

CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY

# BULLETIN

Fall 2019 | Vol. XLVII No. 3

4

President's Message

10

Legislative Summary

14

Annual Meeting News





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# FALL 2019

TABLE of CONTENTS

Volume 47 | Number 3

## IN THIS ISSUE

4

President's Message

5

Executive Director's  
Message

6

WSPD Report

7

AAPD Western District  
Trustee Report

8

Dental Board of  
California Report

18

Featured Article -  
Grazers Get More  
Cavities



10

Legislative Summary

20

CSPD Foundation

22

Website Notes -  
Annual Meeting App

23

Featured Article -  
Touching Lives

24

Introduction of  
New Residents

30

Latest Board of  
Directors Notes



14

Annual Meeting News



# CREATING A STRONGER SPECIALTY

Dr. Suzy Tavana

As we wind down the year and enter into the holiday season, we are all hopefully taking a moment to feel thankful for everything we have. Being a pediatric dentist in California is the dream. The rest of the country (and world) recognizes California as the most important state. We lead the way on legislative issues. We have the prettiest beaches. We have the most organized state pediatric component. We have a really expensive state, but that is because it is the most sought after. Those of you who know me well will know my favorite mantra: This is the center of the universe.

Jokes aside, being as lucky as we are, we still have to make sure that we care for this wonderful specialty we all belong to. Success doesn't come when we function as an island without strengthening the other pediatric dentists around us. Most importantly, supporting those coming into our profession from residency. I urge each of you to go into your community and lift up the other pediatric dentists you work with.

First and foremost: find your closest dental school and volunteer. Find out if they are looking for help in their pediatric clinic. Even if you are only able to give one day a month: that day has a ripple effect on every student you interact with. Teaching a few pearls to those students will not only inspire them to refer properly in the years to come, but also to respect our amazing specialty. Investing time into volunteering will be more fulfilling than you realize.

Secondly, for those of you close to a pediatric residency program, support those residents! Regardless of where you went to dental school, or trained for pediatrics: these are your future colleagues. Introduce them to this specialty by offering your mentorship. Make it a goal to stop by and drop off lunch once a year. Find out when their alumni day is and sit through their presentations. Attend their graduation ceremony as a show of interest and support. When looking for an associate: start here! Our organization is stronger when these residents feel supported and included. They will be inspired by you and join CSPD, volunteer their time, and pay it forward the same way you did.

***"Don't let your friends exist outside the network: bring them in. As our specialty faces challenges, we are only able to withstand those threats if we are a stronger unit."***

Additionally, donate to the CSPD Foundation. I cannot emphasize this enough. Your minimal yearly contribution (\$100) goes towards supporting the future leaders of this organization. I have put in thousands of volunteer hours to CSPD over the last decade- serving each one of you- and it all stemmed from the Foundation internship that I was given based on the donations of our members. We have so many leaders sitting on our board of directors right now that started the same way. Our Leadership Development Chair: same thing. Without your support, these opportunities won't exist for the residents, and the leadership we all benefit from won't ever have that initial spark. The CSPD Foundation really is instrumental to creating and maintaining our leaders. So much so that the AAPD is looking to us for inspiration on how to bring in their own young energetic leaders. We are the trailblazers, but it only continues with your support.

Lastly, call your friends. It might seem silly, but this is by far the most important way you can give back and support your specialty. If each of us take a moment to call 3 pediatric dentists we know and love- our entire network becomes stronger. Call your co-resident you haven't seen for years and plan to grab dinner at the next CSPD annual meeting. Call your local colleagues and set up a bi-monthly study group or call group. Call friends

from the other side of the state and plan to do CE together each year as a mini-reunion (or a built in play date for the kids). Make it your resolution this year to strengthen pediatric dentistry as a whole in California by your small grassroots effort. Don't let your friends exist outside the network: [bring them in](#). As our specialty faces challenges, we are only able to withstand those threats if we are a stronger unit. We are only able to fight for higher reimbursements if we are standing united. We are only able to push back for safer sedation standards on our terms if we have a cohesive base.

All of these things that affect our daily practice are what your CSPD leaders are working hard to maintain. We truly have the best and most successful specialty within dentistry. Do your part to help maintain that by reaching out and being a leader in your community. Don't let go of the people you loved while you were becoming a pediatric dentist. Be a great friend to those you have met along the way. Have a wonderful holiday season! I can't wait to hear what your pediatric dental resolution was this year!



## GOOD NEWS!

Dr. Paul Reggiardo

I love spreading good news and the recent **CalHealthCares** professional education loan repayment program is about the best news for current pediatric dental residents and recent post-doctoral alumni I can imagine. In July, the program, funded through Proposition 56 Tobacco Tax revenues and administered through contract by the Department of Health Care Services, awarded \$10 million in debt relief to 38 California dentists in exchange for their agreement to maintain a 30% or greater Medi-Cal beneficiary caseload for five years of practice. Three CSPD members were among the first-round award recipients, one of whom, Dr. Miguel Padilla, agreed to share his experience with your Executive Director.

First a little background on Dr. Padilla, who completed residency training at UCLA after undergraduate education at Cal Berkeley (majoring in molecular environmental biology) and earning both his dental degree and a masters in Public Health at the University of Pennsylvania. Miguel was born in Mexico and, after migrating with his parents to the United States at age two, was raised in the central California community of Modesto. He credits the UCLA program with providing a rich texture of clinical experience in community outreach, including rotations in local WIC, Head Start and Early Head Start, and safety net clinics, as central to setting the course of his professional career.

I asked Dr. Padilla about his student debt and the opportunities unlocked by the **CalHealthCares** grant.

*"I was in debt for over \$300,000 in student loans. My initial plan was to put aside a good portion of my salary over a 15-year span by working in two to three offices to pay off this obligation. I will now be able to retire my loans within five years, working in a single office where I can focus on the underserved population.*



Dr. Miguel Padilla

*I was in my first year out of residency at UCLA, working in three offices (two of which did not accept Denti-Cal reimbursement), when I received an email notification about the CalHealthCares grant program. I applied immediately."*

***"My postdoctoral training has taught me to establish relationships with pediatricians, as the gatekeepers to children's health."***

Dr. Padilla now practices in his home town of Modesto, where he describes his daily clinical experience as one of fulfilling his grandest vision of community service.

*"I was raised in this community. The grant has made my dreams a reality. I am able to help where my education and skill set are utilized no matter the [patient's] type of insurance or [economic] background. Having this financial burden lifted will allow me to practice the way I see my community deserves.*

*Many pediatric dentists are hesitant to participate in the Medi-Cal Dental Program. Grants like this encourage and make it possible to be more open to this underserved population. My postdoctoral training has taught me to establish relationships with pediatricians, as the gatekeepers to children's health. My plan is to establish a presence at community health centers and to educate nurses, physicians and medical staff on the importance of infant and child dental health."*

Application for the second round of **CalHealthCares** grants, designed to expand access to care for Medi-Cal beneficiaries, opens in January. Eligible dentists may apply for either educational loan repayment up to \$300,000 in exchange for a five-year service obligation (as did Dr. Padilla) or a practice support grant of up to \$300,000 for establishing, expanding, or relocating a practice in specific counties with the highest patient need for Medi-Cal dental services. Those counties were identified in the 2019 grant cycle as Alpine, Amador, Calaveras, Colusa, Del Norte, Glenn, Humboldt, Inyo, Kings, Lassen, Mariposa, Modoc, Mono, Monterey, Sierra, Trinity and Yuba counties. Other target counties may be added for the 2020 application process. This grant carries a 10-year obligation to maintain a minimum patient caseload of 30% or more Medi-Cal beneficiaries.

Applicants, who may be current licensed practitioners or in dental residency training, must meet certain criteria, which include:

- An unrestricted dental license and current good standing with the Dental Board of California
- Status as an active enrolled Medi-Cal provider or submitted an application to become one
- graduating from an accredited dental school, dental residency program, or completed a fellowship degree in the last 15 years
- Having educational loan debt incurred while pursuing a dental degree, or having an existing dental practice and willingness to relocate to an underserved county
- Not currently participating in another loan repayment program
- Maintaining, if awarded a grant, a patient caseload of 30% or more Medi-Cal beneficiaries for a specified length of time



## GREETINGS CSPD

Dr. Cody C. Hughes - WSPD President

The Western Society of Pediatric Dentistry Board of Trustees held our annual Fall meeting in Seattle on the first weekend

of October in conjunction with the Washington Society of Pediatric Dentistry Annual CE Meeting. It was a productive meeting and the WSPD is being well served by the great trustee representatives we have from our member states and Canadian provinces.

The WSPD is very strong financially. With the AAPD collecting our annual dues from members when they pay their AAPD membership dues, the number of dues paying WSPD members has steadily increased. The WSPD has not increased its membership annual dues rate of \$40, as far as I understand it, since the inception of the WSPD and we don't see any reason to increase dues anytime soon. The board is committed to utilizing the resources available to us in the most efficient and productive manner to support our member states and provinces.

We were excited to welcome AAPD President-Elect, Dr. Jessica Lee, to

our board meeting. She shared some wonderful insights and news from the AAPD. There was great discussion on various topics relating to the AAPD and our members. We are grateful for the ongoing support of AAPD leadership.

Dr. Aarika Anderson gave a great presentation on her experience as the WSPD's first leadership intern. There were some great insights shared on how we can improve the experience for the next participant and the board re-committed to providing this opportunity for others in the future. Dr. Anderson, as part of her internship, presented a first draft of a leadership intern manual that will serve to guide future interns.

Each of our member states presented reports and all seem to be doing well. Idaho held its first state CE meeting with support from the WSPD and the board also voted to support Utah in their efforts to hold a state CE meeting. Each state continues to face various legislative concerns and are working to keep our profession strong. It's great to see the engagement.

Lastly, the board voted to continue to support the CSPD Annual Meeting. We look forward to seeing everyone in San Francisco and participating in another wonderful event with great courses and friends!

