

# RESIDENCY/FELLOWSHIP EDUCATION SIG

Academy of Physical Therapy Education | American Physical Therapy Association

## RFESIG Meeting

Take part in developing our SIG's 2020 initiatives.

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Building bridges of collaboration and communication across specialty areas for advancing residency and fellowship research, mentoring, and curriculum.

Please enjoy the RFESIG's  
*Special Edition* newsletter  
on all things related to residency  
and fellowship education at  
the upcoming  
2020 APTA  
Combined Sections Meeting\*

\*Every effort was made to ensure that date and time for each session is accurate. However, all information is subject to change. Please consult the final conference program to confirm the schedule and location of each event.

## RFESIG Leadership

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### Chair

Sara Kraft, PT, DPT, MHS, NCS, ATP

### Vice Chair

Jason Zafereo, PT, PhD, OCS,  
FAAOMPT

### Treasurer/Secretary

Chrysta Lloyd, PT, OCS, FAAOMPT

### Membership Secretary

David Nolan, PT, DPT, MS, OCS,  
SCS, CSCS

### Nominating Committee Chair

David Gillette, PT, DPT, GCS

### Nominating Committee

Cheri Hodges, PT, DPT, MAppSc,  
OCS, FAAOMPT

### Program Committee

#### Co-Chairs

Eric Monsch, PT, DPT, NCS  
Ryan Pontiff, PT, DPT, OCS,  
FAAOMPT

### Scholarly Research

#### Committee

Raine Osborne, PT, DPT, EdD,  
FAAOMPT

### Communications Committee

Christina Gomez, PT, DPT, OCS,  
SCS, FAAOMPT, CSCS

# APTA Combined Sections Meeting

Denver, Colorado  
February 12-15, 2020

The theme of this year's conference is  
**'Reach a Higher Peak!'**

Scroll through the newsletter for more information on the RFESIG meeting at CSM, the R/F Director & Coordinator's Mentorship Program's Meet & Greet, and other CSM events and educational sessions specific to residency and fellowship education.

For more information or to register for the conference, [click here](#).

## RFESIG meeting at CSM

**Thursday, February 13th**

**5:00 pm to 6:15 pm**

Following the business meeting, join us for the **RFESIG's Director/Coordinator Mentorship Program's Meet & Greet**.

Haven't signed up for the mentorship program?  
Click [here](#) to join!

## Featured R/F Research

### Motivations to Pursue Physical Therapy Residency Training: A Q-Methodology Study of Stakeholder Perspectives.

Raine Osborne, Chris Janson, Lisa Black, & Gail M. Jensen

*Physical Therapy*. 2019 Oct 9; doi:10.101093/ptj/pzz142. [Epub ahead of print]

**Background:** Residency training is recognized as a valuable form of professional development and pathway to specialization. Currently residency is voluntary for physical therapists, with less than 12 percent of DPT students choosing to apply upon graduation. Motivations that drive the decision to pursue residency are currently unknown, as is the extent of similarity and difference in perspective among various stakeholders.

**Objective:** The purpose of this study was to identify the dominant perspectives on motivations to pursue residency held by various stakeholders.

**Design:** This study was conducted using Q Methodology, which incorporates aspects of quantitative and qualitative techniques to the examination of human subjectivity.

**Methods:** Program directors, faculty, and current residents from all accredited physical therapy residency programs were invited to complete a forced-choice sorting activity where potential motivations for residency were sorted by perceived level of importance. Principal component analysis was used to identify dominant perspectives, which were interpreted based on emergent themes in the cluster of motivations identified as most important.

**Results:** Four dominant perspectives were identified: (1) desire to provide better patient care, (2) preparation for specialty practice, (3) fast track to expert practice, and (4) career advancement. These perspectives provided context and utility to 2 broad meta-motivations, improved clinical reasoning and receiving mentoring. Both within- and between-group differences among stakeholders were identified. However, subsets from each role-group population were found to share similar perspectives.

**Limitations:** Results from this study may not apply to potential residents in all specialty areas and the implications of having a particular perspective are unknown.

**Conclusions:** Identification of the dominant perspective on motivations for pursuing residency may aid in promoting participation, program development, matching residents to programs and mentors, and future research.

### Interested in learning more?

Attend the education session 'Exploring the Value of Residency/Fellowship Education: Stakeholders' Views on Why Residency/Fellowship Education Matters'

**Thursday, February 13th // 3:00 pm to 5:00 pm**

## R/F SIG Events

### RFESIG Director Mentorship

#### Program Meet & Greet\*

Thursday, February 13th

6:15 pm to 7:00 pm

\*To attend, please contact  
Chrysta Lloyd at  
[chryssy19@gmail.com](mailto:chryssy19@gmail.com).

