2023 CPR INTERNATIONAL MEDIATION COMPETITION (IMC)  
PRACTICAL INFORMATION FOR IMC PARTICIPANTS

For 2023 CPR IMC updates and information, please visit our webpage at https://www.cpradr.org/events/international-mediation-competition

1. Dates and Venue

**Dates:** March 30, 31, and April 1, 2023 (teams must attend all three days). Competing Teams are required to attend the Pre-Competition Training on **Thursday, March 30, 2023**. The Confidential Information for the 1st Round will be distributed to teams after the Training.

**Venue:** Insper

**Address:** Rua Quatá, 300, Vila Olímpia, São Paulo, Brazil

2. Schedule of the Competition and Award Ceremony

You can access the complete schedule of the 2023 CPR International Mediation Competition at the [2023 CPR IMC webpage](https://www.cpradr.org/events/international-mediation-competition). The Award ceremony and cocktail will take place on **Saturday, April 1, 2023**, at Insper in São Paulo, Brazil.

- For any questions relating to the competition organization, contact Knar Nahikian at knahikian@cpradr.org or +1-646-753-8214

3. Hotels

We recommend that you book a hotel close to the Insper campus.

The hotels listed below are recommendations. You and your team can choose any hotel of your preference and that suits you.


3. **Hotel Pullman São Paulo Vila Olímpia** – R. Olimpíadas, 205 - Vila Olímpia, São Paulo -SP (12 min walk from Insper).

4. **Hotel Slaviero Moema** – Rouxinol Avenue, 57 – Moema, São Paulo – SP (7 min walk from Insper).

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### 4. Restaurants near Insper

Thanks to our host Insper, IMC participants are welcome to use the Insper cafeterias to purchase drinks, snacks, and meals during the hours of the IMC.

If you choose to leave the Insper campus for a meal, we encourage participants to use restaurants as close as possible to Insper due to the limited time between rounds.

Average price US$ 10 per meal.

**Suggestions:**

- Contém Café (coffee/snacks/casual food) (less than 1 min walk from Insper)
  [https://contemcafe.negocio.site/](https://contemcafe.negocio.site/)
  Rua Quatá, 297 - Vila Olímpia, São Paulo, SP

- Bráz Pizzaria (pizza) (7 min walk from Insper)
  [https://www.brazpizzaria.com.br](https://www.brazpizzaria.com.br)
  Rua Graúna, 125 - Moema, São Paulo, SP

- Frutaria São Paulo (healthy food) (15 min walk from Insper)
  [https://www.frutariasp.com.br/](https://www.frutariasp.com.br/)
  Av. Hélio Pellegrino, 100 - Vila Nova Conceição, São Paulo – SP

- Açaí Original (healthy food) (4 min walk from Insper)
  Rua Fiaendeiras, 429 – Vila Olimpia, São Paulo, SP

- Nova Quatá (casual food/self-service)
  Rua Quatá, 426 - Vila Olimpia, São Paulo, SP

- Jeronimo (hamburguer/fast food) (4 min walk from Insper)
  [https://jeronimoburger.com.br/](https://jeronimoburger.com.br/)
  Rua Quatá, 662 - Vila Olímpia, São Paulo, SP
LESS CONFLICT. MORE PURPOSE.

- Natural da Terra (healthy food)
  https://naturaldaterra.com.br/
  Av. Hélio Pellegrino, 531 - Vila Nova Conceição, São Paulo, SP

- Sabores da Vida (self-service)
  Rua Fiandeiras, 257 – Vila Olímpia, São Paulo, SP

5. International Flights

We strongly encourage all teams to book flights so that you will **arrive at least one day before the competition starts** (to be in São Paulo by March 29, 2023 at the latest).

**Average starting price:**

- From New York, EUA to São Paulo, Brazil – United Airlines, Latam, American Airlines
  Average starting price 3.528,57 BRL per person

- From Washington DC, EUA to São Paulo, Brazil – Air Canada, United Airlines, American Airlines
  Average starting price 5.876,30 BRL per person

- From New Delhi, India to São Paulo, Brazil – Air India, ITA Airways, United Airlines
  Average starting price 7.438,84 BRL per person

- From Kolkata, India to São Paulo, Brazil – Air India, Virgin Atlantic, Ethiopian Airlines
  Average starting price 9.681,88 BRL per person

- From Bengaluru, India to São Paulo, Brazil – Air India, KLM, Air France
  Average starting price 9.064,05 BRL per person

- From Belfast, United Kingdom to São Paulo, Brazil – British Airways, TAP Portugal, Latam
  Average starting price 4.977,52 BRL per person

- From Glasgow, United Kingdom to São Paulo, Brazil – British Airways, TAP Portugal, Latam
  Average starting price 5.066,46 BRL per person

- From Vienna, Austria to São Paulo, Brazil – Austrian Airlines, Air France, Latam
  Average starting price 4.279,33 BRL per person

- From Nairobi, Kenya to São Paulo, Brazil – KLM, Qatar Airways, Air France
  Average starting price 8.556,82 BRL per person
6. Transportation in São Paulo

You can get from São Paulo – Guarulhos International Airport (GRU) to your hotel by Taxi or Uber. At the GRU Airport, you can find Guarucoop taxis, which accept pre-payment by credit card (see [http://www.aeroportoguarulhos.net/en/guarulhos-airport-directions](http://www.aeroportoguarulhos.net/en/guarulhos-airport-directions) for more information).

Please note that many taxi and Uber drivers do not speak English in São Paulo.

7. Brazil Visa Requirements

You may need a Visa to enter Brazil. Please visit the website of the Brazil Consulate in your country to find out the requirements applicable to your situation.

If you need a letter confirming your participation in the competition to obtain your visa, please email Knar Nahikian at knahikian@cpradr.org as soon as possible.

8. Social Media

Follow IMC updates on social media with the #IMC23 hashtag.

We invite you to share your photos and updates from the IMC with your networks by tagging CPR (the International Institute for Conflict Prevention & Resolution).

On LinkedIn, we are cpr-institute. On Twitter, we are cpr_institute. (Please look for the red and dark blue squares to be sure you are selecting the correct profile.)