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### EXECUTIVE DIRECTOR'S MESSAGE - CONTINUED FROM PAGE 5

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The practice support grant application requires a business plan, more information on which is available at <https://www.phcdocs.org/Programs/CalHealthCares>, as are registration links to six informational webinars. The application period runs January 13 through February 7, with notification to successful awardees expected in early May.

Dr. Padilla described the application process as easy and straightforward and the subsequent steps following notification of his award as transparent and fair.

Pediatric dentists interested in the program can apply through the CalHealthCares website (listed above) and may subscribe to notifications about the grants by emailing [CalHealthCares@phcdocs.org](mailto:CalHealthCares@phcdocs.org) with "subscribe" in the subject line.

I plan on following the 2020 grant cycle and hope to be reporting to you here next year on another life changing experience for one (or more) of our CSPD members. Stay tuned.

# TRAINING ACTIVITIES

Dr. Jacob K. Lee - AAPD Western District Trustee



The following are a couple of after-action minutes from the AAPD Board of Trustees meeting held on September 20th, 2019, that may be of keen interest to you.

1. Approved the acceptance of the document "Healthy Beverage Consumption in Early Childhood: Recommendations from Key National Health and Nutrition Organizations: Summary of Oral Health Considerations" for inclusion in the endorsement section of *The 2020 Reference Manual of Pediatric Dentistry* and the table of recommendations for inclusion in the Resource Section.
2. Approved the following topics for the development of clinical practice guidelines based on existing systematic reviews:
  - Frenectomy and lactation
  - Vital treatment of immature permanent teeth
  - Caries risk assessment and oral health determinants

The BOT after-action minutes can be viewed in their entirety at: <https://www.aapd.org/globalassets/2019-09-20-board-minutes.pdf>

## Western Society of Pediatric Dentistry Media Training Session

Spearheaded by Dr. John Gibbons, past Western District trustee, leaders from various chapters of WSPD undertook media training September 13-14, 2019, in Los Angeles. All participants performed admirably and were enormously appreciative of the grueling, but rewarding sessions. Much praise is extended to AAPD for granting this program and to the trainers Dr. Robin Wright and Mr.

Dick Helton as well as to Ms. Erica Hoefl of AAPD for their enthusiastic support. A great big thank you to Dr. Steve Niethamer who video-taped the sessions.

## AAPD Pediatric Oral Health Advocacy Conference, Washington DC, March 1-4, 2020

Soon over 300 AAPD grassroots advocates, public policy advocates (PPA), and the pediatric dental residents will begin their preparation to attend the annual mega-event in DC, advocating for the children we serve. As impactful as this event is, we want our legislators to think of the optimal oral health care of the children throughout the year.



▲ Front, left to right: *Natasha Bramley (OR), Nancy Hsieh (CA), Jessica Robertson (AZ), Chanel McCreedy (CA), Bri Butler (WA), Sarah Hulland (AB), Jessy Blanco (AK), Dick Helton (CA), John Gibbons (WA).* Back, left to right: *Jacob Lee (CA), Erica Hoefl (IL), Christine Roalofs (CA), Joseph Sease (OR), Robin Wright (IL), Cody Hughes (NV).*

Therefore, pursuant to the **Call-A-Thon** instituted last July by the chapter leaders and numerous member advocates in the Western District, another one was held on Tuesday, October 29th, 2019. As children and parents celebrated Halloween across the nation, it was an opportune time for our legislators to think of "Candies-Cavities-Children." Furthermore, the grassroots advocates in the AAPD Districts participated in the **Call-A-Thon** to our legislators asking them to co-sponsor the bicameral bill (S. 359 and H.R. 996), with each state's PPA quarterbacking for their respective chapter.

As you are aware, the Dental Loan Repayment Assistance Act (S. 359, H.R. 996) exempts certain dental faculty participants from paying tax on the

federal loan repayment credit (Title VII) they receive. We need to continually recruit the finest aspiring academicians to teach dental students and pediatric dental residents; however, due to the huge loans they are burdened with upon graduation, those would-be, full-time academics cannot afford to do so. Title VII grants allow programs to constantly seek and retain gifted and dedicated early career faculty. Our specialty continues to be in need of educators like Don Duperon, Larry Luke, John Groper, Dave Good, Rick Udin, Pam Den Besten, Ray Stewart, Joel Berg, Rebecca Slayton, Lynn Fujimoto, and many others who have immensely influenced the dental

students and the pediatric dental residents who, in turn, are providing the best dental care for their child patients.

Our advocacy is steadfast on multiple levels, ranging from telephone calls, to visiting the legislators' offices, to one-on-one appeals with a member of Congress. I invite you to support this worthy cause! If you have not called your legislators, please contact our PPA, Dr. Natalie Mansour, to obtain the advocacy instructions and make the calls. Our calls will make the legislators take notice of our purpose. If the bills pass, then we will thank them for their sound leadership when we meet in March. If they do not, then we will resolutely remind them of their commitment to the high-quality dental care for the children in the states and the districts they serve.



# DISCIPLINARY PROCESS OVERVIEW

Dr. Paul Reggiardo & Dr. Natalie Mansour

*The Dental Board of California met May 15-16, 2019, in Anaheim. The following report summarizes actions and issues coming before the Board pertinent to pediatric oral health. Members having questions or comments should contact CSPD's Public Policy Advocate, Dr. Natalie Mansour, at [natalie.usc.trojan@gmail.com](mailto:natalie.usc.trojan@gmail.com) or CSPD Executive Director, Dr. Paul Reggiardo, at [reggiardo@prodigy.net](mailto:reggiardo@prodigy.net).*

As licensees should be aware, the Dental Board of California operates, as a component of its legislative mandate, an enforcement program to investigate reported criminal and administrative violations of the Dental Practice Act. If suspected violations are identified through the Board's investigative process, the dentist is then referred for criminal and/or administrative proceedings. The following narrative explains the Board's disciplinary process as reported at the August meeting.

When the Board's Enforcement Division recommends that disciplinary action should be taken, the case is referred to the Attorney General's Office for prosecution. A Deputy Attorney General then prepares an accusation (similar to an indictment in a criminal proceeding) which initiates a formal judicial process.

Upon receipt of the accusation, the respondent has 15 days to file a *Notice of Defense*, which establishes the right to dispute merits of the case at a hearing before an Administrative Law Judge. If such notice is not filed, the right to contest the charges is automatically waived and the Board proceeds to take whatever action it has proposed under what is called a *Default Decision*.

At any time during the adjudication process, the accused dentist or the Board may propose a settlement agreement. The prosecutor (the Deputy Attorney General) must consult with the Board's Executive Officer before offering or agreeing to any settlement terms. Settlements normally follow the Board's published *Disciplinary Guide-*

*lines*, which provide the maximum and minimum discipline that may be imposed for each violation of law or regulation. The *Disciplinary Guidelines* also contain standard and optional terms and conditions if the respondent dentist is to be placed on probation. The Deputy Attorney General may discuss a potential settlement directly with the respondent or the respondent's legal counsel or may propose such resolution in a formal settlement conference presided over by an Administrative Law Judge.

During settlement negotiations, both parties are allowed to provide evidence emphasizing the strengths of their arguments and the weaknesses of the opposing side. Except in unusual circumstances which demonstrate the Board's case is not sustainable, settlement requires some level of compromise by both sides. The factors considered during settlement discussions include the seriousness of the charges, the volume and scope of the accusations, how recent are the allegations, the intent of the dentist, the respondent's evidence of mitigating circumstances or rehabilitation, evidence that some charges are unfounded, and the degree of discipline that may be imposed if the matter goes to hearing.

**The most important factor the Board considers in selecting appropriate action is the protection of the public, not the punishment of the dentist.**

Normally, settlement discussions focus initially on the terms of discipline. The first decision is whether the discipline will involve license revocation or surrender, or some lesser outcome

which usually means a "stayed" revocation of the license and a period of probation under specified terms and conditions. When a respondent agrees to surrender his/her license, the pleading is titled a "Stipulated Surrender of License and Order". All other settlements are titled "Stipulated Settlement and Disciplinary Order". Most cases result in a stipulated settlement of either sort.

If a case is not settled, it then goes to a formal hearing before an Administrative Law Judge. At the conclusion of the hearing, the judge renders a written proposed decision to the Board. Most proposed decisions are considered well-reasoned, in harmony with the Board's *Disciplinary Guidelines*, and are adopted as being consistent with sound public policy. The Board, however, may reject the decision (something known as non-adoption) and provide its own resolution on the matter. Reasons for non-adoption may include the Board's perception that the Administrative Law Judge made an error in applying the correct burden or standard of proof, made an error in applying the relevant standard of practice, made an error in interpreting the licensing law and/or regulations, that the findings or legal conclusions do not appear to be supported by the evidence, or that the proposed decision does not provide sufficient public protection given the nature of the violations.

The decision of the Board becomes effective 30 days after it has been personally served on, or sent by registered mail to, the respondent dentist, regardless of any subsequent attempt to appeal or reverse the ruling.

