



PT Locator™ is a publicly accessible directory of pelvic and abdominal health physical therapy providers.

Whether you're recovering from an injury, managing a chronic condition, working toward strengthening your pelvic floor, or seeking specialized care, PT Locator connects you with providers who specialize in pelvic and abdominal health physical therapy.

Providers listed in PT Locator are active, licensed professionals who are members of the Academy of Pelvic Health Physical Therapy, a national professional organization dedicated to advancing pelvic and abdominal healthcare through research, education, and evidence-based practice.

Search by **Location** (City, State, ZIP Code) of sub-specialty:

- Bowel Incontinence
- Breast Cancer
- Breast Oncology
- Constipation
- Fibromyalgia
- Lymphedema
- Orthopaedics
- Osteoporosis
- Pregnancy & Postpartum
- Pelvic Oncology
- Sexual Health
- Women's Pelvic Health
- Male Pelvic Health
- Transgender Pelvic Health
- Pediatric Pelvic Health
- Pelvic Pain
- Urinary Incontinence



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www.aptapelvichealth.org/ptlocator



What is Pelvic Health Physical Therapy?

Pelvic health issues are more common than you might think, affecting people of all ages and genders. Discussions around pelvic and abdominal health conditions such as urinary incontinence, pelvic pain, and pregnancy-related concerns are becoming increasingly common. Pelvic health physical therapy addresses these conditions through a variety of ways including education, exercise, biofeedback, and other modalities to improve function and maximize quality of life.

What Do Pelvic Health Physical Therapists Do?

Pelvic health is an important aspect of a balanced and healthy life, and pelvic health physical therapists aim to help you understand your pelvic health anatomy, evaluate your pelvic health conditions, and provide appropriate treatment and help.

Pelvic health physical therapists specialize in treating conditions related to the abdominopelvic region, which includes the pelvic floor muscles and organs. They work with patients to address issues such as incontinence, pelvic pain, sexual dysfunction, and more. Pelvic health physical therapists aim to improve their patient's quality of life through personalized treatment plans.

For more information:
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