



AMERICAN COLLEGE
OF OSTEOPATHIC
OBSTETRICIANS &
GYNECOLOGISTS

86th Annual Conference

March 24-29, 2019

Eav K. Lim, DO, FACOOG
Program Chair

Rosalyn G. Miller, DO, FACOOG
Program Chair

Octavia Cannon, DO, FACOOG (Dist)
President

PROGRAM

86th Annual Conference

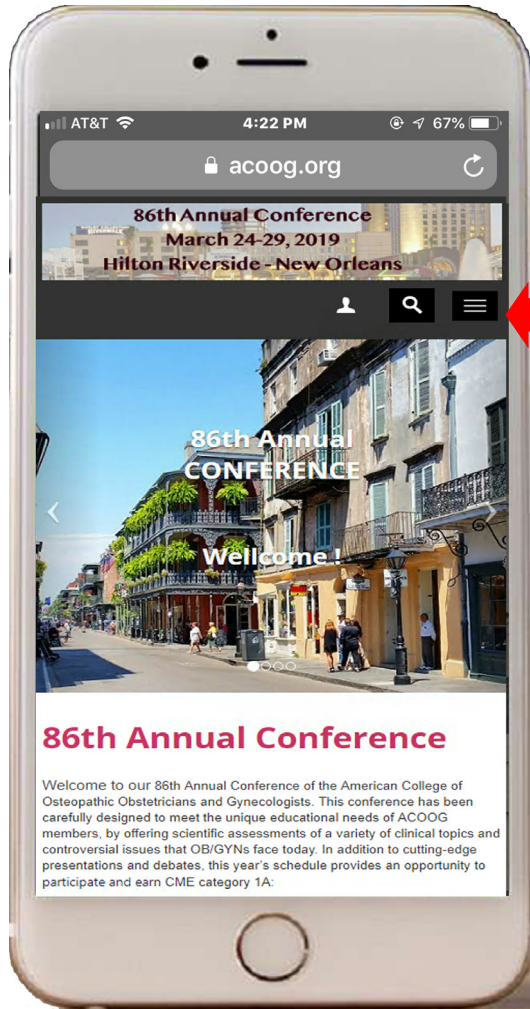
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Community

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Syllabus

View the on-line Power Point Presentations



Agenda



Speakers' Bio



Evaluation & CME Certificate

Evaluate the program and attest for CME credits

86th Annual Conference

Agenda

Sunday, March 24, 2019

12:00 PM - 5:00 PM Early Registration

1st Floor Registration

12:00 PM - 5:00 PM Networking Lounge

Chemin Royale Foyer

Sub-Specialty Pre-Course in MFM

Kabacoff

1:00 PM **Diabetes in Pregnancy: What's new? What do I need to know?**

Meike Schuster, DO

2:00 PM **Preterm Birth Prevention: Improving Outcomes Through Standard Practice**

Roger Packard, DO

3:00-3:15 PM **Break**

3:15 PM **Genetic Screening & Diagnostic Testing**

Niamh Condon, DO

4:15 PM **Management of Fetal Growth Restriction**

Niamh Condon, DO

OMT Workshop

2:00 PM- 5:00 PM **OMT for the OB/GYN**

Chart ABC

Anita Showalter, DO

**Osteopathic Concepts in the Management of Labor, Cesarean Deliveries,
and Ectopic Pregnancies**

Postgraduate Thesis

Daniel Martingano, DO

Monday, March 25, 2019

6:30 AM - 5:15 PM Registration

1st Floor Registration

6:30 AM - 7:30 AM Breakfast

Salon CD

7:30 AM - 4:30 PM General Session

Grand CD

7:30 AM **Presidential Welcome**

Meetings, Events and Symposia.... see pages 18 & 19

7:45 AM **Sex, Drugs, and Rock & Roll**

Distinguished Fellows Honorary Lecture

Sheryl A. Kingsberg, PhD

Learning Objectives:

1. *Relate the history of the search for effective aphrodisiacs*
2. *Compare and contrast aphrodisiacs past and present with drugs developed or in development for hypoactive sexual desire disorder*
3. *Demonstrate the impact of music on reward processing and sexual desire*
4. *Explain strategies to address patient the sexual health concerns*

8:30 AM **Adnexal Mass Work-up & Management: Surgical or Conservative?**

Ajit Gubbi, DO

Learning Objectives:

1. *Describe the approach to a patient with an adnexal mass*
2. *Identify possible etiology of an adnexal mass*
3. *Explain what conditions can be managed medically and which require surgical intervention*
4. *Interpret imaging and laboratory results to help differentiate between benign and malignant findings*
5. *Identify when to refer to a subspecialist*

9:15 AM **Advances in Female Sexual Dysfunction**

Julianne Adams Birt, MD

Learning Objectives:

1. *Describe the impact of female sexual dysfunction*
2. *Describe the evolution of the female sexual response cycle*
3. *Identify barriers to treating female sexual dysfunction*
4. *Classify Female Sexual Dysfunction*
5. *Describe appropriate evaluation of female sexual dysfunction*
6. *Identify treatment options for female sexual dysfunction*

10:00 AM **Break/Exhibits**

Salon C&D

10:45 AM **Malignancy Diagnosed During Presumed Benign Adnexal Mass Surgeries: What to Do?**

Ajit Gubbi, DO

Learning Objectives:

1. *Review the approach and workup of a patient with an adnexal mass*
2. *Outline surgical approach and techniques in dealing with an adnexal mass*
3. *Identify strategies to maximize the likelihood of positive patient outcomes*

11:30 AM **The Management of Post-Partum Hemorrhage**

Eric Carlson, DO

Learning Objectives:.

1. *Quantify blood loss during a post-partum hemorrhage*
2. *Describe the steps involved in the management of post-partum hemorrhage*
3. *Describe the components of the massive transfusion protocol*
4. *Describe the maternal complications resulting from post-partum hemorrhage*
5. *Identify how simulation improves team management of post-partum hemorrhage in the clinical setting*

12:15 PM -1:30 PM **Lunch and Visit Exhibits**

Salon CD

1:30 PM **The Use of Anticoagulants in Pregnancy**

Eric Carlson, DO

Learning Objectives:

1. *Describe the indications for use of anticoagulants during pregnancy*
2. *Identify strategies to monitor for complications associated with the use of anticoagulants during pregnancy*
3. *Differentiate the difference between prophylactic, intermediate & therapeutic anticoagulant dosing*
4. *Manage anticoagulation appropriately in pregnant patients*

2:15 PM **Early Detection of Endometriosis & Improvement in Outcomes**

Carlos Roberts, MD

Learning Objectives:

1. *Describe the impact moderate to severe endometriosis-associated pain has on women's lives*
2. *Identify barriers to timely diagnosis and treatment of endometriosis pain*
3. *Identify non-surgical options for management of moderate and severe endometriosis associated pain*

3:00-3:45 PM **Visit Exhibits**

Salon CD

3:45 PM **Osteopathic Considerations & Treatment for Headaches in Pregnancy**

Natalie Hyppolite, DO

Learning Objectives:

