

DR. WHITNEY J. BARTLEY, PT, DPT



EDUCATION

June 2025* **Doctor of Health Sciences—Fundamentals of Education Concentration**, *A.T. Still University, Kirksville, MO.* * ABD in Jan 2024, anticipated degree completion Mar 2025;
August 2010 **Doctor of Physical Therapy**, *University of Central Arkansas, Conway, AR*
May 2007 **Bachelor of Science—Health Sciences**, *University of Central Arkansas, Conway, AR*

LICENSE and CERTIFICATIONS

2016 **CAPP-Pelvic Certified Physical Therapist**, *APTA Academy of Pelvic Health Physical Therapy*
2012 **ATPA-Certified Clinical Instructor**, *APTA*
2010 **Licensed Physical Therapist**, *Arkansas State Board of Physical Therapy #3274*

ACADEMIC EXPERIENCE

Assistant Professor, *University of Louisiana Monroe*

2024—present

- Core academic faculty in the DPT program
- Course coordinator in therapeutic and innovative modalities, integumentary and wound care, professional development series, practice management, and multi-system management
- Course collaborator in neurophysiology and motor control, neurological assessment and management, patient management across the lifespan (pediatrics)

Instructor, *APTA Academy of Pelvic Health Physical Therapy*

2018—present

- Instructor for student, resident, and post-professional pelvic health physical therapy education
- Review, develop, and implement curricula for didactic and lab practicums via evaluation of evidence-based practice and research
- Promote advocacy for national and international collaboration
- Served as a Teaching Assistant from 2016—2018

Educational Development Committee (Certification for Achievement in Pelvic Physical Therapy (CAPP)), *APTA Academy of Pelvic Health Physical Therapy*

2021—2023, Chair

2018—2021, member and content expert

- Oversee development of instructional design, curriculum, content creation/revision (written modules, synchronous/asynchronous lecture material, and/or other media)
 - Develop, delegate and review content from other members per established deadline
 - Author, or assist in authoring, of instructional content
 - Perform literature review and critically assess information presented
- Facilitate collegial, consensus-style discussion and decision-making amongst the CAPP Committee to develop high-quality, evidence-based course content
- Determine evaluative criteria for comprehensive education, training, and certification
- Collaborate with national and international teams focused on the establishment of foundational and advanced practice guidelines in pelvic health
- Mitigate and resolve any internal Committee conflicts and disagreements that arise

- Collaborate with Academy staff on identifying preferred course offerings, suppliers/equipment vendors, and other operational needs
- Develop policies and procedures and innovative initiatives to improve the CAPP program experience for faculty and customers

Post-Professional Pediatric PT Residency Mentor, *Arkansas Children's Rehabilitation Services in partnership with Allied Therapy and Consulting, LLC, Little Rock, AR*

2012—2023

Clinical Instructor, *Arkansas Children's Rehabilitation Services, Little Rock, AR*

2011—2023

Education Advisory Committee Member, *APTA Academy of Pelvic Health Physical Therapy*

2022—2023

- Assisted with operational oversight of the education pillar
- Developed policies, procedures, and processes for education committees and taskforces
- Collaborated with board members and representatives from other operational pillars to the support strategic plan

PT Residency Co-Coordinator—Kays Foundation Women's Health PT Residency, *Arkansas State University Department of Physical Therapy*

2021—2022

- Educational co-coordinator for the development of an accredited post-professional residency program to enhance opportunities in women's health for Northeast Arkansas / Mississippi Delta
- Design residency curricula including synchronous and asynchronous didactic educational modules, clinical growth experiences and practicums, advanced learning opportunities, and prospective research
- Assist Program Director with creation of policies and procedures and evaluative measures for program content, mentor assessment, and resident
- Granted candidacy May 2022; closed program August 2022 due to Department Chair resignation

University Guest Instructor/Speaker

2015—present, *University of Arkansas for Medical Sciences Medical School, Little Rock, AR*

2012—present, *University of Central Arkansas DPT Program, Conway, AR*

2019—present, *University of Arkansas for Medical Sciences DPT Program, Fayetteville, AR*

