

BULLETIN

CALIFORNIA SOCIETY OF PEDIATRIC DENTISTRY

SPRING 2023 | Volume 50 – Number 4

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2023 Annual Meeting
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Warren Brandli Intern
Spotlight



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SPRING 2023

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CSPD Leadership & Upcoming Conferences

Members are invited and encouraged to contribute to the CSPD *Bulletin*. Articles of general or specific interest, Letters to the Editor, and commentary on issues of public policy and matters of pediatric oral health are welcome. Items intended for publication may be submitted to Managing Editor Dr. MyLinh Ngo at mylinh.ngo@gmail.com or to admin@cspd.org.

The mission of the *Bulletin* of the California Society of Pediatric Dentistry is to communicate with members on issues affecting the specialty of Pediatric Dentistry and the oral health of infants, children, and adolescents. The *Bulletin* will provide information on Society activities, initiatives, governance, and member services, as well as information and notice of the accomplishments and actions of its members.

The views and opinions expressed by individual members in articles and commentaries are those of the author and do not necessarily represent policy or viewpoint of the California Society of Pediatric Dentistry.



PRESIDENT'S MESSAGE

SO MANY PEOPLE TO THANK!

— Dr. Thomas Tanbonliong – CSPD President



This March is exciting as we all look forward to our annual meeting! This year's meeting in San Francisco marks our organization's second return to the historic Fairmont Hotel in Nob

Hill. Our last meeting at this venue was right before the pandemic shutdown! Two years later, things are much different. A lot has changed in our lives and dental practices. Some things will never be the same again. However, we still managed to pick up the pieces and get our lives back in order. We adapted to new situations and made it through, my friends!

As I write my last president's message to you, many things are swirling in my mind. Our organization has gone through a lot of changes. We are now independent of a management company. We hired a part-time administrative office manager, Ms. Diane Skullr, who continues to assist Dr. Paul Reggiardo with CSPD's tremendous administrative workload. It has not been an easy transition, but we are on the right path. Dr. Catherine Pham, our patient services committee chair, conducted a successful webinar hosting Dr. David Rothman on managing medical emergencies in the dental office. This two-hour webinar was open to team members and providers, and it had four hundred-plus attendees. Webinars, which carry valuable educational content, are the new norm for delivering CE courses to our members efficiently and conveniently. CSPD will continue to provide this membership benefit. In our last board meeting on January 23, we welcomed guests from the Washington State Academy of Pediatric Dentistry, headed by Dr. Aarika Anderson, to observe how CSPD conducts its board meetings. We appreciate their presence since they provided valuable feedback on the different items we discussed. Our four interns also presented their year-long projects. This year, the

themes centered around the various factors that affect the practice models of pediatric dentists in our state. This newsletter will give a detailed narrative of their presentations. Thank you, CSPD Foundation, for supporting our interns.

Our members will vote on several significant changes during our annual meeting in March. These changes, such as restructuring committees to streamline them so we maximize the efforts of our volunteers, are a move in the right direction. Our organization is volunteer-driven, so it's essential to consider our volunteer's time. Two other significant governance changes to be considered include eliminating the vice president position and selecting the board of directors. Dr. Don Schmitt has put a lot of thought and effort into this, so all the credit goes to him. These changes are necessary for our organization to evolve and to maintain relevance. One of the most exciting events of our annual meeting is the installation of the new slate of officers who will govern and lead our organization! Thanks to the diligence of our nominating committee, our new officers consist of a broad and diverse group of individuals who will continue to bring energy, inclusivity, diversity, and a new vision to our organization.

On a personal level, this year has been fun, exciting, a lot of work, and fulfilling. I collaborated and worked closely with dedicated and talented colleagues who were always ready to provide support, insights, and candid thoughts. As president, I relied heavily on Dr. Paul Reggiardo, a great mentor and a skilled policy wonk who always gives great advice. He works relentlessly to make our organization look good! We are lucky to have him as our Executive Director. There are so many people to thank as I end my term. I want to give a big shout-out to Dr. Ora Lowe, the chair of our annual meeting committee. Without Ora's support and dedication, our yearly meetings would not be as successful as they are! So much time, effort, patience, and detailed planning go into this task that I would be remiss not to acknowledge her. Lastly, it has been my great pleasure serving all of you, our members! Thank you for giving me the chance of a lifetime to serve you in this capacity. I hope that you will continue supporting CSPD throughout your career! My best wishes to Dr. Don Schmitt and the new slate of 2023-2024 officers.



MEETINGS OF THE DENTAL BOARD OF CALIFORNIA

— Dr. Paul Reggiardo - Executive Director

The Dental Board of California met in Sacramento, CA, November 17-18, 2022. The following report summarizes actions and issues coming before the Board pertinent to pediatric oral health and practice delivery.



DENTISTS ADMINISTERING VACCINES

Under Assembly Bill 526, signed into law in 2021, dentists may, on an ongoing and permanent basis, prescribe and administer influenza and COVID-19 vaccines to patients three years of age and older. Dentists who would administer these vaccines must biennially complete an immunization training program offered by the CDC or a provider approved by the Board, maintain documentation for the patient's primary care provider, and enter the vaccination record into an immunization registry designed by the California Department of Public Health.

While the law provides the authority for dentists to administer influenza and COVID-19 vaccines, the Dental Board through regulations provides the specifics on the length of the required training program, how dentists provide immunization information to the patient's primary care provider and state immunization registry, and how long to maintain vaccine records. Presently, temporary "emergency regulations" are in effect that will expire February 2023. The Board will now proceed with the rulemaking process to adopt permanent regulations.

COMMENT: The authorizing legislation does not limit or restrict the site or location where a dentist can order or administer an influenza or COVID-19 vaccine. Pediatric dentists will be deciding on an individual basis if this will be included in the scope of services provided in their offices and clinics.

DENTAL BOARD IMPLEMENTATION OF SB 501

Under SB 501, signed into law in 2018, significant updates to anesthesia and sedation permitting became effective January 1 of this year. Among these changes were new patient monitoring requirements for pediatric patients, a new *moderate sedation permit* replacing the existing conscious sedation permit, a new *pediatric minimal sedation permit* replacing the existing oral conscious sedation permit for minor patients, and new pediatric endorsements for general anesthesia and moderate sedation permits when providing these services to pediatric patients. Delays in the rulemaking process impeded the ability of the Board to issue the new sedation permits, and the law prohibited renewal of the existing permits, for over seven months. Finally, on August 23, the Board posted notice of ability to issue the new permits and pediatric endorsements. Through the end of October, only 34 moderate sedation applications, and no pediatric endorsements, were received by the Board. During this same time period, only 11 pediatric minimal sedation permit applications were submitted to the Board. Of these, only seven were granted.

COMMENT: The low number of moderate sedation permit applications, pediatric endorsement of the moderate sedation permit, and pediatric minimal sedation permits may foretell a diminishing interest and shrinking provider base for these services in the dental office in California in the future.

TEMPORARY LICENSURE FOR MILITARY SPOUSES AND PARTNERS

Legislation passed in 2021, which becomes effective July 1, 2023, directs the Dental Board (and all other health professions licensing boards and bureaus) to grant temporary licenses and permits to qualified spouses or domestic partners of active-duty military personnel assigned to a duty station in California. The law covers all professions and vocations governed by a licensing board and must be issued without cost to the applicant.

To be eligible, spouses or domestic partners of military servicemembers assigned to a California duty station must have a 'current, active and unrestricted' license from another state, district, or United States territory with the same scope of practice for which the applicant is seeking the temporary certification. Each would also need to pass a California law and ethics examination if otherwise required for the license being sought.

The license would be effective for 12 months, unless revoked or suspended sooner, and could be annually renewed so long as the military service active-duty requirement is met.

COMMENT: While the legislation was intended primarily to provide opportunity and make life easier for military members stationed in California, since it includes dental hygienists and the full range of licensed dental assistants, it has the potential to relieve, in a small way, dental health care staffing shortages.

Questions or comments should be directed to Paul Reggiardo, CSPD Executive Director at preggiardo@cspd.org.

The Dental Board of California met in Sacramento, CA, February 9-10, 2023. The following report summarizes actions and issues coming before the Board pertinent to pediatric oral health and practice delivery.

DENTAL BOARD MEMBER COMMITTEE ASSIGNMENTS

Under ongoing policy, the Board establishes each year a number of standing committees affecting such jurisdictional areas as licensing examinations, enforcement and disciplinary matters, and regulatory compliance. Each two-member committee meets as relatable issues arise and makes recommendations to the full Board. For 2023, two committees especially relevant to pediatric dental services were identified as follows:

- Access to Care Committee
- Anesthesia Committee

On each committee, one of the two pediatric dentists on the Dental Board were appointed, Dr. Yogita Thakur to *Access to Care* and Dr. Steven Chan to the *Anesthesia Committee*.

COMMENT: The appointments of Drs. Thakur and Chan to these two important committees brings specialty training, knowledge, experience and expertise to decisions and recommendations that have significant potential to affect pediatric patient care, access, safety, and service delivery.

SEDATION PERMITS ISSUED UNDER SB 501

As related in the report of the November meeting of the Board, under SB 501, signed into law in 2018, significant updates to anesthesia and sedation permitting became effective January 1, 2022. Changes include a new *moderate sedation permit* replacing the existing conscious sedation permit, a new *pediatric minimal sedation permit* replacing the existing oral conscious sedation permit for minor patients, and new pediatric endorsements for general anesthesia and moderate sedation permits when providing these services to pediatric patients. Delays in the rulemaking process impeded the ability of the Board to begin issuing these new permits and endorsements until mid-August of last year. Through December 31, and, therefore, for all of 2022, the Board has issued only 24 *pediatric minimal sedation permits* and 54 *moderate sedation permits*.

COMMENT: While permits issued and renewed prior to January 1, 2022, remain in effect until their biennial expiration date, it remains to be seen how many will simply be allowed to expire without replacement under the new permitting certification. Currently 1,190 oral conscious sedation permits for minors and 528 conscious sedation permits are due to expire between now and December 31, 2024. Of 940 existing general anesthesia permits, only 10 applications for a pediatric endorsement have been received by the Board.

