

# FLEXIBLE SCHEDULES: A PATH TO CARBON SAVINGS

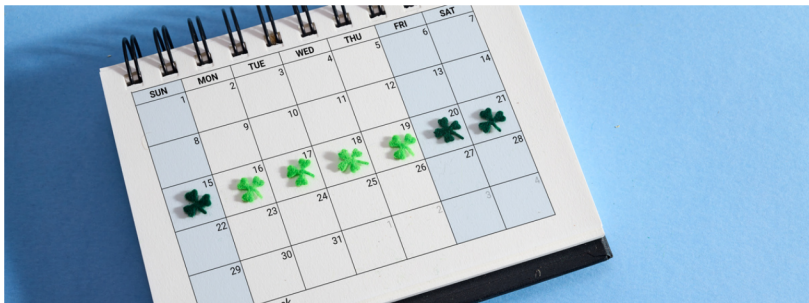
*Streamline your workday, shrink your carbon footprint.*

## ABOUT FLEXIBLE SCHEDULES

The Telework/AWA Council focuses on promoting telework and compressed work schedules as innovative commuting solutions for today's evolving workforce. Flexible schedules encompass compressed work weeks and flexible hours, allowing employees to adjust their work times and reduce commuting days. When paired with non-drive-alone modes, flexible scheduling becomes a powerful tool for reducing carbon emissions. As the workplace landscape continues to evolve, flexible schedules stand out as effective TDM strategies for cutting harmful emissions.

## REAL-WORLD IMPACT

Post-pandemic, employees often live farther from work, leading to longer commutes that increase traffic congestion and carbon emissions. Encouraging eco-friendly commutes can help mitigate these impacts and bolster carbon reduction efforts. Studies reveal that a 4/10 workweek can slash commuter emissions by up to 20% and significantly lower office energy use by shutting down the office one day each week. Implementing flexible schedules alongside cleaner travel options allows employees to use transit or organize carpool, vanpool, or shuttle commutes, enhancing emission reduction.



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[www.actweb.org/telework-awa](http://www.actweb.org/telework-awa)



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## Longer Commutes

AVERAGE COMMUTE ROSE FROM 10 MILES IN 2019 TO 27 MILES IN 2023



## Reduced Energy Use

"WORKING FOR UTAH" INITIATIVE SHOWED A 10% ENERGY USE REDUCTION



## Improved Mental Health

REDUCED TRAFFIC TIME CUTS FUEL CONSUMPTION AND IMPROVES MENTAL HEALTH

## TAKE ACTION:

### ADOPT FLEXIBLE SCHEDULES

Empower your region to combat climate change and create a meaningful impact by adopting flexible work schedules. These schedules offer employees the flexibility to commute in environmentally conscious ways. Here is how to get started:

- Work with HR to pilot a 4/10, 9/80 or flexible schedule with a few departments
- Partner with sustainable mobility programs to educate employees on their commuting options
- Provide subsidies or incentives to promote carpooling, vanpooling, shuttle use, or transit.

By championing flexible schedules, elected officials and decision-makers can lead the way in sustainable transportation planning and ensure a greener future for all.