The Jackson Clinics
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Below is a description of the use of technology that the Jackson Clinics Orthopedic Residency and UE Athlete Fellowship utilizes technology.

Audio Reflections:
- Residents create audio reflections on their Smart phones and upload to google drive. Mentors rotate through on a volunteer basis, or the program director creates this as a project requirement for our UE fellow(s) or LE fellow(s), but the program director is always involved.
- A 8-12 minute audio reflection is submitted ~ every 2 months. The first and last are related to the self assessment. The others are to reflect on the curriculum as it unfolds. It is available for anyone to listen too, even other residents. It's strongly encouraged for the mentor that is currently mentoring the resident to listen to as many of these as they can (at minimum the most current one) prior to their mentoring block.

Using the free LMS, Canvas, the resident is asked to describe a case, seek evidence and respond to feedback with mentor and peers.