IMPLEMENTATION OF SEDATION REGULATIONS UNDER SB 501

Following enactment of SB 501 on January 1, 2022, several areas of concern in the law have been identified that the Board is proposing be modified by legislative action as follows:

- Setting the maximum allowable fee for pediatric endorsement applications and renewals.
- Clarifying that physicians regulated by the Osteopathic Medical Board as well as the Medical Board of California are eligible to be granted general anesthesia and sedation permits issued by the Dental Board of California.



- Conforming the language on the *Oral Conscious Sedation* – Adult certificate with language for the other general anesthesia and sedation permits and eliminating the 10-case documentation pathway for the OCS-A certificate.
- Establishing continuing education requirements and an expiration date for *Pediatric Minimal Sedation* permit holders.
- Modifying and conforming the physical presence requirement for all sedation permitting to read “A dentist who administers or orders the administration of pediatric minimal sedation shall be physically present in the treatment facility while the patient is sedated.”
- Adding language to the application process for pediatric endorsements to the general anesthesia and moderate sedation permits that would make case records submitted to the Board expressly confidential and bar disclosure unless under a court order. This results from instances where a residency program under which an applicant was trained refused to provide copies of the sedation records to either the applicant or the Board.
- Including physical evaluation and medical history requirements under the *Pediatric Minimal Sedation* permit. Like the continuing education course requirements, physical evaluation and medical history language was inadvertently left out of SB 501.

COMMENT: These proposals will be included in the Board’s Sunset Review Report to the legislature with the recommendation that they be included in a subsequent “clean-up bill” legislation by the Assembly Business and Professions Committee or the Senate Business, Professions, and Economic Development Committee.

ADDITIONAL LEGISLATIVE PROPOSALS

By separate actions, the Board also approved several other legislative proposals potentially affecting pediatric dental care, delivery, and access.

- Clarifying and resolving ambiguities in the *Licensure by Credential* requirements and application process, including how hours of clinical practice in the preceding five to seven years are defined and calculated, capping the number of hours of residency training that may be applied to this prerequisite, and what documentation and conditions must be met to qualify two years of practice or teaching in a Federally-Qualified Health Center, community clinic, or dental school as qualification for California dental licensure.

- Modifying language regarding infection control education and training required of an unlicensed dental assistant. Current law requires the employer of an unlicensed dental assistant employed continuously for 120 days to subsequently verify Dental Practice Act, infection control, and basic life support course completion by the dental assistant within a year of the date of employment. However, an unlicensed seasonal or temporary employee, not working 120 days continuously, would escape such training and certification. This proposal would require such course completion within one year of the first date of employment, regardless of “gaps” in employment or whether the employee works continuously for 120 days at any point of employment.
- Specifying requirements for the display of the name and license of dentists at the place of practice. Board staff reports confusion among licensees regarding the requirement in the Dental Practice Act that a list of all individuals licensed to practice dentistry and associated with a practice must be displayed “in a conspicuous place” in an office where care is delivered. Proposed legislation would require display of license information in an area “likely to be seen by all patients who use the facility” and that the original or copy of the dental license, permit, or registration to be displayed as well

COMMENT: While there is no certainty regarding the passage these legislative propositions, it is still likely they will reach in one form or another the Governor’s Desk and become future law.

The advertisement features a photograph of a young child in a checkered dress and white headband, holding a teddy bear, standing in front of a blue banner with a cartoon owl logo and the word 'magnify'. To the right of the photo is a white box with the magnify logo (a blue owl) and the text 'magnify Pediatric Focused Marketing Solutions'. Below this, a list of services is provided: Websites, SEO, Google Ads, Social Media, and Logo Design. At the bottom right of the box is the website address 'www.askmagnify.com'. A vertical orange bar is on the far right of the advertisement.



ANNUAL MEETING NEWS

IT'S BACK TO THE BAY!!

Dr. Oariona Lowe – CSPD Past President and Chair of the Annual Meeting
& Dr. Mitchell Poiset – CSPD Vice President and Annual Meeting Co-Chair



We're headed back to the city where in December 1961, Tony Bennett first sang its legacy song, "I left my heart in San Francisco" in the Venetian Room at the Fairmont Hotel. It is ironic that our CSPD Annual Meeting takes us back to the Fairmont on March 23-26 where some of our lectures will be held in the famed Venetian room. Join us in the historic city famous for fabled supper and jazz clubs, surrounded by vibrant neighborhoods and international cuisines. Be entertained by international or local artists in historic cocktail lounges, iconic restaurants, modern art galleries, and off-the-beaten path record stores and bookstores. **Be hip!** Listen and dance to musical favorites played at the Top of the Mark, located directly across from the Fairmont Hotel.

You can be a tourist! Enjoy excursions to Sausalito, Wine country, or take a boat ride to Alcatraz. Wake up to the sound of the clanging bells of the famous cable cars! Ride a cable car to Fishermans' Wharf. **Be artsy.** Visit the Mission District, one of San Francisco's most colorful neighborhoods, bustling with a mix of culturally diverse locals and incoming artists.

Get in touch, **celebrate**, and **learn** while you meet and 'hang out' with old friends and colleagues!

Bring your staff to Dental Team Day where Dr. Rhea Haugseth will WOW them with special communication skills that we can use in the office. Learn innovative techniques which are loaded with fun and hints on how to win over that little patient, not to mention their parents. Get ready for some fast action and high energy! In addition to an exciting morning of communication and management skills, there will be a special presentation from Lassie who will share with your team a program that will assist the administrative team with billing and insurance services.

The Friday Sedation Day is loaded with lectures from experts who will advise us on the new California State regulations for renewing our sedation permits, discuss the importance of patient monitoring, patient safety, medical emergencies, opioids, and oral conscious sedation. **GET ready** to gain a wealth of knowledge from the experts!

Attend Saturday's orthodontic track. Be prepared to learn how to prevent, treat, and work with gingival hyperplasia resulting from orthodontic treatment. Enamel decalcification from orthodontic treatment will also be discussed with treatment and prevention options. Phase I orthodontics using Aligners will be presented along with other options of treatment for interceptive orthodontics.

A presentation on treating Special needs patients using a patient centered approach in specially designed facilities is planned for Saturday afternoon. Concluding our academic session are lectures on molar hypomineralization, amelogenesis imperfecta, fluorosis, and other craniofacial anomalies that challenge clinicians.

Join us for camaraderie, good food, entertainment, and education! Register online through our website: www.cspd.org Take advantage of Early Bird registration or sign up on-site.

Don't miss the fun and excitement of the City! Earn up to 18CE units.

Bring this Bulletin to the meeting and use the following printed program along with the digital app so you don't miss a beat.

MEETING PROGRAM

Bring this Bulletin to the meeting! Use the following printed program along with the digital app so you don't miss a beat.

WEDNESDAY, MARCH 22, 2023

6:30 p.m. – 8:30 p.m.

CSPD Volunteer Dinner

Location: TBD

CSPD Board Members and invited guests

THURSDAY, MARCH 23, 2023

8:00 a.m. – 7:00 p.m.

Registration Opens

Location: Grand Ballroom Foyer

8:00 a.m. – 12:00 p.m.

CSPD Board of Directors Meeting

Location: California Room

12:00 p.m. – 1:30 p.m.

CSPD Board and Foundation Trustee Lunch

Location: California Room



12:30 p.m. – 2:00 p.m.

"Basic Life Support (BLS) Course"

Location: French Room

Presented by: Jeff Laabs, RCP

2:00 p.m. – 5:00 p.m.

"PALS Re-Certification Provider Course"

Location: French Room

Presented by: Jeff Laabs, RCP

2:00 p.m. – 6:00 p.m.

"PALS Full-Certification Provider Course"

Location: French Room

Presented by: Jeff Laabs, RCP

6:00 p.m. – 7:30 p.m.

Welcome Reception

Location: The Crown Room

This is a ticketed event for All Meeting Registrants

Join us for a welcome to San Francisco at the historic Fairmont San Francisco located atop Nob Hill! Our Welcome Reception will be held in the beautiful Crown Room of the Fairmont. Located on the top floor of the Tower, the Crown Room provides sweeping 270-degree panoramic views of the Golden Gate and Bay Bridges, Coit Tower, Alcatraz, downtown lights, and the Twin Peaks. You will not want to miss this welcome event!

7:30 p.m.

Dinner on your own

Please Note: Agenda and Locations Subject to Change



FRIDAY, MARCH 24, 2023

6:30 a.m. – 8:00 a.m.

CSPD Past Presidents' Breakfast/Hybrid

Location: California Room

CSPD Past Presidents and invited guests only. A virtual option may be available for those Past Presidents who are not able to join us onsite. Zoom connection information coming.

7:00 a.m. – 8:30 a.m.

Continental Breakfast

Location: Grand Ballroom

Continental Breakfast is located in the same room as the commercial exhibits to increase interaction with our valued exhibitors during breaks and free time. Please make an effort to purchase from the meeting exhibitors.

7:00 a.m. – 5:30 p.m.

Exhibit Hall Open

Location: Grand Ballroom

This year promises to have some of our best and most loyal exhibitors. Attendees should plan to save your orders to purchase during this meeting.

7:00 a.m. – 5:30 p.m.

Registration

Location: Grand Ballroom Foyer

7:30 a.m. – 11:30 a.m.

Friday Morning Scientific Session – Sedation Track

Of interest to Dentists, Students & Residents, Dental Auxiliaries and Dental Office Staff

7:20 a.m.

A welcome by our CSPD President



7:30 a.m. – 8:00 a.m.

"Safe and Efficient Patient Monitoring in the Dental Office: New Trends"

Location: Terrace Room

0.5 Hours CE Credits

Presented by: Rose Dodson, MSc, CEO



8:00 a.m. – 9:00 a.m.

"Current law and regulation governing patient sedation in the dental setting."

Location: Terrace Room

1 Hours CE Credits

Presented by: John Blake, DDS

9:00 a.m. – 9:30 a.m.