### AGPT Breakfast & Geriatric Specialist Recognition

Ceremony

Thursday, February 13th

6:30 am to 7:45 am

### Federal Residency Programs Information Session

Thursday, February 13th

4:00 pm to 5:00 pm

### ORF-SIG R/F Career Reception

Thursday, February 13th

8:00 pm to 9:30 pm

### Neurologic R/F Networking Breakfast\*

Friday, February 14th

6:30 am to 7:30 am

\*By invitation only  
Please contact Ali Carson at  
[info@neuropt.org](mailto:info@neuropt.org) to attend.

### Oncology PT Residency/ Specialization Applicant Meeting

Friday, February 14th

3:30 pm to 5:00 pm

## R/F SIG Meetings

### Geriatric R/F SIG

Academy of Geriatric PT

Thursday, February 13th

11:00 am to 12:00 pm

### Acute Care PT Task Force on Residencies & Fellowships

Academy of Acute Care PT

Thursday, February 13th

12:00 pm to 1:00 pm

### Orthopaedic R/F SIG (ORF-SIG)

Academy of Orthopaedic PT

Saturday, February 15th

7:00 am to 7:45 am

### Specialization SIG

*(Please note its recent name change from  
Sports R/F SIG)*

American Academy of Sports PT

Saturday, February 15th

1:00 pm to 1:50 pm

### Residency & Fellowship Education SIG (RFESIG)

Academy of PT Education

Thursday, February 13th

5:00 pm to 6:15 pm

Join us as we recognize the recipient of  
the *Distinguished Mentor in Residency/  
Fellowship Education* award—

Joann Walker

## CSM Programming

The following education sessions were included based on a search using the keywords 'residency', 'fellowship' or similar terms. All are either specific to residency and fellowship education or may be of interest to R/F faculty.

Please note that every effort was made to ensure accurate information regarding the time and date for each session. However, all information is subject to change. It is recommended to consult the conference [website](#) for updated information.

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### Wednesday, February 12th

#### Pre-Conference Courses

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#### **Beyond the Basics: Design & Implementation of Best Practice in Residency & Fellowship Clinical Education**

8:00 am to 5:00 pm

#### **Advanced Clinical Practice in Cardiopulmonary Physical Therapy: Are You Practicing Best Practice?**

8:00 am to 5:00 pm

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### Thursday, February 13th

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#### **Mentorship: Concepts & Application in Physical Therapy Residency & Fellowship Training Programs**

8:00 am to 10:00 am

#### **DPT Advanced Acute Care Simulation-Based Elective — Design, Implementation, & Assessment**

8:00 am to 10:00 am

#### **No Clinical Practice Guideline (CPG)? Managing the Grey Areas of Neurologic PT Practice**

8:00 am to 10:00 am

#### **Geriatric Oncology: Aligning Across Specialty Practice to Meet the Needs of Cancer Survivors**

8:00 am to 10:00 am

#### **Leadership Competencies for Physical Therapist Practice: A Continuum from DPT to Residencies & Beyond**

11:00 am to 1:00 pm

**Securing the Future of Acute Care Physical Therapy Clinical Education**

11:00 am to 1:00 pm

**A Clinical Reasoning Blueprint: Linking Learning Theories to Curricular Innovations**

11:00 am to 1:00 pm

**Getting to the Clinical Bottom Line: Knowledge Translation Strategies for the Locomotor CPG Action Statements**

11:00 am to 1:00 pm

**Exploring the Value of Residency/Fellowship Education: Stakeholders' Views on Why Residency/Fellowship Education Matters**

3:00 pm to 5:00 pm

**Emotional Intelligence Across the Professional Lifespan in Physical Therapy: From Novice Student to Expert Practitioner**

3:00 pm to 5:00 pm

**Affective Domain Education in the Age of Technology & Social Media**

3:00 pm to 5:00 pm

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Friday, February 14th

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**Investing in the Academic Future of Physical Therapy Learners: The Resident Educator**

8:00 am to 10:00 am

**Move Over Millennials, iGen is Here! Multigenerational Cohorts: Opportunities for Teaching, Mentoring, Evaluation, & Innovation**

