

Bulletin



Spring, 2015

Vol. XLIII No. 1

President's Message Spring Greetings!

Sharine Thenard, DDS, MS



My name is Dr. Sharine Thenard. I have served on the CSPD Board of Directors for the past six years and am extremely honored to be serving as your new President. In this role over the next year, I am faced with a number of exciting challenges.

The first is to fill the shoes of our Immediate Past President, Dr. Dennis Nutter, who has led us with a dignified sense of wisdom as a gracious and eloquent leader. He led us through a strategic planning session late last year that resulted in a focused and relevant strategic plan, which we will be following in the upcoming year. I am pleased that he will continue to help the society in the immediate future.

The second challenge is to assist in the transition of our next Executive Director. We are extremely fortunate to have Dr. Andy Soderstrom join us as our new Executive Director to replace Dr. Ray Stewart. Ray has been incredible not just for pediatric dentists in the state of California but also for the children of this state. He has been a vocal advocate for children over the past decades and has made us proud over the last eight years while serving as our leader. Ray also has been a wonderful mentor to the pediatric dental residents of California's training programs. I have no doubt that our new Executive Director, Andy, with his extensive experience in dental volunteer organizations and his established relationships both in the state and across the nation, will also be an outstanding asset, bringing professional strength and credibility to our society. Our focus this year will continue to rest on the children of California, but will also highlight the needs and wants of our members. We have a dynamic group of leaders who are ready to listen to the concerns and desires of our members and will strive to make CSPD even more valuable to our membership. We will also focus on improving communication with you, our members, to let you know what your Society has been working on and the policies and decisions that are being formed on your behalf.

We will continue to foster relationships with other organizations that further the agenda of the profession of dentistry. These include the California Dental Association, AAPD, ADA and child advocacy groups. We understand that the context of delivering oral health care to children is changing and want to make sure we are proactively helping our member pediatric dentists, while still protecting the doctor-patient relationship.

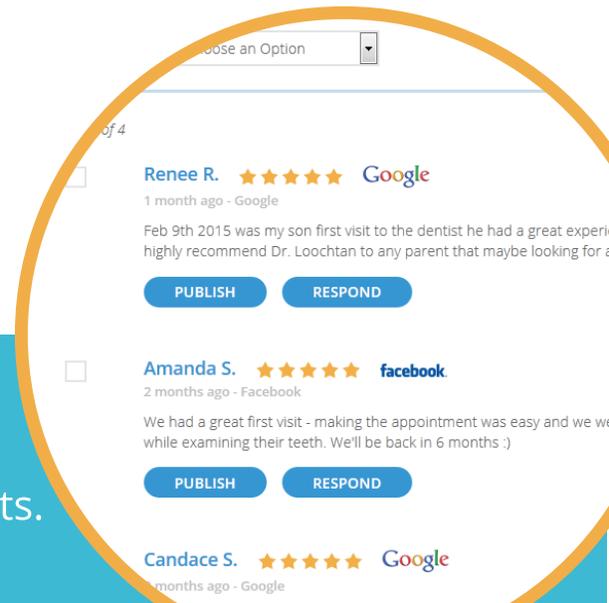
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For a complete list of committee members visit the CSPD website at www.cspd.org

California Society of Pediatric Dentistry

BULLETIN

CSPD members are encouraged to contribute to the Bulletin. Articles, Letters to the Editor or other items of interest are welcome. Items for publication may be submitted by email to Clarice Law, DMD, MS at claw@dentistry.ucla.edu or to Alison Jackson, DDS at alisonjackson@hotmail.com.

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Associate Editor (This Issue's Manager): Clarice Law, DMD, MS
Associate Editor: Alison Jackson, DDS

MISSION OF THE BULLETIN

The Bulletin of the California Society of Pediatric Dentistry shall be to examine and identify the issues that affect the specialty of Pediatric Dentistry and the oral health of teenagers and children. All of our readers should remain informed and participate in the formulation of public policy and personal leadership to advance the purposes of the Society. The Bulletin is not a political publication and does not knowingly promote the specific views at the expense of others. The views and opinions expressed in the Bulletin do not necessarily represent those of the California Society of Pediatric Dentistry.

President's Message

Spring Greetings! (continued from page 1)

Sharine Thenard, DDS, MS



CSPD will continue its relationship with the association management company, Smith Moore & Associates, and I am happy we are doing so. They have helped the society become more organized and modern. I believe they have elevated the quality of programs such as the annual meeting and our publications. I hope you have been as happy with them as we have been.

We are fortunate to continue to have dedicated leadership at the helm of the society. Dr. Dave Okawachi will be my right hand man as incoming president-elect. Dr. Don Schmitt, our incoming treasurer, is focused and clear-headed, and has served as secretary with a sense of logic that is much appreciated. I know that our incoming Secretary Dr. Suzy Tavana, who was one of our Warren Brandli Interns, will be an outstanding secretary, even as she welcomes the arrival of her third child in the past few weeks! I look forward to working with Dr. Jacob Lee, our incoming vice president, whose alternative perspectives and honesty I respect. This group, along with our Immediate Past President, Dr. Dennis Nutter, and new ED, Dr. Andy Soderstrom, is your new Executive Committee, a group who will spend an incredible number of hours serving you and our society. Please extend them a thank you when you can. Their devotion to the profession is commendable.

I also want to thank Dr. Oariona Lowe and Dr. Paul Reggiardo. Ora's selfless dedication continues to astound me. She is responsible for helping plan this past annual meeting, the fourth under her tenure, and is already planning the next two events in Napa (2016) and Las Vegas (2017). Paul, our Public Policy Advocate, is another great leader. You should know that he attends dozens upon dozens of meetings on our behalf, representing pediatric dentistry at many tables. It is largely due to Paul that our society is so well respected across the state and the nation. His sense of duty to the children and to pediatric dentists is unparalleled and we are extremely lucky to have his experience and expertise.

I also want to take a moment to thank Dr. Lindsey Robinson for being our installing officer at this year's Annual Meeting Installation Luncheon. Lindsey was the one who first asked me to join the CSPD board a number of years ago. She has been an incredible leader to many and an inspiring mentor to me. She is someone whose advice is taken seriously and in whose footsteps I find myself following.

In closing, I welcome the opportunity to serve you, the pediatric dentists of California, and to lead this society into its next chapter.

Happy 40 years of CSPD. Here's to 40 more wonderful years!

ABOUT

The *Joey Board* is an immobilization system used for the pediatric, adult, and special needs patient. Designed by a pediatric doctor to symbolize that of a baby kangaroo, or "Joey" in a pouch for protection, not restraint. Its revolutionary design increases safety and has been tested extensively. The unique engineering keeps the patient's head more stable, in a "chin up" position protecting the airway. It provides ideal use for oral conscious sedation and operating room procedures.

The *Joey Board* enhances Doctor/Assistant efficiency because of its improved design, allowing for quick immobilization and less readjusting of head position. It also allows for improved ergonomics for the doctor and decreases chair time. The *Joey Board* provides the answer to a patient that needs to be immobilized quickly so that the treatment can be completed in a timely manner.

Joey Board

Patent Pending

The *Joey Board's* unique design is visually pleasing with design options to help ease anxiety for parents and patients making it less intimidating than all other immobilization devices. The *Joey Board* is offered in an appealing Blueberry color. There is no need to purchase multiple accessories to make the system usable.

The *Joey Board* is also easier to clean due to its durable vinyl wrap. It allows for quick cleaning with a common disinfectant of your choice such as cavicide. (The wrist wraps and head straps require machine washing.)

Caution: The *Joey Board* should only be utilized under the direct observation of a licensed medical or dental practitioner. It is important that the doctor monitor for risk of aspiration, impaired breathing, injuries, and overheating. Furthermore, the *Joey Board* should not be used for extended restraint.

F.A.Q.'S

Why is the *Joey Board* the most parent friendly restraining device?

The *Joey Board* was designed by a pediatric doctor for the safety and security of the patient. Parents are very impressed with the comfort of the *Joey Board* as well as the vibrant attractive colors.

Why is the *Joey Board* economical for my practice?

The *Joey Board* features all in one pricing and most accessories such as the shoulder roll, head strap and nitrous hose loops are included.

How does the *Joey Board* improve efficiency in the workplace?

The *Joey Board* was designed to improve patient stabilization. It is also very ergonomic and because of the proper positioning that is established during treatment the *Joey Board* enables the doctor to concentrate on simply treating the patient versus having to constantly reestablish patient positioning. The *Joey Board* is also comfortable for the patient and so patients are not continuously trying to readjust positioning.

How do I clean the *Joey Board*?

