee Dr. Mark Lisagor was deeply concerned about the ability of programs to reopen and provide care for their underserved patient population; not to mention the needed patient experience for their residents. Dr. Lisagor suggested that the Foundation dip into our corpus and provide sizable grants to the California training programs. The rest of the Foundation board enthusiastically agreed, and I am proud to announce that the Foundation recently made one-time grants of \$25,000 to each of the 5 programs (UCLA, USC, UCSF, Loma Linda, and NYU Langone San Diego). As you can imagine these grants were much appreciated by the schools. In the words of Ray Stewart the UCSF Program Director, "The CSPD Foundation's very thoughtful and timely grant to assist our COVID-19 recovery efforts was truly a 'Godsend'...to maintain many of our clinical activities by giving us the resources to purchase adequate PPE supplies to enable a resumption of our non-emergency clinical and teaching activities. This wonderful gesture has been critical to our ability to maintain a course of financial viability and sustainability."

In addition to grants to the training programs, the Foundation believed it was equally important to assist CSPD during these difficult times. Therefore, the Foundation has made a \$25,000 one-time grant to CSPD to underwrite the

transition to a new Online Continuing Education platform. This new platform will allow CSPD to much more quickly place recorded lectures online. During this pandemic, OCE has become a crucial avenue for our members to maintain their licensure and expand their knowledge base.

"I am proud to announce that the Foundation recently made one-time grants of \$25,000 to each of the 5 programs..."

Moving forward, the Foundation is looking at ways to assist RDA training programs and to partner with CSPD on providing more CE opportunities for dental team members. We are also continuing to work on our social media presence to reach out to more members. Our newest trustee Dr. Neek LaMantia (and new mom... Congratulations Neek!) is heading up our social media effort. In addition to Neek, Dr. Ora Lowe has joined the Foundation as Vice President (where does she find the time?...she must not sleep!) The Foundation is looking to recruit more corporate participation to increase our base as well.

Thank you to all of you who support the Foundation. None of these efforts would be possible without your continued donations. If you have any questions about or ideas for the Foundation, please reach out to me. Be safe and healthy!



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**Deceased



ONLINE CONTINUING EDUCATION UPDATE

ONLINE CONTINUING EDUCATION IMPROVEMENTS

Dr. Gary D. Sabbadini - Online Continuing Education Chair



Under the guidance and direction of Dr. Steve Niethamer, who has worked tirelessly to develop CSPD's online continuing education program since its inception, CSPD has a new Learning Management System developed by WindRose Media to host our online content. It will offer us many features that will help keep our organization at the forefront of pediatric dental continuing education for many years to come.

We would like to thank the CSPD Foundation for generously providing us with a \$25,000 grant to help offset the cost to build the new Learning Management System as well as to provide the first year's technical support necessary to maintain the website.

Our committee is working to develop a partnership with the International Association of Pediatric Dentistry (IAPD) where CSPD would host IAPD lectures and webinars on the CSPD OCE website. CSPD members would be provided free viewership of IAPD content (with no CE credit unless they purchased the content) and IAPD members would be provided free viewership of CSPD lectures and

webinars. We're currently working with Drs. Ray Stewart and Bhavana Ravi to possibly host Dental Transformation Initiative (DTI) pediatric dental courses on the CSPD OCE platform.

We're also investigating the possibility of offering webinars, bundling programs such as sedation courses needed to satisfy the recertification for CA oral conscious sedation permits, group pricing for individual dental offices to purchase CE, and the option to purchase all of the recorded content for the yearly CSPD Annual Meeting. The possibilities are really endless and we're relying on feedback from our membership to help us develop the program. With that end in mind, we'd like to ask you to take a survey about the continuing education needs of our membership!

Look for the survey in an upcoming email to membership along with a link on the CSPD website. Thank you for helping support our continuing education program!



WEBSITE NOTES

CSPD'S NEW OCE PLATFORM

Dr. Steven Niethamer - Website Editor



After the last few months of stay-at-home orders, all our members have likely taken their fill of online continuing education. And now I am here to tout **CSPD's new and improved OCE platform**. This is a job for a true OCE believer!