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# LEGISLATIVE BILLS OF INTEREST TO CSPD

— Dr. Natalie Mansour - Public Policy Advocate

## **AB 764 (Bonta): Sugar Sweetened Beverages**

This bill would prohibit a soda company from offering a manufacturers coupon to their partnering manufacturing, distributor or retailer.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *This bill would support evidence of the link between obesity, diabetes, dental disease, and heart disease and the consumption of sugar-sweetened beverages by enacting legislation to restrict beverage companies from offering promotional and marketing incentives, including manufacturers coupons, to their partners to subsidize the lower retail costs of sugar-sweetened beverages. This bill would also directly prohibit the soda company's ability to offer promotional and marketing incentives to its partners. It would directly impact the industry's ability to influence price reductions on sugar-sweetened beverages in underperforming communities, or communities where soda purchasing is down. This is a CDA sponsored bill.*

## **AB 765 (Wicks): Healthy Check Out Aisles For Healthy Families Act**

The bill prohibits placement of sugar-sweetened beverages near the checkout counter at supermarkets, larger grocery stores, supercenters, and warehouse clubs.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *This bill would enact the California Healthy Checkout Aisles for Healthy Families Act, and would require a store to make available only specified beverages, including milk*

*and natural fruit and vegetable juice, in the checkout areas of the store. The bill would require an unspecified state agency to administer and enforce the act, and would authorize the unspecified state agency to impose a civil penalty on a person or entity that violates the provision for deposit into the California Healthy Checkout Aisles for Healthy Families Fund, as established by the bill, to be expended upon appropriation by the Legislature for the enforcement of these provisions. This is a CDA sponsored bill. This bill will scheduled to be heard at the Assembly Health committee on April 23.*

## **AB 766 (Chiu): Unsealed Beverage Container Portion Cap**

Summary: This bill bans the sale of unsealed beverages larger than 16 ounces at food service establishments, including restaurants with self-service soda fountains.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *This bill would prohibit a retailer from selling, offering for sale, or otherwise providing to a consumer an unsealed beverage container, as defined, that is able to contain more than 16 fluid ounces. The bill would define retailer to mean any person, firm, corporation, or business that sells, offers for sale, or otherwise provides a sugar-sweetened beverage to a consumer. This bill would make a violation of this prohibition punishable as an infraction, or a civil penalty in an action brought by the Attorney General, or a district attorney, county counsel, or city attorney, of \$200 for the first violation, \$500 for the second violation, and \$1,000 for each subsequent violation. This is a CDA sponsored bill. The author decided at the Assembly Health Committee to pull the bill from being heard. It has been currently placed on hold.*

## **SB 347 (Manning): Sugar-Sweetened Beverages: Safety Warnings**

Summary: This bill requires a warning label on sugar-sweetened beverages to help educate consumers as they make purchasing decisions.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *This bill would establish the Sugar-Sweetened Beverages Safety Warning Act, which would prohibit a person from distributing, selling, or offering for sale a sugar-sweetened beverage in a sealed beverage container, a multipack of sugar-sweetened beverages, or a concentrate, in this state unless the sealed beverage container, multipack, or packaging of the concentrate bears a safety warning. The bill also would require every person who owns, leases, or otherwise legally controls the premises where a vending machine or beverage dispensing machine is located, or where a sugar-sweetened beverage is sold in an unsealed container, to place a specified safety warning in certain locations, including on the exterior of any vending machine that includes a sugar-sweetened beverage for sale. This bill would also create the Sugar-Sweetened Beverages Safety Warning Fund for the receipt of all moneys collected for violations of those provisions. The bill would allocate moneys in this fund, upon appropriation by the Legislature, to the department for the purpose of enforcing those provisions. The bill would make legislative findings and declarations relating to the consumption of sugar-sweetened beverages, obesity, and dental disease. This bill is being held in the suspense file of the Senate Appropriations Committee.*

**AB 138 (Bloom) California  
Community Health Fund**

This bill creates a fee on sodas and other sugary beverages and uses the new revenue to offset health and economic costs associated with overconsumption of sugar.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *This bill would establish the California Community Health Fund in the State Treasury, where moneys in the fund shall be used to diminish the human and economic costs of diabetes, obesity, and heart and dental disease in California. It is also the intent of the Legislature that moneys in the fund support health, education, and wellness programs designed to prevent and treat diabetes, obesity, and heart and dental disease, thereby reducing the burden of health conditions related to the overconsumption of sugar-sweetened beverage products.*

**AB 954 (Wood): Dental services:  
third-party network access**

This bill would require dental benefit plans to be more transparent about the common practice of “leasing” access to their network of contracted dentists to a separate third-party benefit plan.

**CSPD:** *Under Consideration*

**Outcome:** *Approved and signed into law by the Governor. The law takes effect January 1.*

**Comment:** *This bill will require dental benefits plans to be more transparent about the common practice of leasing access to a network of contracted dentists from another dental plan. The benefits of network leasing are increased visibility and patient retention. The disadvantages are that dentists sign with one plan and are not aware their contract gets sold and the purchasing plan is not required to comply with the terms the provider originally agreed to. This bill will require dental plans to identify the third party access provision, maintain a website with a list of all third parties who have access to the network contract, allow the provider to opt out of the third party access, and require the selling dental plan to notify the purchasing plan of any contract terminations within 30 days. This is a CDA sponsored bill.*

**SB 154 (Pan): Denti-Cal: Silver  
Diamine Fluoride Benefit**

This bill would make the application of silver diamine fluoride as a caries-arrestment agent a Denti-Cal program benefit for children age six and under, persons with disabilities, and adults in assisted living arrangements. It includes provisions requiring specific informed consent and that the service is part of a comprehensive patient treatment plan.

**CSPD Position:** *Support*

**Outcome:** *Vetoed by the Governor.*

**Comment:** *The Department has declined to act under its own jurisdiction to make CDT code D1354 a program benefit. The bill passed both houses and was vetoed by the governor's office. Gov. Newsom stated that "Expanding the options available for treating dental decay is a worthwhile policy goal, but this bill would require significant General Fund spending not included in the state budget. As such, this change should be considered in the annual budget process."*

**AB 1519 (Low): Healing Arts**

Extends the sunset date for the Dental Board of California (DBC) until January 1, 2024 and makes additional technical changes, statutory improvements, and policy reforms in response to issues raised during the DBC's sunset review process.

**CSPD Position:** *Support*

**Outcome:** *Approved and signed into law by the Governor.*

**Comment:** *This bill offers an important provision in regard to consumer protections for patients that are receiving treatment through teledentistry and establishes some basic responsibilities of the treating dentist. Health care providers under AB 1519 will be held to a standard of care while providing orthodontic telehealth services no less stringent than providing the same care in their own offices. The treating dentist, prior to diagnosis, must perform an assessment and review the patient's most recent dental x-rays, or a take a newer x-rays if necessary, prior to the movement of teeth. Critically, all individuals, partnerships, corporations or entities providing oral health services through teledentistry will*

*be required to disclose the name and California state license number of any dentist involved in a plan or provision of care prior to or any time during the rendering of such services. This preserves the ability of patients outside of traditional office delivery to effectively report problematic outcomes to the Dental Board of California for proper investigation and follow-up.*

**AB 316 (Ramos) Medi-Cal: benefits:  
beneficiaries with special dental care  
needs**

This bill is intended to improve access to care for children and adults with chronic medical, mental, behavioral or developmental conditions and disabilities that complicate their dental care, by increasing compensation for providers who treat them. This bill would require the department to implement a special needs treatment and management benefit that would be provided for 4 visits in a 12-month period for a Medi-Cal dental program beneficiary with special dental care needs, as defined. The bill would require a Medi-Cal dental program provider to document specified information, including the need for additional time to treat a Medi-Cal dental program beneficiary with special dental care needs, for purposes of reimbursement.

**Outcome:** *Failing consideration by the 2019 legislature.*

**Comment:** *Patients with special needs often have higher rates of untreated dental caries, severe gum infections and missing teeth. Because it is difficult to find providers who can accommodate their needs, they may forgo dental treatment. These patients often require providers to spend additional time and furnish additional resources, resulting in higher associated costs, and some may require multiple visits to complete procedures. This bill would take the proposition 56 supplemental funding and make it a part of the governor's state budget for those beneficiaries with special needs.*

# CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY

## California State Chapter American Academy of Pediatric Dentistry



September 20, 2019

The Honorable Gavin Newsom  
Governor of the State of California  
State Capitol  
Sacramento, CA 95814

Delivered by Electronic Transmission

**Re: AB 1519 (Low) – Healing Arts REQUEST FOR SIGNATURE**

Dear Governor Newsom:

The California Society of Pediatric Dentistry supports AB 1519. Among its provisions is an important section establishing fundamental consumer protections for patients receiving care under the relatively new field of teledentistry.

Teledentistry is an evolving component of oral healthcare delivery. This bill offers consumer protections for patients that are receiving treatment through this relatively new field and establishes some basic responsibilities of the treating dentist. Health care providers under AB 1519 will be held to a standard of care while providing orthodontic telehealth services no less stringent than providing the same care in their own offices. The treating dentist, prior to diagnosis, must perform an assessment and review the patient's most recent dental x-rays, or a take a newer x-rays if necessary, prior to the movement of teeth. Critically, all individuals, partnerships, corporations or entities providing oral health services through teledentistry will be required to disclose the name and California state license number of any dentist involved in a plan or provision of care prior to or any time during the rendering of such services. This preserves the ability of patients outside of traditional office delivery to effectively report problematic outcomes to the Dental Board of California for proper investigation and follow-up.

Teledentistry has the potential to dramatically change our profession and expand access to care, but it must be done with proper protection and the safety of the patient in mind. With emerging telehealth business models offering services partially or completely online, it is vital that the same professional standards of care be maintained as with in-person treatment. We strongly encourage you to sign this bill into law.