The *Joey Board* can be cleaned with Cavicide (TM) products, Ethyl alcohol based cleaners, Isopropyl alcohol based cleaners, Lysol (TM) disinfectant or other non-bleach, non-abrasive cleaners. Simply wipe the *Joey Board* following OSHA protocols. Do not submerge the *Joey Board* in any of these substances.

Is there a discount if I buy more than one *Joey Board*?

Absolutely. In fact, many offices are purchasing the *Joey Board* for each treatment room and our sales team is very happy to discuss different pricing options for multiple *Joey Boards*.

Why is the *Joey Board* ideal for Oral Conscious Sedation or Operating Room procedures?

The *Joey Board* can be used during routine in-office procedures as well as Oral Conscious Sedation or Operating Room procedures. The shoulder roll helps to establish proper airway positioning by placing the patient in a head tilt chin up position. The Nitrous Hose Loops are also ideal for securing the Nasal Hood during Nitrous Oxide procedures.

Does the vinyl wrap cause the patient to overheat?

The *Joey Board* has been extensively tested in Lake Havasu City, AZ. Lake Havasu is one of the hottest cities in the United States and patients have not reported concerns regarding temperature. There have been no significant differences between the *Joey Board* and its competitors.

Is there a guarantee offered with the *Joey Board*?

Yes, The *Joey Board* is guaranteed against manufacturer defects for one year.



Executive Director's Message

Past, Present and Future of CSPD

Andrew Soderstrom, DMD



I've seen the announcement in the *Bulletin*. I've been introduced as the Executive Director numerous times but until I began to compose this message, the reality of my new position had not completely been realized. I feel extremely privileged and proud to have been selected to be the fourth Executive Director for CSPD. My earliest CSPD memory goes back to what I think was the Installation Dinner

in 1977. I remember meeting Weyland Lum, the visionary who led the formation of an organization to represent dentists who limited their practice to "pedodontics." Ed Mack from San Francisco was being installed as the third president and Tom Barber was or would become the first Executive Director. Since that meeting, 37 additional presidents have been installed, two Executive Directors, Mel Rowan and Ray Stewart, and a countless number of volunteers have helped mold CSPD into the robust organization it is today. It truly is a privilege to follow in the footsteps of our past leaders.

One of the purposes of forming a unified group of pedodontists was to resolve issues with the California Dental Service (CDS). CDS was formed in 1955 by the California State Dental Association (the Northern California portion of what would become CDA) to provide a prepaid dental plan to organized union labor groups. At the same time, similar plans were formed in Washington and Oregon. Ultimately these early prepayment plans led to the formation of the Delta Dental Plans Association in 1966. Fast forward to 2015, not much has changed. Conflict still exists and the situation has only become more complex as the number of third party payers has grown significantly. We now have numerous companies offering numerous plans with numerous fee schedules with numerous...you get the picture. Add to that a less than robust economy and unknown implications of the Affordable Care Act on dentistry, you might think it's time to wave a white flag. However, I choose to see a glass that is half full. I see some unique opportunities for dentistry and even more so for pediatric dentists.

As our profession has evolved, we have begun to base our decisions on science rather than our individual experience. Policy makers and third party payers are beginning to use evidence based science in their decision processes. One of the unintended consequences of creating dental

prepayment plans outside of medical plans was to metaphorically "separate the mouth from the body." There is a growing body of evidence surrounding the effects that poor oral health can have on overall health. In 2012, United Concordia published results of their study that explored the effect that periodontal disease had on patients with type 2 diabetes, cerebral vascular disease, coronary artery disease and/or on women who were pregnant. The results showed significant annual medical cost savings and significant reductions in hospital admissions for patients who received treatment for their periodontal disease. Primary care physicians, OB's and midwives have taken note of this information and the implications to their practice outcomes. The Triple Aim goals from the ACA – improved care experience, improved population health and reduced health care cost – will be assessed by outcomes that will be a factor in the determination of their reimbursements rates. Higher rates and/or bonuses will be paid if they show improved outcomes. Medicine now has motivation to put the mouth back in the body but dentistry seems to be resisting being reunited with



CSPD Past EDs Dr. Mel Rowan and Dr. Ray Stewart with new ED Dr. Andy Soderstrom.

medicine. Having seen the effects of managed care on the practice of medicine over the last two decades, it is not surprising that dentists are hesitant to embrace the medical model. Dentistry now has a window of opportunity to play a significant role in helping medical practitioners in attaining the goals of the Triple Aim. My belief is that if dentistry doesn't embrace a collaborative role working with physicians to improve the outcomes for these patients, medicine will create a model that will meet their needs.

So where do pediatric dentists play a role? It's simply one word-PREVENTION. We are the preventive experts of dentistry. We have unique opportunities to have an impact

on children at a very young age establishing habits that lead to good health. Most of us were trained in programs with close relations with medicine. As a result, we are more comfortable speaking to our medical colleagues regarding our patients' care than are general dentists. Anecdotally (not evidence based), I can say with some confidence that if I can get a child's risk assessment status to low by age 5-6, they will most often remain at low risk. Maybe there is some fact to the thought "Everything I Need to Know I Learned in Kindergarten." BMI monitoring, A1C testing, vaccinations and nutritional counseling are all services that could easily be provided in pediatric dental offices. Current perinatal oral health guidelines have brought clarity regarding the safety and importance of good oral health during pregnancy. Pediatric dentists may be able to help spread this message. Working out of our comfort zone is challenging but shouldn't hinder our efforts to seek ways we can improve the health of the public. Could the new group practice model be a pediatrician, an obstetrician and a pediatric dentist?

At the Annual Meeting in March, we celebrated the 40th anniversary of CSPD. Looking through some of the historical documents on display, I came across some information I was aware of but had never seen on the printed page. Weyland Lum has thoughtfully chronicled the early history of CSPD, originally called the California Academy of Pedodontists. The timeline references a 1974 letter of inquiry sent to all pedodontists regarding the interest in forming the organization. My father, Phil Soderstrom, was mentioned in that letter as being interested in forming the CAP. After receiving a large number of positive responses, an organizational meeting was held. My uncle, Charles Soderstrom, was in attendance. I am proud that my father and uncle shared the vision of creating a unified voice for pedodontists knowing that future generations would reap the benefits of their efforts. Reflecting back on all that dentistry has meant to my life, I hope that I can leave some small contribution to the next generation of pediatric dentists.

New Board Members

Dr. Shukan Kanuga



Dr. Kanuga completed her pediatric dentistry training with a MSD degree from the University of Washington, Seattle. She was a dentist in India before she came to the US in 2002 to pursue her DDS at the UCLA School of Dentistry. She continued her training in a General Practice Residency in Downey, California. She is a Diplomate of the American Board of Pediatric Dentistry. She practices in a couple of group

practices in the San Fernando Valley and Santa Clarita.

Dr. Kanuga serves as an editor at the San Fernando Valley Dental Society, a member on the "Leadership Development Committee" of CDA, and an Evidence Reviewer for the American Dental Association. She lives in the San Fernando Valley with her husband and her two children. In her leisure time, she enjoys cooking, reading, teaching Zumba, spending time with her friends and family, and traveling. She is excited to serve on the CSPD Board to continue to work towards the mission of advocating for the oral health of children in California.

Dr. Kim Whippy

Kim is a California native, born in San Francisco and raised in the East Bay. She completed her Bachelor of Science degree in Cell and Developmental Biology and graduated with honors in 2006 from the University of California, Santa Barbara. This is where she first worked part-time as a dental assistant and fell in love with the field. She received her Doctor of Dental Medicine degree Cum Laude from Harvard School of Dental Medicine in 2011 and was awarded the Silver Medal for scholastic excellence, along with several academic and performance scholarships. She went on to complete a one-year General Practice Residency at The Queen's Medical Center in Honolulu, Hawaii before completing her pediatric specialty training at the New York-Presbyterian/Columbia University Medical Center in 2014.

Kim is thrilled to be back in California after six chilly years on the East Coast and is excited to be joining the amazing community of pediatric dentists here. In her spare time, Kim enjoys participating in community and global health mission trips, traveling, running, biking, hiking, snowboarding and spending time with her two beautiful nieces.



Website Notes

New Website – Yea!!

Steve Niethamer, DMD, Website Editor



What We Need to Do

After many months of development, CSPD's new website is here!! It is full of the bells and whistles that all of the newest websites contain and, as a new feature, will create an **Online Community** that should take CSPD into the next decade of hand held devices and social media. **Warning:** These newer menus and widgets may befuddle some of our older members, but they should also allow our "digital native" members to explore the site with more ease and interact more effectively.