Break in the Exhibit Hall and to view Postdoctoral Resident's Posters

Location: Grand Ballroom



9:30 a.m. – 11:30 a.m.

"The Power of Habit-A Process Approach to Safer Sedation"

Location: Terrace Room

Presented by: Travis Nelson, DDS, MSD, MPH

9:30 a.m. – 3:30 a.m.

Friday Dental Team Day

Of interest to Dentists, Students & Residents, But Especially Dental Auxiliaries and Dental Office Staff

Location: Venetian Room

5 Hours CE Credits



9:30 a.m. – 11:30 a.m.

"Basic Communication Skills with patients/parents/team members: Tips, Techniques and Comedy"

Location: Venetian Room

Presented by: Rhea M. Haugseth, DMD

11:30 a.m. – 12:30 p.m.

Dental Team Lunch & Learn

Location: Venetian Room

Presentation: Software Billing for Medical/Dental Offices by Lassie Systems. Informational program. Does not confer Continuing Dental Education Credit

12:30 p.m. – 1:30 p.m.

Poster Presentations / Exhibit Floor

Location: Exhibit Floor

1:30 p.m. – 3:30 p.m.

Dr. Haugseth Continues

Location: Venetian Room

11:30 a.m. – 1:00 p.m.

CSPD "Snack & Stroll" Postdoctoral Resident Poster Judging

Location: Exhibit Hall

Snacks will be provided in the exhibit hall. Attendees can view the postdoctoral resident posters while enjoying a healthy snack.

11:45 a.m. – 12:45 p.m.

Estate Planning for Early and Mid-Career Pediatric Dentists and Residents

Location: Grand Ballroom Lounge – *Limited to 75 Attendees*

Of interest to New Dentists & Residents

Presented by: Fortune Legal Group

1:00 p.m. – 4:30 p.m.

Friday Afternoon Scientific Session - Sedation Track Continues

Location: Terrace Room

Of interest to Dentists, Students & Residents, Dental Auxiliaries and Dental Office Staff



1:00 p.m. – 3:00 p.m.

"Management of Medical Emergencies in Pediatric Dentistry"

Location: Terrace Room
2 Hours CE Credits
Presented by: Steve Yun, MD



3:00 p.m. – 4:30 p.m.

"Preparation and Monitoring for Minimal (Oral Conscious) Sedation"

Location: Terrace Room
1.5 Hours CE Credits
Presented by: Jung-Wei Chen, DDS

4:30 p.m. – 5:30 p.m.

CSPD Annual Business Meeting

Location: Terrace Room

CSPD Members will elect a slate of Officers and Directors, conduct the business of the Society including by-laws and governance changes, and hear directly from CSPD leadership on the State of the Society. A must for CSPD Membership and invited guests.

5:30 p.m. – 7:30 p.m.

CSPD Foundation Reception: 20 years of Mission Accomplished

Location: The Obscenity Bar and Lounge (inside the Hotel Emblem): 562 Sutter St, San Francisco, CA 94102

This event is for ticketed and invited guests.

Let's celebrate! The CSPD Foundation is celebrating 20 years since its first, sponsored CSPD Annual Meeting lecture! Kick off your Friday night with us at the jazzy Obscenity Bar and Lounge, just a few blocks from the Fairmont.

6:00 p.m. – 9:00 p.m.

Early Career Pediatric Dentists

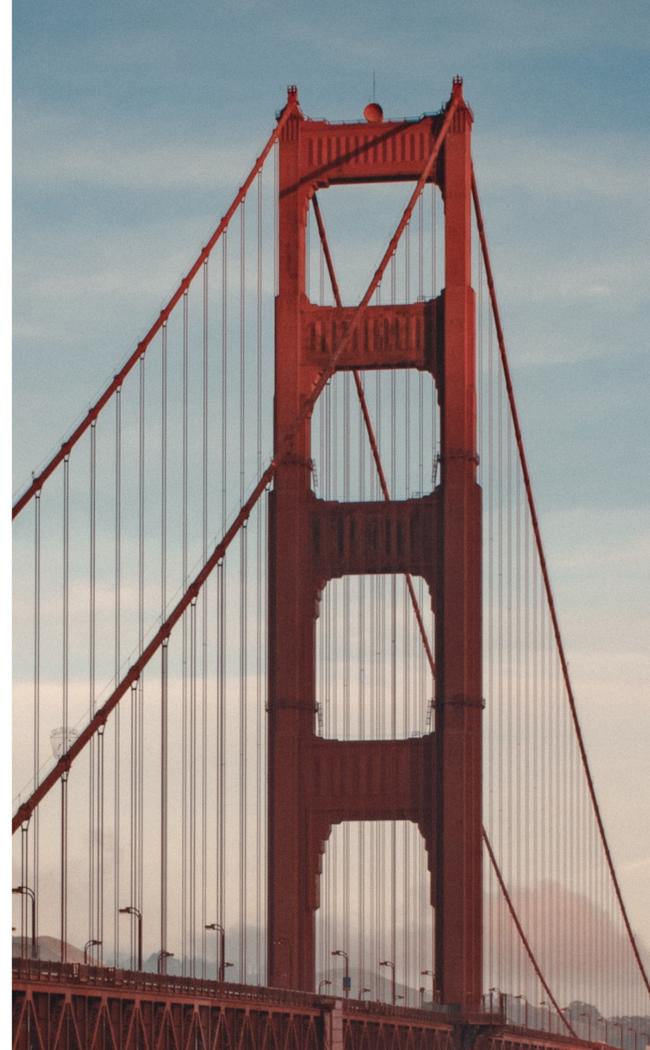
Location: The Golden Gate Taproom

This event will be held at the Golden Gate Taproom There will be food and drink.... complimentary to Postdoctoral Residents and New Dentists (up to 10 years in practice).

This event is generously sponsored by NuSmile. Space is limited. You must pick up your ticket at the NuSmile booth for entrance to the event. CSPD Leadership is invited.

7:30 p.m.

Dinner on your own



The CSPD Foundation is celebrating 20 years since its 1st, sponsored CSPD Annual Meeting lecture! Kick off your Friday night with friends, food, and beverages at the jazzy Obscenity Bar & Lounge, just a few short blocks from the Fairmont. Tickets are \$150 per person and can be purchased when registering for the Annual Meeting or onsite. All meeting participants are welcome.



THANK YOU FOR YOUR SUPPORT



Please Note: Agenda and Locations Subject to Change

SATURDAY, MARCH 25, 2023

7:00 a.m. – 8:30 a.m.

Continental Breakfast

Location: Grand Ballroom

Continental Breakfast is located in the same room as the commercial exhibits and Posters to increase interaction.

7:00 a.m. – 3:30 p.m.

Exhibit Hall Open

Location: Grand Ballroom

This year promises to have some of our best and most loyal exhibitors. Attendees should plan to save your orders to purchase during this meeting.

7:00 a.m. – 5:00 p.m.

Registration

Location: Grand Ballroom Foyer

7:00 a.m. – 2:30 p.m.

Postdoctoral Resident Poster Presentations

Location: Grand Ballroom

A total of 2 Hours CE Credits available for viewing the Postdoctoral Resident Posters Presentations.

7:00 a.m. – 8:00 a.m.

Sponsor Breakfast - Solea Lasers

Location: Grand Ballroom Lounge

Enjoy a breakfast while listening to Solea product information.

8:00 a.m. – 12:00 p.m.

Saturday Morning Scientific Session

Location: Terrace Room

Of interest to Dentists, Students & Residents, Dental Auxiliaries and Dental Office Staff



8:00 a.m. – 9:30 a.m.

"Gingival Conditions in Young patients: The what, the why and the "now what?"

1.5 Hours CE Credits

Presented by: Pinelopi Xenoudi, DDS, MS

9:30 a.m. – 10:00 a.m.

Break in Exhibit Hall and view Postdoctoral Resident Posters

Location: Grand Ballroom



10:00 a.m. – 11:30 a.m.

"Caries prevention and orthodontic treatment, new aspects"

1.5 Hours CE Credits

Location: Terrace Room

Presented by: Peter Rechmann, DMD, PhD

11:30 a.m. – 12:00 p.m.

Break to Grand Ballroom

12:00 p.m. – 1:00 p.m.

Presidents' Reports and Installation Luncheon

Do not miss presentations by the AAPD President-Elect, CDA President, WSPD President, and our CSPD President, who will update the membership on the latest state and national issues.

Location: Terrace Room

1:00 p.m. – 1:30 p.m.

Dessert in the Exhibit Hall and Announcement of Postdoctoral Resident Poster Winners

Location: Grand Ballroom

1:30 p.m. – 5:00 p.m.

WSPD Board of Trustees Meeting and Caucus

Location: Grand Ballroom Lounge

For WSPD Board of trustees and invited guests.



1:30 p.m. – 3:00 p.m.

Saturday Afternoon Scientific Session - "Next Generation of Special Care Dentistry"

Location: Terrace Room

1.5 Hours CE Credits

Of interest to Dentists, Students & Residents,

Dental Auxiliaries and Dental Office Staff

Presented by: Amr M. Moursi, DDS, PhD

3:00 p.m. – 3:30 p.m.

Break to Grand Ballroom



3:30 p.m. – 5:00 p.m.

"Clear Aligners as the Interceptive Treatment of Choice for the Pediatric Patient in the Digital Era"

Location: Terrace Room

1.5 Hours CE Credits

Of interest to Dentists, Students & Residents, Dental

Auxiliaries and Dental Office Staff

Presented by: Samuel Lee, DDS

4:30 p.m. – 5:30 p.m.

AAPD/CSPD Executive Committee

Location: President's Suite

For CSPD Executive Committee and invited guests only

5:30 p.m. - 6:30 p.m.

Alumni Receptions

Locations:

Dugoni/UOP – California Room

UCLA -TBA

UCSF - TBA

USC – Cirque Room

Whether you graduated forty years ago or yesterday, you will always be an integral part of your graduate program. Stay connected to your alma mater by joining them at the upcoming Alumni Receptions during the CSPD/WSPD Annual meeting. The event is planned to give you the opportunity to reconnect with other alumni for networking opportunities, University updates and fun.