1. *Describe common headache types and the relevant anatomy predisposing women to headaches during pregnancy*
2. *Screen for common somatic dysfunctions seen in pregnancy*
3. *presenting with headaches*
4. *Describe practical techniques for the treatment of headaches in pregnant patients*
5. *Explore the evidence for application of OMT in the care of pregnant patients*

6:30 AM - 3:45 PM	Registration	1 st Floor Registration
6:30 AM-7:30 AM	Breakfast	Salon CD
7:30 AM - 4:30 PM	General Session	Grand CD
7:30 AM	Adnexal Malignancy During Pregnancy Mark Miller, DO Learning Objectives: <ol style="list-style-type: none">1. <i>Identify the incidence of benign masses during pregnancy</i>2. <i>Differentiate benign masses</i>3. <i>Describe proper workup when considering unreliable tumor markers</i>4. <i>Identify instances when conservative management and sub-specialist referral are appropriate</i>	
8:15 AM	ACGME Update David Jaspan, DO Learning Objectives: <ol style="list-style-type: none">1. <i>Define the role of the Review Committee for Obstetrics and Gynecology</i>2. <i>Describe the ACGME Program Review Process</i>	
9:00 AM	BetaHCG Levels: Benign or Malignant Mark Miller, DO Learning Objectives: <ol style="list-style-type: none">1. <i>Identify tumor markers during suspected malignancy</i>2. <i>Describe strategies to effectively differentiate suspected malignancies</i>3. <i>Describe how tumor markers can help and hurt diagnosis</i>4. <i>Identify appropriate tests which will provide data to improve diagnosis lessen patient and physician anxiety</i>	
9:45-10:15 AM	Break/Exhibits	Salon CD
10:15 AM	Hematuria: Now what? Michael J. Coyle, DO Learning Objectives: <ol style="list-style-type: none">1. <i>Review the cause of hematuria</i>2. <i>Present the basic evaluation of hematuria</i>3. <i>Discuss the evaluation of recurrent Urinary Treat infections</i>4. <i>Discuss the work up and treatment of IC/IBP</i>	
11:00 AM	Prevention, Recognition, & Evaluation of Complications After Vaginal/ Open/Laparoscopic Urological Procedures Carlos Roberts, MD	

Learning Objectives:

1. *Describe optimal approach for urological procedures*
2. *Identify complications associated with procedures and how to avoid them*
3. *Identify strategies to improve complication outcomes when encountered*
4. *Describe when a referral to a sub-specialist is appropriate*

11:45 AM-12:45 PM ACOOG Membership Meeting-Luncheon

12:45 PM Everyone Communicates, Few Connect

Tracy Ware, EdS

Learning Objectives:

1. *Identify at least one area for improvement that will increase productivity and results in your organization*
2. *Describe different leadership styles*
3. *Identify ways to teach leadership concepts as a skill*

1:30 PM Fertility After Sterilization Procedures: Female & Male

Jennifer L. Nichols, DO

Learning Objectives:

1. *Identify best practices for counseling when discussing sterilization with patients regarding future fertility*
2. *Explain vasectomy procedure and reversal success rates*
3. *Compare and contrast methods of female sterilization, including risks, alternatives and implications on future fertility*
4. *Outline optimal patient treatment plans, considering age and future fertility goals*
5. *Explain the importance of early monitoring for possible ectopic in tubal reanastomosis patients*
6. *Describe when it is best to consider IVF (in vitro fertilization)*

2:15-2:30 PM Break

2:30 PM Legal Pearls for the Obstetrician-Gynecologist

Shania Seibles, DO, JD

Learning Objectives:

1. *Describe key concepts of medical malpractice, including the four components of medical liability are duty, breach of duty, causation, and damages*
2. *Explore informed consent as an ethical concept containing both comprehension and free consent*
3. *Describe the importance of adequate documentation, including nuances of the electronic medical record*

Tuesday, March 26, 2019.....continued

3:15 PM **Legal Cases for the Obstetrician-Gynecologist**

Shania Seibles, DO, JD

Learning Objectives:

1. *Describe reasons obstetricians may carry higher risk of medical liability*
2. *Identify circumstances that are unique to the gynecologist that may carry higher risk of medical liability, including surgical injury, delay or failure to diagnose cancer, and failed sterilization*
3. *Discuss how to disclose an adverse event to a patient and their family*

Wednesday, March 27, 2019

6:30 AM-5:00 PM Registration 1st Floor Registration

6:30 AM-7:00 AM Breakfast Salon CD

7:00 AM - 4:15 PM General Session Grand CD

7:00 AM **MEFACOOG Presentation**

James Perez, DO

7:10 AM **The Future of Osteopathic Medicine**

Ronald Burns, DO

AOA President-elect

Learning Objectives:

1. *Articulate how osteopathic medicine is growing and changing in response to an evolving healthcare landscape.*
2. *Identify how the American Osteopathic Association is strategically positioning the profession to anticipate, respond to and thrive.*
3. *Describe how AOA is meeting the needs of an increasingly diverse osteopathic medical community, with the aim of advancing and expanding access to patient-centered osteopathic care.*

7:45 AM **The Role of Enabling Technologies in the Future of Gynecologic Surgery**

Ted L. Anderson, MD, PhD

ACOG President-elect

Learning Objectives:

1. *Identify challenges to achieve surgical mastery during residency*
2. *List the impact of enabling technologies on current and future surgical practice patterns*
3. *Describe options regarding future directions in resident surgical training*

8:15 AM **A Single-Site Prospective Randomized Controlled Trial Comparing Chlorhexidine Gluconate & Povidone Iodine as Vaginal Preparation Antiseptics for Cesarean Section**

ACCOG Postgraduate Thesis Winner

Lauryn Przeslawski, DO

Learning Objectives:

1. *Recall the importance of antiseptic techniques*
2. *Explain the purpose and technique of vaginal preparation for cesarean section*
3. *Describe the mechanism of action of agents povidone-iodine and chlorhexidine gluconate*
4. *Assess the clinical significance of lactobacilli preservation in the vagina*

8:30 AM **MEFACCOG Distinguished Lecture**

Pooja Mehta, MD

9:15 AM **Maternal Morbidity & Mortality Update**

Robert Debbs, DO

Learning Objectives:

1. *List the causes of maternal mortality*
2. *Incorporate safety bundles to prevent mortality*
3. *Identify limitations of health care systems that impact mortality*
4. *Utilize best practices to reduce the maternal mortality rate*

10:00-10:30 AM **Break** (*All participants assemble for entrance processional*)

10:30-12:00 PM **Awards Ceremony & Presentation of New Fellows**

12:00-1:00 PM **Lunch on your own or Non-CME Symposium**

Salon C

1:00 PM **Risk Reduction Surgery in BRCA Patients**

Jeffery James, DO

Learning Objectives:

1. *Identify patients who need risk-reducing surgery and those who can defer to a later time*
2. *Review surgical technique of a risk-reducing surgery in BRCA patients*
3. *Discuss pathologic processing of tissue in BRCA patients*