I must admit that I have been spending a considerable amount of time studying many of the website functions while trying to identify those that CSPD members may use. In this article, I'll discuss some of my first impressions on how to make it work. Future comments may be completely different. Also note that, for any perfect system to work, it must be used by its members. Our last website was just there for all to enjoy. This website requires our members to participate.

Our new website is a product of a company that creates software programs that help to manage organizations like ours. At the heart of these programs is a **membership/organization database** which now contains all of the basic information CSPD initially collected over the years. Viewing and correcting this personal information in the past was difficult and involved emails back and forth with our executive director. This new website, however, allows our members to access their information, change it and augment it with even more information that they can share with 1) everyone, 2) only our members or 3) just site administrators and themselves. In a way, this new

database will collect the facts about our members that our past executive director and other staff members used to struggle to recall and keep current.

On the old website, only visitors who knew the generic password could see "members only information." Anyone could view Opportunities or submit opportunities to be added. Our new website requires members to sign in each time they visit our site before they can see protected information. You may sign in automatically each visit if you let your browser save your site password. Any non-member pediatric dentist who wants to place an "Opportunity Wanted" ad must now register as a "potential member."

Creating Your Online Presence

The first step in creating your online CSPD presence is to sign in and create your own user name and password. Just click on the "Forgot my password" link which will identify you and send a new password link to your email address. If you have problems, call the CSPD main office. You can then access, change and add to what is in the CSPD database. Go to My Profile/Manage Profile/Edit Bio to update your information and to choose privacy settings for this information. Again, all information entered will be visible to site administrators. Other registered members will be able to view any information you enter, unless you set the visibility selector, next to the field you wish to be hidden, to **Private (not visible in profile)**. If your email address is **Private (not visible in profile)** it will not be displayed but members will be able to contact you through a site message system.

The “Find a Pediatric Dentist” option will allow all website visitors or parents of potential or existing patients to search for and view all CSPD pediatric dentist members’ information that is set as **Public (visible to everyone)**. This means that each member can now display in our public online directory a photograph, public/personal information such as educational history and other information that might include hours and days each office is open, etc.

Each member can have a profile page which contains a “Wall” where the member may place comments visible to other members. Other members can add comments to this page. There are capabilities that allow members to upload files, photographs, links, resumes and initiate and maintain social connections. There is also a system that allows members to send messages to other members or groups and to create and maintain Blogs.

All these social media functions are available to those of us who register. So, let’s all sign in and explore!

Foundation Annual Meeting Program is Online!

If you missed it or want to review the CSPD Foundation presentation on **Access to Care in California**, you can see it for free from the OCE library or by using a link located elsewhere on the website.



Dr. Oariona Lowe with Dr. Steve Niethamer

Outgoing Editor Stepping Down, But Not Gone

Jung-Wei (Anna) Chen, DDS, MS, PhD



Serving as the *CSPD Bulletin* editor this past year has passed so quickly. I am very thankful for having had the privilege to be a part of CSPD leadership for the past five years, with the first four years on the board of directors, and the last year as *CSPD Bulletin* Editor. I learned so much from previous *CSPD Bulletin* editors, Lonnie Lovingier, Roland Hansen and Gary Sabbadini. In this past

year, the *CSPD Bulletin* has made some changes that you may have noticed. For example, we had the scientific abstract review section to summarize abstracts related to pediatric dentistry published in scientific journals other than the *Journal of Pediatric Dentistry*. And also a CE scientific article was placed in the publication, which allows CSPD members to earn CE while reading the *CSPD Bulletin*. With me stepping down after one year of service as Editor, I have learned a lot and gotten to know CSPD better too.

Our association management company, Smith Moore & Associates, has been helpful in the process of publishing the *CSPD Bulletin*, especially Stacie Lewis. With the new leadership team and new editors; I am looking forward to seeing the changes in the publication under the guidance of the new Associate Editors, Clarice Law and Alison Jackson. Go team!



Dr. Anna Chen with outgoing ED Dr. Ray Stewart and outgoing Immediate Past-President Dr. Rebecca Lee

CSPD 40TH and WSPD 13TH Annual Meeting in Dana Point

David Okawachi, DDS, Annual Meeting Event Coordinator

The 40th Annual CSPD and 13th Annual WSPD Meeting was held from March 26-29, 2016 at the Laguna Cliffs Marriott Resort and Spa in Dana Point and it was certainly one to remember.

As in previous years, a pre-meeting PALS course was offered to the attendees the day before the annual event began. Our meeting officially kicked off with the CSPD Foundation lecture held on Thursday afternoon. This year Dr. Richard Mungo moderated a panel of experts on "Meeting the Challenge and Innovative Solutions for Access to Care." Dr. Jared Fine, Ms. Elizabeth Snow, Mr. John Fehmer and Dr. Ariane Terlet discussed possible access to care solutions through various business models including fee for service, managed care (treating Dental patients) and Federally Qualified Health Centers.



Dr. Ray Stewart was honored as he steps down as CSPD's third Executive Director. Dr. Rebecca Lee provided a memorable recognition and thank you speech. We had a chance to welcome Dr. Andy Soderstrom, our new Executive Director who comes with a wealth of experience. Dr. Mel Rowan presented the CSPD Distinguished Service Award to Dr. Santos Cortez. This is the highest award given to any CSPD member and one that is truly well deserved. Finally we thanked Dr. Dennis Nutter for leading us as president this past year. He now joins the distinguished list of CSPD Past Presidents.

As promised, our Scientific Program had something for everyone. Dr. William Waggoner reviewed the esthetic full coverage restorations available to treat primary teeth. Dr. Kevin Donly updated us on restorative care for children and Dr. Darren Cox gave us an informative presentation on oral pathology. Our New Dentist Lecture was "for dentists only." Attorney Anita York presented on "Employment Law: Wage and Hour Rules and Pitfalls." Dr. Lee Maddox spoke to us on practice transitions and also helped satisfy the



Following the CSPD Foundation lecture, the attendees were treated to a welcome reception on the outdoor grounds of the hotel. Phenomenal weather allowed the guests to mingle and catch up with old friends and network with new ones. A highlight of the reception was taking a photo next to the vintage "Woody" parked at the reception site.

Our installation luncheon gave us the opportunity to hear an encouraging message from AAPD President-elect, Dr. Robert De La Rosa. It appears he is going to make the "Millennials" of our organization a priority. He recognizes the value of the youth of AAPD and CSPD as they are our future leaders. Former CSPD President Dr. Lindsey Robinson installed Dr. Sharine Thenard as CSPD's 40th President. Since Sharine was at home expecting to deliver a baby any day, this installation was performed in absentia. Dr. Ray Stewart performed one of his final duties as he installed the Board of Directors who will serve under President Thenard.

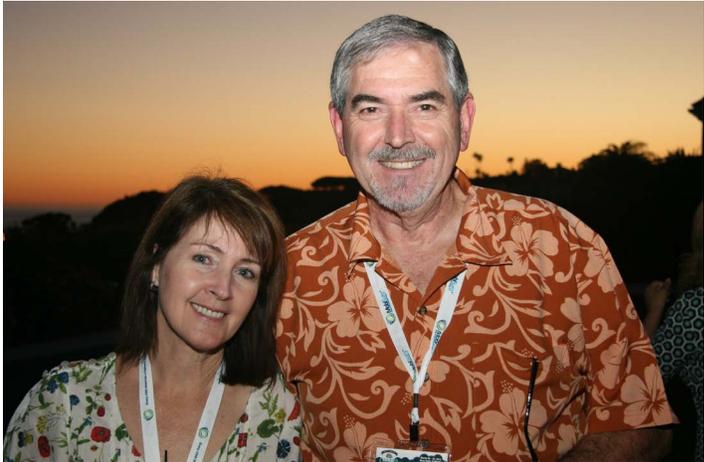




California law requirement for our dental license renewal. Our auxiliary program featured Linda Waggoner and Dr. William Waggoner discussing strategies to improve personal interactions with patients, the dental team and our family. Debra Quarles' presentation on management systems and teamwork was a big success. Capping off our Scientific Session was our "String of Pearls." We had interesting presentations on behavior management, pulp therapy, creating a "green" office, treatment of different types of stains and amelogenesis imperfecta. We also enjoyed our annual Graduate Student Table Clinic presentations. The judging, led by Dr. Anna Chen, kept our pediatric dental residents on their toes.