Unlike a few evil conspirators, back in December or even January, your website editor truly did not know the Pandemic was coming, social distancing would be mandated, and online continuing education would be our only near future option for learning. But we have stayed at home and alive (this word now has a special meaning to us) through months of CSPD and other groups' webinars and Zoom meetings. Although we all wish that we had invested heavily last year in a company called Zoom, we are thankful that the reboot of AAPD's virtual annual meeting was a success!

With a steady stream of meetings being canceled, delayed or also going virtual, next year's CSPD annual meeting in March is still planned to be face-to-face live - but there are also backup strategies for a virtual or a hybrid type replacement. My proposal to make this meeting happen is requiring all attendees to dress up in pediatric dentist patient treatment PPE garb. That would make us all safer in lectures and at social events so that we could still take a trip to the desert! This might work, although luncheons and pool time might get a little messy. Please support this idea!

So, with a lengthy history of providing online programs, our OCE will now be bigger and better just in time for this pandemic. Please note that this rebuild, however, was not due to the COVID 19 disease, but more a result of the website code getting old and unsupported. I wake up daily with that same feeling.

"Our Foundation has supported OCE at important times in the past. We are blessed to have them here to help when needed."

The OCE, however, will get a redo more extensive than a few pills and a trip to the gym (if open) can do. The new OCE is built on a WordPress platform that has a similar look to CSPD's primary website. New features include a program library visible to all before registering, menu links taking visitors back to the primary site for current news and other CSPD information, and greatly expanded options for purchasing programs. Do you have your own little lecture? We may even have a place where members can share their practice secrets. And, if this COVID virus continues to push us, OCE could have the ability to present future virtual meetings.

Our OCE committee is hard at work finishing up the site and adding a slew of programs from previous years. During the next few weeks, we will transfer all the programs and make it all run correctly. Wish us luck. And we wish you patience. Also, look for advertisements promoting our OCE site in national and state dental organization newsletters. Unless something terrible again happens (like an earthquake??), the new OCE should be available soon. Come visit your new CSPD OCE and enjoy!

Thank You Again, CSPD Foundation!

During these difficult few months, our **CSPD Foundation** has again stepped up to help our profession by presenting grants to each of our **Pediatric Dental Resident Training Programs** and to our **Online Continuing Education Program**. Our Foundation has supported OCE at important times in the past. We are blessed to have them here to help when needed. I know that I will continue to donate to this wonderful trust and hope all our colleagues remember to support them, as they can, each year.



#SoCalBulldogRescue

STEVE YUN, M.D.

MOBILE DENTAL ANESTHESIOLOGIST

Member of Rady's Children's Hospital (San Diego)
Lecturer, Loma Linda School of Dentistry
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Ask me about PPE supplies!



Dr. Yun is pleased to know Dr. Janice Chen DDS and Dr. George Istaphanous, M.D. Dr. Chen received her DDS from UCSF, and completed her anesthesiology training at the Loma Linda University School of Dentistry, where she is currently an Assistant Professor. Dr. Istaphanous is a board-certified pediatric anesthesiologist and former Associate Professor at Children's Hospital Los Angeles. We are independent doctors who share the same philosophy, techniques, and commitment to safety. Together we can better meet all of your sedation needs.

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SIMULATING MEDICAL EMERGENCIES IN PRIVATE PEDIATRIC DENTAL OFFICES

Dr. Catherine Pham, Patient Services Committee Chair

- HANDBOOK FOR CSPD PROVIDERS



Medical emergencies may occur in dental offices during the course of clinical practice. All dental personnel must be prepared to provide effective basic life support and seek emergency medical services (EMS) support in a timely manner. Dentists must be able to diagnose and treat both common and rare but potentially life-threatening emergencies, especially those that may arise as a result of dental treatment. The goal of this document is to guide providers as to how to prepare for medical emergencies in their private pediatric dental offices. Successful

stabilization of an emergency patient requires effective teamwork, preparation, adequate knowledge, training and resources to respond to an emergency. Teams need be aware of each member's role and have opportunities to rehearse these roles, resulting in a more highly functioning and effective emergency team. As part of this process, our committee has created an Emergency handbook as a resource for members to use to prepare their offices.