- 3-5 presentation per year, including in-person, synchronous, and asynchronous formats
- Areas of focus: critical care/ICU rehabilitation (trauma, cardiopulmonary, neurological, orthopedic, burn), integumentary, pelvic health, professional development, and administration

Community Guest Speaker

2023, *PHfreedom Foundation*

- "You have the floor: Pediatric pelvic health and autism spectrum disorders". [Audio/video podcast]

2021, *Medbridge*

- "Basics of pediatric pelvic floor treatment". [Online educational module]

2018, *Under the Hood Physical Therapy*

- "Toilet training challenges". [4 part blog series]

2011—present, *Arkansas Children's, Little Rock, AR*

- >10 presentations per year of in-house interdisciplinary education including, but not limited to, platforms such as Grand Rounds, Medical Resident Lectures, Nursing Education Councils, hospital committees, and rehabilitation services meetings.

- Areas of focus: critical care/ICU rehabilitation, burn rehabilitation, integumentary, cardiopulmonary, progressive mobility

SCHOLARLY AGENDA & AREAS OF INTEREST

- Safe patient Handling and Progressive mobility
- Native American health disparities, including inequitable access to care
- Clinical education and the use of simulation-based learning to improve competency and clinical reasoning
- Pelvic health disparities for patients with hypermobility joint disorders
- Effects of patient positioning and escalation of bowel programs in the acute care setting

PROFESSIONAL EXPERIENCE

Assistant Professor, University of Louisiana Monroe

2024—present

- See description above

Instructor, APTA Academy of Pelvic Health Physical Therapy

2018—present

- See description above

Senior Physical Therapist, Education Coordinator Arkansas Children's Rehabilitation Services, Little Rock, AR

2010—2023

- Clinical education coordinator
- Leader and mentor for program development, administration, and quality improvement initiatives
- Mentor for post-professional residency and graduate level students
- Active with research, evaluation, and treatment of adult and pediatric clients in acute care and outpatient settings
- Leader/Contributor in multiple committees and team-approached facets of healthcare (see service below)
- Areas of focus: burn ICU/rehabilitation, trauma ICU, integumentary, cardiopulmonary, pelvic health, quality improvement, education, and administration

Physical Therapist

2010—2011, *Allied Therapy and Consulting, Ward, AR*

- Responsible for evaluation and treatment of pediatric and adult clients in a variety of outpatient settings (clinic, school-based, day habilitation, home health)
- Areas of focus: general pediatrics, adults with developmental disabilities

PROFESSIONAL MEMBERSHIPS

2014—present	International Children's Continence Society (ICCS)
2013—present	APTA Academy of Pelvic Health Physical Therapy (APHPT)
2007—present	American Physical Therapy Association (APTA)
2007—present	Arkansas Physical Therapy Association (ArPTA)

PROFESSIONAL SERVICE

APTA Ethics and Judicial Committee Component Liaison, APTA Academy of Pelvic Health Physical Therapy

Appointed 2023

- Board-appointed liaison to the APTA EJC

- This is a new role requested of each component by the APTA EJC; details will be established by the first cohort of appointees

Governance Committee, APTA Academy of Pelvic Health Physical Therapy

2022—2023, Chair

2020—2022, member

- Serve the APHPT through judiciary and legislative approaches for ethical business practice
- Develop, implement, and review of policies and procedures, codes of conduct, ethical practice and service guidelines, and grievance review processes in support of strategic pillars

Overexertion Hospital Acquired Conditions (HAC) Committee, Arkansas Children's Network, Little Rock and Springdale, AR campuses

2020—2022, Chair

2019—2023, member and clinical practice lead

- Develop system-wide policies and procedures related to safe patient handling, progressive mobility, and employee injury prevention
- Implement ICU early mobility protocols and evidence-based practice goals to improve patient outcomes
- Vendor liaison and subject matter expert (SME) for choice of hospital beds, patient lifts, and other mobility equipment
- Create and disseminate interdisciplinary educational materials regarding safe use of equipment, body mechanics, and ergonomics
- Collaborate with Occupational Health services for appropriate injury prevention and post-injury return to work strategies

Policy and Procedure Management Team Leader, Arkansas Children's Rehabilitation Services