1:45 PM **Endometrial Hyperplasia: Medical/Surgical & Fertility Sparing**

Mark Miller, DO

Learning Objectives:

1. *Identify modalities for treatment of endometrial hyperplasia and malignancy*
2. *Describe conservative approaches for women who desires fertility*
3. *Identify additional options for patients who are poor surgical outcomes*
4. *Review current literature and data concerning progesterone therapy use*

2:30-2:45 PM **Break**

2:45 PM **Sling Complications and Revision: Method & Timing**

Michael Coyle, DO

Learning Objectives:

1. *Identify potential complications of "sling" procedures*
2. *Describe signs and symptoms associated with sling procedure complications*
3. *Discuss techniques and surgical steps required to fix sling procedure complications*
4. *Identify when a referral to a sub-specialist is appropriate*

3:30 PM **Hysteropexy vs Supracervical/Cervicopexy
Morcellation vs TLH/ASC vs Vag Hyst/ASC**

Carlos Roberts, MD

Learning Objectives:

1. *Identify potential complications of "sling" procedures*
2. *Describe signs and symptoms associated with sling procedure complications*
3. *Discuss techniques and surgical steps required to fix sling procedure complications*
4. *Identify when a referral to a sub-specialist is appropriate*

1:00 PM **Hematologic Disorders in Pregnancy**

James Hole , DO

Learning Objectives:

1. *Review common hematologic disorders in pregnancy.*
2. *Identify evidence-based therapies and medications for the common hematologic disorders in pregnancy.*
3. *Learn and implement strategies to decrease or prevent hematologic disorders in pregnancy*

1:45 PM **Optimal Timing of Delivery for PPROM: Before, At, or After 34 Weeks**

Robert Debbs, DO

Learning Objectives:

1. *Incorporate protocols to optimize outcomes in PPROM*
2. *Apply evidence-based outcomes to counsel patients in PPROM*
3. *Utilize a global approach to both baby and mother when assessing patients with PPROM*

2:30-2:45 PM **Break**

2:45 PM **Managing Fertility in Primary Ovarian Failures**

Cindy Duke, MD

Learning Objectives:

1. *Describe the epidemiology of primary ovarian failures (POF)*
2. *Review current literature and opinions related to strategies to diagnose POF*
3. *Evaluate fertility options for women with POF*

3:30 PM **Onco-Fertility**

Cindy Duke, MD

Learning Objectives:

1. *Describe the concepts of Oncofertility*
2. *Identify the available fertility preserving options for patients facing a cancer diagnosis*
3. *Describe the role of the practicing OB/GYN in the routine fertility surveillance of a patient of reproductive age with a history of cancer treatment*

7:30 AM - 4:00 PM	Registration	1 st Floor Registration
7:30 AM - 8:00 AM	Breakfast	Salon CD
8:00 AM - 3:15 PM	General Session	Grand CD

8:00 AM **Substance Abuse in Pregnancy**

James Hole, DO

Learning Objectives:

1. *Review updated information on substance abuse in pregnancy*
2. *Identify evidence-based treatments and therapies for the treatment of substance abuse in pregnancy*
3. *Implement strategies to identify patients at risk for substance abuse during pregnancy*

8:45 AM **Intimate Partner Violence & Sexual Violence**

Shalanda R Webb, MD

Learning Objectives:

1. *Define domestic violence and sexual assault*
2. *Identify the role of OB/GYN when domestic violence and sexual assault are suspected*
3. *Employ strategies to recognize and identify patients victimized by domestic violence and sexual assault*

9:30 AM **Imaging Techniques for the Pregnant Patient**

Joanne Trapeni, DO

Learning Objectives:

1. *Describe theoretical teratogenic/mutagenic effects of various imaging modalities and contrast agents*
2. *Identify when breast feeding should be withheld or continued after various imaging studies are performed on a lactating patient*
3. *Explain the benefits of mammography and ultrasound in diagnosing pregnancy associated breast cancer*
4. *Evaluate the role of interventional radiology in pregnancy related acute illnesses*

10:15 AM-10:30 AM **BREAK**

10:30 AM **Pre-Invasive Vulvar Disease with Margin Status: When to Refer?**

Jeffrey James, DO

Learning Objectives:

1. *Identify patients who need surgical management and resection versus those who can be monitored or followed conservatively*
2. *Describe resection techniques*
3. *Discuss post-resection management and identifying those patients who would benefit from a referral to a gynecologic oncologist*

11:15 AM **Postgraduate Scholar Lecture:**

The Effect of Video Education of Skin-to-Skin at the Time of Delivery

Catherine Caponero, DO

Learning Objectives:

1. *Describe the importance of skin-to-skin contact (SSC) when establishing early breastfeeding*
2. *Identify barriers to barriers to SSC*
3. *Explore methods for teaching the importance of SSC to patients at the time of admission for delivery*

Effect of Amniocentesis Prior to Cerclage on Antenatal Complications & Gestational Age at Delivery

Jason Wheatley, DO

Learning Objectives:

1. *Identify preterm birth as the biggest contributor to neonatal morbidity and mortality in obstetrics.*
2. *Identify diagnostic criteria for cervical insufficiency*
3. *Counsel patients about the immediate and long-term risks of amniocentesis.*

12:00 PM -1:00 PM **Lunch on your own or non-CME Lunch Symposium**

Salon C

1:00 PM **Environmental Exposures in Reproductive Health**

Nathaniel DeNicola, MD

Learning Objectives:

1. *Identify at least one environmental exposure and obstetric outcome association that can be discussed in the clinical setting*
2. *Describe the difference between tests on pharmaceuticals and potential toxics before they are released in the environment*
3. *Describe resources for practicing OBGYNs when faced with potential environmental exposures*

1:45 PM **Points to Ponder From The Perspective of A Breast Surgeon**

KimberLee Mudge, MD

Learning Objectives:

1. *Explain current patient-centric breast cancer screening recommendations*
2. *Describe barriers that may prevent mammogram uptake or result in mammogram resistance*
3. *Identify strategies and best practices to overcome barriers which limit mammogram uptake*
4. *Identify opportunities in practice to improve breast health and breast cancer screening*

2:30 PM **Reforming Healthcare: Transitioning from Volume to Value through the Use of Technology & Multi-Disciplinary Care Delivery Methods**

Barbara Hawkes Memorial Lecture

Curtis Lowery, MD

Learning Objectives:

1. *Describe alternative payment models for healthcare*
2. *Identify how technology can be used to improve care and drive down cost*
3. *Describe how alternative payment models can motivate changes in physician behavior*

Friday, March 29, 2019

6:30 AM-11:15 AM Registration 1st Floor Registration

6:30 AM - 7:00 AM Breakfast Salon CD

7:00 AM -11:15 AM General Session Grand CD

7:00 AM **Psychotropic Update & Pharmacogenetic Testing**

Elizabeth Yoder, DO

Learning Objectives:

1. *Identify differences in the psychopharmacological therapeutic classes*
2. *Review recent FDA approvals for psychotropic medications, including class, indications, dosing, & monitoring requirements for each*
3. *Explore controversies related to usefulness & application of pharmacogenetic testing*
4. *Identify when pharmacogenetic testing should be considered*
5. *Describe how to correctly interpret and apply the results*

7:45 AM **Premenstrual Dysmorphic Disorder**

Elizabeth Yoder, DO

Learning Objectives:

1. *Describe criteria for Premenstrual Dysmorphic Disorder (PMDD)*
2. *Contrast PMDD with Premenstrual Syndrome*
3. *Identify evidence-based pharmacotherapy options*
4. *Discuss complementary treatments for symptom control*

8:30 AM **Trends in Ovarian Cancer Treatment with Addition of Bevacizumab & PARP Inhibitors/Immunotherapy**

Giuseppe Del Priore, MD

Learning Objectives:

1. *Identify options for treatment after surgical debulking*
2. *Describe the pathophysiology of each treatment option*
3. *Relate the risks and benefits with each adjuvant treatment options*
4. *Recognize and address long term side effects*

9:15 AM **Crossroads of Neurology & OB/GYN: What Do We Need to Know?**

Divya Singhal, MD

Learning Objectives:

1. *Describe management of common neurological conditions such as headaches and epilepsy during pregnancy*
2. *Explore evidence-based guidelines for management headaches and epilepsy during pregnancy*

10:00 AM **Obesity in the Female Adolescent**

Tyree Winters, DO

Learning Objectives:

1. *Describe the diagnostic criteria, prevalence and risk factors for childhood obesity*
2. *Identify comorbid conditions associated with obesity in a female adolescent patient*
3. *Identify the role of primary care providers in managing pediatric patients with obesity*

11:15 AM Adjourn

Meetings:

Sunday, March 24, 2019

8:00 AM - 12:00 PM ACOOG Board of Trustees Meeting Compass

Monday, March 25, 2019

6:30 AM - 7:30 AM Resident Reporters Orientation Bridge

Tuesday, March 26, 2019

7:00 AM - 8:00 AM Historian Committee and Membership Committee
Joint Meeting Bridge

8:30 AM - 11:30 AM MEFACOOG Board of Trustees Meeting Kabacoff

11:45 AM - 12:45 PM ACOOG Membership Luncheon Meeting Grand AB

Wednesday, March 27, 2019

1:30 PM - 3:00 PM Reorganization Board of Trustees Bridge

Thursday, March 28, 2019

10:30 AM - 12:00 PM CME Committee Bridge

Events:

Sunday, March 24, 2019

12:00 PM - 5:00 PM Networking Lounge

Chemin Royale Foyer

Tuesday, March 26, 2019

6:00 PM - 7:00 PM New Fellows/Distinguished Fellows Reception

River Room

Wednesday, March 27, 2019

7:00 PM - 10:00 PM Presidential Celebration Dinner

Paddlewheeler Creole Queen

Non-CME Symposia:

Wednesday, March 27, 2019

12:00-1:00 PM

Grand Salon C

Thursday, March 28, 2019

12:00-1:00 PM

Grand Salon C

PROGRAM CHAIRS

Eav K. Lim, DO, FACOOG



Dr. Lim graduated from SUNY Binghamton with a BS in biology and Master's in biological science. He graduated from NYCOM-NYIT with his DO degree. Dr. Lim completed his internship/residency at Wyckoff Heights Medical Center, Brooklyn NY. After completing his residency, he worked as full-time faculty and served as Director of Women health services. He was later appointed Associate Program Director for the OBGYN residency program at WHMC. During this time, Dr. Lim also co-founded and provided care at a large private practice group in the heart of Brooklyn, NY. Dr. Lim completed his fellowship training in Gynecologic Oncology at Wellspan York Hospital. Dr. Lim is active in global health care by providing annual surgical services in Apam, Ghana, and also medical missions to Guatemala. Currently, he practices in south central Pennsylvania working for Wellspan Health.

Rosalyn G. Miller, DO, FACOOG, MPA



Dr. Miller is originally from Saginaw, Michigan. She obtained a Bachelor of Science degree in Biochemistry from Eastern Michigan University and also a Master's degree in Public Administration concentrating in Health Administration. After graduate school, Dr. Miller attended The Ohio University College of Osteopathic Medicine and completed her residency in Obstetrics and Gynecology at Doctors Hospital in Columbus, Ohio.

Dr. Miller has won awards for her research in health literacy and has always been an advocate for healthcare in the underserved. She has lectured to numerous hospital groups and National Conferences. She previously served as Assistant Program Director in Obstetrics & Gynecology for Central Michigan University Healthcare where she provided treatment to women in various stages of reproduction and was responsible for the education and training of residents and medical students. Currently she is in practice at Advanced Obstetrics and Gynecology group in Butler, PA. Dr. Miller is married with three children and she is a member of Delta Sigma Theta Sorority, Inc. She also humbly serves on the Continuing Medical Education Committee for ACOOG.

DISCLOSURES

The following presenters and moderators have nothing to disclose:

- Ronald Burns, DO
- Catherine Caponero, DO
- Eric Carlson, DO
- Niamh Condon, DO
- David Jaspan, DO
- Giuseppe Del Priore, MD
- Nathaniel DeNicola, MD
- Ajit Gubbi, DO
- Dina Gottesman, DO
- James Hole, DO
- Natalie Hyppolite, DO
- Daniel Martingano, DO
- Ena Marsan, DO
- Pooja Mehta, MD
- Mark Miller, DO
- Chavone Momon-Nelson, DO
- Corinna Muller, DO
- Jennifer L. Nichols, DO
- KimberLee Mudge, MD
- Mary Elena Oatey, DO
- Roger Packard, DO
- Lauryn Przeslawski, DO
- Marydonna M. Ravasio, DO
- Michael Ricardo, DO
- Carlos Roberts, MD
- Meike Schuster, DO
- Shania Seibles, DO
- Divya Singhal, MD
- Anita Showalter, DO
- Joanne Trapeni, DO
- Tracy Ware, EdS
- Shalanda R. Webb, MD
- Tyree Winters, DO
- Elizabeth A. Yoder, DO, FAPA
- Jason Wheatley, DO

The following presenters and moderators have indicated their presentation will include these off-label discussions:

- Jennifer L. Nichols, DO, FACOOG (Dist)
This presentation mentions the possible off-label treatments for endometriosis: Combined oral contraceptives, Etonogestrel/ethinyl E2 vaginal ring, Progestins Medroxyprogesterone Dienogest GnRH antagonists Cetrorelix, Ganirelix, Elagolix (oral), PPAR-g agonists Rosiglitazone Pioglitazone Aromatase inhibitors Letrozole, Anastrozole P4 releasing. IUD, Raloxifene, Selective estrogen receptor modulator, Statins, Immunomodulator: infliximab Immunomodulator: etancercept Valproic acid.
- Elizabeth A Yoder, DO, FAPA
I am going to be presenting on recent psychotropic medication developments and will discuss my clinical experience with the medications used in off-label conditions. The various medications to be covered in my presentation include: Amitriptyline, citalopram, doxepin, escitalopram, imipramine, mirtazapine, nortriptyline, quetiapine, sertraline, venlafaxine, bupropion, duloxetine, fluoxetine, nefazodone, paroxetine, selegiline, trazodone, vortioxetine, dexvenlafaxine, levomilnacipran, vilazodone, ketamine, aripiprazole, asenapine, carbamazepine, cariprazine, divalproex sodium, lamotrigine, lithium, olanzapine, risperidone, ziprasidone, brexipiprazole, cariprazine, chlorpromazine, clozapine, fluphenazine, haloperidol, iloperidone, lurasidone, molindone, paliperidone, pimvanserin, and valbenazine.
- Sheryl A. Kingsberg, PhD
Pharmacologic options currently in phase 2 or phase 3 or submitted to FDA for the treatment of hypoactive sexual desire disorder and approved treatments used off-label
- Roger Packard, DO
Use of vaginal progesterone to reduce the risk of preterm delivery.