The first step of preparing for emergencies is to perform a self-assessment for office readiness. This should include questions defining your patient population, layout and design of your office, amount and type of staff, proximity to emergency care and a review of your risk-management company's policy regarding emergency preparedness. Emergency medical services personnel may include first responders, Emergency Medical Technicians (EMTs) who are trained in basic life support measures, or EMT Paramedics who are trained in advanced life support measures. Of these providers, only paramedics can perform advanced airway-management skills, establish intravenous or intraosseous access, and administer intravenous medications. It is helpful to know ahead of time which type of provider would respond to your office in an emergency and how long the response time would be.

Next, work with your team to develop an organization plan. This plan should include recognition of a potential medical event, alerting and communicating the event to team members, assigning roles and responsibilities, setting a protocol to activate EMS and a simulation plan to practice steps to rescue the patient (or caregiver) from their condition. Front office staff should know how to recognize emergencies, activate the emergency response plan and understand EMS roles, capabilities and access. Clinical staff must maintain knowledge of medications and equipment uses and locations as well as assist the team leader with basic life support measures.

Emergency equipment and medications should be inspected and maintained regularly. Equipment should be organized in a way that facilitates easy access to the appropriate type and size needed at the time of an emergency. Develop a written system to check equipment

and medications on a regular basis to make sure they are immediately available, functioning properly and not expired. Have a policy for introducing new team members to types and locations of rescue equipment and medications when they are hired. A quick monthly "scavenger hunt" for specific medications or rescue equipment items may facilitate upkeep of this knowledge in a fun team-oriented way. Basic emergency equipment and rescue medications recommended for a pediatric dental office are listed in our handbook for reference.

Finally, practice mock codes in the office on a regular basis, preferably at least quarterly. Basic emergency response roles include EMS activator, team leader, scribe, resuscitative assistant, medications/equipment assistant and caregiver supporter. Involve as many staff members as possible, document the simulations, debrief as a team and make a list of lessons learned. Pediatric care protocols adapted from EMS providers might help provide a basis for the development of individualized office-based protocols and scenarios. Resources such as the AAPD Reference Manual and our handbook may be useful as well.

The safety of our patients is of the utmost importance. Our Emergency Handbook is posted on the CSPD website for your convenience. We hope that with this new resource, we can all work together as a society to ensure that we maintain the safest environments for our patients and staff.



SOUND FINANCIAL HEALTH

Dr. Don Schmitt - CSPD Treasurer



CSPD continues to be in sound financial health. Fiscal 2019-20 ended with total assets of \$764,593. Expenses for the year were \$569,413 and income was \$725,588. The expenses and income from last year are up considerably due to the record-breaking size and success of our Annual Meeting in San Francisco.

Given these uncertain times, much time was spent discussing how to set the CSPD budget for the current fiscal year. There is significant concern about the possibility of not being able to host an in person Annual Meeting in March 2021. Additionally, there is uncertainty about members not renewing due to the financial constraints experienced during the pandemic. Ultimately, the decision was made to budget for the Annual Meeting as though it would go on as usual. If that is not possible, it is easier to scale the budget down rather than trying to ramp it up at the last minute. It is also believed that the Society has provided good member benefits and regular communication through our webinars, bulletin, and eblasts and that the vast majority of members will renew. The budget for 2020-2021 forecasts expenses of \$575,525 and revenue of \$596,339.

The Annual Meeting (AM) continues to be a major factor in the finances of CSPD. In fact, the AM accounts for nearly 55% of both the Society's income and expenses. **The SF meeting was a major success in all aspects including financially. Record attendance and record sponsorship allowed the Society to offset the high cost of hosting events in SF and still be a financial success.** As referenced above, the 2021 Annual Meeting in Palm Desert is being planned as a full meeting. However, all contingencies are being looked at, in terms of both member benefit and being financially prudent. Ideally, the Society will be able to safely hold the meeting in person. If that is not possible, one major factor in the equation is the signed contract with

the Marriott. There are heavy financial penalties for cancellation. However, based on the experience of our meeting planner, hotels have been very cooperative given the pandemic. I feel confident that the Society is well prepared for any contingencies regarding next year's meeting.