2017—2023, Little Rock, AR campus

2018—2020, Springdale, AR campus

- Develop policies, procedures, and clinical care pathways related to patient/team member safety and system operations
- Implement initial and ongoing competencies and standards of practice for acute care physical therapists, including evidence-based practice
- Generate and support referral networks
- Serve as staff liaison to upper-level administration

Health Information Technology Subject Matter Expert, Arkansas Children's Rehabilitation Services

2016—2023, Little Rock, AR campus

2018—2020, Springdale, AR campus

- Ensure team competency, accuracy, and ethical practice related to inpatient and outpatient billing and coding procedures
- Provide synchronous and asynchronous educational opportunities to improve team performance with billing, coding, and documentation practices
- Identify, construct, and implement EMR-based documentation strategies to improve workflow, increase revenue, and ensure compliance with defensible documentation
- Establish "downtime" documentation procedures; flex into roles of tech-support as needed
- Co-developer for EMR generated Computerized Physician Order Entry (CPOE), Clinical Decision Support Systems (CDSS), and Best Practice Advisories (BPA)

Quality Improvement Project Leader, Arkansas Children's Rehabilitation Services, Little Rock, AR

2013—2023

- Perform data analysis, risk management inquiries, multi-center comparison studies, and evidence reviews to promote best practice for various avenues of rehabilitative care
 - Areas of focus: burn, integumentary, ICU, ECMO, trauma, and progressive mobility
- Maintain departmental competencies with APTA and Joint Commission hospital-based practice requirements and recommendations

Program Developer, Arkansas Children's Rehabilitation Services, Little Rock, AR

- 2022—2023 EMCO Progressive Mobility
- 2012—2023 Pediatric Pelvic Health
- 2011—2023 Burn care (acute, sub-acute, and long-term)
- 2013—2018 Integumentary/wound care services (co-developer)

PT Team Leader—Burn, ECMO, and Trauma Service, Arkansas Children's, Little Rock, AR

2021—2023, ECMO Team

2011—2023, Burn Team

2016—2023, Trauma Team

- Collaborate with interdisciplinary teams in hospital-wide initiatives for quality improvement related to team collaboration/communication, evidence-based practice, patient outcomes, and patient satisfaction

PEER-REVIEWED PUBLICATIONS

- 2022 **Bartley, W.**, Shultz, A., Holland, E., Melby, K., Gray, K., Shankar, L., Hughes-Johnson, M., & Nassaney, M. (2022). *Pelvic physical therapy level 3: Pediatric pelvic health*. APTA Academy of Pelvic Health Physical Therapy. Washington, DC.
- 2021 **Bartley, W.** The great sex rescue: The lies you've been taught and how to discover what God intended. (2021). *Journal of Women's Health Physical Therapy*, 45(4), 209-210.
- 2021 **Bartley, W.**, Shultz, A., Holland, E., Siracusa, C., Melby, K., Gray, K., Shankar, L., Hughes-Johnson, M., Snowden, K., & Dillon, S. (2021). *Pelvic physical therapy level 3: Pelvic health for the neurological patient*. APTA Academy of Pelvic Health Physical Therapy. Washington, DC.
- 2021 Harvey, M., **Bartley, W.**, Shultz, A., Holland, E., Melby, K., Gray, K., Shankar, L., Hughes-Johnson, M., Strauhal, M., & Nassaney, M. (2021). *Pelvic physical therapy level 3: Male pelvic health*. APTA Academy of Pelvic Health Physical Therapy. Washington, DC.
- 2017 **Bartley, W.** (2017). Pelvic physical therapy intervention for the pediatric patient with a complex anorectal anomaly: A case report. *Journal of Women's Health Physical Therapy*, 41(3), 177-184.
- 2017 Huett, E., **Bartley, W.**, Morris, D., Reasbeck, D., McKittrick-Bandy, B., & Yates, C. (2017). Collagenase for wound debridement in the neonatal intensive care unit: A retrospective case series. *Pediatric Dermatology*, 34(3), 277-281.