Disclosures, *continued*

The following presenters and moderators have a relationship with a commercial interest to disclose:

- Ted Anderson, MD
Research Support: Channel Medsystems (research support, endometrial ablation), investigator
Boston Scientific (research support, nCYT fallopian tube cytology collection), investigator
- Cindy M. Duke, MD, PhD, FACOG
Speaker's Bureau: Abbvie
- Julianne Adams Birt, MD
Speaker's Bureau: Duchesnay USA
- Curtis Lowery, MD
Board of Directors: Air Toco
- Jeffrey James, DO
Consultant, Advisory Board or Review Panel Member: Intuitive Surgical; AstraZeneca
- Michael J. Coyle DO, FPMRS
Research Support: Sciton
Consultant, Advisory Board or Review Panel Member: Sciton, Intuitive Surgical, Coloplast Urology
Speaker's Bureau: Sciton
- Sheryl Kingsberg PhD
Consultant, Advisory Board or Review Panel Member: AMAG, Daré, Duchesney, Emotional Brain, Endoceutics, GTx, IVIX, Lupin, Materna, Palatin Technologies, Pfizer, Sprout, Strategic Science Technologies, TherapeuticsMD, Valeant
Institutional Grant Support (Clinical Trial Investigator): Endoceutics, Palatin, SST/Dare
Stock options: Viveve
Speaker's Bureau: Therapeutics MD, AMAG
- Robert H. Debbs, DO, FACOOG, Dist.
Non-CME Speaker: Natera
- Bertha Vasquez, DO
Research Support: MIST Technologies

The following CME Committee Members and ACOOG Staff have nothing to disclose:

Catherine Bernardini, DO
Cecilia W. Banga, DO
Jessica Lee Branham, DO
William C. Bradford, DO
Octavia M. Cannon, DO
Andrew Crim, MEd, CHCP

Stephen A. D'Abreau, DO
Michael J. Geria, DO
Becky Graham, DO
Valerie Bakies Lile, CAE
Eav Lim, DO
Rosalyn Green Miller, DO

Jennifer L. Nichols, DO
Paige Paladino, DO
Elizabeth Stevenson, DO
Andrew Zink, DO
Martha Prud'homme
Lauryn Przeslawski, DO

Neither the ACOOG nor any staff members in a position to influence content have anything to disclose.

ACCOG Events



2019 Fall Conference
October 3-6, 2019
Hyatt Regency Downtown
Columbus, OH



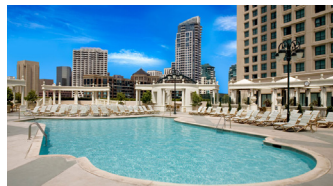
87th Annual Conference
March 29-April 2, 2020
Hilton La Jolla Torrey Pines
San Diego, CA



88th Annual Conference
April 11-16, 2021
Hyatt Regency Coconut Point
Bonita Springs, FL



89th Annual Conference
April 3-8, 2022
Grand Hyatt San Antonio Riverwalk
San Antonio, TX



90th Annual Conference
March 26-31, 2023
Manchester Grand Hyatt
San Diego, CA

Presidential Celebration



Paddlewheeler Creole Queen

Riverboat
Wednesday, March 27, 2019

Boarding 6:00 PM -7:00 PM
Cruise departs promptly at 7:00 PM

Presidential celebration
from 7:00-9:30 PM

Each guest will receive 2 drink tickets.
Cash bar available.
Cost: \$95.00

Cocktail Attire



DONATIONS TO MEFACOOG

Other ways to



You shop. Amazon gives.

Amazon donates 0.5% of the price of your eligible AmazonSmile purchases to the charitable organization of your choice.

Search for charity:

Medical Education Foundation of the Amer Coll of Osteopathic Ob-Gyn

Location: Fort Worth, TX

to start shopping at smile.amazon.com



MEFACCOG Community Service Project

When donating to shelters, menstrual products are a frequently overlooked need. Let's help by donating unopened packages of tampons or pads. We are also collecting new or gently used nursing bras.

Please donate at the registration desk.



COMMUNITY FOR YOU!

86th Annual Conference Community

www.acoog.org
then click on “COMMUNITY”

- Access the online syllabus
- Connect with your colleagues
- Read ACOOG blogs
- Interact with the discussion forums



CME INFORMATION

Overall Learning Objectives

Those participating in this activity will receive information that should allow them to...

- Enhance the skills needed to diagnose and manage common and uncommon clinical challenges faced in a modern OB/GYN practice
- Address current and future OB/GYN practice issues
- Apply advances in technology and therapeutics to facilitate improved patient care and outcomes

CME Accreditation

The American College of Osteopathic Obstetricians and Gynecologists is accredited by the American Osteopathic Association to provide osteopathic continuing medical education for physicians. The American College of Osteopathic Obstetricians and Gynecologists designates this program for a maximum of 32 AOA Category 1-A credits and will report CME and specialty credits commensurate with the extent of the physician's participation in this activity.

Available CME Credits

- General Session: 28 CME Credits
- Optional MFM Sub-Specialty Pre-Course: 4 CME Credits
- Optional OMM Pre-Course Workshop: 3 CME Credits

Commercial Support

The American College of Osteopathic Obstetricians and Gynecologists appreciates the generosity of the following companies for providing educational grant to support the 86th Annual Conference.

TESARO, Inc.
TherapeuticsMD
Lupin Pharmaceuticals, Inc.

CME CREDIT PROCEDURES

How to Claim CME Credit

Members who wish to receive CME credit must attest to the sessions attended and complete activity evaluations, available only through ACOOG's website. Please visit the on-site ACOOG CME computer kiosk for assistance, or log-in to acoog.org from your own computer before **April 15, 2019**. Non-member participants will receive a limited access log-in and password to the web site for CME purposes. CME credit cannot be reported unless the attestation and evaluation are completed and verified by the ACOOG office.

Deadline to Claim Credit (April 15, 2019)

Attestation will remain open for 16 days from the close of the conference. The final day to claim credit is **April 15, 2019**. After this date, requests for CME will require a written explanation and be assessed a \$50 non-refundable fee, along with completion of evaluations and credit attestation. Requests for special consideration are decided on a case-by-case basis.