Other than the AM, the major expense categories in CSPD's budget are the association management company Smith Moore & Associates (SMA), the Executive Director, and standing committee's and board meetings. The major income sources, in addition to the AM, are membership dues, CSPD Foundation grants, and online continuing education. Speaking of CE, CSPD is ready to unveil a new online platform. Please visit the CSPD website and view some of the fabulous CE videos produced by Dr. Steven Niethamer and the OCE team. They are a great member benefit, as well as a source of non-dues revenue for CSPD.

As mentioned in the past, the only drawback to AAPD handling the dues billing is the inability to list the Foundation on dues statements. This is a definite concern for the leadership of CSPD and for our Foundation. The CSPD Foundation provides vital support to the residents and graduate programs, as well as CSPD itself. The Foundation supports the Warren Brandli Intern program. Many of the WBI's have gone on to leadership positions in CSPD and into academics. The Foundation also underwrites the Santos Cortez Legislative Advocacy Interns. Advocacy on behalf of our profession and the children we serve is vital to the mission of CSPD. Please remember the Foundation in your charitable giving.

Reserves: CSPD's policy and procedure manual calls for a Reserve Fund equal to an average of the last two years operating expenses. The current mandate amount is \$491,561. The Reserve Fund requirement has increased substantially over the past 5 years due to the increased operating expenses incurred and the increasing size of the Society and our Annual Meeting.

Investments: Following the Financial Policy outlined in the Policy and Procedure Manual, all CSPD's assets are in fixed return products. These include both savings and money market accounts. The Finance Committee regularly discusses the status of CSPD investments. Though the committee is disappointed in the paltry investment returns, it was determined that the safety and capital preservation of CSPD's assets is paramount.

Thank you for allowing me to serve as your Treasurer. If you have questions about the finances of our Society please do not hesitate to contact me.



A TRIBUTE TO DR. ANDY SODERSTROM

— Dr. Lindsey Robinson - Past President



It is with profound sadness that I write this memorial tribute for Dr. Andy Soderstrom who passed away on April 29th from complications related to an accident at his home in Modesto. Andy's family has deep roots in the dental profession beginning with his grandfather, Ernest, followed by his father, E. Philip, who were both dentists in Modesto. Andy's mother, Elizabeth, is a dental hygienist, sister Susan is a general dentist in San Francisco and brother Peter is a prosthodontist in Modesto. Both Ernest and E. Philip held leadership positions in CDA with Ernest serving as president in the 1950s and E. Philip in line to serve in the same position when he passed away.

Andy was a longtime resident of Modesto and opened his pediatric dental practice there in 1986, after graduation from the Arthur A. Dugoni School of Dentistry and the UCSF pediatric dentistry residency program. Over the course of his 37 year career, Andy held dozens of leadership positions in dentistry and several teaching positions, including Assistant Clinical Professor of Pediatric Dentistry at the University of California, San Francisco School of Dentistry from 1986-1993. At the time of his passing, he was in his eighth year of making the drive from Modesto to La Clinica de la Raza in Oakland to treat Medicaid patients on Fridays and some Saturdays.

Andy was deeply committed to serving others less fortunate in his local community and beyond, and improving access to care for underserved children. He was instrumental in launching CDA Cares, the charitable community event providing no-cost dental services to individuals throughout the state who face access barriers. The first one was held in his hometown of Modesto in 2012. Together, the 16 events have provided \$25.12 million in dental procedures to more than 30,000 underserved people. He continued to support CDA Cares and served on the board of America's Dentists Care Foundation, which provides dental chairs and equipment for the two-day clinics. In honor of his lifetime commitment to unselfishly helping others he was awarded the CDA Foundation's Humanitarian Award in 2015.

Some highlights of Andy's service in leadership include CDA president, chair of ADA's Council on Advocacy for Access and Prevention in 2017 and chair of the CDA Cares Management Committee from 2013-16. He was a member of Rotary for 34 years and presided over numerous service

projects in the Modesto area. Many CSPD members will remember Andy as executive director of our organization.