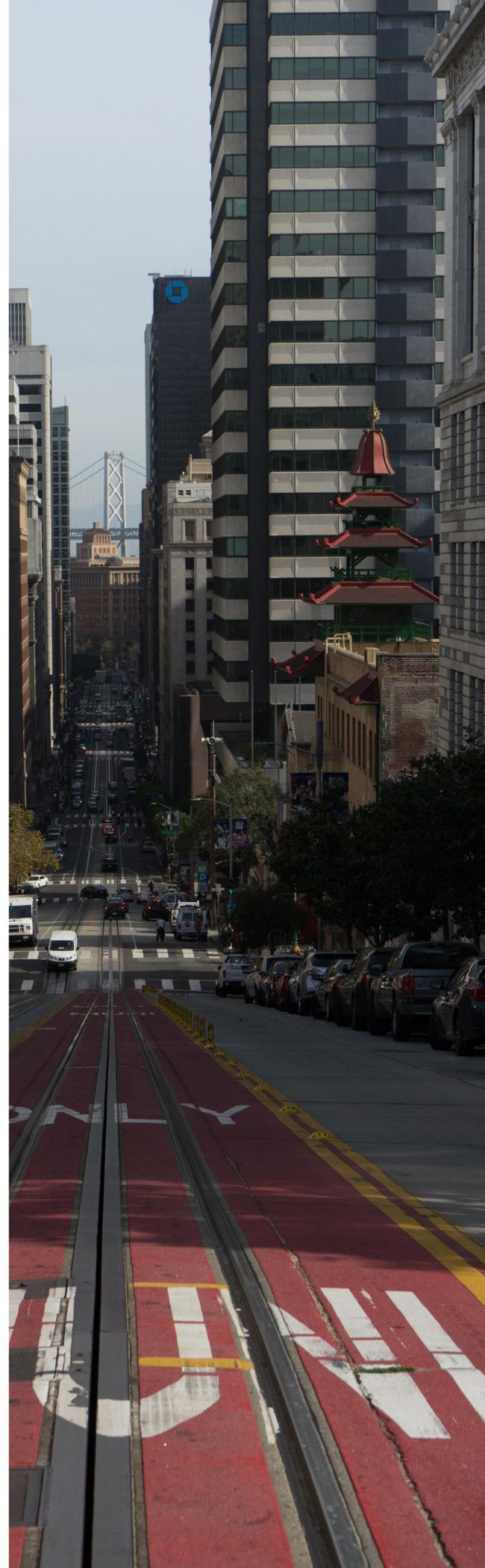
6:30 p.m. - 8:00 p.m.

Saturday Night Reception

Location: Roof Garden

A ticketed event

We believe you will definitely enjoy our Saturday night cocktail reception this year on the beautiful Roof Garden of the Fairmont. We'll enjoy entertainment, fun cocktails and hors d'oeuvres on the Roof Garden of the Fairmont. Enjoy the beautiful surroundings and view. We look forward to seeing you there!



Please Note: Agenda and Locations Subject to Change



SUNDAY, MARCH 26, 2023

7:00 a.m. – 8:30 a.m.

Breakfast

Location: Terrace Room

7:00 a.m. – 8:30 a.m.

Program Directors Breakfast Meeting

Location: California Room

For Program Directors and invited guests

7:00 a.m. – 8:30 a.m.

Sponsored Specialty Coffees by Thomas Doll, Tax, Retirement and Wealth Advisors

Location: Grand Ballroom Lounge

7:00 a.m. – 12:00 p.m.

Registration

Location: Grand Ballroom Foyer



8:30 a.m. – 10:00 a.m.

"Making Smiles When Nature Hasn't"

Location: Terrace Room

3 Hours CE Credit

Presented by: J. Timothy Wright DDS, MS

10:00 - 11:30 a.m.

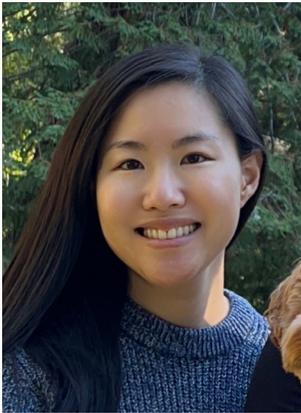
Dr. Wright's Lecture Continues with Craniofacial Anomalies

11:45 p.m.

End of Academic Session

DR. JUNGSOO KIM

— Interviewed by Dr. Angela Lee - Edition Editor



JungSoo Kim, DDS, MS, Assistant Clinical Professor, Associate Program Director of Pre-Doctoral Program in Pediatric Dentistry, University of California, San Francisco (UCSF)

After graduating from residency, Dr. JungSoo Kim recently began her career as an Assistant Clinical Professor and

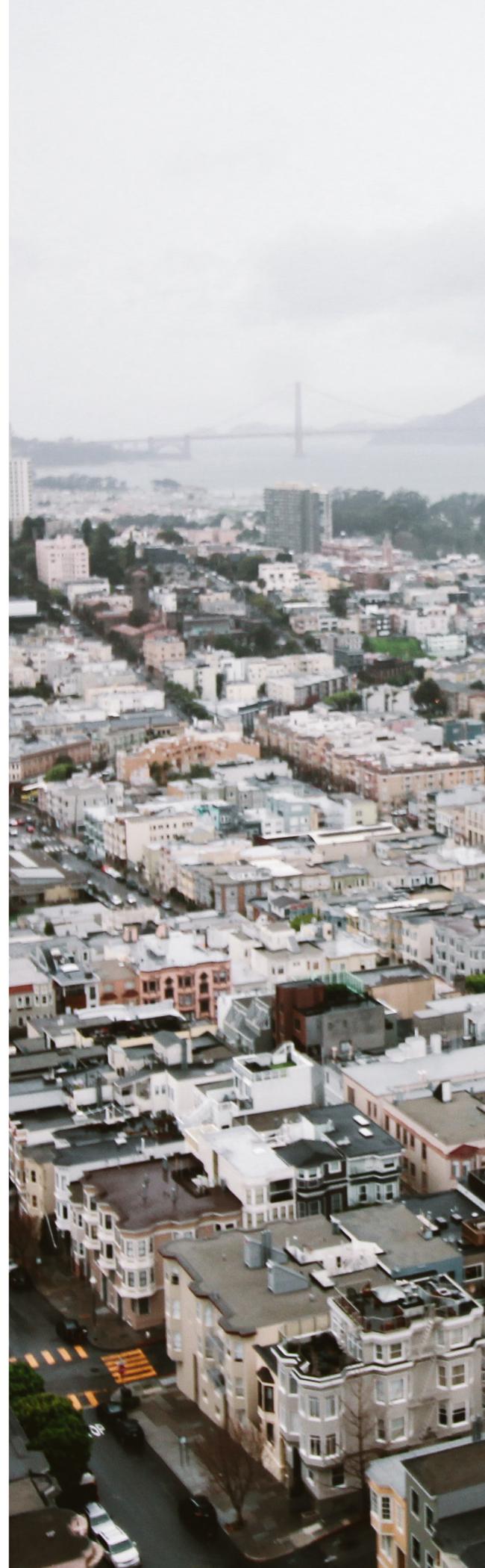
Associate Program Director of the Pre-Doctoral Program in Pediatric Dentistry at the University of California, San Francisco (UCSF).

Dr. Kim attended both dental school and pediatric dental residency programs at UCSF, where she served as Chief Resident in her final year. She was involved with CSPD as the Santos Cortez Graduate Student Legislative Advocacy Intern from 2020-2022, where she participated in AAPD's Advocacy Conference as part of the California team.

As faculty, Dr. Kim's goal is to improve dental students' learning experiences in treating children during their pediatric dental rotations. Her favorite part of academia is being able to incorporate various academic activities into her job, beyond clinical pediatric dentistry. Dr. Kim is involved in developing the curriculum for dental students and teaching them during their pediatric dental rotations. She works with the residents in clinic and in the operating room for treatment under general anesthesia. She also sees her own patients in her faculty practice at UCSF Benioff Children's Hospital.

Dr. Kim is excited to start her career as a pediatric dentist in an academic setting and is looking forward to being more involved with CSPD in the future.

Her favorite behavior management technique: Positive reinforcement!



2022-2023 WARREN BRANDLI INTERNS

Dr. Amanda Effat



Dr. Effat was born and raised in Toronto, Canada, and lived in Cairo, Egypt for part of her childhood. She completed her DDS degree at Herman Ostrow School of Dentistry at USC and will be graduating from the NYU Langone Health - San Diego pediatric dentistry residency program in June. She plans to practice in San Diego.

Please describe your experience this past year as a Warren Brandli Intern.

The WBI internship has been such an incredible opportunity. Being a part of CSPD's leading role to advocate for the health of our young and special needs patients in Sacramento and Washington DC offers a much deeper perspective about pediatric dentistry in the world today. It was also such a pleasure to work with the CSPD Board of Directors and CSPD Foundation directors. I am looking forward to continuing my involvement with CSPD in the future. I highly recommend anyone interested in completing this internship to apply!

Please summarize your internship research project: Staff Shortage in Dentistry

Dentists all over the U.S. are struggling with fulfilling and maintaining positions for dental assistants, hygienists, and front desk staff. A survey conducted by the ADA Health Policy Institute in 2022 revealed that 90% of practices are experiencing greater challenges in recruiting and hiring dental assistants than before the Covid-19 pandemic, limiting their ability to see more patients. The same survey showed that the main risks to staff retention according to dental hygienists and assistants include insufficient pay, negative work environment, feeling overworked and lack of growth opportunities. The CDA also addressed this issue and listed it as a high priority, noting a significant decrease in first year enrollments in dental assisting and hygiene programs. State-wide budgets are currently being negotiated to create programs and grants to address dental staffing needs. While there is no direct solution to solve this problem, some private practices are currently considering: pay raises/bonuses to retain staff, using staffing agencies to fulfill full/part time positions, outsourcing to third party companies for billing, filing claims, payroll and HR resources. Others have started their own dental assisting program in their own offices!