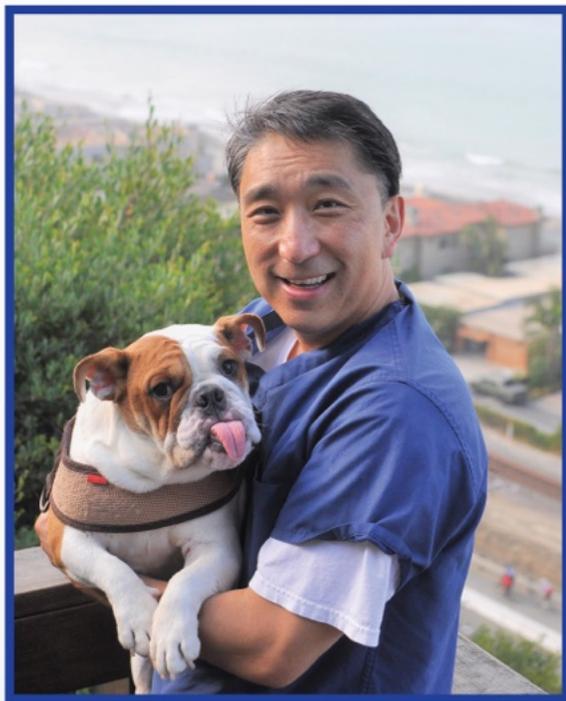
Susan Tavana  
President, California Society of Pediatric Dentistry

Natalie Mansour, DMD  
Public Policy Advocate, California Society of Pediatric Dentistry

CSPD is the professional membership organization of California's over 800 pediatric dental providers, educators and researchers. Our members provide primary and specialty comprehensive pediatric oral health care, with a mission of serving our members and the public by advocating for the optimal oral health of infants, children and adolescents. We are the state chapter of the American Academy of Pediatric Dentistry and have been active in state oral health advocacy since our founding in 1975. Our members provide nearly a third of all pediatric oral health services in the state and are even more highly involved in services to the very young and to patients with disabilities and special health care needs.

cc: Assemblymember Evan Low  
Officers and Directors, California Society of Pediatric Dentistry

Executive Director: Paul Reggiardo, DDS E-mail: [Reggiardo@prodigy.net](mailto:Reggiardo@prodigy.net) Tel: (916) 231-2142 Fax: (916) 231-2141  
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## JOIN US IN THE “CITY BY THE BAY”

— Dr. Oariona Lowe - *Annual Meeting Co-Chair*

A stellar line up of speakers and topics is planned for you at our upcoming, exciting 2020 Annual Meeting at the luxurious Fairmont Hotel in San Francisco, CA from March 5-8, 2020. Get exhilarated and take home a wealth of knowledge that can be immediately utilized! This year’s Academic session will commence with an outstanding presentation Friday morning by Dr. Beth Davis a board certified developmental behavioral pediatrician from the University of Virginia. She will be addressing “Developmental Red Flags” in the Pediatric dental office. Her lecture will show

us how to recognize common patterns of developmental delay, symptoms of Autism, how to anticipate behavioral problems, and ways to adapt office visits for children with developmental disabilities. Attendees will not want to miss any part of her fascinating lecture.

Following Dr. Davis’s lecture is a presentation by Dr. Stacey Quo, an orthodontist from Palo Alto CA who treats sleep disordered breathing (SDB). Dr. Quo teaches at the Stanford School of Medicine’s Sleep Clinic and at the UCSF School of Dentistry. Her lecture will review the current therapies for Obstructive Sleep Apnea (OSA) and outcome data on OSA treatments with emphasis on pediatric therapies. Attendees will also learn the differences between normal and abnormal breathing and its deleterious consequences.

Dr. Kevin Donly will present on “Esthetic Dentistry for Children” on Friday afternoon. He will discuss topics ranging from contemporary minimally invasive restorative dentistry to extensive restorative dentistry, remineralizing agents and restorative materials, microabrasion and bleaching for esthetic appearances. His lecture will also cover glass ionomer cements and esthetic crowns.

Dr. Cathy Flaitz will capture the audiences’ attention on Saturday morning with “A mixed bag of Oral Lesions, giving us diagnostic tips and treatment options.” Dr. Flaitz will show us how to diagnose a variety of common oral lesions in children, enlighten us on new entities and findings about well-known disorders. She will also show us how to select the

best management approaches for the child patient.

A lecture session on “Practice Success”

is planned for Saturday afternoon. It is geared to the Early Career pediatric dentist, but the session is open to all dentists in all stages of private practice. Understanding employment agreements will be addressed by Cathryn Albrecht, Esq. of the ADA. Magbitang Financial and Bank of America will present on Debt and Wealth management. “Troubleshooting Social Media challenges in your Practice” will also be presented. All practitioners are invited to attend this lecture session which will be very informative.

On Sunday morning a phenomenal

lecture on Pediatric Dentistry and Lasers is planned which will complete our academic program. Dr. Peter Rechmann from the University of California San Francisco School of Dentistry will speak on the scientific basis and advantages of using lasers in dentistry and private practice. Dr. Jared Poplin, a Board certified practicing pediatric dentist from Austin, Texas will address the clinical applications of using a CO2 all tissue laser in hard and soft tissue procedures. Lasers are the future of dentistry. Don’t miss this lecture presentation which is designed to give you a better understanding on the contemporary uses of lasers. It will amaze you!

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# Pediatric Dentistry by the Bay

CSPD/WSPD Annual Meeting • March 2020

## CONFERENCE SPEAKERS



*CATHERINE FLAITZ, DDS, MS*



*KEVIN DONLY, DDS, MS*



*BETH ELLEN DAVIS, MD, MPH*



*CATHRYN ALBRECHT, ESQ.*



*JARED POPLIN, DMD*



*STACEY QUO, DDS, MS*



*PETER RECHMANN, DMD, PHD*

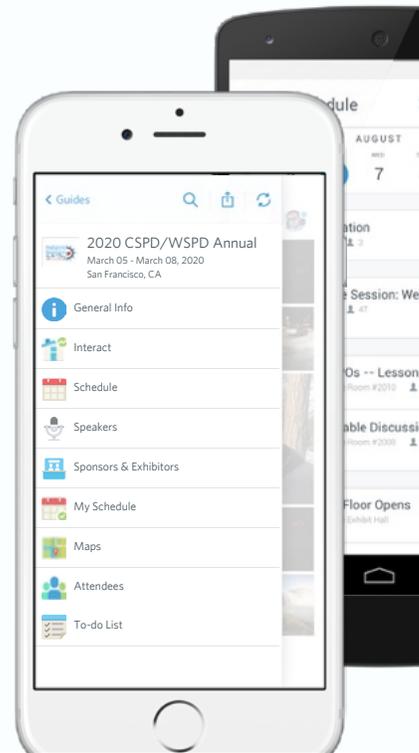
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S O L E A



# PLANNING A DATA-DRIVEN ANNUAL MEETING

— Dr. Gila Dorostkar - *Annual Meeting Co-Chair*

I'd like to give you an inside glimpse of some of the planning strategies for our Annual Meeting this year in San Francisco. Every single detail of the Meeting has been carefully designed in response to CSPD member feedback and data gleaned from various surveys, workgroups, and personal interactions. This is, after all, your meeting and it is important to CSPD that we plan one that is effective, beneficial, and of value to our members.

One example of a data-driven decision is the introduction of a Dental Team Day track of programming planned for Friday during the Meeting. Approximately a year ago, a staff survey was distributed to 50 pediatric dental practices in California. Most team members expressed the wish to attend for one day only and that preferred day was Friday. Main topics of interest included marketing their practice and restorative dentistry. They also wanted the opportunity to sample more restorative products on the exhibit floor. Staff wanted the chance to attend lectures with their doctor and also have the opportunity to network with other pediatric dental teams. I hope you are considering bringing your team to San Francisco because we have arranged a sensational staff program that will be both educational and fun.

After consulting with a small workgroup of New Dentists, the track of programming geared for residents and members who have been in practice for less than 10 years is focused on financial management

and loan repayments, troubleshooting social media challenges, and employee and partnership contracts. The Annual Meeting Committee also added two New Dentist consultants to offer their insight with all aspects of the planning. One result of their input will be inviting brand new exhibitors, especially ones with eco-friendly, natural products. Resident poster presentations will be held right in the Exhibit Hall this year and spread out throughout the meeting instead of all consolidated on early Sunday morning.

***"...we are injecting new life and energy to the exhibit hall...There will be more product and sample giveaways, show specials, raffles..."***

We are developing a different format for the Friday member lunch including a new way of introducing our residents and program directors, a buffet meal instead of a plated one, and a sleek program highlighting presenters of most interest to our membership. A special designated time has been allotted on Friday morning for Installation of the Officers and the Business Meeting so that members can participate more directly and enjoy breakfast at the same time.

And we are injecting new life and energy to the exhibit hall this year after some very candid one-on-one conversations with some of our most loyal sponsors. There will be more product and sample giveaways, show specials, raffles, and the opportunity to visit first-time vendors that have been newly recruited to attend.

Let's not forget the important social parts of our Meeting. There will be various opportunities throughout the weekend for members to mingle and network and also not miss out on the world-class restaurants and experience of visiting San Francisco. Because of member feedback, the Saturday evening event will be a reception with heavy appetizers instead of a sit-down dinner. Come "Revel" in a unique Cirque du Soleil-themed cocktail party before going out for the evening.

Yes, this will be a data-driven meeting but also look for special surprises and twists that will reflect the heart and community of our CSPD members. We hope to have kept the things you have loved about the Meeting and also improved and reimaged the parts that needed updating. Hope to see you in San Francisco.





# GRAZERS GET MORE CAVITIES

Dr. Chanel McCreedy - Chair of Communications Committee

*"Ugh, how do we get kids to drink more water? Easy answer is, don't offer anything else in between meals (crazy mom dentist speaking!)."*

We only have a few minutes to reach parents and guide them on how to make good dietary choices for their growing baby, toddler, preschooler and child. Making a few key suggestions at the right time can make a major difference in a child's life. Effective preventive messaging, such as diet counseling, can play a major role in cavity and obesity prevention. The message that "Grazers get more cavities", is based on the science of the Stephan Curve, which measures acid pH after each snack event. We as dentists know that each time we eat or drink fermentable carbohydrates, our mouth becomes acidic for 20 minutes. Many parents like to provide their children snack trays or Tupperware with snack bites to keep their children busy throughout the day, but this is a bad habit that diminishes oral health and promotes decay. Habitual grazing seems like a good idea, but creates a series of acid exposures throughout the day that can dissolve their teeth. Grazing habits can lead to multiple hours of acid attacks on the enamel of teeth. This is something parents should know. **Scheduled meals and snacks create better eaters, prevent cavities, and make life less stressful** for parents because kids become hungry at predictable times.