A few comments about Andy from his colleagues:

Dr. Jane Grover, Director of the ADA Council on Advocacy for Access and Prevention (CAAP):

"Andy was a pediatric dentist who was devoted to serving all children, especially underserved kids. His integrity, ethics and sense of "balance" lent an enlightened viewpoint into many Council discussions. He had a great sense of humor, a continuous twinkle in his eye, and an uncanny sense of what wine to order at dinner."

Dr. Ariane Terlet, Chief Dental Officer at La Clinica de la Raza:

"Our staff loved Dr. Andy. He was a constant and mentor in the clinic. He was deeply committed to the community and access to care. We spent many late nights and very early mornings working with other dental colleagues on addressing access-to-care issues. For this I will be forever grateful."

Andy held memberships in nine professional organizations, including the American Academy of Pediatric Dentistry, Pierre Fauchard Academy, International College of Dentists and Stanislaus Dental Society, where he served as president in 1998. His accomplishments were many and reflect a life of caring for and service to others.

No tribute to Andy would be complete without acknowledging his enormous knowledge of the wine world and as an oenophile with an impressive collection of bottles representing the best vintages. He was an enthusiastic member of the Purple Tooth Society and frequent organizer of events at many state and national dental meetings.

Andy is survived by his wife, Donna, his children, Jill and Matt, his mother, Elizabeth, his grandchildren, Reagan (age 4) and Blake (age 1), sister, Susan, and brothers, Steve and Peter. Please keep his family in your prayers.

Contributions can be made in Dr. Andrew Soderstrom's name to the Arthur A. Dugoni School of Dentistry Soderstrom Family Endowment. Funds raised by the endowment help to support the pediatric clinic at the school.

LEGISLATIVE BILLS OF INTEREST

- PREPARED AUGUST 7, 2020



CSPD follows a number of bills under consideration by the state legislature which potentially impact pediatric oral health. Members having questions or wishing to comment on these or any other legislative matters are invited to contact CSPD's Public Policy Advocate, Dr. Natalie Mansour, at natalie.usc.trojan@gmail.com.

AB 1998 (Low): Unprofessional Conduct: Orthodontic Examination

Summary: Would revise unprofessional conduct under the Dental Practice Act to include the destruction of patient records within a specified time frame; the advertising of the performance of a professional service in a more expeditious manner than others provide; failure to deliver orthodontic provider licensing information to a patient at the time a treatment plan is proposed; requiring a dentist, other licensed permit holder, or other person to sign an agreement limiting the signatory's ability to file a complaint or provide information to the Dental Board; and failure to comply with a records request within 15 days of receiving that request.

CSPD Position: SUPPORT

Comment: The bill as originally drafted would have conflicted with the ability of dentists to remotely collaborate with a dental team in the development of a plan of treatment. That provision, intended to apply specifically to teleorthodontic care, was removed from the current legislation.

AB 2164 (R Rivas,Salas): Medi-Cal: Federally Qualified Health Centers: Telehealth

Summary: The bill provides that for the purpose of the Medi-Cal Dental Program, face-to-face contact between a health care provider and a Medi-Cal eligible patient is not required for a federally qualified health center, community clinic, or rural health clinic to establish a new patient relationship or to render and bill for services by telehealth.

CSPD Position: SUPPORT

Comment: Without this legislation, a recent ruling by the California Department of Health Care Services would significantly hinder expansion of the virtual dental home

model. Specifically, this policy change enables the Virtual Dental Home program to be used for patients who are not already established patients of the FQHC or community clinic.

SB 653 (Chang): RDH and RDHAP: Scope of Practice

Summary: Eases some restrictions on RDHAP practice settings and removes general supervision of RDHAPs when placing an ITR, but still requires specific collaboration with a dentist. Allows RDHs to perform certain specified services unsupervised at a non-profit entity-sponsored event (as they can do now in public health settings) and place fluoride varnish unsupervised in a public health setting when following a prescription or protocol provided by a physician or dentist.

CSPD Position: WATCH

Comment: The provisions of the bill as currently amended are consistent with the purpose of the creation of the RDHAP to allow the RDH to provide preventive dental services outside of the traditional office setting and direct supervision of the dentist.

SB 793 (Hill): Flavored Nicotine Products

Summary: Prohibits the sale of a flavored tobacco product (including electronic nicotine products) or a tobacco product flavor enhancer.