Dr. Pardis Farhadian

Originally from Menlo Park, California, Dr. Farhadian completed her DDS at UCSF School of Dentistry, where she also received her Certificate in Pediatric Dentistry and Masters in Oral and Craniofacial Sciences. Over the years, Dr. Farhadian has held numerous leadership positions. She was student body president

and academic Chief Resident at UCSF. Upon graduation, Dr. Farhadian was inducted into the Omicron Kappa Upsilon national dental honor society, in recognition of academic excellence, strength of character, and professional integrity. She has always loved working with children and particularly enjoys providing individualized care for patients to alleviate dental fears through rapport building. One approach that has worked well for her with apprehensive patients is gaining trust through active patient involvement; having patients help hold the mouth mirror in exams or choose their own prophylaxis paste flavor provides autonomy and security in what can be an otherwise vulnerable environment.

Dr. Farhadian is currently practicing in private practice in San Mateo County. When she's not treating and advocating for patients, she loves traveling, baking, and spending time with her husband and two kids exploring local playgrounds and cafes!

Please summarize your internship research project: Burnout in Our Profession:

It is not surprising that rates of burnout have increased since the COVID-19 pandemic, however, what may be less recognized is the 'social contagion' in burnout, as discussed in a September 2022 issue of the New York Times. Bryan Sexton, the director of Duke University's Center for Healthcare Safety and Quality, states that "if your colleagues are fried and you're not, give it six months and you'll look just like them". Burnout is in fact a local phenomenon and one path to resolution could be a change of scenery - whether it's finding a new associateship, finally taking that yoga class you've been meaning to get to, or connecting with colleagues through organized dentistry. It is time to prioritize yourself. Increased discussions around mental health can improve levels of professional fulfillment, collegiality, and overall wellbeing.



Dr. Jessica Vargas

Dr. Vargas received a B.S. in Community Health, with a concentration in Health Education and Promotion in 2016 from the University of Illinois at Urbana-Champaign. She then went on to receive her Doctorate of Dental Surgery (D.D.S.) from Marquette University School of Dentistry in Milwaukee, WI in 2020. Dr. Vargas earned her Certificate in Pediatric Dentistry from UCLA

School of Dentistry, and her Masters in Public Health (M.P.H.) from UCLA Fielding School of Public Health in 2022. She is currently board eligible, and practicing in a variety of practice settings throughout Los Angeles and Bakersfield.

Please describe your experience this past year as a Warren Brandli Intern:

The Warren Brandli internship was a valuable experience for me, especially during the beginning of my career as a Pediatric Dentist. I genuinely valued getting to know the CSPD board members and learning about how the organization is run from a leadership perspective. I enjoyed working with my mentor, Dr. Guijon, to create my research presentation that I delivered to the board at the Winter meeting. The advocacy component of the internship was also insightful. I learned a lot about how to advocate for our profession and our patients, and also about the legislative process.

Please summarize your internship research project:

My internship research project was on the topic of outside forces shaping the way pediatric dentists practice in California. I chose to focus on the differences between private practice and dental support organizations (DSO's), and current trends as it relates to employment by age in these practice settings. Both private practice and DSO practice settings have pros and cons that attract pediatric dentists. The decision to practice in either setting is primarily based on the provider's own personal career desires and additionally, the trends influencing the practice of pediatric dentistry at the time of decision. The millennial perspective also plays a role, as many early career pediatric dentists have a different mindset than those of previous generations. Current early career pediatric dentists are more transient, focused on work/life balance, and have higher income needs/expectations than their predecessors—largely influenced by the rising insurmountable student debt.

NEW OPPORTUNITIES

Dr. Brianne Butler – WSPD President



As the hubbub of the holidays fade into the rearview mirror and we settle into 2023, I look forward to working toward our set goals, connecting with members through annual meetings and events, and looking for future ways to collaborate among our different

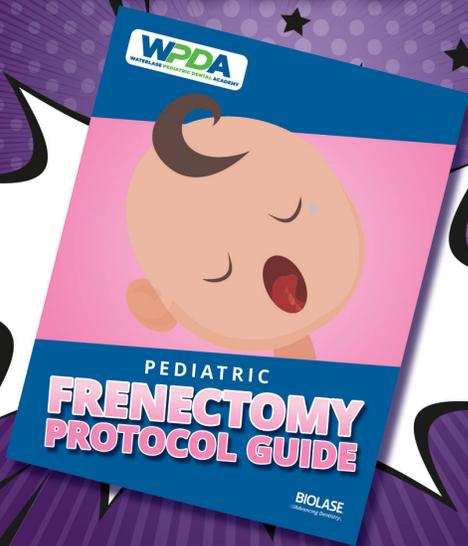
chapters of organized dentistry. Our spring meeting quickly approaches and with it new opportunities. In my five years serving with WSPD, each meeting has sparked a new idea for us to build upon as an organization. I hope that continues as we find ways to encourage early career pediatric dentists to consider leadership roles, at whatever level they are interested.

Hopefully, you have all read the letter I sent regarding proposed changes to the AAPD "Affiliates" membership category. While I have no specific updates, we are continuing to explore options through our district trustee, Dr. Jacob Lee, and I will continue to send updated information as I can. However, our call to action has not changed. Please come to the General Assembly in Orlando and vote. The General Assembly takes place on Sunday and voting does not usually occur until the end of the meeting, so please make travel arrangements accordingly. I have heard from many since informing you of the matter, and, while I thank you and value your opinions, it is time to share them with the AAPD: hear your peers, advocate your position, and most importantly, VOTE.



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THE BIG AUTHORITY, THE BIG ADVOCATE, AND THE BIG LOVE FOR LITTLE TEETH

Dr. Jacob K. Lee, Western District Trustee Report



The AAPD Board of Trustees Winter Planning Meeting

AAPD Board of Trustees held a winter meeting on January 13th, 2023. After-action minutes have been posted in the Governance section of the Member Resources page of the AAPD website (www.aapd.org/resources/member/governance).

The following is a brief summary of the after-action minutes:

1. Approved the recommendation of the Constitution and Bylaws Committee to modify the code of professional conduct and judicial procedures.
2. Approved the recommendation of the Constitution and Bylaws Committee to modify the Affiliate Membership category name and privileges and to change the name of the category from Affiliate Member to General Dentist Member. General Dentist or General Dentist life members may not use the Academy logo or imply special expertise or training in pediatric dentistry. They are allowed to use the phrase "General Dentist Member of the American Academy of Pediatric Dentistry." This Bylaws amendment will be published for the membership to consider and vote on at the General Assembly in May 2023.
3. Approved the new charge to aid implementation of the new G0330 facility fee code. Approved developing support material to aid in the implementation of the new G0330 facility fee code for AAPD members and hospital systems. This would consist of best billing and coding practices for cases performed within a hospital system.

AAPD Political Action Committee-Western District

Western District members contributed \$40,215.00 hard dollars to the AAPD PAC in 2022. This surpassed our previous record and once again bested all other Districts for the second year in a row! Eight Patriot Level (\$1,000) contributors led the way:

Drs. Gila Dorostkar (CSPD 47th president), Hani Eid (WA), John Gibbons (WA), Kyle House (OR), Jacob Lee (CSPD 43rd president), Jade Miller (NV), Amber Nierode (CSPD PPA-designate), and Don Schmitt (CSPD president-elect).

Where do the hard dollars contributions go? The soft dollars contribution go toward the PAC administration, but the AAPD PAC hard dollars are used to support candidates in congressional elections. Therefore, every hard dollar you contribute supports candidates who champion the mission

and the vision of the AAPD. For example, AAPD PAC supported Congresswoman **Terri Sewell** (D-Ala. 7th) and Congressman/dentist **Drew Ferguson** (R-Ga. 3rd), who spearheaded two Congressional letters to Centers for Medicare and Medicaid Services (CMS) in 2022, supporting our OR access initiative. This resulted in the new CMS dental rehabilitation code G0330 (\$1,722.43).

AAPD Pediatric Oral Health Advocacy Conference 2023, Washington, DC, March 13-15, 2023. Over 300 AAPD grassroots advocates, public policy advocates (PPA), and pediatric dental residents will be attending the annual mega-event in DC, advocating for the children we serve. They will be visiting the legislators' offices, appealing to members of the Congress, and advocating for the optimal oral health for children so you can do what you do best: care for children. Your hard dollars contribution to our AAPD PAC do not buy legislators' votes; that is illegal. However, it gives our advocates a seat at the table when the oral health policy discussions are held.

AAPD Foundation Grants

Thank you for your contributions toward the works of the charitable arm of the AAPD, the AAPD Foundation. AAPDF supports community-based initiatives, which provide dental care as well as serve as a Dental Home to underserved/limited access children.

In 2022, each of the following community-based program in California received a \$20,000 grant: AltaMed Health Services (Los Angeles), Children's Hospital of Los Angeles, Harbor Community Health Centers (San Pedro), Healthy Smiles for Kids of Orange County (Garden Grove), Petaluma Health Center, Inc, and St. John's Well Child and Family Center (Los Angeles). Congratulations to the recipients!

The AAPD Foundation is currently accepting applications for the 2023-2024 Access to Care Grant. If you are aware of programs that serve underserved children, please encourage them to apply. The success of such programs demonstrates your commitment to ensure every child receives optimal oral health care, regardless of location, background, and barriers.

On behalf of the Big Authority (AAPD), the Big Advocate (AAPD PAC), and the Big Love (AAPDF) for little teeth, thank you for your support!