*"If you see something, say something."* Whether you are a general dentist or pediatric dentist, it is an important concept to remember. If you see a toddler patient with easy access to a sippy cup or bottle of milk, kindly bring it up in your diet counseling and remind parents *"easy access to milk is a fast way to get cavities."* Sippy

cups prevent spills, this is a must for parental sanity. If you see a sippy cup of milk, say to parents that sippy cups are fine, as long as the milk is finished while the child is seated having a meal. When the meal is over, switch over to water. *"Milk with meals is fine"* as children often need the protein and fat for growth and brain development, but children should have water in between meals.

Ugh, how do we get kids to drink more water? Easy answer is, don't offer anything else in between meals (crazy mom dentist speaking!). I am a dentist but also a parent of two young children. In my house, we start early. As soon as my kids could sit up or sit in a high chair, we offered a Munchkin 360 cup of water. They both loved the independence and immediate gratification of choosing to drink when they wanted to. My kids love water and have progressively drank more and more water as they have aged. As I said, we also don't offer anything else, except for *"milk with meals."*

*"Eat closer to the earth."* The closer your foods are to where they came from, the less likely they are to cause cavities. Grapes better than raisins, cheese better than cheese crackers. During diet counseling, remind parents that the more processed the food the more simple the sugar will be. Simple sugars easily break down to glucose and bacteria go crazy for it!

How can we *"eat closer to the earth?"* Do it as a family! Eating as a family has many benefits! A family that reserves time and makes a priority to sit at the dinner table together gains multiple benefits of good parental modeling, conversations and wholesome eating habits. Two fun ideas include *"veggie plates"* and *"family fruit plate."* During dinner, no matter what else is being served, always place a large plate of



raw veggies on the table (tomatoes, carrots, cucumbers, spinach). Kids will eat more of these veggies than you think! Plus, if they don't love the dinner menu, the veggies are always ready. At the end of the meal, serve a large *"family fruit plate"* so that everyone can serve themselves dessert. Kids will watch their parents eat more veggies and fruits, and they will follow along!

During your routine check-ups, use the precious few moments you have with each family to provide key messages in your dietary counseling to prevent cavities and obesity. *"Grazers get more cavities,"* so try for scheduled meals and snacks. *"Milk with meals is fine,"* but *"easy access to milk is a fast way to get cavities."* *"Eat closer to the earth,"* avoiding added sugar and processed foods as much as possible. Encourage parents to read labels and not be fooled by disguised sugar phrasing like *"natural sugar cane"* or *"beet sugar"* or *"organic brown sugar"*. Oh yah, *"eating closer to the earth"* also helps kids stay more regular, now this is a huge selling point for parents! Who doesn't love a kid who poops? *"If you see something, say something,"* it is our responsibility.

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## SAME MOBILE APP, BUT NEW FEATURES!

Dr. Steven Niethamer - *Website Editor*

### New Annual Meeting Website and App

Information about the annual meeting at the San Francisco's Fairmont Hotel should all be conveniently available online. Look for a link from the CSPD homepage and meeting emails to the CSPD/WSPD Annual Meeting website at [conference.cspd.org](http://conference.cspd.org). There you can find the agenda with links to program, speaker and social event information.

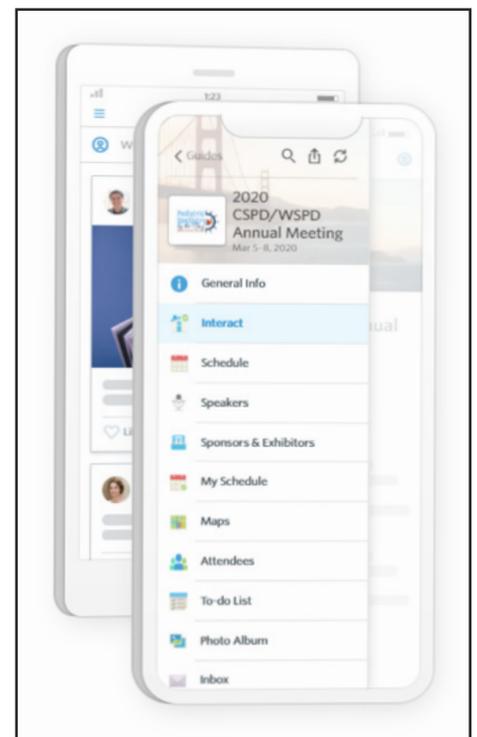
This year, again, there will be another Meeting Application (App) created with **Guidebook** software. As soon as possible, all attendees should download and install this program on their handheld devices from <https://guidebook.com/g/2020cspd/>. I suggest that we explore this App before arriving at the Fairmont. There will also be help available near the registration desk.

This Guidebook Meeting App is an exciting improvement to our annual meetings. View the latest meeting schedule that can be individualized to each member's interests. All program and speaker information should be within a few clicks. Check-in initially to the meeting app, create your own preferences and view lists of other meeting attendees. We can share photos and send messages and comments to individuals and other program participants. Download and view lecture slide and handout PDFs to help us better follow the lectures.

### Meeting App will contain your own QR Code

New this year is the ability to verify your attendance at lecture events by using a QR Code to check-in. We hope that this upgrade will greatly improve our experience. Since our Meeting App will be connected to our personal information, the process of answering meeting surveys, lecture/speaker questions and receiving our continuing education credits should be simplified. For this system to work, each of us will need to scan our QR code by door monitors when entering the lecture.

Please understand that all of these Meeting App features depend on data transfer either by Wi-Fi connections or by cellular network connections. This means that we all should download and update our Guidebook Meeting App before we sit down in the lecture room.



# TOUCHING LIVES

— Dr. Steve Chan

During my residency, the old guys often told us,  
*“You’ll become a **real** pediatric dentist...when you become a parent.”*

As a specialist-in-training:  
 You study your craft...*“on beyond Zebra”*.

You learn – advanced technical skills.  
 You see – many more variations - of the patterns before you.  
 You learn to see – many more behaviors - of kids...and their parents...

You cite the literature.  
 You recite the science.  
 You hold - *the collective wisdom of the Academy guidelines* – before you.

First time parents - come to you - with **their** baby. It is *their* very first time.  
 You listen...you ask questions...you look for the pattern...and...you explain.  
 You are starting a journey – with, and for - of each them.

As a doctor – your first role - is to teach.  
 So then - you go into your programmed monologue.

As you explain what you see - the word balloons over the parents’ heads read:  
*“Don’t hurt my kid.”*  
*“Tell me that my baby is okay.”*

You’re eager to share the science.  
 You’re eager to use your special skills.  
 You’re eager to tell that parent how to “fix” it.

You’re trying to convince this parent:  
*“This is what you need to do.”*  
 You watch. Am I connecting?

Consider. An ADA Editor once observed: *“Science doesn’t care what you believe”*

Yet - in pediatrics – the yin to the yang - of this aphorism sees:

*“Parents - don’t care what your science believes.”*

Millennials learn - from elsewhere.

Then comes a career of pulpotomies, stainless steel crowns, composites, extractions, sedation – and the monologue...lots of them.



In time - I had my first kid. Now – I’m a parent.

I see my baby’s face. I saw things differently.

I now understand the words - that I once gave to parents.  
 The conversations – and yes, even the informed consent...change.

That conversation...became more than just the science.  
 Did I connect differently?

Now - I’m the old guy.  
 I hold my *first* grandson in my arms.  
 I see things differently.

Oh, I’ve seen a fair number of newborns - within weeks of life.  
 In my career, we’ve seen lots of our babies – who now bring their babies to us.

But now I see my grandson’s face. I understand much more.

Our sampling of this universe – is in the hundreds of thousands.  
 And yet, for parents who bring their baby to you...This is *their* first time.

Babies cry.  
 Babies cling to their mom and dad.  
 Parents cling to their baby.

The new mom and dad asks:  
*“What is this - in my baby’s mouth?”*  
 Are the words – just the science?  
 You look in their eyes.  
 Are you connecting?

Fast forward. In a blink of an eye...  
 Every year, a crop of our babies – are graduating from high school.  
 They, the parents and you...went through a lot of life together.  
 Many – don’t want to leave.  
 Are you connected?

And when those babies grow up...they see you – around town.

They have the need – to come up to you – just to say “Hi!”.

They need to share - what they remember.  
 They need to share - what’s happening in their lives.

Was it just the technical craft?

Then...lots of babies - who once were your patients - are now parents...  
 They seek you out. They want *you* to see - *their* baby.

They could go to someone closer . . . or where their insurance tells them to go...or where the Internet says, *“Look at me!”*

Is this deep-seated homing instinct – more than what you did for a living?

One day, some of your babies come back – and say, *“I want to do what you do...”*

Was it just your technical craft – that touched those kids?

You study your technical craft - better than anyone else.

And yet, of all the specialties, pediatric dentistry is the most human.

We get the privilege – to *touch* many lives.

# NEW RESIDENTS

## LOMA LINDA UNIVERSITY



**Dr. Luana J. Lim** graduated from Arizona School of Dentistry & Oral Health in May 2019. In dental school, she found her calling and

passion for the pediatric community, encompassing the medically complex and special needs, and decided to pursue pediatric dentistry at Loma Linda University. For fun, she loves to travel and eat. She and her husband are excited to finally move back to California (to be closer to family and friends), and start her pediatric residency!



**Dr. Nadia Barakat** graduated from Loma Linda University School of Dentistry in May 2019. Throughout dental school, she

developed a passion working with children, so she is excited to continue her training in pediatric dentistry here at LLU. In her free time, she enjoys exploring new coffee shops and restaurants with friends and family. Upon completion of the program, she hopes to work in private practice in California and continue working with families to optimize oral health for the children in her community.