CSPD Position: SUPPORT

Comment: The recent FDA partial ban on certain flavored electronic cigarette products contains exemptions on some tobacco products. This bill would end the sale of all flavored tobacco and nicotine products in California and is consistent with AAPD Policy.

CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY

California State Chapter American Academy of Pediatric Dentistry



July 23, 2020

The Honorable Steven M. Glazer
Chair, Senate Business, Professions and Economic Development Committee
State Capital Room 2053
Sacramento, CA, 95814

Re: AB 1998 (Low) Dental Practice Act: Unprofessional Conduct

SUPPORT

Dear Senator Glazer,

The California Society of Pediatric Dentistry (CSPD) is writing in **SUPPORT of AB 1998 (Low)** which would provide increased patient protections and transparency in the delivery of dental services.

Specifically, AB 1998 will refine and clarify the necessary baseline requirements for current diagnostic records when orthodontic services are provided and that if existing radiographic imaging is not existent or not up-to-date, then it must be ordered and obtained by the treating dentist prior to entering into a treatment plan, whether in a traditional or telehealth setting.

The bill also provides that patients will be provided with the name and contact information of the treating dentist concurrent with the presentation of the treatment plan when orthodontic services are provided, and not after treatment has been initiated, as is now oftentimes the case when interacting through a telehealth platform.

These are common sense modifications to the Dental Practice Act necessary to ensure all practitioners adhere to the same professional standards, whether care is provided traditionally or through technological innovation.

Other provisions of AB 1998 would codify dental record retention requirements; prohibit contracts or agreements which limit the ability of individuals, including employees or other professionals in a dental office, to file a complaint or provide information to the Dental Board of California or other regulatory body; and establish explicit rights to the access of any documents signed by a patient.

For these reasons, the California Society of Pediatric Dentistry urges in the public interest the passage of AB 1998 by the Senate Business, Professions and Economic Development Committee.

Nancy Hsieh
President, CSPD

Natalie Mansour
Public Policy Advocate, CSPD

CSPD is the professional membership organization of California's over 800 pediatric dental providers, educators and researchers. Our members provide primary and specialty oral health care to infants, children and adolescents, with a mission of serving our members and the public by advocating for the optimal oral health of infants, children and adolescents. We are the state unit of the American Academy of Pediatric Dentistry and have been active in state oral health advocacy since our founding in 1975. Our members provide nearly a third of all pediatric oral health services in the state and are even more highly involved in services to the very young and to patients with disabilities and special health care needs

Executive Director: Paul Reggiardo, DDS E-mail: Reggiardo@prodigy.net Tel: (916) 231-2142 Fax: (916) 231-2141
California Society of Pediatric Dentistry 700 R Street, STE 200, Sacramento, CA 95811
www.CSPD.org

READY TO PRACTICE

Dr. Dora Lee - Director South



I won't lie. It's been a tough eight weeks. Mentally and emotionally. Dentistry got hit really hard by the coronavirus. My practice will not be the same. I will not be the same. I will have come out stronger and better for this. I've learned many good lessons during this time. I've learned everyone copes with crisis differently. I learned how I cope.

One thing I should mention: You don't need to be afraid to go to the dentist. We have spent countless hours learning about the virus, the disease it

causes, how to minimize its impact, what infection control protocol is science based and what is fear based. We have spent thousands of dollars on equipment, PPE and extra safety measures to protect us and our patients. There is not a day that goes by where we are not thinking of how else to improve our COVID-19 protocol in our office. We also spent hours worrying about our staff and patients. Honing our leadership skills to do what we can to be strong leaders at a time of crisis. Hoping to keep our staff on board and hoping our patients will still trust us enough with their safety to want to come back.

In addition, we are small-business owners and had to deal with the panic of watching our practice spiral down and figuring out how to stay solvent for 2020. Many are not financially prepared to be shut down for so many months. We learned about the Paycheck Protection Program (PPP) loan, the Economic Injury Disaster wan (EIDL) and the circus that ensued. While I'm fortunate that I'm an established practice and will recover, I'm fearful for those who will not survive.