CSPD FOUNDATION ANNUAL MEETING RECEPTION

FRIENDS, FOOD, & FEVERAGES

YOU ARE
INVITED

OBSCENITY

BAR & LOUNGE

MARCH 24, 2023

5:30-7:30 PM

562 SUTTER ST, SAN FRANCISCO, CA 94102

TICKETS ARE \$150/PERSON

PLEASE PURCHASE THROUGH ANNUAL MEETING REGISTRATION

THANK YOU & BEST WISHES
TO CSPD'S
WARREN BRANDLI INTERNS



Dr. Jessica Vargas
UCLA, 2022
LA, Bakersfield



Dr. Amanda Effat
NYU Langone Health, 2023
San Diego



Dr. Pardis Farhadian
UCSF, 2022
San Mateo County

The Foundation is sad to say goodbye to Drs. Jessica Vargas, Amanda Effat, and Pardis Farhadian. As the 2022-2023 Warren Brandli Interns, they put up with our often long-winded discussions and debates during our quarterly board meetings and countless email discussions. Their dedication and ability to tackle a project really shone through when, in their final quarter as interns, they were asked to help revamp our social media platforms and prepare for the Foundation's presence at the upcoming Annual Meeting. If you haven't met them yet, please do at the Foundation's table or our Friday night reception in SF. Our Board is truly grateful for all of their thoughtful input and contributions over the past year. Although it's hard to say goodbye, we are grateful knowing young leaders like them will be leading our profession forward and helping to care for the oral health of California's children.



HERE TO SUPPORT PEDIATRIC DENTAL EDUCATION

VOLUNTEER SPOTLIGHT ON STEVE GROSS!

"That's so Steve!" Recently, when asked to mentor Warren Brandli Intern Jessica Vargas on a project to revamp our social media presence, Steve not only signed himself up for a class on social media but even purchased a photo booth to use at the Foundation table during the Annual Meeting! Be sure to visit him at our booth in SF and take a photo with us!



CSPD Foundation volunteers behind the scene:

This month, meet Mr. Steve Gross CDT!

facebook



Check us out on Instagram

Many of you know Steve from visiting the SML-Space Maintainers Lab booth at our Annual Meetings when he was President of the company. Steve has been on the CSPD Foundation board since 2011 and served as President of the Foundation from 2013 - 2020. Now retired, he spends his time between Kauai and Westlake Village, with his wife Ellen and son Jake. Steve continues to support the Foundation, not just as a Diamond Emeritus Donor, but also as Past President on our 5-member board.

WHY DONATE?



Thank you,
Dr. Catherine Pham

"I ALWAYS BELIEVE IN FOSTERING GROWTH FOR THE NEXT GENERATIONS, WHETHER IT BE A CHILD PATIENT OR A STUDENT/RESIDENT THAT I AM TEACHING. WITHOUT THE SUPPORT OF MY MENTORS AND TEACHERS GROWING UP, I WOULDN'T BE WHERE I AM TODAY. THIS IS WHY I GIVE BACK TO SUPPORT EDUCATION!"

Thank you for committing to support pediatric dental education!

**California Society of Pediatric Dentistry Foundation
2022-2023 Annual Giving Campaign Donors (Oct 2022--> as of Feb 2023)**

Presidents' Circle Donors

(* indicate **Emeritus Donors** who have completed their Life Pledges but continued to donate \$1000 this campaign year)

Diamond Life- \$25,000 Pledge

| | | | |
|-----------------------------------|----------------------------------|-------------------------------|-----------------------------------|
| Ann Azama & Randy Lee | Wayne & Zoe Grossman | Oariona Lowe | Mel & Linda Rowan |
| Lisa Brennan & Albert Cosand | Roland & Lorraine Hansen | Mike & Clarence McCartney | Richard Sobel & |
| Scott & Grace Fishman* | Scott Jacks | Bob & Judy Oliver* | Leticia Mendoza-Sobel |
| Steve & Ellen Gross* | Mark & Terri Lisagor* | Fariborz & Rita Rodef | Ken & Patty Szymanski* |

Sapphire Life- \$20,000 Pledge

| | | |
|----------------------|------------------------------------|----------------|
| Gila C. Dorostkar | Larry & Barbara Luke | Scott Thompson |
| Scott & Marsha Jacks | Paul & Cindy Reggiardo* | |

Emerald Life- \$15,000 Pledge

| | | | |
|-----------------------|-----------------------------|--------------------|-----------------------|
| Santos Cortez* | Donald & Shirley Dal Porto | David & Judy Perry | Martin & Dea Steigner |
| Rebecca Lee | Steven & Bounthom Niethamer | Brian J. Saunders | Ray Stewart |

Platinum Life- \$10,000 Pledge

| | | | |
|----------------------------------|------------------------|--------------------------------|------------------------|
| Leslie Aspis | David Good | Lynne & Tom Marian | Don & Paula Schmitt |
| Mark and Tina Bayless* | Bernard Gross | Edward & Beverly Matsuishi | David Seaman |
| Thomas K. Barber | La Juan Hall | Ned Momary | Eddie So |
| Stephanie Brandli | Robert Harmon | Richard P. Mungo | Andrew Soderstrom |
| Madeline Brandli | Jeff & Janet Huston | MyLinh Ngo | Karen Sue & Curtis Hoy |
| Jeffrey Brown | Alison & Jim Jackson | Rick J. Nichols | Karen Teeters |
| Eduardo & Vanessa Correa | Bergen James | Gary Okamoto | Scott Thompson |
| Larry & Janet Darrow* | Neil Katsura* | David Okiwachi | Lynn Wan |
| Patrick & Julia Davis | Martin & Shiela Lasky | Greg & Mary Rabitz* | Wesley & Jan Wieman |
| John & Erica DeLorme* | Daniel Launspach | David Rothman & Peggy Barbieri | Randall Wiley |
| Howard Dixon | Jacob & Sophie Lee | Keith & Lucia Ryan | Phil & Donna Wolkstein |
| John & Kathy Fowle | Lonnie & Jan Lovingier | Estella Sanchez* | |

Gold Life- \$5,000 Pledge

| | | | |
|---------------|------------------|---------------------|-------------------|
| Vernon Adams | Matthew Hamilton | Dennis Paul Nutter | Jeffrey Sue |
| Stephen Blain | Alan Hoffman | Art & Gladie Rabitz | Cynthia Weiderman |
| | Jonathan Lee | Salma Salimi | |

Corporate Life Pledges



Sprig Oral Health Technologies- \$25,000 Life Pledge
Space Maintainers Laboratory- \$10,000 Life Pledge



| | | | |
|---------------------|----------------------|---------------|-------------------|
| <u>Patron \$500</u> | <u>Support \$100</u> | <u>Other</u> | |
| Tiffany Ham | Catherine Pham | Leslie Butler | Natalie VanderKam |
| Dora Lee | | Pardis Lipkin | Evelyne Vu-Tien |
| Mitchell Poissett | | Michael Suh | |
| Gary Sabbadini | | | |

Thank you to Trisha Flores, Paul Reggiardo, and CSPD for donating to the Foundation in Memory of Roland Hansen.



EDITOR'S NOTE

THE MILLENNIAL PARENT - WE ARE THEM; WE SERVE THEM. HOW TODAY'S PARENTS MAY INFLUENCE THE PRACTICE OF PEDIATRIC DENTISTRY.

Dr. Angela Lee - Edition Editor



More than 450,000 women give birth in California each year. According to the Department of Public Health, in 2016-2018 approximately 73% of these women were born between 1984-1998 which encompasses the demographic cohort named “millennial”. I am a millennial mother to a three-year-old daughter and sixteen-month-old son. During my residency (pre-motherhood), “The Impact of Changing Parenting Styles on the Advancement of Pediatric Oral Health” by Dr. Clarice Law, made a lasting impression as my introduction to

four parenting styles: Authoritarian, Authoritative, Uninvolved, and Indulgent (Permissive). This article inspired me to one day become an ideal authoritative parent and provided possible explanations as to why today's parents are becoming more permissive (#momguilt). I believed my training to become a pediatric dentist would prepare me to “impart clear standards for my children's conduct, to be assertive, but not intrusive and restrictive, to use disciplinary methods that are supportive, rather than punitive, because authoritative parents want their children to be assertive as well as socially responsible, and self-regulated as well as cooperative.”

The reality of parenthood sets in through my experience of being held hostage at my daughter's bedside this past week while she's fighting a cold. I wonder if I'm indulging her by deviating from our bedtime routine because she is sick. Because she's sick, should I have allowed her the cereal she wanted instead of chicken noodle soup for dinner? She refuses to eat the soup, so I transition to bath time. She cries inconsolably and only stops during her productive coughs and to wipe her runny nose. I feel my heart rate increase through her sobbing. My stress level and anxiety build because I'm unsure about my decision to skip dinner, whether I should put more effort into consoling her, and dread of the upcoming showdown, with the NoseFrida. The deviations from our usual routine over the last seven days leaves me feeling crippled and overwhelmed.