**Dr. Sara El-Sherbini** was raised in the beautiful sunshine state of Florida. She graduated from the University of Florida (UF) with a

Bachelor's of Science in Psychology. She loved the University of Florida so much (Go Gators!!!) that she decided to complete her doctoral studies in Dental Medicine at the College of Dentistry and graduated in 2013. Following graduation, she moved to New York City and completed a two year general practice residency at BronxCare Hospital focusing on

Special Needs Dentistry and serving as Chief Resident during her second year. As chief resident, she completed a certificate program in Dental Education through AAL and fell in love with academia and special needs patients, specifically pediatric patients. After residency, she decided to move back to Florida and practiced for three years in an underserved community where she treated a significant amount of medically compromised patients. After experiencing situations where her patients needed to see a pediatric dentist but couldn't find a provider, she decided to further her education in advanced training and was accepted into Loma Linda School of Dentistry Pediatric Dentistry Residency Program. In her spare time, she enjoys spending time with her husband, their two dogs Iris and Ivy, traveling and eating exotic foods, and serving as a Clinical Director for Special Smiles, Special Olympics of Southern California. After residency, she plans on pursuing a career in teaching and working in underserved communities locally in the Inland Empire.



**Dr. Mariam Alkheder** graduated from Kuwait University (KU) in 2016. After graduation, she worked as a general dentist in the Ministry

of Health in Kuwait. Later, she joined the Faculty of Dentistry in KU as a Pediatric Dentistry scholarship holder. During this time, she worked on providing preventative and restorative oral care for pediatric patients as well as being involved in different research projects. She is extremely excited to continue her education and further expand her knowledge and training in all aspects of Pediatric Dentistry at Loma Linda University's Pediatric Dentistry Program. During her free time, she enjoys solving jigsaw puzzles while watching her favorite shows, exploring new places and restaurants with friends, and cooking. Upon completion of the program, she

intends to obtain full American board certification in Pediatric Dentistry and then return to Kuwait, where she will be teaching at the Faculty of Dentistry in Kuwait University.

## UNIVERSITY OF CALIFORNIA SAN FRANCISCO



**Dr. Kim JungSoo** received her Doctor of Dental Surgery degree from UCSF in 2019 and Bachelor of Science degree with High Honors from the

University of Michigan, Ann Arbor in 2011. She is currently working towards her Master of Science degree in Oral and Craniofacial Sciences.

At UCSF, JungSoo is actively involved with the HRSA pre-doctoral training grant on general, pediatric and public health dentistry. She leads the outcome assessments of multiple projects, including interprofessional children's oral health training programs and outreach programs for underrepresented minority students. She was the recipient of the 2019 Certificate of Merit Pre-Doctoral Student Award from the American Academy of Pediatric Dentistry at graduation. For her work in public health dentistry, she received the 2018 Anthony Westwater Jong Memorial Community Dental Health Award from the American Public Health Association, 2018 Student Merit Award for Outstanding Achievement in Community Dentistry from the American Association of Public Health Dentistry and the UCSF Student Award for Achievement in Global Oral Health for her community work with team members.



**Dr. Pardis Lardis** was born in Iran and raised in Menlo Park, California. She moved to Los Angeles and completed her undergraduate studies

at UCLA with a degree in Sociology. While she enjoyed her time in Los Angeles, Pardis moved back to the Bay Area to complete a post-baccalaureate program at San Francisco State University (SFSU) where she later served as the Dental Post-Baccalaureate program coordinator and also taught dental school preparation courses.

Pardis attended dental school at UCSF where she served as class president for her first two years and student body president during her third year. While in dental school, Pardis held numerous leadership positions, conducted research in antibiotic stewardship, provided dental care to children in outside clinics, and was inducted into the Omicron Kappa Upsilon national dental honor society, which recognizes students for their academic excellence, strength of character, and professional integrity.



**Dr. Michelle Tsao** was born in Portland, Oregon and raised in Hong Kong. She moved to Chicago to attend Northwestern University, where she received her B.S. in Communication Sciences and Disorders and minor in Business Institutions.

She moved to Boston and graduated with her DMD from Tufts University School of Dental Medicine in 2014. While there, she was a recipient of the Deans Research Scholarship Award and presented her research annually at the national dental research conference (AADR/IADR).

Upon graduation from dental school, Michelle moved to Los Angeles and completed her General Practice Residency program at LAC-USC Medical Center where she discovered her passion for hospital dentistry and working with patients with special needs. After graduation, she then moved to Portland, Maine to become a full-time professor at the University of New England College of Dental Medicine where she taught pre-doctoral dental students.



**Dr. Carl Buchanon** was born and raised in South Bend, IN. He received his B.S. in Psychology from the University of Michigan in 2011. He then went on to complete his Masters in Public Health (MPH) from Texas A&M University School of Rural Public Health in 2013.

In 2019 he completed his dental training at the University of Michigan where he received the American Academy of Pediatric Dentistry Award, the International College of Dentists Humanitarian Award, the Ryan E. Turner Memorial Award, and the Samuel D. Harris Award for Excellence in Pediatric Dentistry. Carl's interest in pediatric dentistry did not come until his third year of dental school when he did his pediatric rotation. He went on to do a rotation at Bay Cliff, a summer camp for special needs children in northern Michigan and the rest is history.



**Dr. Kei Katsura** was born in Berkeley, CA. Dr. Kei grew up in Orinda, CA, wanting to be just like her parents: a dentist like her dad and a researcher like her mom. She moved to Vermont to attend Middlebury College, where she pursued a double major in Spanish and Biology, and she was able to ski every winter in between classes! Dr. Kei returned home to attend UCSF for graduate school, and her favorite moments were teaching as an anatomy TA and serving as Academic Chair for Psi Omega.

During her dental studies, Dr. Kei also earned her PhD in Oral and Craniofacial Sciences, focusing on Amelogenesis imperfecta and regenerative techniques for tooth enamel development and mineralization through the role of intracellular vesicle trafficking. She graduated with honors and was awarded the Merit Fellowship Award, Maxwell Scholarship, and an NIH-funded fellowship grant for her research. In her spare time, Dr. Kei is a volunteer at UCSF's homeless shelter clinic and travels annually to Guatemala for dental mission trips. But mostly, she loves learning about science, skiing with friends and family, and dancing around the house!



**Dr. Jack Bayless** was born and raised on the Monterey Peninsula. He graduated from the University of California, Berkeley

with a B.S. in Biology. Jack earned his M.S. in Oral Health Sciences from Boston University and D.D.S. from the University of California, Los Angeles. While at UCLA, Jack was part of the pediatric dentistry club leadership and provided dental care to underserved populations around Los Angeles through the Infant Oral Care program. Jack first found his passion for pediatric dentistry while volunteering to treat patients on the Rio Dulce in Guatemala through the non-profit International Health Emissaries.

When he is away from the clinic, Jack loves to fly fish, take his Miata out to Laguna Seca Raceway, and pretend to be a surfer. Jack is excited to be a member of the inaugural class of the UCSF Children's Hospital of Oakland Two-Year Residency Program.



**Dr. Heidi Kim** was born and raised in China before moving to the U.S. at the age of 16. She received her

B.S. in Statistics with a minor in Biology from the George Washington University. The following year, Heidi worked as a research assistant for Nobel Laureate Dr. Ferid Murad in Washington D.C. She subsequently earned a master's degree in Biochemistry and Molecular Biology from The Johns Hopkins University Bloomberg School of Public Health. She then went on to pursue her Doctorate of Dental Surgery Degree at the University of California, San Francisco (UCSF) where she organized numerous community outreach events to help underprivileged children to maintain their oral health and hygiene. After dental school, Heidi completed General Practice Residency at the University of California, Los Angeles (UCLA) for advanced training in hospital dentistry to serve patients with medically complex conditions and special needs. Outside of residency, Heidi loves traveling and trying out new food.

## UNIVERSITY OF CALIFORNIA LOS ANGELES



**Dr. Sean McGivern** hails from the great state of Iowa (Go Buckeyes!) where he worked as an Associate Dentist at the Iowa Pediatric

Dental Center for the past two years. Sean received both his undergraduate degree in Biology and his Doctorate of Dental Surgery from the University of Iowa. Sean is a pianist, a drummer, and a calligrapher. He is very interested in starting a band with you (please contact him). In his free time Sean enjoys exploring Los Angeles, drinking coffee, and trying not to get a sunburn (twitter: @mysunburn). Sean moved from Iowa City with his fiancée (who will be starting an MFA program in studio arts at UCLA in September) and their dog Blarney. Sean is excited to join the residency program in Pediatric Dentistry and the Masters of Public Health program!



**Dr. Shanelle Shahery** was born and raised in Los Angeles, California... and didn't venture far after that. She obtained her B.A.

in Economics for the University of California, Los Angeles in 2015. After graduating she decided she could not part with UCLA and received her Doctor of Dental Surgery from UCLA School of Dentistry in 2019. She is very excited to now be a Pediatric Resident at UCLA. Yay triple Bruin! Shanelle is the eldest of three, and her sister is unfortunately a Trojan. Growing up, Shanelle danced competitively and performed in various ballet companies. Her love for dance lives on, and is often expressed as study break dance parties. In her free time Shanelle enjoys traveling, working out, and spending time with friends and family. Shanelle is excited to be pursuing her dream job as a Pediatric Dentist and looks forward to meeting the challenges of this wonderful profession!



**Dr. Stephanie Trahan** has enjoyed the adventure and challenges of living in new places her entire life. She was born in Naples, Italy, attended grade school in England, has deep family roots in Vermont and Québec, and played ice hockey while attending Syracuse University. She is a graduate of Boston University's School of Graduate Medical Sciences and Goldman School of Dental Medicine. Major Trahan served five years in the United States Air Force and volunteered with the Special Olympics sailing team while stationed in Georgia. She found she loved working with the special needs population and after her active duty service commitment she became a Clinical Instructor at the Medical University of South Carolina. She then moved to Austin, TX to focus her practice on pediatric and special needs care. Dr. Trahan is extremely excited to be rounding out her worldwide tour in California with her sweet dog Ruthie, and is enjoying the unbeatable weather, gorgeous sailing, year-round gardening, and creative arts culture here in Los Angeles.



