# WHERE HELP STARTS

## **Community Navigation:** Connecting People to Vital Resources

The Community Navigation Sector (formerly known as Information & Referral) is a trusted, national infrastructure that connects millions of people to health, human, and social services every year. These services are the critical front door to help, hope, and stability.

# **By the Numbers:** A Vital National Impact

# **25 MILLION**

**connections** made annually through Community Navigation services

of referrals address **basic needs** such as food, housing, and healthcare.

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**85%** of users report **improved well-being** after utilizing navigation services.

#### **Essential Services**

#### Needs Assessment

Identifying individual needs to tailor appropriate referrals.

#### **Information & Referral**

Providing accurate, up-todate information on community resources.

### Impact Areas: Providing Routes to Help

- Healthcare Access
- Housing Stability
- Food Security
- Mental Health Services
- Employment Assistance
- Disaster Response
- Childcare
- Transportation
- Addiction Services
- Many Other Critical Areas

#### Follow-up Support

Ensuring individuals successfully connect with recommended services.

The data presented was pulled from a 2025 Membership Survey conducted by Media Cause on behalf of Inform USA

# **Why Community Navigation Matters**

Community Navigation is a vital link to timely, trusted, and personalized help—whether in a moment of crisis or for ongoing needs. It supports **anyone** seeking services, connecting people to available resources and helping them problem-solve when gaps exist. These programs also track met and unmet needs, offering real-time insight into community issues.

#### What Would Happen Without Community Navigation Services?

#### The Impact on Individuals & Families

- Millions would struggle to locate timely help for basic needs.
- Increased rates of housing instability and homelessness.
- Greater food insecurity and lack of access to nutrition programs.
- Unmanaged physical and mental health conditions.
- Higher rates of crisis situations due to lack of early intervention.
- Vulnerable populations—such as older adults, people with disabilities, veterans, and low-income families—would face deeper hardship and isolation.



#### The Impact on Communities & Systems

- Public agencies and nonprofit providers would face overwhelming demand.
- Hospitals, emergency rooms, and crisis lines would see higher usage and costs.
- Waitlists for essential services would grow significantly.
- Costs to serve unmet needs would surge without preventive support.
- Communities would lose a vital connector that improves coordination, equity, and outcomes.
- Service gaps would widen for marginalized and underserved populations.





Inform USA is the professional membership association of Information & Referral providers in the U.S. Learn more at **informusa.org.**