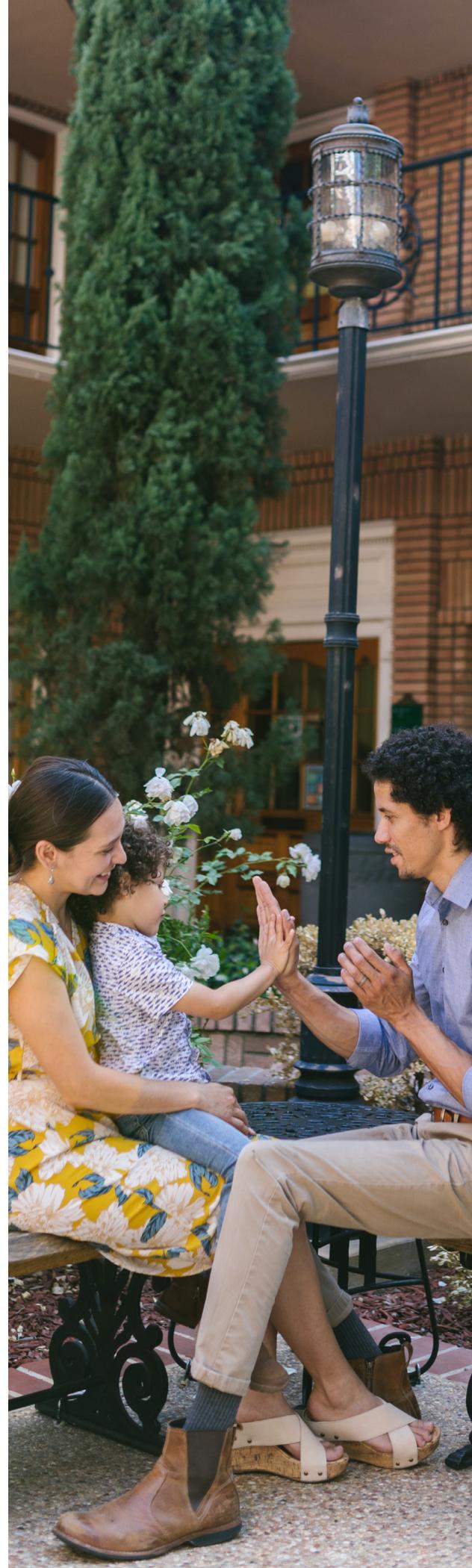
I step back as a mom and put on my pediatric dentist hat to recall a restorative appointment a couple days earlier with a six year old whose treatment plan included sealants, an SSC on #I with possible pulpotomy, and #J - MO. The child is crying inconsolably as soon as she steps into the operatory. Mom is trying to coax her into calming down, yet nothing she says is helping her daughter. As I enter the room, I observe in the mother's eyes and body language, her frustration and uncertainty of what to do as a parent when your child is facing a challenge. When I take over the situation and start to coach the child to breathe, mom looks relieved. With each deep breath I take with the patient, my mind has already pivoted to alternative treatment modalities: defer sealants to shorten treatment time, Hall crown and SDF, treatment under sedation, or force treatment. There are many different factors that will determine what will happen next. Will the patient calm down? If so, can she remain calm and cooperative? What is the parent's expectation? How far should I push it without violating mom's comfort and trust? The list goes on, but the reality is **there is no “right” way and that it all just depends.** Ultimately, I gained the child's trust by starting with sealants, and through a combination of distraction techniques, nitrous oxide, and Dora the Explorer playing on the ceiling, I was able to complete her treatment. Will I have better outcomes with my own children if I adopt this type of flexibility in parenting? Or will consoling and distracting children in uncomfortable situations inhibit them from learning coping skills?

From years of studying to become a pediatric dentist, we base our practice on evidence-based research, information in textbooks, and the experiences imparted to us by attendings and colleagues. Through practice, we improve our speed and perfect our craft, and learn to be flexible when working with children. Another piece of our profession asks us to understand parental expectations and the changing parenting styles of today's society. In *The Toddler Brain*, Dr. Laura Jana writes that today's parents are struggling and more confused than ever before because they're being "conditioned to search for answers, reassurance, and validation to parenting choices in an age of information overload." **It is difficult to differentiate between information and knowledge with a constant barrage of parenting advice through social media platforms, online community groups, websites, books, blogs etc.** I am a self-proclaimed victim of Dr. Google when researching all the different ways to respond to my children's sleep regressions and recently tried the viral nasal irrigation technique on Instagram to help relieve my kids' stuffy noses (which, by the way, works wonders). The obsession to be the "perfect" parent and figuring out how to parent the "right way" can feel debilitating for parents and work against the desired outcome of instilling good values in their children.

Dr. Benjamin Spock popularized authoritarian parenting and his philosophy included trusting in parental instincts to be highly responsive to our children's needs, while also having high levels of demandingness. However, its evolution into the growing popularity of gentle parenting focuses so much on being attuned to children's emotional needs that it can leave parents less empowered and feeling ineffective. **Emotional self-regulation is complex especially in this digital age of instant gratification, which adds to the difficulty in teaching patience and coping skills.** Perhaps all of this may translate into more challenging behaviors in our patients chairside, untenable parental expectations, and more reliance on pharmacologic behavior management for dental treatment. If our goal is to help engage families and promote a lifetime of good oral health, Dr. Law describes the need for a significant effort by the dental professional to encourage parents to achieve a balance of responsiveness and demandingness at home, and in the dental setting, which will advance the physical and emotional health in their children overall.

Unfortunately, there is no parenting university we can attend, and no tried-and-true parenting manuals because every child is different. We operate as parents and clinicians based on recommendations and trial and error, but always with the child's best interest at heart. **It's okay to trust in your parental and professional instincts with overarching goals in mind, and to be an adaptive leader when challenges arise.**

In this Bulletin edition, you'll find the theme of various factors influencing pediatric dentistry practice models. Beyond the business aspect of the profession, I hope you also enjoy the personal anecdotes shared by our colleagues and find the parenting tips and behavior guidance ideas helpful in your everyday practice - at home, and at work.

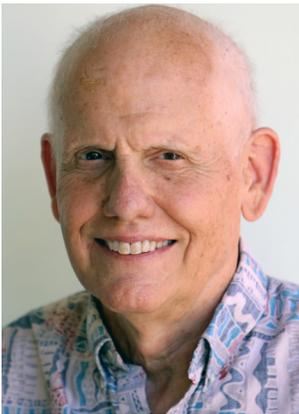




WEBSITE NOTES

BUSY TIMES

— Dr. Steven Niethamer – Website Editor



About springtime every year I complain about how busy it is for the website editor. We not only have an Annual Meeting Registration to setup and perfect, but also, this year, a Meeting Application to also setup for use instead of the printed meeting pamphlet. Nowadays, meeting attendees expect to see the meeting schedule on their phone or iPad. They also usually expect to see presenter information, slides and a social media place to add photos and

communicate with their colleagues. This all means more work for your CSPD administrative staff, committee volunteers and the website editor, but it is worth the time if our colleagues may better enjoy the meeting.

However, I often ask myself why we must communicate on these different handheld devices when we are at a live meeting. Just walk over and talk to your friend! Why text them? And, how can we divide up our attention between listening to a lecture and sharing information on a Meeting App. Doing two or three procedures at once and understanding the presentation seems impossible to me. But, they tell me that I am just old fashioned. Our newer members can do it all.

Along with keeping all of the Meeting App information up-to-the-minute, a new CSPD leadership team with a new agenda is being installed, so all of the leadership names and photos must change and committee member lists updated. I laugh when remembering how this updating used to be a bigger problem when leadership was generally a little more mature. To bring happiness to some meant more use of *Photoshop* - to add more hair to heads and reduce the wrinkles - to make our leadership look good! Now, the somewhat younger leaders do not need as much of this creativity - yet!

Should be Ready for the Annual Meeting

This year, we plan to use the *Guidebook Application* to keep us all organized again. This means that we all need to make sure that this App is still on our handheld devices of choice and updated. CSPD will be including more instructions on how to use this App in emails sent closer to the meeting date. Included in this amazing Mobile App is everything that you need to have a successful conference experience.

Find the CSPD Meeting App either still on your phone from last year or by downloading "Guidebook" from your smartphone app store. Once downloaded, search for "CSPD2023." The app will allow you to review session descriptions, speaker biographies, and even pre-plan your schedule!

Most important this year is the fact that the Annual Meeting Committee has purchased, at a considerable extra cost, a faster Wi-Fi connection which will better cover the hotel conference rooms and the exhibition areas. This great increase in WI-FI access should reduce the wait time for internet connections!

Programs Again will be Recorded

This year CSPD will again record the presentations and add them to our *Online Continuing Education Library* for later viewing by meeting attendees, who want to review these lectures again, and members, who, for whatever reasons, missed attending this "live" meeting. We got you covered!

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Don't miss out on our CSPD Discount!

Swing by the both to receive show specials.



DR. SARAH SILVERSTEIN

Interviewed by Dr. Angela Lee - Edition Editor



Dr. Sarah Silverstein has been a member of CSPD since 2016. She completed her residency training at USC in 2018 and practices in San Diego.

How has life been as a new mother?

Life as a new mother has been crazy, in a good way. Going from a couple to a family of 4 is pretty surreal, but I wouldn't change a thing. Luckily, my babies are pretty easy-going most of the time and it has been truly amazing watching them grow and hit milestones.

How much time did you take for maternity leave?

I wound up taking about 6 months off for maternity leave. Part of that was because I had to stop working sooner than I was planning due to being pregnant with twins and complications that arose.

How was your transition back to work?

Transitioning back to work was hard, but also kind of nice. By the end of my maternity leave, I felt that all my days were blending together as it seemed all I did was feed babies and change diapers, so it was nice to see other people and have adult conversations. When I went back to work, I was still pumping regularly, so I had to modify my schedule a little in order to be able to take pumping breaks, which brought some challenges. It is hard to leave my babies, especially since I usually leave for work before they are awake, but I know that they are well taken care of and loved by our nanny.

Has there been any difference in the way you practice now versus before you became a mother?

I feel like I have always tried to treat children as if they were my own. However, I think I've become a little more understanding of some of the issues that parents bring up when they are in the office. I also feel like I can connect with parents in a way that I couldn't before I was a mom. In a way, it seems to give me more credibility because I have kids now.

What are some of the challenges you face as a working parent?

Free time. I feel like if I'm not working I'm taking care of my babies or doing something related to their needs. It's also hard knowing that I may miss the first time they do something while I'm at work.

Who or what resources do you look to for parenting advice? What's the best advice given to you so far?

I read a lot of books when I was pregnant. I also joined several Facebook groups, mostly relating to twin parenting. The best advice that was given to us was to get the twins on a schedule as soon as possible. We used a book called "12 Hours of Sleep by 12 Weeks" by Suzy Giordano and I can't recommend it enough. This has really been our life-saver and luckily our boys easily took to being on a schedule. It doesn't always work out, sometimes one is napping while the other is awake, but on days when everything lines up, it is great. It also has helped establish a routine, so if they are fussing,

depending on what time it is we can generally figure out why they are upset.

What is your work schedule like now?

I currently work 2-3 days a week. Starting at either 7 or 8 am and finishing around 4 or 5 pm.

Who is your role model?