I've also learned the importance of community. My tribe has helped me stay sane, grounded and rational. We help each other with information, PPE, support. We are brutally honest and critical but trusting and supportive. I am so grateful. We chat constantly throughout the day, every day. I have not picked up my hobbies, did not practice the piano as I had hoped or improved my photography skills. I have a sourdough starter that I've diligently fed for eight weeks with every intention to bake but have only produced one mediocre loaf. My starter has now become three jars ... anyone want some? I've not cooked or exercised. Oh, and my house is a mess.

And there's the social aspect of being isolated. We can all relate to that. But in the end, my practice is as ready as it ever will be. I have done everything I can possibly do that is based on science and facts. My team has been amazingly supportive and is on board and ready (as can be). I am cautious but prepared. Once I know my practice, my staff and my patients are taken care of, then and only then will I take a step back ... make some time to pick up my camera, play some tunes on my piano and work on that sourdough loaf. Until then ...

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FEATURED ARTICLE

CAREFUL OF ASSUMPTIONS (PART 2)

Dr. Steve Chan, Past President



[Part 1 was published in our 2020 Spring issue.](#)

Awakening. In the 90's, the Bay Area saw the emergence of the high-tech internet dot-com era. And with it we saw rising migration of East Indians to the Bay Area.

Back then I'd listen to parents speaking to their child and I'd ask how to say something to their child in their language? Early in this interaction, the parents would say: "They could tell me – but the next parent may not come from the same part of India." There are 30 different states with 30 completely different languages and customs in India.

Another awakening. In the early 90's, the old Soviet Union broke up - into today's 15 independent countries. Families came to the Bay Area from many of these countries. We would have to look on a map – where some of those countries are. To the uninitiated American ear, it sounded like the parents were speaking Russian to their child.

I'd ask, "How do you say (blank) in Russian?"

I committed a faux pas. I learned that Russian - was the conquered language of some of those now-independent countries. I learned to ask, "What is the native language you are speaking to your child."

My grandfather came to this country in the 1800s. I'm a third generation Californian. I really don't speak Chinese. But I heard "Chinese" growing up. The dialect I grew up with is called "Toisan." It was the dominant dialect of the early wave of immigrants in the 1800s. It's the "dialect" spoken in a more rural area of Southern China. In the more urban regions of the south, Cantonese is the more dominant dialect. The sounds and the words are different.

In the last several decades, China has opened up. Mandarin is the dominant "dialect" or spoken language of China. Taiwanese, Fuzhounese, Shanghaiese, and many more "dialects" are being heard. I have to look on a map where some of these regions are in China. These are not dialects. These are different languages.

We had a new family come in. They looked "Asian". Their surnames – were about ten letters long. As the parents spoke to their kids – the language sounds were unfamiliar. It didn't sound "Chinese" or Japanese or Korean or from Southeast Asian countries like Vietnam, Thailand, Cambodian or Laos – even though I don't speak any of these languages. It turns out the family is from Tibet. Tibet is 1/3 the landmass of western China. Most of our American experiences - of traditional "Chinese" language, food, and culture – are from the metropolitan coastal areas of China.

Another new baby comes in – with the surname "Gankhuyagyn". The parents and baby – were Asian. I asked – how to pronounce their surname – and then how to pronounce their kid's names. It was very awkward for this American mouth to reproduce the sounds. They came from Mongolia! *(The name is fictionalized to protect confidentiality – but their ethnic origin is real.)

Another Asian mom came in – and sounded like she was speaking Russian(!) to her three-year-old. It turns out she was an ethnic Korean – but her family migrated to Uzbekistan several generations ago! Russian is the dominant language in that country.

There are no high morals for this article. Nowadays, I brief myself more on the notes on my chart – before chatting.