NATIONAL ENGAGEMENTS

- 2024 Educational session: "DPT, EdD, PhD, or DSC: Making Sense of the Graduate Alphabet Soup". APTA Combined Sections Meeting, Boston, MA
- 2023 Expert panel: "DPT, EdD, PhD, or DSC: Making Sense of the Graduate Alphabet Soup". APTA Combined Sections Meeting, San Diego, CA

- 2022 Expert panel: "Complex cases in Pelvic Health". APTA Combined Sections Meeting, San Deigo, CA
- 2022 Expert panel: "Complex cases in Pelvic Health". APTA Combined Sections Meeting, San Antonio, TX
- 2018 Educational session: "You've Gotta be KIDney Me! Pediatric Pelvic Therapy Pre- and Post Renal Transplant". APTA Combined Sections Meeting, Washington, DC
- 2017 Poster: "Pelvic Physical Therapy Intervention for the Pediatric Patient with a Complex Anorectal Anomaly: A Case Report." APTA Combined Sections Meeting, San Antonio, TX

STATE LEVEL ENGAGEMENTS

- 2022 "Early Mobilization of the pediatric patient receiving ECMO". Grand Rounds (in-state broadcast forum). Arkansas Children's Hospital, Little Rock, AR
- 2018 "Introduction to Pediatric Pelvic Physical Therapy". APRN Grand Rounds (in-state broadcast forum). Arkansas Children's Hospital, Little Rock, AR
- 2017 "Female Athlete Injury Prevention". Hooten's Arkansas Football in conjunction with Arkansas Children's Sports Injury Clinic, Little Rock, AR
- 2017 Platform presentation: "Pelvic Physical Therapy Intervention for the Pediatric Patient with a Complex Anorectal Anomaly: A Case Report." ArPTA OPTimize Conference, Fayetteville, AR
- 2016 Poster: "Pelvic Physical Therapy Intervention for the Pediatric Patient with a Complex Anorectal Anomaly: A Case Report." ArPTA OPTimize Conference, Little Rock, AR
- 2016 Poster: "Collagenase for Wound Debridement in the Neonatal Intensive Care Unit: A retrospective case series." ArPTA OPTimize Conference, Little Rock, AR
- 2015 "Pelvic Health Rehabilitation: Physical Therapy for Pelvic Dysfunction". Gastroenterology Rounds (in-state broadcast forum). Arkansas Children's Hospital, Little Rock, AR
- 2013 "Common Causes of Pressure Ulcers". Pressure Ulcer Prevention Rounds. Arkansas Children's Hospital, Little Rock, AR
- 2013 "Pelvic Health Rehabilitation: Physical Therapy for Pelvic Dysfunction". Urology Grand Rounds (in-state broadcast forum). Arkansas Children's Hospital, Little Rock, AR
- 2012 "Prevention, Recognition, and Treatment of Cheerleading and Dance Injuries in the Young Athlete". Arkansas Cheerleading and Dance Coaches Association, Little Rock, AR
- 2012 "Prevalence and Prevention of Cheerleading and Dance Injuries in the Adolescent Population". KATV Arkansas Channel 11 News.

ACADEMIC & PROFESSIONAL AWARDS

- 2023, "Being Excellent Everyday (BEE)" Award

- Awarded by Arkansas Children's Hospital
- Denoting extraordinary services and support to the patients and families of Arkansas Children's Hospital

2023, "Education Excellence Award"

- Awarded by the APTA Academy of Pelvic Health Physical Therapy
- Denoting outstanding contribution, passion, dedication, and excellence in education

2021, "President's Award"

- Awarded to the CAPP-Pelvic Committee by the APTA Academy of Pelvic Health Physical Therapy
- Denoting excellence in education, innovative revision of curricula and course scheduling, and outstanding customer service during the COVID-19 pandemic

2019, "Education Excellence Award"

- Awarded by the APTA Academy of Pelvic Health Physical Therapy
- Denoting outstanding contribution, passion, dedication, and excellence in education

2012, "Crossing the Creek Award"

- Denoting role model for the behavioral standards at Arkansas Children's Hospital

2010—2021, >40 "Arkansas Children's Victories"

- Denoting outstanding professionalism, teamwork, and provision of services at Arkansas Children's Hospital