My role models are my parents. I honestly don't know how my mom did everything that she did when I was little. My mom worked full-time, took care of my sister and me, and managed to be involved in our education. My dad worked hard and cared for the community. He was very involved in outreach and instilled in me how important it is to care for those in need. Despite many health issues, my dad stayed involved in his many activities, which I think helped energize him.

Any words of wisdom for current residents or early-career pediatric dentists?

Find something outside of work that you love. It can be anything, travel, reading, working out, etc. I have found that having hobbies or interests helps me connect more with my patients and their parents. Plus, it gives me something to look forward to at the end of the day, week, or month.

What would you like to share about your father, Dr. Irvin Silverstein?

My dad, Irvin Silverstein, was a periodontist for over 40 years. He helped start the GPR program at USC, had a private practice in San Diego, CA, taught at the hygiene school at Southwestern College, and helped grow the UCSD Pre-dental Society and Student-Run Free Clinics. He was a mentor to many people and a lot of his students went on to become dentists and specialists, including pediatric dentists. He always encouraged his students to be involved in organized dentistry, give back to the community, and do things outside of dentistry. He passed away this past October after fighting pancreatic cancer for over 6 years.



BOARD MOTIONS

MOTION 2023.01.21.01 (NGO): Move to approve the meeting agenda as presented. **MOTION CARRIED**

MOTION 2023.01.21.02 (NGO): Move to approve the minutes of the meetings of the Board of Directors October 22, 2022, and December 19, 2022. **MOTION CARRIED**

MOTION 2023.01.21.03 (SCHMITT): Move to approve the report consent agenda as presented. **MOTION CARRIED**

MOTION 2023.01.21.04 (GUIJON): Move to confer the CSPD Distinguished Service Award to Dr. Steven Niethamer in recognition of significant career-long contribution to the specialty of pediatric dentistry. **MOTION CARRIED**

MOTION 2023.01.21.05 (SCHMITT): Move to revise the committee structure of CSPD as proposed in the report of the President-Elect. **MOTION CARRIED**

MOTION 2023.01.21.06 (SCHMITT): Move to refer proposed bylaws to revise the CSPD committee structure, as contained in the President-Elect's report, to the Constitution & Bylaws committee for review and, after any housekeeping modifications, to the Secretary for dissemination to the membership in preparation for a vote at the annual business meeting in San Francisco. **MOTION CARRIED**

MOTION 2023.01.21.07 (SCHMITT): Move to eliminate the position of CSPD President-Elect effective with the 2024-2025 CSPD operational year. **MOTION CARRIED**

MOTION 2023.01.21.08 (SCHMITT): Move to refer proposed bylaws changes to remove the President-Elect position in CSPD governance structure, as contained in the President-Elect's report, to the Constitution & Bylaws committee for review and, after any housekeeping modifications, to the Secretary for dissemination to the membership in preparation for a vote at the annual business meeting in San Francisco. **MOTION CARRIED**

MOTION 2023.01.21.09 (SCHMITT): Move to eliminate the geographic designation required of four of the elected Director positions (two North, two South) on the Board and designate these, instead, as at-large positions, effective with the 2024-2025 CSPD operational year. **MOTION CARRIED**

MOTION 2023.01.21.10 (SCHMITT): Move to refer proposed bylaws changes to remove the geographic designations of four of the elective Director positions on the Board, as contained in the President-Elect's report, to the Constitution & Bylaws committee for review and, after any housekeeping modifications, to the Secretary for dissemination to the membership in preparation for a vote at the annual business meeting in San Francisco. **MOTION CARRIED**

MOTION 2023.01.21.11 (SCHMITT): Move to modify the bylaws to recognize life membership in AAPD, without separate application, as qualifying for and granting life membership in CSPD.

MOTION 2023.01.21.12 (POISET): Move that the bylaws be amended whereby qualification for, and acceptance of, membership in CSPD is determined, granted, and processed as an administrative procedure. **MOTION CARRIED**

MOTION 2023.01.21.13 (SCHMITT): Move to place and make available on the OCE platform the recorded webinar Sedation Safety / Medical Emergencies for the Dental Team. **MOTION CARRIED**

MOTION 2023.01.21.14 (SUH): Move to approve the virtual course on Oral Health Literacy, as proposed by the Patient Services Committee, without cost to attendees, in the Fall of 2023 at a date and time to be determined by the committee. **MOTION CARRIED**

MOTION 2023.01.21.15 (SCHMITT): Move to approve the selection of Dr. Marivic (Mar) De Leon-Balitaan and Dr. Angela Navas, as recommended by the Leadership Development Committee, as 2023-2024 Warren Brandli Leadership Interns. **MOTION CARRIED**

MOTION 2023.01.21.16 (SCHMITT): Move to approve the selection of Drs. Xuerui (Shelly) Wu, Rand Khasawneb, and Nisha Choksias, as recommended by the Leadership Development Committee, as 2023-2024 Santos Cortez Graduate Student Advocacy Interns. **MOTION CARRIED**

MOTION 2023.01.21.17 (SCHMITT): Move to adopt as the CSPD Mission Statement: *To advance the oral health of all children by supporting our membership through education, advocacy, and patient safety.* **MOTION CARRIED**

MOTION 2023.01.21.18 (SCHMITT): Move to adopt as the CSPD Vision Statement: *Optimal Oral Health for All Children.* **MOTION CARRIED**

MOTION 2023.01.21.19 (SCHMITT): Move to approve the 2023-2027 CSPD Strategic Plan concept draft as presented **MOTION CARRIED**

MOTION 2023.01.21.20 (SUH): Move to approve in concept the three-part Tethered Oral Tissues continuing education webinar series proposed by the Continuing Education Committee, with a budget of \$2,000.00. **MOTION CARRIED**

MOTION 2023.01.21.21 (SCHMITT): Move that the following dates and locations be adopted for the 2024 meetings of the Board of Directors:

- Winter Meeting – January 20, 2024, Oakland, CA
- Spring Meeting – March 21, 2024, Palm Desert, CA (in conjunction with Annual Meeting)
- Summer Meeting – June 22, 2024, Oakland, CA
- Fall Meeting – October 19, 2024, Los Angeles

MOTION CARRIED

CSPD LEADERSHIP

Full list of committee members is located at www.cspd.org.

OFFICERS

President: Dr. Thomas Tanbonliong
President-Elect: Dr. Donald Schmitt
Vice President: Dr. Mitchell Poiset
Secretary: Dr. MyLinh Ngo
Treasurer: Dr. Gary Sabbadini
Immed. Past President: Dr. Nancy Hsieh

DIRECTORS

North (2021-23): Dr. Helen Mo
North (2021-23): Dr. Amber Nierode
North (2022-24): Dr. Michael Suh
North (2022-24): Dr. Natalie Vander Kam
South (2021-23): Dr. Leslie Butler
South (2021-23): Dr. Catherine Pham
South (2022-24): Dr. John Guijon
South (2022-24): Dr. Dora Lee

APPOINTED OFFICERS

Managing Editor: Dr. MyLinh Ngo
Website Editor: Dr. Steve Niethamer
Public Policy Advocate: Dr. Natalie Mansour

EXECUTIVE DIRECTOR

Dr. Paul Reggiardo

WARREN BRANDLI LEADERSHIP INTERNS

Dr. Amanda Effat (NYU San Diego)
Dr. Pardis Farhadian (UCSF)
Dr. Jessica Vargas (UCLA)

SANTOS CORTEZ GRADUATE STUDENT LEGISLATIVE ADVOCACY INTERNS

Dr. Rebecca Renelus (UCSF)

CONTACTS & LIAISONS

AAPD Western District Trustee: Dr. Jacob Lee
AAPD Liaison: Dr. Catherine Pham
WSPD Liaison: Dr. Catherine Pham
Annual Meeting Sponsor Relations Liaison: Dr. Leslie Butler
California Dental Society of Anesthesiology Liaison: Dr. Dave Rothman
CSPD Foundation President: Dr. Rebecca Lee
CSPD Foundation Liaison: Dr. Gila Dorostkar
Consultant – Legislative Affairs: Dr. Santos Cortez
Consultant – Dental Board California: Dr. Paul Reggiardo

CSPD VOTING MEMBERS TO THE WSPD BOARD OF TRUSTEES

Dr. Thomas Tanbonliong
Dr. Donald Schmitt
Dr. Mitchell Poiset
Dr. Catherine Pham

STAFF

Administrative Operations Manager:
Diane Skullr

COMMITTEE CHAIRS

Executive Committee: Dr. Tom Tanbonliong
Governance and Administrative Review: Dr. Gila Dorostkar
Executive Director Evaluation: Dr. Tom Tanbonliong
Membership Services: Dr. MyLinh Ngo
Online Continuing Education Subcommittee: Dr. Helen Mo
Nominations: Dr. Tom Tanbonliong
Annual Meeting: Dr. Oariona Lowe
Finance: Dr. Gary Sabbadini
Patient Services: Dr. Catherine Pham
Leadership Development: Dr. Danielle Goodman
Audit: Dr. Eddie So
Communications: Dr. Chanel McCreedy
Social Media Subcommittee: Dr. Shukan Kanuga
Constitution and By-Laws: Dr. John Guijon
Academic Programs: Dr. Wai-Lin Chan
Strategic Planning: Dr. Donald Schmitt
Government & Legislative Affairs: Dr. Natalie Mansour
Early Career Pediatric Dentist: Dr. Evan Chang
Continuing Education: Dr. Jean Calvo
Non-Dues Revenue: Dr. Gary Sabbadini

UPCOMING CONFERENCES



March 23-26, 2023

2023 CSPD Annual Meeting
*Fairmont San Francisco
San Francisco, CA*



March 21-24, 2024

2024 CSPD Annual Meeting
*JW Marriott Desert Springs
Palm Desert, CA*

CSPD PROFESSIONAL OPPORTUNITIES

Have you been thinking about hiring an associate, but just aren't sure where to look? Or are you finishing your residency soon, and aren't sure where you'd like to live and practice?

The answer is right on the CSPD website. To look at these opportunities and others, go to www.cspd.org.

- Opportunities Wanted
- Opportunities Available
- Faculty Positions Available
- Practices for Sale



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