

Belen Garcia-Rivas, PhD, LMFT

Co-Responder Manager, Chattanooga Police Department

Belen Garcia-Rivas is a bilingual (Spanish) Licensed Marital and Family Therapist and currently the Co-Responder Manager for the Chattanooga Police Department's Crisis Co-Response Unit, specializing in responding to mental health-related crises. She has over ten years of experience working with various populations in the mental health field, including children, adults, and families struggling with depression, anxiety, trauma, obsessive-compulsive disorders, eating disorders, life transitions, and refugee/culture-related concerns. She is passionate about community-based approaches that increase access to quality mental health services. Belen received her doctorate in Marriage and Family Therapy in 2024, with a focus on culturally-sensitive ACEs, trauma, and thriving.