Opportunity for Additional Credit

Between 15 and 30 days after the conference, you will be e-mailed an outcomes measurement assessment. Those who complete this assessment before the deadline will earn up to 2 additional Category 1-A CME credits, per AOA guidelines, at no additional charge.

Grievances

Any registrant finding evidence that the continuing medical education program presented is inappropriate with regard to facilities, handouts, program content, or observes any unacceptable promotion of a specific product in the same room as the educational activity, whether by company representative or lecturer, may submit a grievance in writing to ACOOG, 201 Main Street, 6th Floor, Fort Worth, TX 76102. Unresolved issues regarding compliance with AOA Division of CME guidelines or ACOOG will require a formal written complaint to the American Osteopathic Association, Division of Continuing Medical Education, 142 East Ontario Street, Chicago, IL 60611.

CME CREDIT PROCEDURES

Don't forget to Attest for CME Credits.....!

New System!

Visit our web site at <http://www.acoog.org>

- Sign In with your ID & password

Your ID is your AOA number (IF it begins with a zero, do not use the leading zero) and your password is generally the first letter of your last name in lowercase followed by your AOA number (again, no leading zero).

EXAMPLE Joe Davis

AOA #: 012345

Login: 12345

Password: d12345

- Click on **EDUCATION** on the navigation bar
- Then click on **CME**
- Click on **CME EVENT ATTESTATION**

86th Annual Conference
New Orleans, LA
March 24-29, 2019

Pretest Results Demographics Session Evaluation Overall Evaluation

Return to Instruction Page

Logout

The screenshot shows a user interface for the 86th Annual Conference. At the top, the conference details are displayed: "86th Annual Conference, New Orleans, LA, March 24-29, 2019". Below this, there are four buttons: "Pretest Results", "Demographics", "Session Evaluation", and "Overall Evaluation". Each button has a circular icon below it: a blue circle with a yellow checkmark for "Pretest Results", "Demographics", and "Overall Evaluation"; and a blue circle with a red checkmark for "Session Evaluation". Below these buttons, there are two more buttons: a green button labeled "Return to Instruction Page" and a red button labeled "Logout".

Sponsors

MEFACCOOG Corporate Partners

Platinum Level

Abbvie

BTL

Silver Level

AMAG Pharmaceuticals
Lupin Pharmaceuticals, Inc.
Minerva Surgical
Ob Hospitalist Group

Bronze Level

Aspira Labs
Fidia Pharma USA
GSquared Medical
PharmaDerm
Philips Healthcare
Sciton
Trophikos

Exhibitors

America's Ob/Gyn Board Review Course
American Osteopathic Association
BD

Duchesnay USA

Edward-Elmhurst Healthcare

GE Healthcare

HPSRx Enterprises

KAO USA

Mylan

Quest Healthcare

Retreat Behavioral Health

Success Concepts Medical Books

TherapeuticsMD

Thermi, an Almirall Company

Weave

Company Name	Booth #
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Abbie	10
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AMAG Pharmaceuticals	13
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America's Ob/Gyn Board Review Course	29
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America's OB/GYN Board Review Course specializes in board preparation for your exam. Our courses cover 95% of the test topics & is exam-focused, evidence-based & in accordance with the latest ACOG references. Each day consists of didactics followed by written questions boot camp or core topic structured cases. We also offer:

- Online Test Taking Skills: Course helps the written candidates identify weaknesses in processing of written test questions & then teach you a logical & systematic approach for answering questions in a timely fashion.
- AOBOG Oral Exam Webinar: Designed by & for osteopathic physicians. We proudly claim a 99% pass rate.
- 4th Station: Timed "visual aids" that simulates the last station of the oral exam.
- Written Questions Manuals are a favorite as they provide approximately 1,700 questions with answers & references.
- Written Exam Online Review Course is a learning pathway designed for residents. Learn on your own anytime & anywhere.

We are ...with you every step...

American Osteopathic Association	31
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Aspira Labs	7
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BD	1
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BTL	16
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Founded in 1993, BTL has grown to become one of the world's major manufacturers of medical and aesthetic equipment. With over 1,500 employees located in more than 53 countries, BTL has revolutionized the way to offer the most advanced non-invasive solutions for women's intimate health and wellness, body shaping, skin tightening & other medical aesthetic treatments. BTL's women's health brand includes BTL EMSELLA. Additional information can be found at <http://www.emsella.com>.

Duchesnay USA	21
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Edward-Elmhurst Healthcare	25
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Fidia Pharma USA	2
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HYALO GYN® is a colorless, odorless, transparent, aqueous, hydrating gel. It acts as a moisturizer and lubricant because of the strong hydrating properties of its proprietary hyaluronic acid derivative component, Hydeal-D®.

The carbomer and propylene glycol, combined with the hyaluronic acid derivative, enable HYALO GYN® to achieve its thick, viscous gel form, and the mucoadhesive properties of the product allow it to adhere to the vaginal mucosa, enhancing the residence time, thus hydrating and protecting this tissue.³

GE Healthcare	8
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GSquared Medical	30
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Company Name	Booth #
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HPSRx Enterprises	3
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Since 1996, HPSRx Enterprises, a family founded business located in Virginia, has been focused and dedicated to the Women’s Reproductive Healthcare industry. Providing next-generation products such as the Caya Diaphragm, IUD Thread Retriever, Manual Vacuum Aspiration for Miscarriage Management, and Dilapan-S, an osmotic cervical dilator that is FDA approved for induction of labor, are just one of the many ways we hope to help you in your daily operations.

We also supply pharmaceuticals, surgical instruments, and over 90,000 Med/Surg items, all at competitive pricing.

KAO USA	5
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Bio-Oil® is a specialist skincare product that helps improve the appearance of scars, stretch marks, and uneven skin tone. Its advanced formulation, which contains the breakthrough ingredient PurCellin Oil™, also makes it highly effective for numerous other skin concerns including aging and dehydrated skin. Learn more www.bio-oil.com

Lupin Pharmaceuticals, Inc.	17
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Minerva Surgical	19
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Minerva Endometrial Ablation System delivers the result patients are asking for..Zero Bleeding. Minerva produced 72% of Amenorrhea Rate, twice as high as the nearest competitor. Recent market research suggests that 90% of women interested in an endometrial ablation prefer Amenorrhea vs. a significant reduction in bleeding. MINERVA ES features proprietary Extension Tubes that flow CO2 evenly throughout the entire uterine cavity to detect perforations. Visit www.minervasurgical.com to learn more.

Mylan	9
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Ob Hospitalist Group	20
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Since 2006, Ob Hospitalist Group has led the United States in developing and managing customized hospital obstetric emergency departments.

Today, more than 700 employed OBHG hospitalists are on the front lines 24 hours a day, 365 days a year to ensure that every pregnant woman who presents to the hospital is evaluated and treated by an experienced physician - every time.

Local private-practice OB/GYNs enjoy the collaborative, non-competitive support provided by our hospitalists, who work alongside them to reduce risk and improve patient safety for mothers and babies.