In a CSPD first, Dr. Thenard, CSPD's newly inaugurated president, ushered in our Saturday night gala with a video message projected on big screens. Our gala featured Dr. Weyland Lum, CSPD's first president, enlightening us with his vision for the initial formation of the California Society of Pedodontics in 1974. Our charter members in attendance were then asked to stand and be recognized. The "Green CSPD Bucks," which had the forefathers of our organization, Dr. Weyland Lum, Dr. David Good and Dr. Mel Rowan printed on them, were found at everyone's dinner place setting. We enjoyed a fabulous slide presentation of "CSPD through the Decades." Yes, 40 years of creating smiles! Attendees then danced the night away to live music and/or created their own dancing "Boogie Head" DVD as a take home souvenir.

Be sure to mark your calendars for the 2016 Annual Session in Napa, California from April 21-24, 2016. You won't want to miss this one!





CSPD & WSPD

— 40TH ANNIVERSARY —

California Society of Pediatric Dentistry
40TH Annual Meeting
Western Society of Pediatric Dentistry
13TH Annual Meeting
Dana Point, CA



CSPD Annual Meeting Research Award Competition

Jung-Wei (Anna) Chen, DDS, MS, PhD, Chair of Table Clinic Judges Committee

This is the second year that CSPD hosted a very successful research award competition for the Poster Presentation and Table Clinic session held at the CSPD Annual Meeting. Thirty posters were submitted from six residency programs. Twelve judges volunteered their time to help in this very important scientific event. The judges were Drs. Eddie Lopez, Cody Hughes (Las Vegas), Leslie Aspis, Rick Nichols, Valeria Pereira, Scott Thompson, Lynn Fujimoto (Hawaii), Christine Roalofs (Alaska), D. Harvey Lee, Sarah Hulland (Alberta), Marty Steigner, Oariona Lowe, Weyland Lum and Jung-Wei Chen (Chair). The committee wishes to thank NuSmile for supporting the table clinic session. Each poster presenter listed as first author on the abstract received a \$50 honorarium. This year, the Table Clinic session was highly attended and active participation in viewing the posters made the session a wonderful success. Both presenters and viewers were both busy and involved. The judges reviewed all the posters and voted for the winners of the table clinics in both research and clinical categories. Congratulations!



First Place

Neha Das (UCSF)

Title: The Role of Musashi In Craniofacial Development in Zebrafish

Description: In situ hybridization (ISH) and antibody staining were performed to assess Musashi expression. In addition, we used morpholino knockdown to interfere with protein expression. Splice or control morpholinos were injected at the one cell stage, and embryos were fixed at various stages and analyzed for developmental markers.

Second Place

Minh-Ky Young (LLU)

Title: Down But Not Out: Dental Trauma & Internal Whitening

Description: Pulpotomy with mineral trioxide aggregate to maintain radicular pulp vitality and form a dentin bridge. An indirect pulp cap with glass ionomer used to protect pulp tissue from whitening agent. Sodium perborate used for internal whitening until an acceptable shade was achieved. Teeth #8 and #9 were built up and restored with bonded composite restorative material.



Clinical Award

Iveta Markova- Mitev (UCSF)

Title: Effect of Xylitol-Wipe Use on Biofilm Formation of Mutans Streptococci

Description: In a double-blind randomized controlled clinical trial, 44 mothers with active caries and their infants aged 6-35 months were recruited (N=22 each group). The infants were randomized into the xylitol-wipe or placebo-wipe groups. Guardians were instructed to use wipes on their infants 3-4 times daily in addition to daily tooth brushing for one year. Children were followed up at 2 year (1 year after completion of the wipe use). Saliva samples were collected and 10 MS colonies were isolated from each child. Fermentation tests were performed for each MS isolate for Phenotyping. Sucrose dependent biofilm formation ability of MS genotype was measured to establish the virulence of MS in the treatment group and placebo group.



THANK YOU TO OUR GENEROUS SPONSORS AND EXHIBITORS FOR THE 2015 CSPD/WSPD ANNUAL MEETING!

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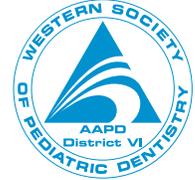
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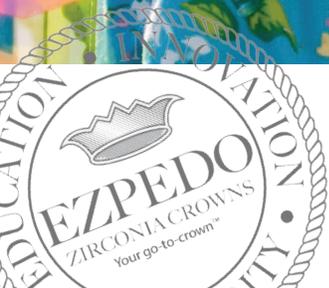
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Reflections on the CSPD Annual Meeting From the Warren Brandli Internship Program



Drew Colantino, DMD

While the idyllic setting, weather and amenities of the Dana Point venue contributed greatly to the overwhelming success of the 40th annual CSPD/WSPD meeting, the event itself had many memorable moments for me. I first witnessed the camaraderie of both the California pediatric dental community and surrounding western states that was illustrated at the welcome

reception, where friends, colleagues and guests were able to reconnect while welcoming new members and participants into this unique community. The Installation Luncheon recognized the many accomplishments of the current board members and all that they have done for CSPD while simultaneously showcasing the leadership roles and opportunities for the newest generation of pediatric dentists, the residents.

As residents, we were engaged and welcomed into the pediatric dental community and in turn, we were motivated to demonstrate our promise, potential and dedication to pediatric dentistry through our participation in the NuSmile sponsored student research and poster exhibition. There were many excellent courses, lectures, presentations and speakers that served as the foundation of this outstanding meeting. The diversity and variety of the program attests to the time, effort and energy spent planning an event that had something for everyone. In fact, the program had so many interesting competing opportunities to learn something new that my co-residents and I often found it difficult to choose which presentation to attend!

Of course, another notable highlight was the President's Gala, which with a theme of decades, served as an appropriate finale to the 40th annual meeting, celebrating CSPD from its beginning through many decades of growth, evolution, and improvement which have allowed it to become one of the leading state-run dental societies in the country. This meeting made it very clear to me and all attendees that the CSPD is positioned to retain its prominence for many decades to come, and it was a wonderful opportunity for all of the pediatric dental residents to meet and become acquainted with the CSPD membership.



Amita Ruehe, DDS

As a senior UCSF Pediatric Dentistry Resident, this is my third opportunity to present my research and attend the annual CSPD conference. The lectures, social events and sponsor booths were informative, educational and a great opportunity to network as a dentist just entering the world of pediatric dentistry. This year, I was lucky enough to participate in the

inner workings of the CSPD Board of Directors and CSPD Foundation as a Warren Brandli Intern. It has been a true privilege to work with, and learn from, this distinguished group of people.

Through this internship I have learned about the wonderful work that the CSPD Board and Foundation members conduct on a volunteer basis. In addition to that, I found it amazing to see such big names in pediatric dentistry work together as a team. This group really does put in a lot of effort, time and resources to work on behalf of the membership to improve not only our profession but also the oral health of the children of California. Building relationships with this group through participation in their meetings has given me confidence that this great profession of ours will continue to thrive under the leadership of the CSPD.

These meetings were a great resource to learn how much thought and detailed planning goes into every aspect of CSPD. From the CE courses to the conference, there are many committee meetings and brainstorming sessions about how to organize the next conference, how to engage new dentists entering the profession and surveying the membership to find out ways to improve our organization. It was great to learn that small items were not pushed to the side and were carefully planned – which is what makes this organization, the people who volunteer to run it and the work that it does so spectacular.

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2016 Annual Meeting Update

April 21-24, 2016 - Napa, CA

Oariona Lowe, DDS, MA, Annual Meeting Chair



I want to thank all of you for attending our most recent Annual Meeting at the Laguna Cliffs Marriott in Dana Point, CA. The view and sunsets featured by our location were beautiful, the educational program strong, the exhibitors and sponsors remarkable, and the gala – a blast from the past! We had a great turnout! In fact, attendance was recorded as one of the highest ever in the history of CSPD!

Our 2016 Annual Meeting will be held at the Silverado Resort and Country Club in Napa, California from April 21-24, 2016. We are looking forward to another terrific meeting with a great speaker line up! The theme for our Napa meeting is “Controversies and Conventions in Behavior Management: Past, Present and Future.” Minimally invasive techniques will be addressed and due to the popularity of our “String of Pearls,” we will be bringing them back on Sunday morning as the grand finale to our event.

There are lots of great reasons to attend the CSPD Annual Meeting in Napa Valley. The valley, known for its wine, is considered one of the premier wine regions in the world.

Records of commercial wine production in the region date back to the nineteenth century, but premium wine production dates only to the 1960s. The Napa Valley Wine Train offers an unusual way to experience the views and vintages. A relaxing array of spas and mud baths and the Old Faithful geyser are attractions in Calistoga. Napa Valley balloon tours are a must for the adventurous!

For you wine lovers, Napa Valley features more than 450 wineries that grow grape varieties including Cabernet Sauvignon, Chardonnay, Pinot noir, Merlot, Zinfandel, and many others.