**Dr. Imran Ahmed** is forever a Southern California boy who was born and raised in Riverside, CA. He graduated from UC Irvine with a Bachelor

of Science in Neurobiology and continued to UCLA School of Dentistry where he received his D.D.S. degree in 2019. Imran's passions exist at the intersection of pediatric dentistry, public health, and academia so he's excited to combine the training he receives in residency and in the Master of Public Health program to make a lasting impact on children's oral health. When he's not in class or treating patients, Imran enjoys reading new books, hiking scenic trails, escaping from escape rooms, and trying new ice cream spots. He has a huge sweet tooth and knows the ins and outs of dessert places. Rain or shine, he's always prepared for an ice cream run so if you need a sweet treat, you know who to call.



**Dr. Lizeth Correa** is a native Californian, born and raised in the San Fernando Valley. Growing up in a Colombian household, she loves to salsa (dance), hike, cook, and enjoy life.

Dr. Correa is a proud first-generation college student, she obtained her bachelor's in science in Biopsychology at the gorgeous University of California, Santa Barbara in 2013. She stayed in the UC system to attend University of California, Los Angeles to receive her Doctor of Dental Surgery in 2019. Lizeth is thrilled to become a double bruin by being a party of UCLA's Pediatric Dentistry family. She is dedicated to caring for underserved communities and providing culturally competent care. She also looks forward to her role teaching pre-doctoral students since Mentorship is an important aspect of her life.



**Dr. Taylor Addison** is originally from New Orleans, Louisiana. Taylor attended Louisiana State University, majoring in Biological

Sciences. After college, she obtained her Doctorate of Dental Surgery at Meharry Medical College School of Dentistry, Class of 2019. Taylor has a passion for community outreach and serving the underserved. After multiple international medical mission trips, she discovered her passion in pediatric dentistry. With one parent from the small island of Trinidad and the other from New Orleans, Taylor truly enjoys cooking all types of cuisines especially West Indian and Cajun dishes. During her spare time, you can find Taylor traveling, spending quality time with family and friends or in a fitness class. Taylor is elated to be a part of the UCLA Pediatric Dentistry family and is looking forward to the journey ahead.

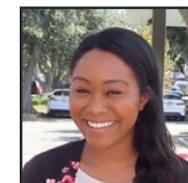


**Dr. Lucas J. Nicholaou**, aka Luke, was born in Detroit and spent most of his childhood and upbringing enjoying the natural splendors

of the beautiful state of Michigan,

especially amongst the "Yoopers" of the Upper Peninsula. Luke went down south to Vanderbilt University (go 'Dores!) and received his B.A. in Neuroscience and Spanish Language & Literature. From Nashville, Luke moved to the Big Apple and received his D.D.S from Columbia University, where he realized his passion for pediatric dentistry. Luke couldn't be more excited to continue his career at UCLA, and feels extremely blessed to live in the incredible city of Los Angeles. Aside from baby teeth, Luke enjoys nature (from the beach to the mountains), rock climbing, concerts (from country to EDM), wearing flannels, and spending time with his family, friends, and black cat named Sheba. Not to mention, he's your go-to guy if you need a partner with which to adventure and explore around LA!

## UNIVERSITY OF SOUTHERN CALIFORNIA



**Dr. Jessica A. Baisley** was born in San Francisco, CA and raised in Richmond, CA. She received her

bachelor's degree in molecular biology from UC Santa Cruz and her DDS degree from UCSF. Her areas of interest in pediatric dentistry include oral conscious sedation, behavior management and interceptive orthodontics. Jessica's future plans include working at FQHC as a NHSC scholar and then open her own private practice in her hometown of Richmond



**Dr. Tina Bastar** was born and raised in Tehran, Iran She graduated from Shahid Beheshti University of

Medical Science where she earned her dental degree then continued at the UCLA International Students program. She is interested in community outreach. Upon

completion of the program, Dr. Bastar plans to explore different options and eventually be involved in academia and private practice.



**Dr. Sinead S. Benyaminov** is a Los Angeles native. She received a BA degree in health and societies from

University of Pennsylvania and her dental degree from USC School of Dentistry. Sinead is interested in special needs, sedation and community health. She also has a love for traveling and hiking. Upon completing the program she hopes to enter private practice and community dentistry.



**Dr. Vi-Khoi Duong** was born in Santa Ana, California but grew up in Corona, CA. He completed his pre-

dental education at University of California Riverside receiving a BS in molecular biology and his dental education at UCLA School of Dentistry. His pediatric dental interests include behavior guidance & patient education. Dr. Duong plans to work in community clinics or private practice.



**Dr. Jesica Gonzalez** was born and raised in Central Valley CA. She received a BS in Chemistry and

a DDS from UCSF. Dr. Gonzalez loves to dance and is interested in community and hospital dentistry as well as behavior management. She plans to serve her community as an NHSC recipient in the future.



**Dr. Shivani Keshav** grew up in Walnut, CA, earned a BS in dental hygiene at UOP then earned

her DDS from USC school of Dentistry. Shivani has an interest in public health, community clinics & patients with complex medical history.



**Dr. Stephen P. O'Donnell**, Trojan at heart, he is a graduate from the Herman Ostrow school of Dentistry

of USC. While in the program he hopes to explore more on behavior management, & special needs dentistry. He has an interest in serving the underserved population and during his off time he likes to cook, hike and go to the beach. After completing the program he plans to stay in California to practice and continue to volunteer in underserved areas as well as travel.



**Dr. Ella Saeed** comes to USC from No. California, a graduate from UCSF School of Dentistry.

Dr Saeed has interest in craniofacial anomalies and pathology. In her free time she loves to hike and run. She looks forward in working both in a hospital setting and private practice as well as academics when she is done with the program.



**Dr. James C. Skahen** is a native to the Orange County, James was raised in Newport Beach. James went

to UC San Diego then transferred to Loma Linda University School of Dentistry. Dr. Skahen's areas of interest include sensory dentistry, and oral health education. He loves family time with his wife and baby. Future plans are to be in private practice working alongside his wife who is a Pediatric Occupational Therapist.



**Dr. Philip L. Yoong** was born in Mission Viejo, CA. He comes to us from the University Of Michigan School Of Dentistry where he obtained his DDS degree. His areas of interest include behavior management. In his free time he loves to play tennis, and listen to music. After graduation he plans to work in private practice and or FQHC along with teaching.

**NYU LANGONE DENTAL MEDICINE**

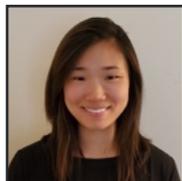


**Dr. Kyim Mung** was born in a small town in the country of Myanmar. At the age of 7, she, along with her family, immigrated to Riverside, California. Growing up in a completely new country, surrounded by a completely new culture was difficult at times but taught her about perseverance and determination. Her parents had always taught her that the one thing no one can ever take away is education. As for dentistry, it wasn't until Kyim went through orthodontic treatment in her teenage years that she realized it was the field for her. She graduated first with her Bachelor's Degree in Dental Hygiene, which gave her a good foundation as she entered dental school. After graduating with a dual degree from Loma Linda University—achieving her Doctor of Dental Surgery from the School of Dentistry along with her Masters in Bioethics from the School of Religion in 2017—instead of working at a private office, she moved to a church-affiliated

dental clinic on the remote island of Saipan. It was during her time there that she realized her love for pediatric dentistry. It combined the two things she enjoyed: children and preventive dentistry. As she awaits to begin her new journey of residency for pediatric dentistry, she continues to feed her other passions by traveling and educating people about oral health along the way.



**Dr. Blake McDonald** was born and raised in Bellevue, Washington as the youngest of 6 children. As a youngster he played the piano and participated in various sports. In high school, Blake enjoyed waterskiing, pole vaulting and playing basketball and football. He was also very active in his family, youth group, church, and community. After graduating from high school he went on to study at Brigham Young University (BYU) in Provo, Utah. Blake graduated from BYU with a bachelors of science in Exercise Science. He completed dental school at the University of Washington School of Dentistry. While Blake isn't studying or playing sports, he's busy being the happiest father or uncle. He lost track of the number a couple years ago, but he's favorite uncle to roughly 24 nieces and nephews (and counting). He loves the energy and passion that kids live with and still considers himself a kid in these respects. He is excited to continue his lifelong journey of learning in San Diego.



**Dr. Veronica Brandley** was born in South Korea and adopted at the age of five months. She grew up in Glenside, Pennsylvania but spent most of her summers in Ocean City, New Jersey. By her junior year of high school, Veronica had finalized her dental treatment of getting an implant to complete her smile. This experience helped her decide to pursue a career in dentistry. When she wasn't studying or busy with sports and extracurriculars, Veronica worked at Serendipity Nursery School, the very same day care she attended as a child.

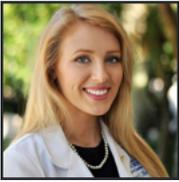
It was here that she developed a love for caring for children and knew that kids would be an important part of her future.

At Saint Joseph's University, her involvement with Hand in Hand that opened her heart to caring for those with special needs and further motivated her to become a pediatric dentist. Graduating with a bachelor's degree in Biology, Veronica continued her studies at Temple University's Maurice H. Kornberg School of Dentistry. Veronica loves to stay active by running, doing yoga, rock climbing, and using her inflatable paddleboard.