Our rapidly growing national footprint currently includes programs in 160 hospitals across 32 states. To learn more please visit www.OBHG.com.

PharmaDerm	28
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Philips Healthcare	23
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Company Name	Booth #
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Quest Healthcare	14
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Retreat Behavioral Health	27
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Retreat Behavioral Health is a respected provider of substance abuse and mental health treatment services. With a number of locations along the East Coast and a multitude of inpatient and outpatient services, Retreat's goal is to help people easily access the best quality of care in a holistic and peaceful environment. We are in-network with most major insurances, and our admissions department operates 24/7.

Sciton	22
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About Sciton:

Sciton is manufacturer of best-in-class laser and light solutions for medical professionals who want superior durability, performance and value. Sciton offers award winning medical devices for women's health specifically for the improvement of gynecological and genitourinary/urology health, laser-assisted lipolysis, fractional and full-coverage skin resurfacing, hair removal, phototherapy, wrinkle reduction, treatment of vascular and pigmented lesions, scar reduction and acne. Sciton operates on a worldwide basis with direct sales forces in the United States, Canada, Japan and distributor partners in more than 45 countries. For more information, and a complete listing of Sciton systems, visit www.Sciton.com.

Success Concepts Medical Books	32
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TherapeuticsMD	24
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Optimizing health is our goal. Empowering her is our purpose.

TherapeuticsMD, Inc. is an innovative pharmaceutical company exclusively committed to advancing the health of women and championing awareness of their healthcare issues. We create products to address the unique changes and challenges women experience through every stage of their lives. With momentum fueled by the needs of our customers, we combine entrepreneurial spirit and clinical expertise to develop innovative solutions designed to go beyond what is presently available. This includes a variety of therapies in our pipeline, along with prescription prenatal vitamins under the vitaMedMD® and BocaGreenMD® brands.

We listen to women. And to the professionals who treat them.

From pregnancy to menopause, we believe the only way to truly connect with and understand women and their healthcare professionals is to ask questions. Through national surveys and studies, we ask women about their healthcare concerns and current available treatments. We take their insights and turn them into strategies for crafting better solutions for her, for life.

Our dedication to bettering the lives of women, no matter their age or stage of life, is our main focus every single day. But we know we cannot do that alone. So we depend on our partnerships with other dedicated organizations, associations, and advocacy groups to support us as we create innovative solutions for women.

Company Name**Booth #****Thermi, an Almirall Company****6**

Thermi, an Almirall company, is a global leader in advanced temperature-controlled radiofrequency technology. Thermi systems offer versatile modalities and safely deliver rapid results through controlled heating using RF to impact positive tissue change and naturally stimulate collagen. Clinicians use Thermi technology to help address common signs of aging and/or weight loss, which may include fine lines, post-baby body, cellulite, loose skin and tissue laxity, and empower people to take control over their skin and body.

Trophikos**15**

ellura is a medical-grade supplement proven effective as a non-antibiotic alternative for UTI prevention. Backed by a robust portfolio of research, only ellura contains 36 mg PAC (proanthocyanidins) and inhibits bacterial adhesion to the bladder wall, stopping the UTI before it starts. Patients can take ellura once daily to prevent UTIs associated with menopause or choose our convenient 'on-demand' intercourse dosing. Visit our booth to learn more about proven UTI prevention, without the side effects and resistance associated with antibiotics. myellura.com

Weave**4**

Attendees

as of March 8, 2019

Nichole M. Adair, DJ2:J75O
Diane A. Adams, DO
Elizabeth Adeyemi, OMS
Megan Aidoo, OMS
Thomas L. Alderson, DO
Roxanna L. Aldstadt, DO
Lisa M. Allen, DO
Laurie Allen, DO
Ajaykumar N. Amin, DO
Rachel Anderson, DO
Jessica Apitsch, DO
Patricia F. Arnett, DO
Molly Ashby, DO
Eve A. Ashby, DO
Gyasi Askia, DO
Aysha Azam, OMS
Monica M. Bachamp, DO
Amy Baker, DO
Jazmin M. Baker, DO
Rikki D. Baldwin, DO
Cecilia W. Banga, DO
Heather Barhorst, DO
Valerie Baron, APNC FNP
Andria Barr, DO
J. Martin Beal, DO
Lynsey Beams, DO
David L. Beaton, DO
Kathryn Becker, OMS
Kevin Bedford, DO
Shawnaree Lee Beeson, DO
Christopher J. Benavente, DO
Armando Bernal, DO
Catherine Bernardini, DO
Katie Bieber, DO

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William C. Bradford, DO
Melissa Bradley, DO
Jessica Lee Branham, DO
Catherine Ann Brankin, DO
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Angela J. Breckenridge, DO
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Kaitlyn Brunner, DO
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Lisa A. Bukovac, DO
Julia Burke, DO
Emily E. Burnette, DO
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Meagan Leigh Byrne, DO
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Audrey B. Carrasco, DO
Bertha Alicia Castro Vasquez, DO
Elizabeth T. Cerrone, DO
George Chamoun, DO
Carrie Champine, DO
Bridget Cholewa, DO
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Emily Clements, DO
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Richard J. Colman, DO
Niamh Condon, DO
Maureen B. Conroy, DO