VIRTUAL BOARD OF DIRECTOR'S MEETING - JULY 11, 2020

MOTIONS

MOTION (NICHELINI): Move to approve the Minutes for the CSPD Board of Directors Meetings March 5, 2020, March 8, 2020 and April 23, 2020 as presented. **MOTION CARRIED**

MOTION (SABBADINI): Move to accept the Consent Agenda as presented. **MOTION CARRIED**

MOTION (DOROSTKAR): Move that CSPD accept the \$25,000 grant from the CSPD Foundation to fund improvement of CSPD Online Continuing Education. **MOTION CARRIED**

MOTION (SABBADINI): Move that the Online Continuing Education Subcommittee be charged with building, maintaining, and updating the OCE Learning Management System platform to serve the online continuing education needs of CSPD. **MOTION CARRIED**

MOTION (SCHMITT): Move that CSPD Board of Directors approve the planning of the 2021 Annual Meeting and Continuing Education Conference as presented in the report of the Committee. **MOTION CARRIED**

MOTION (SCHMITT): Move to approve the Fiscal Year 2020-2021 Budget as presented by the Finance Committee. **MOTION CARRIED**

MOTION (SCHMITT): Move the CSPD Board of Directors adopt a position of SUPPORT on AB 1998 (Low) Dental Practice Act: Unprofessional Conduct. **MOTION CARRIED**

MOTION (SCHMITT): Move the CSPD Board of Directors adopt a position of SUPPORT on SB 793 (Hill) Flavored Nicotine Products. **MOTION CARRIED**

MOTION (SCHMITT): Move the CSPD Board of Directors adopt a position of SUPPORT on AB 2164 (R Rivas and Salas) Medi-Cal: Federally Qualified Health Centers: Telehealth. **MOTION CARRIED**

MOTION (SCHMITT): Move the CSPD Board of Directors adopt a position of WATCH on SB 653 (Chang) RDH and RDHAP: Scope of Practice. **MOTION CARRIED**

MOTION (SABBADINI): Move that the CSPD Emergency Protocol Handbook be placed on the CSPD Website in the Members Only section and advertised [as available without cost to members]. The Board recommends that the Patient Services Committee be charged with reviewing and updating the Emergency Protocol Handbook annually. **MOTION CARRIED**

MOTION (DOROSTKAR): Move the CSPD Bulletin be mailed to membership via First Class Mail delivery. **MOTION CARRIED**

MOTION (SABBADINI): Move that the CSPD Strategic Planning Meeting be held at [in conjunction with] the January 2021 Board Meeting. If it is not possible to hold a live Strategic Planning Meeting in January, 2021, move that it be conducted via a virtual meeting. **MOTION CARRIED**

MOTION (GUIJON): Move that CSPD Board of Directors place Dr. Jonathon Lee in nomination for AAPD Western District Trustee for the 2021-2024 term. **MOTION CARRIED**

MOTION 2020.07.11.15 (DOROSTKAR): Move that the October CSPD Board of Directors meeting be held virtually. **MOTION CARRIED**

CSPD LEADERSHIP

Full list of committee members is located at www.cspd.org.

OFFICERS

President: Dr. Nancy Kwon Hsieh
President-Elect: Dr. Gila Dorostkar
Vice President: Tom Tanbonliong
Secretary: Dr. Kim Nichelini
Treasurer: Dr. Don Schmitt
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South (22): Dr. John Guijon
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Associate Editor: Dr. Angela Lee
Website Editor: Dr. Steve Niethamer
Public Policy Advocate: Dr. Natalie Mansour

EXECUTIVE DIRECTOR

Dr. Paul Reggiardo

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Dr. Dr. Shivani Keshav (USC)
Dr. Evan Chang (Clinical Practice)

SANTOS CORTEZ GRADUATE STUDENT LEGISLATIVE ADVOCACY INTERNS

Dr. Ella Saeed (USC)
Dr. JungSoo Kim (UCSF)
Dr. Linda Young (NYU Langone – San Diego)

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AAPD Liaison: VACANT
WSPD Liaison: VACANT
AAP California Chapters Coordinator:
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Dr. Thomas Tanbonliong

STAFF

Association Management Services:
Smith Moore & Associates
CSPD Account Manager: Yelena
Martynovskaya
CSPD Account Coordinator: Abi Hague

UPCOMING EVENTS

Mar 18-21, 2021



2021 CSPD Annual Meeting

JW Marriott Desert Springs
Resort & Spa - Palm Desert, CA

Mar 31-Apr 3, 2022



2022 CSPD Annual Meeting

Omni Montelucia Resort
- Scottsdale, AZ

Mar 23-26, 2023



2023 CSPD Annual Meeting

Fairmont San Francisco
- San Francisco, CA

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