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Report of the Meeting of the Dental Board of California

Prepared for the California Society of Pediatric Dentistry

Paul Reggiardo, DDS, Public Policy Advocate



The Dental Board of California met February 26-27, 2015, in San Diego. The following report summarizes actions and issues coming before the Board pertinent to pediatric oral health. CSPD is represented at each meeting of the Dental Board and updated reports are posted in the Advocacy, Legislation and Regulatory Matters (ALARM) section of the CSPD Website. Members having questions or comments should contact CSPD's Public Policy Advocate, Dr. Paul Reggiardo, at reggiardo@prodigy.net.

RDA PRACTICAL EXAMINATION

While the pass rate for the RDA written examination still hovers around 65 percent (71 percent for first time candidates), the pass rate for the practical examination dropped precipitously last year from over 90 percent to barely over 20 percent. This unacceptable situation was addressed by the Board at its December 2014 meeting and a subcommittee was appointed to explore potential solutions to a realistic practical examination process.

From that subcommittee came the recommendation, which the Board accepted, for an updated occupational analysis of the RDA and RDAEF professions. According to Department of Consumer Affairs policy, an occupational analysis and confirmation that the licensing examination for that profession reflects the tasks performed, and the abilities required to perform these tasks, should be performed at no less than a five year interval. The last RDA, RDAEF occupational analyses were conducted in 2009, when the RDA and RDAEF professions were brought under the umbrella of the Board. An updated occupational analysis would lay the foundation for a revised practical examination process that still aligns with the Board's mission of public protection.

Comment: There appeared to be consensus at the December 2014 meeting of the Board that the largest contributing factor to the increased failure rate was the result of greater examiner calibration and resultant attention to clinical (typodont) performance. In other words, lack of minimal competency in tested clinical performance that was being overlooked in the past, is no longer being missed or ignored. A revised practical examination / practical examination process appears the best way to address this problem.

CONTINUING EDUCATION AUDITS

As part of the license renewal process, the Dental Board conducts random audits of continuing education (CE) compliance. Dentists are required to certify under penalty of perjury that they have completed the requisite number of continuing education hours, including any mandatory courses, since their last renewal on the licensure application. Licensees are required to maintain documentation of successful completion of eligible coursework for no fewer than three renewal periods and, if audited, they are required to provide that documentation to the Board upon request. A dentist who is not able to provide proof of the required CE hours may be issued a citation with a fine. The citation also includes an abatement condition requiring the licensee to complete the deficient number of credits within a specified time period. These units are in addition to the credits required for the next renewal cycle. A licensee who fails to pay the fine or comply with the citation's abatement may be referred for discipline and his/her license may be suspended or revoked. The Board audits about five percent of the license renewal requests.

On January 1, 2015, Board staff began conducting random continuing education audits of its dental licensees three months prior to their renewal expiration date. To avoid a hold being placed on the license renewal, licensees must submit CE certificates for the previous three renewal cycles as required under the California Code of Regulations. Since the inception of the program, Board staff identified the following problems:

- Licensees are failing to keep records for three renewal periods.
- Licensees are claiming classes that do not qualify for CE credit under Dental Board regulations and were never issued valid certificates of course completion.

Conducting the CE audits has also permitted the Board to review how Continuing Education Providers are maintaining their records and compliance with the issuance of certificates as follows:

- Continuing Education Providers are not always in compliance with the requirements of certificates they issue. Items such as the course number, licensee

name and license/ permit number, the number of units earned, and the eleven digit course registration number are often missing.

- Providers are not submitting to the Board biennial reports as required.
- Mandatory courses, Infection Control and Dental Practice Act, are not always current with the new Laws and Regulations.
- Per the California Code of Regulations, eight units are the maximum continuing education credits that may be granted in one day. Providers who provide home study courses often use the date they receive the materials from the licensee as the date of attendance on the certificate, often for multiple courses. As a result, licensees have submitted CE certificates showing that they are attending more than eight hours per day.

As a result, the Board directed staff to begin conducting random audits of Continuing Education Registered Providers for compliance with all regulations required under their permits.

Comment: AAPD, as a Registered California Continuing Education Provider, has been in full compliance with the regulations.

LICENSURE BY CREDENTIAL

California's *Licensure by Credential* pathway provides that a dentist holding a current dental license in another state that is not revoked, suspended or otherwise restricted, and meeting certain practice experience requirements, may be granted a California dental license. In recent years, the Board has come under pressure from the dental schools to grant a California license to dentists holding a specialty license in another state and a full-time faculty appointment. Under current statute, a specialty license is considered a "restricted license," which disqualifies the applicant from the *Licensure by Credential* pathway.

In an effort to accommodate the schools, which contend that the lack of a licensure by credential pathway hampers faculty recruitment, the Board last August began investigation of potential solution that would satisfy the schools and maintain public protection. Finding the issue mired in both regulatory and statutory constraints, the Board moved to appoint a subcommittee to work with staff to look at whether to pursue clarification of the Licensure by Credential Application requirements by statute, regulations, or both.

Comment: The issue is potentially explosive in that it could open consideration of specialty dental licensure in California, something opposed by CSPD (and AAPD).

PRESCRIPTION DRUG ABUSE

In response to what is generally acknowledged as a national epidemic of prescription drug abuse, the Dental Board continues exploring what actions it might take to address the problem as it pertains to California's dental prescribers. In a related action, in October the Medical Board of California approved revision of its Guidelines for Prescribing Controlled Substances for Pain for release to medical licensees. After reviewing the medical guidelines, the Prescription Drug Abuse Committee voted to appoint a subcommittee to draft guidelines for *Prescribing Controlled Substances in Dental Practice* for consideration of the Board.

Comment: In California, most licensed physicians are required to take, as a one-time requirement, 12 hours of Continuing Education (CE) on pain management and the appropriate care and treatment of the terminally ill. At present, the Dental Board has no similar requirement, but the Board may consider a CE option in the future.

PROPOSED DENTAL HYGIENE REGULATIONS RELATIVE TO DEFINITIONS

In December 2014, the Dental Hygiene Committee of California (DHCC) voted to initiate a rulemaking process relative to definitions of dental hygiene terms. Statute requires that recommendations made by the DHCC regarding scope of practice issues must be approved, modified, or rejected by the Dental Board of California. Upon receipt of notification of the proposed language, the Board appointed a subcommittee to review the modified definitions. The subcommittee subsequently recommended four changes, which the Board moved to accept.

Comment: CDA contends that Board's actions must be accepted by the DHCC and not treated as an advisory opinion. In short, this becomes a jurisdictional issue. The DHCC contends that it has the authority to modify the definitions and CDA contends that all authority of dental hygiene scope of practice rests with the Dental Board of California. This issue has yet to be resolved.

(Continued on next page)

Public Policy Advocate's Report

Bills of Interest to CSPD

Prepared for the California Society of Pediatric Dentistry April 20, 2015

Paul Reggiardo, DDS, Public Policy Advocate

CSPD follows a number of bills under consideration by the state legislature which potentially impact pediatric oral health. Updated information on the legislative progress of these initiatives may be found in the Advocacy, Legislation and Regulatory Matters (ALARM) section of the CSPD website. Members having questions or wishing to comment on these or any other legislative matters are invited to contact CSPD's Public Policy Advocate, Dr. Paul Reggiardo, at reggiardo@prodigy.net.

AB 179 (ASB B&P) Dental Board of California: Sunset Review. Existing law provides for the Dental Board of California within the Department of Consumer Affairs. These provisions are in effect only until January 1, 2016. This bill would extend those provisions until January 1, 2020.

Comment: This is the Dental Board of California's Sunset bill. Unless passed, it would result in the dissolution of the Dental Board on January 1, 2016.

AB 366 (Bonta) Medi-Cal Provider Rates. This bill would immediately repeal implementation of prior year Medi-Cal rate reductions, and establish future reimbursement rates comparable to that of federal Medicare payment in both fee-for-service and managed care programs. Rates for Denti-Cal providers would be increased by an equivalent amount.

Comment: The bill is largely symbolic and attempts to express the "will of the legislature" regarding Medi-Cal funding. Any change in actual reimbursement rates will come through budget negotiations with the Governor's office and will require a "champion" in either the Senate or Assembly. The Senate companion bill is SB 243 (Hernandez).

AB 502 (Chau) Dental Hygiene Practice. As amended, the bill proposes allowing a RDHAP in a designated Dental Health Professions Shortage Area (DHPSA) to continue independent practice regardless of later DHPSA decertification, and requires that hygiene services covered under a commercial dental benefit plan be paid at the same reimbursement paid to the dentist when the services are provided directly by an RDAH not employed by or acting as an independent contractor to a licensed dentist.