Shannon V. Couvreur, DO
Kenneth Covone, DO
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Jessica Cunningham, DO
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Mark A. Curry, DO
Shil Cwalinski, DO
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Pallavi Danforth, DO
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Lori E. Delgaudio, DO
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Nicole E. Dolan, DO
Robert L. Donley, DO
David Doyle, DO
Sherman Dunn, Jr., DO
Tiffany Dupree, DO
Kara Dwight, DO
Stephen F. Dyke, DO
Brian J. Egan, DO
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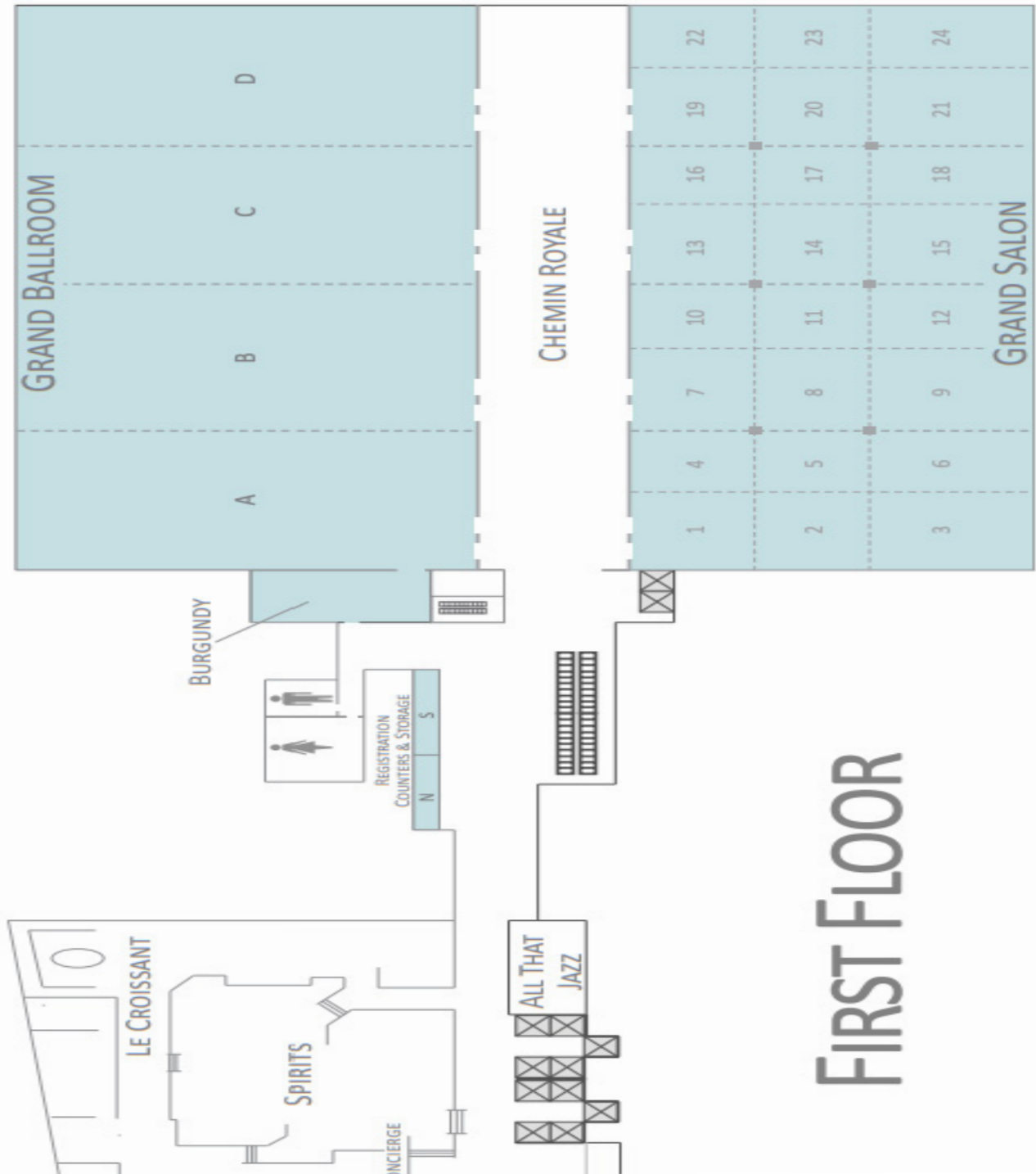
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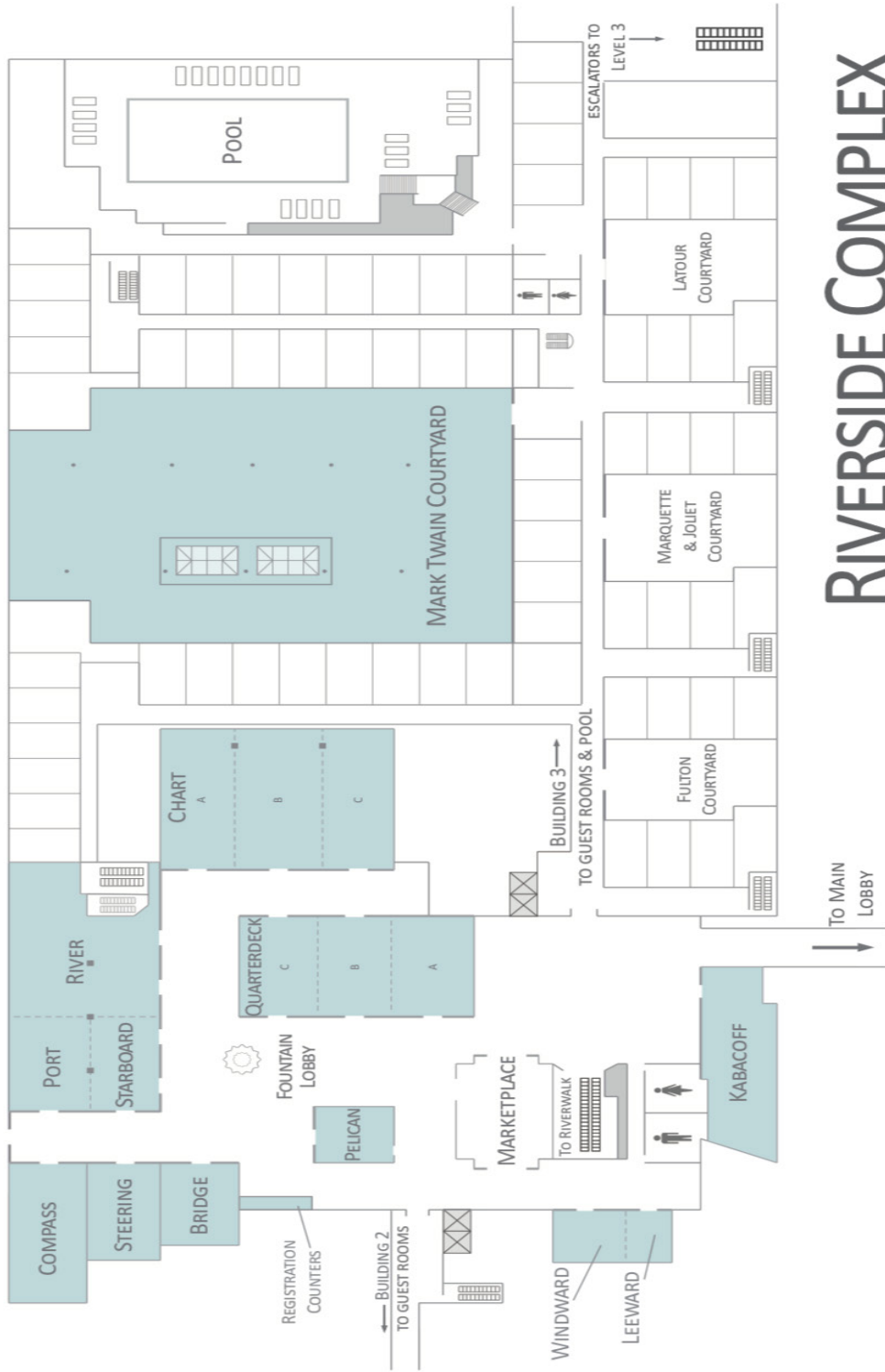
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Mission

The American College of Osteopathic Obstetricians and Gynecologists is committed to women's health through the Osteopathic and holistic practice of obstetrics and gynecology.

Vision

The American College of Osteopathic Obstetricians and Gynecologists will provide an Osteopathic Community for the support, fellowship and engagement of women's healthcare professionals.

Values

ACOOG Offers Member Support:

Member driven
Compassionate
Accountable

ACOOG Promotes Fellowship:

Lifelong Community
Access to Member Network

ACOOG Provides Opportunities for Engagement:

Leadership Roles
Teaching and Mentorship
Scholarly Activity

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