**Dr. Linda Young** was born and raised in Lima, Peru. With her mom as a judge and her father as an undercover detective police officer,

Linda didn't have much fun. Linda was always perseverant; she often embraced opportunities to challenge herself. Right after graduating top of her dental class, Linda enrolled into a Master's Program and became a faculty member, and eventually the chair of the Public Health Department in the School of Dentistry. After her PhD in Public Health, she became President of the National Program of Oral Health Education for the Dental Board of Peru – the most challenging time in Linda's early career. This experience stirred a new passion within her, pediatric dentistry. She completed the residency program at the Rio de Janeiro State University, Brazil, and attained her pediatric dental license (the first time). In 2015 Linda took the courage to rejoin her family and permanently move to the U.S., the land of endless possibilities, where she met her now husband. Linda was determined to keep the magic of being a pediatric dentist. The journey began at UCLA and now continues at the NYU Langone Program in San Diego to be a pediatric dentist (the second time). Now in San Diego, where her parents and sister live, Linda and her husband enjoy spending time with them. After all, they are the reason Linda is now in the US.



**Dr. Morgan Barron** was born and raised in Flowery Branch, Georgia. She is the oldest of four siblings and after high school

decided to relocate to Orlando, Florida. She became a first generation college student when she attended the University of Central Florida and obtained a bachelor's degree in biology. During college, Morgan worked at Walt Disney World as a character performer and portrayed Disney princesses throughout the parks and parades. She met and performed for hundreds of families each day. It is there, that she found her passion for working with children and the special needs population. Morgan moved to Gainesville, FL to pursue dentistry at the University of Florida. She is a new graduate and earned her DMD in May of 2019. Throughout dental school, she continued to work with children and became specifically interested in treating children with cleft lip and/

or palate after she volunteered as a camp counselor at a craniofacial camp for children. In her free time, Morgan enjoys spending time with her cat and Chihuahua. She loves to visit new places and try different restaurants. In the future, she hopes to travel more throughout the United States and abroad.



**Dr. Marc Soelberg** was born and raised in Payette, Idaho. He is the ninth of 10 kids. He spent most summer breaks at his dad's tire store to earn money. In

a sixth grade English class, Marc was given the assignment to choose three careers and write a summary of each; then to choose one that interested him more than the others. It was at this time that he chose to pursue dentistry. It was specifically the patient experiences he had with many specialists that led him to pursue pediatric dentistry. Being a very anxious and defiant

pediatric patient himself, Marc empathizes with his patients. In high school, Marc excelled in Soccer, Basketball, and Tennis. He was on the state championship soccer team and State runner up for doubles tennis. During his last year of high school, he decided to help his brother with a snowboarding educational company. One of the promotional videos of Marc, has nearly 2 million views on YouTube. Marc attended Creighton University school of Dentistry finishing Magna Cum Laude. He is the first of his nine siblings to receive a doctorate degree. Marc is looking forward to beginning his pediatric residency in San Diego. Marc enjoys spending time with his wife and two sons. They enjoy hiking, biking, swimming, family tennis, college football, and dreaming of snowboarding.

#### LATEST BOARD OF DIRECTORS NOTES

## MOTIONS

**2019.10.19.01 Schmitt:** Move to approve the July 13, 2019 Board of Directors Meeting Minutes. **MOTION CARRIED**

**2019.10.19.02 Schmitt:** Move to approve Consent Agenda. **MOTION CARRIED**

**2019.10.19.03 Schmitt:** Move that the ad hoc Strategic Planning Committee (created by motion of the Board of Directors 07.13.19) shall be composed of three members appointed by the President, in addition to the President-Elect, who shall serve as chair, and the Vice-President ex-officio. The appointed members will include one current Director, one past-president, and one member-at-large with experience in volunteer organization governance. The Executive Director

shall serve as a non-voting consultant and advisor to the committee. Each appointed member will serve at the pleasure of the President until the committee completes its task and ceases to exist. The committee is charged with the planning, coordination and implementation of the 2020-2021 Strategic Planning Session.

Further move that after review by the appropriate CSPD bodies, this will be recorded in CSPD Administrative Policies and Procedures. **MOTION CARRIED**

**2019.10.19.3 (AMENDED) McCreedy:** Move to amend the motion 2019.10.9.3 to "substitute" one voting Board member" for "one current Director". **MOTION CARRIED**

**2019.10.19.04 Hsieh:** Move to approve the appointment by President Taviana of Drs. Don Schmitt, Sharine Thenard, and Karilyn House to the 2020-2021 ad hoc Strategic Planning Committee. **MOTION CARRIED**

**2019.10.19.05 Schmitt:** Move to accept and file the 1st quarter financial reports. **MOTION CARRIED**

**2019.10.19.06 Nichelini:** Move to accept proposed revisions to CSPD Sedation Position Statement. **MOTION CARRIED**

**2019.10.19.07 Schmitt:** Move to adjourn the meeting at 3pm. **MOTION CARRIED**

# CSPD LEADERSHIP

Full list of committee members is located at [www.cspd.org](http://www.cspd.org).

## OFFICERS

President: Dr. Susan Tavana  
 President-Elect: Dr. Nancy Kwon Hsieh  
 Vice President: Dr. Gila Dorostkar  
 Secretary: Dr. Thomas Tanbonliong  
 Treasurer: Dr. Donald Schmitt  
 Immed. Past President: Dr. Jonathon Lee

## APPOINTED OFFICERS

Managing Editor: Dr. MyLinh Ngo  
 Associate Editor: Dr. Angela Lee  
 Website Editor: Dr. Steve Niethamer  
 Public Policy Advocate: Dr. Natalie Mansour

## EXECUTIVE DIRECTOR

Dr. Paul Reggiardo

## DIRECTORS

North (21): Dr. Niki Fallah  
 North (21): Dr. Kim Nichelini  
 North (20): Dr. Tiffany Ham  
 North (20): Dr. Chanel McCreedy  
 South (21): Dr. Nicole LaMantia  
 South (21): Dr. Leslie Butler  
 South (20): Dr. John Guijon  
 South (20): Dr. Rebecca Lee

## WARREN BRANDLI LEADERSHIP INTERNS

Dr. Danielle Goodman (USC)  
 Dr. Katarina Calilung (USC)

## SANTOS CORTEZ GRADUATE STUDENT LEGISLATIVE ADVOCACY INTERNS

Dr. Irene Ching (UCSF)  
 Dr. Joanna Meekay (UCSF)  
 Dr. Shuran Liang (NYU Langone Dental Medicine San Diego)

## COMMITTEE CHAIRS & LIAISONS

Executive Committee Chair:  
 Dr. Suzy Tavana  
 Governance & Administrative Review  
 Chair: Dr. Jonathon Lee  
 Executive Director Evaluation  
 Subcommittee Chair: Dr. Susan Tavana  
 Membership Services Committee  
 Chair: Dr. Gila Dorostkar  
 Nominating Committee Chair:  
 Dr. Susan Tavana  
 Annual Scientific Session and Annual  
 Meeting Committee Chair:  
 Dr. Oariona Lowe  
 Peer Review Committee Chair:  
 Dr. Bernard Gross  
 Finance Committee Chair:  
 Dr. Don Schmitt  
 Patient Services Committee Chair:  
 Dr. John Guijon  
 Leadership Development Committee  
 Chair: Dr. Sahar Hamedani  
 Audit Committee Chair: Dr. Eddie So  
 Communication Committee Chair:  
 Dr. Chanel McCreedy  
 Constitution and Bylaws Committee  
 Chair: Dr. Gary Sabbadini  
 New Dentist- Membership Services  
 Subcommittee Chair: Dr. Sahar Hamedani  
 Continuing Education-Membership  
 Services Subcommittee Chair:  
 Dr. Tom Tanbonliong  
 Online CE Membership Services  
 Subcommittee Chair: Dr. Steve Niethamer

Ad-Hoc Program Directors Advisory  
 Committee Chair: Dr. Tom Tanbonliong  
 Social Media Communications  
 Subcommittee Chair Dr. Shukan Kanuga

## WSPD DIRECTORS

(CA Representatives)  
 Dr. Jacob Lee WSPD AAPD Trustee  
 Dr. Jonathon Lee  
 Dr. Susan Tavana  
 Dr. Oariona Lowe, Secretary  
 Dr. Dennis Nutter  
 Dr. David Okawachi  
 Dr. Tom Tanbonliong

## CSPD LIAISONS

Dr. Kim Nichelini: CA AAP  
 Dr. Gila Dorostkar: AAPD Nomination  
 Committee  
 Dr. Tom Tanbonliong: AAPD  
 Dr. Jonathon Lee: CSPD Foundation  
 Dr. Paul Reggiardo: Dental Board of  
 California Healthy Program Advisory  
 Panel  
 Dr. David Rothman: California Dental  
 Society of Anesthesiology (CDSA)

## STAFF

Association Management Services:  
 Smith Moore & Associates  
 CSPD Account Manager: Yelena Martynovskaya  
 CSPD Account Coordinator: Abi Hague

## UPCOMING EVENTS

Mar 5-8, 2020



### 2020 CSPD Annual Meeting

Fairmont San Francisco  
 - San Francisco, CA

Mar 18-21, 2021



### 2021 CSPD Annual Meeting

JW Marriott Desert Springs  
 Resort & Spa - Palm Desert, CA

Mar 31-Apr 3, 2022



### 2022 CSPD Annual Meeting

Omni Montelucia Resort  
 - Scottsdale, AZ

Mar 23-26, 2023



### 2023 CSPD Annual Meeting

Fairmont San Francisco  
 - San Francisco, CA



CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY  
700 R Street, Suite 200  
Sacramento, CA 95811



# EARLY INTERVENTION

Creates Beautiful Faces and Healthy Smiles

## Space Maintenance



Band & Loop



Groper



LLHA

## Habits



Blue Grass



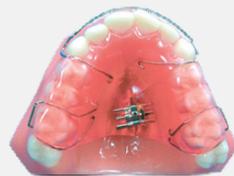
Tongue Loops

## Ectopic Eruption



Halterman

## Crossbites



Unilateral Posterior Crossbite

## Narrow Arch Airway Issues



RPE



Williams

[www.SMLglobal.com](http://www.SMLglobal.com)

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