Comment: Before the bill is heard by the Assembly Health Committee, the author has agreed to develop stricter criteria around how RDHAPs could continue to practice in a decertified DHPSA and still ensure the intended purpose of expanding access to oral hygiene services for underserved populations.

AB 648 (Low) Virtual Dental Home Implementation Project. The bill would establish a grant program using public and private funds to pilot the virtual dental home model of community-based delivery of dental care to underserved populations in community clinics and school programs. The new Office of Oral Health would develop the program under the direction of the new state dental director.

Comment: The bill calls for an appropriation of 4 million dollars from the general fund, an amount likely to be significantly reduced as the bill reaches appropriation committees. Funds would be used for start-up elements like training, equipment and technical support.

AB 880 (Ridley-Thomas) Free-Clinic Practice by Final Year Dental Students. The bill would permit the practice of dentistry by a final year student, without compensation or expectation of compensation, under the supervision of a licensed dentist in a free clinic or health fair setting.¹⁹

Comment: The practice of dentistry by a dental student in a community or free clinic is currently allowed only if the facility is accredited as a teaching site by a California Dental School and care is supervised by the teaching faculty of that institution.

SB 203 (Monning) Sugar-Sweetened Beverages: Safety Warnings. This bill would require a warning label on most sugar-sweetened beverages sold or dispensed in the state reading "Drinking beverages with added sugar(s) contributes to obesity, diabetes, and tooth decay."

Comment: The bill mirrors SB 1000, introduced by Senator Monning last year, which failed passage by the Assembly Health Committee after passage by the Senate.

SB 243 (Hernandez) Medi-Cal Provider Rates. The bill is intended to immediately reverse previous Medi-Cal reimbursement rate reductions and establish future reimbursement rates comparable to Medicare.

Comment: This is the Senate companion bill to AB 366 (Bonta).

Western District Trustee Report

California Society of Pediatric Dentistry

Santos Cortez, DDS



I will start this report with a big THANK YOU to CSPD for the support given to me to represent you as Trustee to the American Academy of Pediatric Dentistry (Academy). For this experience, I am very grateful to all of you and especially the Board of Directors of this society whom I got to work with for the last three years.

The Academy is in good financial health as we maintain one year's

worth of operations in reserves, as prescribed in our bylaws. The services that the Academy provides its members continues to increase and provides more and more value each year. The Annual Session, which this year will be held in Seattle, Washington, is well attended by our members as well as their staff and guests. Attendance records have been set in the last couple of years and the numbers for the Seattle meeting are looking great. The continuing education provided by AAPD is phenomenal and our online educational opportunities are continually being increased in number and quality. Check out the AAPD website to see for yourself. For these reasons and more, the market share that we hold for our specialty is in the mid 90's!

The number of applicants to pediatric dentistry has surpassed other specialty programs such as oral surgery and orthodontics.

Next year, a cohort of leaders in the Academy will be at the Wharton Business School to continue their leadership training and will collaborate in taking a close look at our strategic plan. The workgroups will come back to the Board to present their research findings and recommendations. The strategic plan, through the Strategic Planning Committee, is reviewed annually and is reassessed about every five years. I am looking forward to the recommendations that will be forthcoming next spring.

Two pediatric dentistry campaigns are ongoing that will engage the public to demonstrate the benefits of early childhood dental care by establishing a dental home. The Academy has contracted a public relations firm in Chicago for a multi-year public awareness campaign that is getting patients into pediatric dental offices! This is a direct membership benefit without a special assessment. The Ad Council has had an ongoing public awareness campaign to reach parents in underserved communities with the oral health message: *brush teeth two times a day for two minutes*. The campaign has been carried in multiple media outlets in major cities.

The annual AAPD Public Policy Conference in Washington D. C. was held late March in which many of our pediatric dentistry residents from across the country were able to participate in congressional visits to present issues important to our specialty. They learned about the workings of government as it relates to advocacy. Networking with mentors and fellow residents was a valuable outcome. The conference was held back-to-back with the CSPD meeting in Dana Point, so the many who attended were on the road for at least a week.

I am proud to say that our district has had a number of our members participate at the highest leadership levels in the Academy as well as in many committees and councils. We are active volunteer members in pediatric dentistry! My sincere thanks for your volunteerism.

My three-year term ends at the Seattle meeting and I am happy to see that Dr. John Gibbons from Seattle will assume my position as Western District Trustee. He will do an awesome job as our trustee to the board! Thank you, John, for stepping up to the plate.

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CSPD Members Mentor California Residents in Washington, D.C.

Mark Lisagor, DDS, Chair of Leadership Development



Dr. Mark Lisagor with resident participants.

The American Academy of Pediatric Dentistry (AAPD) has sponsored its Public Policy Advocacy Conference in Washington DC for many years. Pediatric dentists from all over the country spend a day being briefed on the issues surrounding pediatric dentistry, the Affordable Care Act, continued CHIP program funding, loan forgiveness programs and Title VII funding in support of residency training slots.

Following these briefings, the California “delegation” including five CSPD members (Drs. Santos Cortez, Jim Crall, Francisco Ramos-Gomez, Ray Stewart and Mark Lisagor), accompanied 17 California pediatric dentistry residents in small groups on visits to nearly 25 Congressional offices. These seasoned veterans mentor the residents, encouraging them to maintain an active leadership role and to become involved in organized dentistry throughout their careers.

Included in this group every year are Warren Brandli Leadership Interns and Santos Cortez Legislative Advocacy Interns. Other residents were participants of the UCLA CHAT (Community Health and Advocacy Training) residency program and residents from several other programs.

Dr. Austin Nunez, a UCLA resident, had this to say about his experience:

“Advocacy day was a great experience. I now understand how important it is that we, as the AAPD, always keep Washington informed of what is best for the oral health of the children.”

Dr. Sahar Hamedani, a Brandli Intern and USC resident, said:

“This was my first time attending the AAPD Public Policy Advocacy Conference in Washington D.C. and I certainly hope it won’t be my last! I had the wonderful opportunity to meet with congressional leaders and discuss the legislation

that not only impacts the oral health of our patients but also the future of our profession. It was exciting to see how many residents were involved and inspired me to continue participating in future advocacy activities. A big thank you to AAPD and CSPD for their support and allowing me to participate in such a great conference!”

Dr. Salina Massei, a UCLA resident and student in the UCLA School of Public Health, said:

“It was exciting to speak with members of Congress and their staff on issues affecting children’s oral health. It made me feel like I can make an impact on a national and state level. I plan to take the knowledge and skills I’ve gained to make a difference in my local community.”

Dr. Angela Lee, a UCSF resident, said:

“This experience reinforced my sense of responsibility as a future pediatric dentist to advocate for patients and help to reduce children’s barriers to oral healthcare. I enjoyed meeting pediatric dentists and fellow residents who are passionate about the same issues. I also valued our meetings with members of Congress and gained more insight on the political process. One of our “asks” to members of Congress included the reauthorization of CHIP, and the fact that the bill was passed following our lobby day, reinforced that our efforts matter.”

Dr. Denisse Monroy, a UCLA resident, shared:

“I really enjoyed participating in the AAPD Advocacy Conference where I got to meet the congressman from my district. It was encouraging to see that he was open to learning about the needs of children regarding oral health and support policies that will ensure the well-being of our community, where there is a great number of underserved children and a shortage of health care providers. I look forward to going back to my community and to continue to advocate for children’s oral health.”



U.S. Congressman Sam Farr, District 20, with Dr. Ray Stewart and resident participants Dr. Sahar Hamedani and Dr. Angela Lee.



U.S. Congresswoman Julia Brownley, District 26 with Dr. Mark Lisagor and resident participants Drs. Denisse Monroy, Angela Lee, and Miguel Padilla.



U.S. Congresswoman Lucille Roybal-Allard, District 40 with Dr. Santos Cortez and resident participants.



U.S. Congresswoman Lois Capps, District 24 with Dr. Mark Lisagor and resident participant Dr. Angela Lee.



U.S. Congressman Jeff Denham, District 10 with Dr. Jim Crall and resident participants Drs. Austin Nunez, Denisse Monroy, Danny Kalash, and Miguel Padilla.