11:00 am to 1:00 pm

**Raising the Proverbial Bar: Development of a Novel Tool to Assess Clinical Educators**

11:00 am to 1:00 pm

**The Value of Post-Professional Residency, Fellowship, & PhD Training**

3:00 pm to 5:00 pm

**Cardiovascular & Pulmonary Residency Forum: Interesting Case Studies Presented By Residents**

3:00 pm to 5:00 pm

**Acute Care Residency: Outcomes Beyond Specialty Credentials**

3:00 pm to 5:00 pm

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Saturday, February 15th

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**Clinical Practice Guideline for the Screening & Assessment of Cancer-Related Fatigue**

8:00 am to 10:00 am

**The Icing on the Cake: Putting the Finishing Touches on Acute Care Education**

11:00 am to 1:00 pm

## Poster & Platform Presentations

The following poster or platform presentations were included based on a search using the keywords 'residency', 'fellowship' or similar terms. All are either specific to residency and fellowship education or may be of interest to R/F faculty.

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Thursday, February 13th

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**Does Residency and/or Fellowship Training Impact Job & Career Satisfaction in Physical Therapists?**

11:00 am to 1:00 pm

**Physical Therapist Knowledge in Diagnostic Imaging for the Knee**

1:00 pm to 3:00 pm

**The Effect of a Cardiovascular & Pulmonary (CVP) Residency on a Physical Therapist's Practice in the Intensive Care Unit**

1:00 pm to 3:00 pm

**Predictors of Clinical Decision-Making Following Cardiovascular Screening in Outpatient Physical Therapists**

1:00 pm to 3:00 pm

**A Survey of Physical Therapists' Attitudes Regarding Diagnostic Imaging**

3:00 pm to 5:00 pm

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Friday, February 14th

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**Does Residency and/or Fellowship Training Impact Professional Engagement?**

1:00 pm to 3:00 pm

**Leadership Behaviors & Goals of Physical Therapists in a Fellowship Orthopaedic  
Manual Physical Therapy Program**

1:00 pm to 3:00 pm

**Differences in Pain Neuroscience Perspectives between Physical Therapy Students and  
Clinical Instructors**

1:00 pm to 3:00 pm

**Factors Influencing the Decision to Apply to a Postprofessional Physical Therapist  
Residency Program**

1:00 pm to 3:00 pm

**Program Characteristics Influencing Application to a Physical Therapist  
Postprofessional Residency Program**

1:00 pm to 3:00 pm

**Do Entry-Level Physical Therapy Programs Prepare Students for Post-Graduate  
Residency Education**

1:00 pm to 3:00 pm

**Core Outcome Measures for Adults with Neurologic Conditions: Pilot Implementation  
within Hospital-Based Outpatient Clinic**

1:00 pm to 3:00 pm

**Student Perception of Integrating the Systematic Clinical Reasoning in Physical Therapy  
Tool within Problem-Based Learning**

1:00 pm to 3:00 pm

**American Academy of Sports Physical Therapy Residency Research Platform  
Presentations**

3:00 pm to 5:00 pm

**VA PT Residents Case Presentations**

3:00 pm to 5:00 pm

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Saturday, February 15th

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**Leveraging Residency Program Mentoring Methods to Improve Transdisciplinary  
Professional Development, Engagement, and Retention**

8:00 am to 10:00 am

**Connection between Residency and a "Culture of Excellence" in a Highly Specialized  
Area of Rehabilitation**

1:00 pm to 3:00 pm



“We don’t have to do all of it alone. We were never meant to.”

- *Brene Brown*

## Member Resources

- [RFESIG website](#) - Learn more about our SIG [here](#).
  - [Our Hub Community](#) - Join us [here](#).
  - [Think Tank Compendium](#) - Click [here](#) to access resources to enhance your residency or fellowship program. All APTA members have access to the Think Tank.
- Please note:** The RFESIG Think Tank is an ongoing effort and will continue to review resources for inclusion in the Compendium. If you would like to share a resource with the Think Tank, please click [here](#).
- \*We kindly ask that you cite the originating program for each resource that you incorporate into your R/F program.
- [R/F Director & Coordinator Mentorship Program](#) - Click [here](#) to join the RFESIG’s mentorship program geared toward leaders of R/F programs.

**Thank you to our members!**

The RFESIG continues to grow and now has 264 members.

**Everyone is welcome!**

Invite residency and fellowship graduates, faculty, and program directors across all specialty areas to join our SIG.

Questions? Comments?

Contact Christina Gomez at  
[cgomezpt@gmail.com](mailto:cgomezpt@gmail.com)