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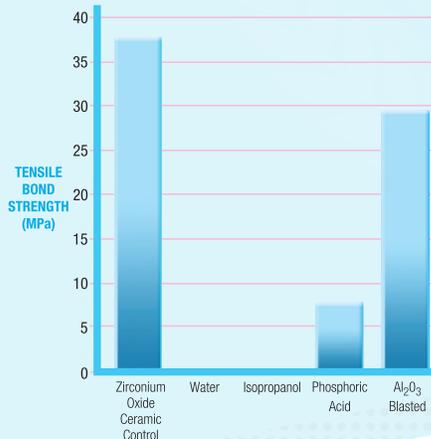
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Foundation President's Message

Steve Gross, CDT



Annual Meeting

The CSPD Annual Meeting in Dana Point was alive with a buzz of participation and good will. The wonderful weather added to what was one of the most memorable events I can remember. Congratulations to Smith Moore & Associates and the Annual Meeting Committee for another grand event!

Access to Care in California:

Meeting the Challenge and Innovative Solutions

This year in Dana Point, the Foundation Presentation was co-sponsored by **Healthy Smiles Healthy Children**, the Foundation of the AAPD. An impressive panel of experts assembled for presentations and in-depth discussions on issues that affect a growing number of California's children. The lack of access to oral care for a substantial segment of the population, including low income and special needs patients, as well as the under-insured, has led to an environment where we will no longer be able to conduct "business as usual."

Focus On the Future

The Foundation continues its mission to enhance and expand educational opportunities for CSPD/WSPD members, faculty and students.

Thanks go out to you, the CSPD/WSPD membership, for your generous donations.



Bridge the Gap Program

Over the last five years **The Bridging the Gap Program** has been an overwhelming success, with over \$350,000 provided to California's pediatric dentistry programs to help with faculty recruitment and retention. The Foundation also supports the Annual Meeting as a Diamond Sponsor and sets aside an additional \$20,000 per year for the Santos Cortez Graduate Student Legislative and Advocacy Program and the Warren Brandli Leadership Intern program. These programs will ensure that there will always be a strong corps of leaders for CSPD in the years to come. While we will continue the funding of these programs, we will now open for consideration a wide variety of additional grant options.

(Continued on page 29)



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Foundation President's Message (continued from page 26)

Steve Gross, CDT

New Opportunities

Our new Program Enrichment Grant will fund innovative program enhancements, with each grant funded up to \$8,000.

Conclusion

At this point I would like to speak directly to you, the membership of CSPD. It is only through your donations that this Foundation can keep our dream alive. To those who have given, **THANK YOU!** There are many of you out there who are at or approaching the completion of your life pledge, so I ask you to join many of your colleagues in the same position who have pledged to continue giving at the same or even higher level.

There are over 700 members of CSPD and only about a hundred who support the Foundation. Just think what a force we would be if we **ALL** kicked in as little as a hundred dollars a year. (**\$.29 cents a day**) What a difference it would make! PLEASE JOIN US!

Finally, I want to extend my gratitude to our Foundation Board – it is only through their hard work that we continue to accomplish great things for pediatric dentistry in California.

Thank you for reading; if you have any comments or suggestions, please don't hesitate to contact me at steveG@SMLglobal.com.

2015 Grant Awards

USC School of Dentistry

1. \$25,000 Bridging the Gap Grant
2. \$8,000 Performance Enrichment Grant

Loma Linda University

1. \$6,000 Performance Enrichment Grant
2. \$8,000 Student Group Funding

UCSF School of Dentistry

1. \$25,000

UCLA School of Dentistry

1. \$25,000

Thanks to Our Brandli Charter Corporate Sponsors



Dr. Santos Cortez • Dr. Mark Lisagor • Dr. Ken Szymanski

Faculty Spotlight

Dr. Ray Stewart

Interview by Dr. Amita Ruehe



Q: What are some of the highlights of your career?

A: My first job after dental school at University of Oregon and residency was a faculty appointment at UCLA. Up until my teaching career came full circle at UCSF, my 12 or 13 years at UCLA were the highlight of my career. These were rewarding days, I published books and was the dental director of the craniofacial anomalies clinic at UCLA. I spent more time in that clinic than in pediatric dentistry! I left academics in 1983 to go into practice. The reason I did it is because my residents were better clinicians than myself and I thought to myself, I better catch up with my residents! At first I had no intention to stay in practice for 30 years but that is how it turned out. After 30 years in private practice, I missed the challenge and intellectual effort that comes with academics. I retired, took over the CSPD Executive Director position, and when the opportunity arose to be at UCSF, I embraced it wholeheartedly. I went from a few days at UCSF to full time. I feel as though the circle has closed – it is very gratifying to spend time with residents again. It gives me a fulfilled feeling, as I believe it is extremely important to give back what I have learned.

Q: What would the 25-year-old Ray Stewart think of you now?

A: Good question! At 25 I was in the middle of dental school. I knew I would be a pediatric dentist and work in academia through my research and genetic work in the cleft lip and palate clinic at the University of Oregon. However, I think my 25 year old self would be surprised at how many different directions and how multi-variable my life and career have been. But I don't think I would have a single regret. I took a couple of detours now and then. Earlier in my life I would've seen myself spending my career in one place instead of bouncing around. I certainly would not have seen myself being involved nearly as much as I have been in organized dentistry. At 25 it is hard to realize how important that is – regardless of the type of practice you are in.

Q: How do you think organized dentistry has influenced your career?

A: Tremendously. I did not become involved in organized dentistry until I was in private practice. In academics, I did not realize how important it was. At the invitation of David Goode, I became involved in CSPD. I joined a couple of committees and then served on the Board. Later, I became



Harbor General (UCLA) Hospital in 1978 of Don Ellis, Steve Niethamer, Roland Hansen, Ken Greenstadt, Ken Troutman and Ray Stewart

president and joined the Academy as a trustee. This course has changed the way I think of my profession and specialty. One almost has to be on the frontlines of providing care to understand the importance of CSPD at guiding policy. I feel very fortunate that some of my mentors showed me the light and got me interested in being involved. Without organized dentistry, our profession would be in a life raft out there floating aimlessly. Everybody would be rowing in a different direction.

Q: How do you see the future of pediatric dentistry?

A: Never has it been more important for us as a profession to stick together as a cohesive voice. We are a special group because we are here advocating for children; we are not advocating for our own personal interest. There are so many changes we are about to face in dentistry. Unless we speak with one voice and find a place at the table, others will decide how we will be regulated. Large corporations are now beginning to consolidate dentistry as a business, and with their size they will be able to negotiate better equipment, marketing, IT and HR services. If we, as a profession, continue to maintain our separate private practices, we will not be able to form networks with the same negotiating power for these contracts, products and services. The Affordable Care Act will bring about a lot of change as well. If we allow dentistry to be rolled over and embedded into medical plans, we won't have a whole lot to say in how patients will be treated and how we will be reimbursed. If we lose control of our specialty and the public view of dentistry, we will not survive in the inevitable change of the health care system.

Q: What advice would you give to new pediatric dentists?

A: Don't bury your head in the sand. Be very aware and weary of the changes that are here and increasing rapidly with which the changes will occur. Take advantage of organized dentistry. Be flexible and manage change or change will manage you! Also, pay your debt off as soon as you can. The future of our specialty is partially changing because of the decisions we will have to make as we are burdened with all this debt.

Q: How do you balance your personal and professional life?

A: I have difficulty with that. I have come to realize that throughout my career my professional life has maybe displaced some things in my personal life. My children grew up often times with me coming home after they went to sleep and leaving before they woke up. I have had some guilty feelings over the years but hopefully they realize that I have impacted them in other ways. I hope they see that I am true to my word and follow through on commitment.

This will also be a challenge that young dentists will face. It is healthy to keep a balance. You have to work at it constantly. If you go too far on one extreme or another you are going to suffer some consequences as well. The bottom line is we need to pursue our lives in a fashion that we have the greatest happiness and in a way that we impart the least amount of stress and discomfort to those around us.

Q: How do you foresee your future in pediatric dentistry?

A: I am now at the age where I am no longer looking at my future in ten-20 year increments. Looking three-five years into the future, my main goal is to have enough of an impact on this program to have it be able to realize its true potential. If I can make at least some positive steps in that direction, I will feel like I closed my career in a worthwhile fashion.



Andrew Elmasri, DDS



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Student Activity Report from California Dental Schools University of California, Los Angeles

With the help from faculty, residents and staff of the UCLA Pediatric Dentistry Department, dental students from UCLA were able to participate in the 2015 Give Kids A Smile Day at the Children's Dental Center of Greater Los Angeles. In addition to providing dental treatments for pediatric patients, students were able to offer parents and children oral hygiene instructions through various workshops and fun-filled stations to encourage good oral health.

Continuing on with the theme of community outreach, UCLA SCAAPD plans to continue to work with various schools and organizations to further promote the importance of pediatric oral health to families of Greater Los Angeles during spring quarter.



University of Southern California

Both USC pediatric groups continue to remain active and build upon the wonderful foundation that has been created by the succeeding generations of students over the years. On the Saturday before Easter, the USC Pediatric Dentistry Selective held the second annual Ronald McDonald House outreach event. This year a total of 49 adults and children were screened, with 43 of them receiving preventative and restorative dental services. At this event there were six USC faculty and 29 dental students in attendance.

The USC Pediatric Selective continues to hold meetings twice a month with member students presenting on topics related to pediatric dentistry or discussing interesting pediatric cases seen in the USC Pediatric Dentistry Clinic.





USC Pediatric Dentistry Outreach Event at Ronald McDonald House

The Pedo Study Club at Herman Ostrow School of Dentistry is growing each trimester and actively reaches out to students in the first, second, third and fourth year of dental school. The USC Pedo Study Club continues to sponsor four presentations a year on pediatric dentistry related topics. The most recent lectures reviewed dental anomalies and preventative care in pediatrics. To complement the didactic portion of the study club, this group continues to engage in community outreach and visited several local preschools to provide oral health screening and oral health education to young children.

The USC Pediatric Dentistry Selective, the USC Pedo Study Club, and their faculty advisors are looking forward to the future and cannot wait to see what it will entail.

Loma Linda University



The Pediatric Dentistry Student Society at LLU has been busy with many activities during the winter quarter. As part of Give Kids a Smile Day, we had an incredible opportunity to participate in two locations this year. The first location was at the Pediatric Dental Clinic at LLUSD, where we

provided free dental treatment to over 30 patients. The second location was in Trona, California and it was our fourth annual trip! Five residents provided oral screenings, oral hygiene instructions and treatment for elementary school children over two days. The trip was very successful with the assistance of staff, faculty and dental students from LLU.

In February 2015, the annual Alumni Student Convention for LLUSD was held and seven residents successfully presented lectures under the topic of Complicated Medical Conditions in Pediatric Patients. All the lectures were well attended by alumni and dental students.

The annual CSPD meeting was a fantastic time for learning and gathering together. Loma Linda University Pediatric Dentistry Alumni hosted its first reception at the Annual Meeting. CSPD also gave the privileged occasion for seven residents to present posters based on their research or clinical cases under the guidance of Dr. Jung-Wei Anna Chen. We are proud of Dr. Minh-Ky Young, who received the second place prize in the poster presentation competition!



CALENDAR OF EVENTS

CSPD

May 16, 2015: Legislative Advocacy Day with CDA, Sacramento, CA
June 27, 2015: Board Meeting, Oakland, CA
July 1, 2015: AAPD, CSPD, WSPD Dues Renewal First Notice
September 19, 2015: Board Meeting, Oakland, CA
January 23, 2016: Board Meeting, Los Angeles, CA
April 20-24, 2016: 2016 Annual Meeting - Silverado Resort, Napa, CA
March 15-19, 2017: 2017 Annual Meeting - Green Valley Ranch, Las Vegas, NV

AAPD CE Meetings

May 21-24, 2015: 68th Annual AAPD Meeting, Seattle, WA
May 26-29, 2016: 69th Annual AAPD Meeting, San Antonio, TX

CDA

October 16-18, 2015: House of Delegates Meeting, Sacramento, CA

SAVE THE DATE

Oral Conscious Sedation Course (3.5 CEUs)

Speaker: Dr. Stanley Malamed
 October 20, 2015
 6:00 p.m. to 8:30 p.m.
 More information coming soon!

CSPD Professional Opportunities



- Opportunities Wanted
- Opportunities Available
- Faculty Positions Available
- Practices for Sale
Offices for Lease

Have you been thinking about hiring an associate, but just aren't sure where to look? Or are you finishing your residency soon, and aren't sure where you'd like to live and practice? The answer is right on the CSPD website. To look at these opportunities and others, go to www.cspd.org.

Sincerely,
 Don Schmitt, DDS

Significant Approved Motions From the March CSPD Board Meeting

Motion 3.26.2015.4: Move to ratify decision by the CSPD Executive Committee to send a letter to California Department of Public Health (CDPH) to expand the maternal/child grant and support a dentist sitting on the board. This would reinforce the need for the safety of, and importance of, women getting treatment during pregnancy.

NEW CSPD MEMBERS

Active Members

Sabina Gupta Sud Union City, CA
 Jeremy Horst Pleasanton, CA
 Leila Zokaei Emeryville, CA

Affiliate

Jose Juarez Vallejo, CA
 Maryam Mohsenzadeh Napa, CA
 Elizabeth Skaf Carlsbad, CA

Post-Doctoral Student Members

Danielle Cooper University of Pittsburg
 Namie Kong University of Rochester
 Candace Lee Montefiore Medical
 Center
 Mark Olsen University of Texas
 Amanda Tsoi Cincinnati Children's
 Medical Center
 Tesha Waggoner Queens Medical Center
 David Welch University of Texas

PEDIATRIC ORAL SEDATION COURSE

DATE: Sunday, August 30, 2015

TIME: 8:30 a.m. to 4:30 p.m.

LOCATION: Loma Linda University
 Prince Hall rooms (1101 & 1102)
 24851 Circle Dr, Loma Linda, CA 92354

CREDITS: Eight (8) hours of California continuing dental education credit for attendance.

PRESENTER: Thomas Lenhart, DDS

SYNOPSIS: This sedation course is intended for pediatric dentists and general dentists who have had training in sedation during their graduate or residency training programs and intend to renew their sedation permits. The course will review sedation techniques, patient selection, and pharmacology of commonly used sedatives, management of sedation emergencies, and other related topics.

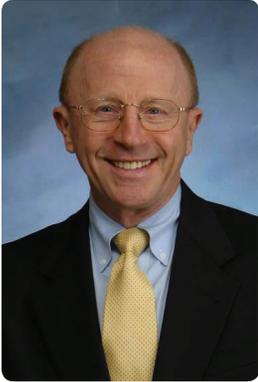
COURSE OBJECTIVES:

- Discuss the basic principles and guidelines of oral sedation.
- Review the basic concepts of Pediatric physiology and anatomy of the cardiovascular, respiratory and gastrointestinal systems
- Describe the differences between the pediatric airway and adult airway.
- Discuss physical and behavioral assessment and their impact on patient selection.
- Understand the pharmacological action and physiological effect of the commonly used oral sedatives. Choose the appropriate sedatives for patients according to their behavioral and dental needs.
- Discuss monitoring, depth of sedation assessment and discharge criteria.
- Discuss the risks and benefits of sedation and other alternatives.
- Identify, prevent, and manage sedation complications and emergencies.

Sponsored by CSPD and LLU

Members in the News

AAPD Pediatric Dentist of the Year



Dr. Paul Reggiardo was recently named “Pediatric Dentist of the Year” by the AAPD Awards program. This annual award honors a pediatric dentist who has made significant contributions to the dental profession and the specialty of pediatric dentistry through clinical practice, academics or policy development over the past year. Recipients will also have devoted extensive volunteer leadership service to the dental profession and the specialty. We are so proud to call Paul one of our own and to benefit from his tireless efforts to improve the oral health of the children of California.

Pediatric Dentistry Educator of the Year

Dr. Lynn Fujimoto was recently awarded the Dr. Lewis A. Kay Excellence in Education Award by the AAPD Awards program. This award was established in 2011 to honor the director of the pediatric dental program who best exemplifies outstanding leadership; a commitment to educating pediatric dental residents to provide children with comprehensive quality oral health care; and a history of bringing recognition to their program through their contributions to society and the profession of dentistry. We are so proud to partner with Lynn in her efforts to raise up the next generation of pediatric dentists.



Morris & Mary Press Humanism Award



Dr. Jose Polido was recently named as a recipient of the Morris and Mary Press Humanism Award at an annual ceremony held at Children’s Hospital Los Angeles. The Award recognizes recipients for humanistic qualities of compassion, kindness and dedication in working with patients, families and volunteers. This is one of the highest and most respected awards at the institution and is rarely awarded to dentists. Dr. Polido is seen pictured here with Dr. John Groper.

Humanitarian Efforts in the News

CSPD Member **Dr. Mark Lisagor** was serving in Nepal with Global Dental Relief when the recent earthquake rocked Kathmandu. Mark spoke about his experience and the magnitude of remaining needs in Nepal on the May 4 radio program “Take Two” on Southern California Public Radio, 89.3 KPCC. We are so thankful for Mark’s safe return.

Do You Have a Story to Share?

Is your practice doing something unique? Whether it’s a great new program or how you managed a complex issue, we want to hear about it. The CSPD Bulletin is distributed to members statewide and pediatric dentists located throughout California. If you have news to share email admin@cspd.org.



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